"THE FAST OF DIVINE DIRECTION"

JAN. 6 - JAN. 31, 2025

"THEME SCRIPTURE: PROVERBS 3:6 KJV

"IN ALL YOUR WAYS ACKNOWLEDGE HIM, AND HE WILL MAKE STRAIGHT YOUR PATHS"

YOUTH MANUAL

CALVARY MINISTRIES INTERNATIONAL

BISHOP C. SHAWN TYSON, SENIOR PASTOR

FASTING AND PRAYER INFORMATION

INSTRUCTIONS:

Monday - Friday: Beginning at 5 am Monday morning, we will be fasting daily Daniel Fast. (NO Meats or sweets Drink: water, Herbal Teas, 100% fruit juices)

Special note: ***Be sure to consult your doctor, especially if you have any medical condition. For those who cannot do the absolule, due to medical conditions, continue with whatever your eating directives are as given by your doctor.

PRAYER TIMES:

Monday – Friday 5am – 6am & Thursdays 6-7pm Mt. Calvary Pentecostal Facebook live and Calvary Ministries YouTube Call (917) 900-1022Access Code: 8923928 (Mon- Fri 5 am)

BIBLE STUDIES- Tuesday at 12:00 pm (onlineor in-person)
In- Person or FB Live or YouTube

Communion - 6:45 pm - Handwashing /7:30 pm- Communion service

PLEASE NOTE: We are limiting all social interaction & dialogue; meaning we are abstaining from all unnecessary conversations, phone calls, social media, texting, tweeting, etc. Married couples abstain from conjugal communications until after the conclusion of the fast. (We are concentrating on spending focused time with God) for the entireperiod of consecration before the Lord.

- Check & return pertinent business-related messages.
- Watch the news so you may know how to pray- you may watch religious programming.

We encourage you to avail yourself to God in this special time of consecration. Make special effort to press your way into the presence of God each day thru prayer and teaching.

BEFORE, DURING, AND BREAKING THE FAST

Planning Your Fast

Pre-plan your meals; and a daily schedule and list of juices you may find useful and satisfying.

"Then Joshua said to the people, "Consecrate yourselves, for tomorrow the Lord will do wonders among you." Joshua 3:5

Pray—Spend time reading the Bible before the fast. Ask the Holy Spirit for guidance in your prayers. Write down your faith goals and specific prayer requests for your family, friends, church, and nation.

Commit—Pray about the fast you will undertake and commit to it ahead of time. Ask God for grace to help you follow through with your decisions.

Act—Start eating smaller portions a few days before the fast. Avoid food high in sugar and fat—plan to limit physical and social activities during the fast. Ask someone to be your prayer partner throughout the fast.

While Fasting

[Jesus] answered, "It is written, 'Man shall not live by bread alone, but by every word that comes from the mouth of God.'" Matthew 4:4

Focus—Set aside time to work through the devotionals. Be ready to respond to God's Word and the leading of the Holy Spirit.

Pray—Intercede for your family, church, pastors, nation, campuses, and missions throughout the fast.

Replenish — During mealtime, read the Bible and pray. Drink plenty of water and rest as much as you can. Be ready for temporary physical weakness and mental annoyances like impatience and irritability.

Stick to a Schedule -

For maximum spiritual benefit, set aside ample time to be alone with the Lord. Listen for His leading. The more time you spend with Him, the more meaningful your fast will be.

Morning

- Begin your day in praise and worship.
- Read and meditate on God's Word
- Pray for His vision for your life and empowerment to do His will.
- Invite God to use you. Ask Him to show you how to influence your world, your family, your church, your community, your country, and beyond.
- Invite the Holy Spirit to work in you to will and to do His good pleasure according to Philippians 2:13.

·Noon

- · Return to prayer and God's Word.
- · Take a short prayerwalk.
- Spend time in intercessory prayer for your community and nation.
- leaders, for the world'sunreached millions, and for your family or special needs.

·Evening

- Get alone for an unhurried time of "seeking His face."
- · If others are fasting with you, meet for prayer.
- Avoid television, internetor any other distraction that may dampenyour spiritual focus.

Longer periods of time with God in prayer and study of His Word are often better spent alone.

Breaking the Fast

"And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him." 1 John 5:14-15

Eat—Reintroduce solids gradually. Your body will need time to adjust to a normal diet. Eat small portions throughout the day.

Pray—Do not stop praying! Trust God's faithfulness and timing. Carry your newfoundpassion for Go d throughout the year. B e in faith for Go d to answer your prayer.

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you," declares the Lord - Jeremiah 29:11-14a

Instructions

Prayer can be challenging and intimidating at times. If you struggle to know what to pray or how to pray, know that you are not alone. Every person who walks with Christ has felt this before. Sometimes, it can be helpful to learn how other people pray in their personal time with God. Throughout this month-long prayer initiative, treat this document as your guide. We have put together a few ideas, suggestions, and helpful tips on how to join us in prayer for everyone from your local community to churches all across our region. Thank you so much for taking this important step and choosing to believe that our God will move in us and through us! There are so many ways in which you can participate! Sometimes, it's helpful to follow a structure to guide us in our prayer.

Included in this packet are brief prompts that we hope will help you in thinking about how to pray and what to pray about for each week. Along with this, we are reading a chapter of Proverbs a day. We have provided *The Wisdom of Proverbs* to accompany your weekly reading.

Feel free to mix and match the tools or make new ones! This is simply a guide. We want you to customize your time with God to your individual experience. We hope you both enjoy your time with God and find it to be transformative in your life and your community.

Scan to watch video on How to Pray



Week 1: THANKSGIVING

"God, I am THANKFUL for all you have done and continue to do. Your grace is more sufficient than anything I can ask or imagine. Let praise be the first words off of my lips this week."

"Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire." Hebrews 12:28-29

- God, I thank you for your love. No matter where I go or what I do, your love will always find me.
- You have always been in control. Before I was even born, you designed me uniquely for your purposes. Thank you.
- I thank you for being my truest home. You are the only place in which I find peace, shelter, and refuge.
- Lord, thank you for protecting me. Never once have you left me on my own.
- Thank you most of all for sending your Son for me. Through you I am saved and covered by your grace.

Prayer Tool:

Prayer Journal: This one's simple! Just list out all the things that you are thankful for. This can be attributes of God, times in which He has provided for you, people He has placed in your life, and so much more. Once you've listed them, simply pray, and thank God for each of them.

Week 2: REMEMBER

"Father, I REMEMBER how faithful you have been to me. You have provided for me from the beginning of time and you continue to do so today. Help me to remember all of the ways in which you have blessed me, my family, my community, my church, and my region."

"I will remember the deeds of the LORD; yes, I will remember your miracles of long ago. I will consider all your works and meditate on all your mighty deeds. Your ways, God, are holy. What god is as great as our God? You are the God who performs miracles; you display your power among the peoples."

Psalm 77:11-14

- Jesus, right now I choose to remember all the times in which you saw my sin and loved me anyway. You are a gracious God.
- Your people have been at the forefront of your mind since the beginning of time. You have never failed me and you won't start now.
- I remember your forgiveness toward me. Help me to forgive others, just as you have forgiven me.
- God, I remember moments of grace and provision that you have shown me and my family.
- I remember your call upon my life to love others as you have loved me. Help me walk in this calling daily.

Prayer Tool:

Prayer Walk: Take a walk through your house, neighborhood, community, etc. As you walk, try and look for things that remind you of God's faithfulness in your life. Every time God brings something to mind, thank Him right then.

Prayer Journal: Journal what times that come to mind that God has forgiven you or you have seen His grace in your life.

Week 3: UNBURDEN

"Lord, I have felt pain in these last years. Even through my struggle, you are God. Right now, I UNBURDEN myself before you. I cast my cares upon you because you see me, know me, love me, and are for me."

"Cast all your anxiety on him because he cares for you." – 1 Peter 5:7

- God, I admit that all of my anxieties, fears, emotions, and doubts are too much for me to carry on my own. I lay them down at your feet.
- Lord, you have promised to listen to your children when they call you. Right now, I cry out to you.
- You are a good God who truly cares about me and my emotions. You are big enough to face my giants.
- Help bring to mind all of the areas in which I am not fully releasing control. Help me let go.
- Holy Spirit, you go before me at all times. I don't have to worry about tomorrow because you have already taken care of it.

Prayer Tool:

Prayer Journal: Write out some of the worries, doubts, and fears that have been on your mind over the past days and weeks. Pray over each of these items and lay down your burdens before God. Once you're done, erase each item. By doing this, you are choosing to receive the comfort of the Holy Spirit.

Week 4: SURRENDER

- "Holy God, your ways are higher than my ways. You are in full control now and forever. I SURRENDER to you because you are good. I SURRENDER to you because you are faithful. I give up control and loosen my grip on your Church. This world is not ours but yours."
- "And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me." Luke 9:23
- Lord, I surrender my fears to you. In you there is no fear.
- You have proven to me that you are trustworthy. I choose to lay myself down at your feet.
- God, help me loosen my control. Help me realize the areas of my life that I have not yet surrendered fully to you.
- Jesus, this life is a gift. Your Church is a gift. My community is a gift. Every breath I take is a gift. Take back what is already yours.
- I surrender my plans and agenda for your mission and will.

Prayer Tool:

Prayer Journal: Write out a short prayer of personal surrender or use the ones provided above. Post it somewhere where you will see it everyday this week, like your bathroom mirror, your dashboard, your front door, etc. Every time you see the prayer, practice surrendering an area of your life to God. This can be as big or little as you'd like.

Week 5: TRUST

"Father, today we are choosing to TRUST you. We TRUST that you will renew your church. Help us to be sensitive to your voice and open to your call. We pray that you would move in us and through us. Make us vessels of transformation in our communities, our region, and your Kingdom."

"And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you." Psalm 9:10

- God, your character shows that you are trustworthy by nature. Help me start trusting you with every aspect of my life—the big things that feel important and the small things that feel like they don't matter. Every part of my life matters to you.
- Jesus, help me to put my full trust in you when I'm afraid or don't understand. Fear has no place in your arms.
- I trust that your Word is true. Draw me close to you and your Word every day. Only there will I find true rest.
- Lord, help me be teachable. I want to be more like you, always seeking to follow your plan for my life.
- I declare right now that I believe in you. I believe that you have a specific and unique plan for my life. I believe that I am exactly who you have created me to be. I trust that your Will is better than anything I could do on my own.

Prayer Tool:

Prayer Journal: Think of two short sentences that follow this structure:

Sentence 1- an attribute of God

Sentence 2- a request from God

Example: Lord, you are bigger than anything I face. Help me trust you. It's called a breath prayer, because it is designed to mimic a breath of air. When you breathe in, say/think the first sentence— "Lord, you are bigger than anything I face." When you breathe out, say/think the second sentence— "Help me trust you." Breathe in truth. Breathe out dependence.

2. How should a man deal with a strange woman?

5. What shall the wicked be taken and holden with?



DEFINITION:

When people think of Proverbs, the first word that comes to mind is wisdom. We find in the introductory verses, Proverbs is a book,

Prov. 1:2-3

"To know wisdom and instruction; to perceive the words of understanding; To receive the instruction of wisdom, justice, and judgment, and equity..."

But, what is wisdom? Wisdom is about the application of knowledge. Wisdom instructs us on how to do something. Wisdom shapes what we say (or don't say), and often gives the "what," "where," "when," or "how" to do, act, or handle a situation. Let's seek and grow in the wisdom of God!



Scan Here for Extra stuff!





3. Who should he rejoice with?

4. What is before the eyes of the LORD?



Make it Personal:

PROVERBS



Read the Chapter & Answer the Questions PROVERBS

PROVERBS 9PROVERBS

PROVERBS 10

Knowledge Check:

1. Whose example is the sluggard told to go to and consider?

- 2. What two things shall come to the sluggard?
- 3. What are two things the LORD considers an abomination?
- 4. What is the commandment? What is the law?
- 5. What is one effect of committing adultery?
- 1. What should we do with the commandments?
- 2. What type of young man went the way to the strange woman's house?
- 3. Give at least two characteristics of the strange woman.
- 4. What does the strange woman use to cause him to yield and force him?
- 5. How have many been cast down and slain?
- 1. What types of things does wisdom speak of?
- 2. What is to be received rather than silver and choice gold?
- 3. Who does wisdom love? Who finds wisdom?
- 4. How long has the LORD had wisdom?
- 5. Who is described as blessed?
- 1.What should we forsake?
- 2. What happens when you rebuke a wicked man?
- 3. What happens when you rebuke a wise man?
- 4. What is the beginning of wisdom?
- 5. What two places are the simple invited to turn into?







- 2. What is the sluggard like to the one who sent him?
- 3. What is strength to the upright?
- 4. What is one way the righteous and wicked are different?
- 5. What is one lesson about the mouth taught in this chapter?

the wisdom of man are two very different things. God's thoughts are not like man's thoughts (Isa. 55:8), therefore God's wisdom will not be like man's wisdom. In fact, the wisdom of this world is foolishness to God and He will destroy it (1 Cor. 1:19-25; 3:19-20), so we have to choose to live by God's wisdom. Thankfully, God's wisdom is not unreachable. We can ASK Him for it and He'll give it.

THINK

Encouragement

The wisdom of God and

James 1:5

When you find yourself not being able to hear the wisdom that is crying as stated in Prov. 8, simply do as the scripture says and ask!



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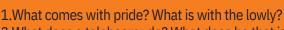


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Q1 How can you apply wisdom from this chapter to your life?



- 2. What does a talebearer do? What does he that is of a faithful spirit do?
- 3. What's the difference in the merciful man and the cruel man?
- 4. How is a fair woman without discretion described?
- 5. What happens to the liberal soul that scattereth and watereth?

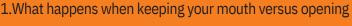






1. What is the effect of a virtuous woman versus she that maketh ashamed?

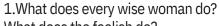
- 2. What is the wicked snared by?
- 3. What is right in the eyes of a fool? What does the wise do in contrast?
- 4. What is the difference between the lip of truth and a lying tongue?



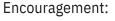
- your lips wide? How does contention come?
- 2. What happens with wealth gotten by vanity versus by labour?
- 3. What happens to those who walk with wise men?
- 4. What does he that hateth his son do? What does he that loveth him do?







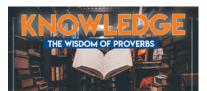
- What does the foolish do?
- 2. What do fools make a mock at?
- 3. What is the backslider in heart filled with?
- 4. What does he that is soon angry do?
- 5. What does he that oppresseth the poor do?
- 1. What is one difference between the wise and the foolish?
- 2. How does God view the sacrifice of the wicked versus the prayer of the upright?
- 3. How is the way of the slothful man described?
- 4. How are purposes disappointed? In what are they estab-
- 5. What does he that is greedy of gain do?



THINK

We are faced with choices every day. We can either allow our feelings and past experiences to dictate our decisions or we can allow the Word of God to mold our perspective and shape our course as He (the Word) makes decisions for us. We have the power to choose who or what we follow. As this chapter points out, we can be as the simple who inherit folly or the prudent who is crowned with knowledge (Prov. 14:18).

Let's allow the Word of God to penetrate our hearts. minds, decisions, and actions. The book of Proverbs shows us our end if not taken seriously. Let's take heed.



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PROVERBS 13



lished?



Make it Personal: Check off When Answered: Q1 What verse stands out to you? Why? Q1 How can you apply wisdom from this chapter to your life? 1. What is one way your thoughts shall be established? 2. How is iniquity purged? 3. What is better than great revenues without right? 4. What does the heart of the wise do?



PROVERBS 17











5. What does an ungodly man do?

- 2.What separateth friends?
- 3. What does a wicked man use to pervert the ways of judgment?
- 4. What are the effects of a foolish son on his parents?
- 5. What does he that hath knowledge do?
- 1. What does the fool's lips and mouth do? 2. How are the words of a talebearer described?
- 3. What is the effect of answering a matter before hearing
- 4. What causes contentions to cease and parteth between the mighty?
- 5. How is a brother offended and their contentions
- 1950 wealth and being poor affect relationships?
- 2. What happens to the false witness and he that speaketh
- 3 What is he that hath pity upon the poor
- 4. What is a parent told to do while there is hope?
- 5. What is in a man's heart? What stands?



- 2. What is an honour to do? What will every fool do?
- 3. What will most men proclaim? What type of man are we asked if we can find?
- 4. What is the end of an inheritance hastily gotten?
- 5. What should we do instead of saying we'll recompense



'APPLICATION:

Proverbs 4:7 told us, "with all thy getting get understanding" and then in this chapter we read that getting understanding is "rather to be chosen than silver!" (Prov. 16:16) & that "Understanding is a wellspring of life unto him that hath it" (Prov. 16:22). Make sure as you hear, read, and study the Word, you GET understanding so you HAVE understanding to benefit from. Check out these verses to see how to get understanding and the benefits of having it!

- -Jer. 3:15 (cp. Neh. 8:1-12)
- -Psa. 119:99
- -100, 130, 144, 169
- -Psa. 73:17
- -Luke 24:45
- -Job 32:8
- -1 Cor. 2:9-14
- -Prov. 2:2-6, 10-17; 15:32
- -Matt. 13:4, 8, 19, 23







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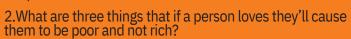
Knowledge Ch

Make it Personal:

Check off When Answered:

- Q1 What verse stands out to you? Why?
- Q1 How can you apply wisdom from this chapter to your life?

1. What happens to those who stop their ears at the cry of the poor?



3. What two places are better to dwell in than with a brawling or contentious & angry woman?





1. What is rather to be chosen than great riches?

2. What is in the way of the froward?

3. What are the effects of casting out the scorner?

4. Why should we NOT make friendship with an angry man or go with a furious man?

5. What happens to a man who is diligent in his business?

1.What are we instructed not to labour to be? What are we to cease from?

2. What should we not do with a fool?

3. Who should our hearts not envy?

4. Who shall come to poverty?

5. What are the effects of a righteous and wise child on his parents?

1. How is a house built, established, and filled?

2.By what should one make war?

3. What food is knowledge of wisdom unto our soul compared to?

4. What should we not do when our enemy falleth and stumbleth?

5. What should we not do without cause?

1. How should a person handle a cause or contention with their neighbor?

2. What is confidence in an unfaithful man in a time of trouble compared to?

3. Should we sing songs to a heavy heart? Why or why not?

4. What should we do if our enemy is hungry or thirsty?

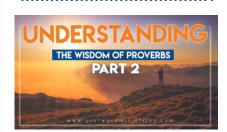
INTERESTING FACT:

THINK

So much is possible with wisdom, understanding, and knowledge! When you look at Prov. 24:3-4 you see that if you want your house (and the people in it) built, established, and filled with precious and pleasant riches, wisdom, understanding, and knowledge are the tools! Even God used them in creation:

Prov. 3:19-20; cp. Jer. 51:15

If you look at the etymology of the English words, wisdom breaks down to wise DOME, understanding is about what's under you securing to STAND, and knowledge includes a LEDGE-- all these words relate to building, stability, and foundation.



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Q1

1. How do the people react to the righteous in authority versus the wicked bearing rule? 2. What do the righteous consider but the wicked regard not to know?



3. What happens if you correct your son? 4. Who stirreth up strife? Who aboundeth in transgression? 5. Who shall be safe?

5. How is the person who trusteth in his heart described?



Q1

1. What happens if we add unto God's words?

2. What is one characteristic of the generation described?

3. What are two things that do not say, It is enough?

4. What is one little thing upon the earth that is exceeding wise?

5. What should one do if they have done foolishly in lifting themselves up or thinking evil?

1. What is not for kings to do? Why?

2. Who does the scripture say to open thy mouth for?

3. What is the virtuous woman not afraid of? Why?

4. When does she open her mouth? What is in her tongue?

5. What is deceitful? What is vain?



THINK

In Prov. 24:28, the writer points out "four things which are little upon the earth, but they are exceeding wise:" the ants, conies (a type of rabbit), locusts, and spiders. Despite their small size, they have great wisdom so they know. how to do what they do, and because of that, they are effective. No matter your age, background, status, challenges, or lack, we all can be wise because we all can get wisdom from God (Prov. 2:6; James 1:5). We can have clear strategy, wise instruc- tion, and understanding in order to accomplish what we need to accomplish and get to where God wants us to go. Whatever you need to do, ask God for His help and His wisdom! He knows how to help you get it done.



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OVERBS 29PI



