50th ANNUAL KENOSHA TREMPER DOG DAYS BRADLEY INVITATIONAL

DATE: Saturday, August 30, 2025

SITE: UW-Parkside National Cross Country Course

TEAMS: Burlington, Kenosha Bradford, Kenosha Tremper, Kenosha St. Joseph,

Kenosha Christian Life, South Milwaukee, Wilmot, Waterford,

BUS LEAVES: 6:30 a.m. BUS RETURNS: around 12:15 a.m.

TIME SCHEDULE: 7:30 am – Course Opens

9:00 am – Boys 5K Race 9:45 am – Girls 5K Race

10:30 am – Awards Presentation

MEET PROCEDURES: 7:20 – arrive at course

7:30 – everyone walks the course

8:10 – Boys warm up run for 12 minutes, stretch, sprints

8:45 – Boys report to starting line

8:55 – Girls warm up run for 12 minutes, stretch, sprints

9:30 – Girls report to starting line

10:30 – Awards Ceremony

10 MINUTES AFTER YOUR RACE, START THE POST RACE PROCEDURES

AWARDS: Medals to top 5 in each class (Freshmen, Sophomore, Junior, Senior).

Trophies to fastest male & female runner.

No watches are to be worn by runners during the race.

SPECTACULAR ACHIEVEMENT IS <u>ALWAYS</u>
PRECEDED BY UNSPECTACULAR PREPARATION!!!