

Make it a Good Day

BINGO

Let someone go in front of you in line	Hug somebody or pat them on the shoulder	Pick up discarded trash and throw it away	Help somebody without being asked	Compliment someone
Donate clothes or other items to charity	Thank someone in person	Give someone a "high five"	Ask people how they are	Smile at people you pass
Surprise a loved one with a phone call or email	Share something with someone else		Say hello to people you pass	Tell people how much they mean to you
Say "bless you" when anyone sneezes	Compliment good customer service	Bring flowers to someone for no reason	Ask someone about their day	Write someone a thank you note
Put coins in an expired parking meter	Bring treats to the police or fire station	Hold a door open for someone	Start a conversation with someone new	Feed some wild birds

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