March

2020

Austin Discovery S	School			March Menu
Monday	Tuesday	Wednesday	Thursday	Friday
Mini corn dogs Oven baked fries GF DF V Broccoli GF DF V Fruit GF DF V	Taco Tuesday! Rice GF DF V Beans GF DF V Cucumber/tomato salad GF DF V Fruit GF DF V	Veggie Pasta with Butter V Garlic Bread Squash GF DF V Fruit GF DF V	Beef Tater tot casserole GF V Green Salad GF DF V Carrots GF DF V Fruit GF DF V	Cheese Pizza Chopped Salad GF DF V Fruit GF DF V
9	10	11	12	13
No	School	Spring	Break	!!!
16	17	18	19	20
No	School	Spring	Break	!!!
King Ranch Chicken GF Veggie Ranch GF DF V Mixed Veggies GF DF V Fruit GF DF V	Bean & Cheese Quesadilla V Corn GF DF V Spanish Rice GF DF V Fruit GF DF V	Cheese Pizza Chopped Salad GF DF V Fruit GF DF V	Chicken Fingers DF Mashed Cauliflower/potatoes GF V Broccoli GF DF V Fruit GF DF V	Turkey Sliders DF Sweet Potato Fries GF DF V Green Beans GF DF V Fruit GF DF V
Oven Roasted Turkey GF DF Baked smashed Potato GF DF V Peas & carrots GF DF V Fruit GF DF V	Cheese Enchilada Pie GF V Black Beans, GF DF V Spanish Rice GF DF V Fruit GF DF V	 Vegetarian options: Boca burgers, Tofu, tempeh, Vegetable, TVP 	Gluten free pasta & breads available	