



### "THROUGH THE EYE OF THE EAGLE"

Another Seabreeze Publication

www.seabreezecommunications.com

FEBRUARY 2020

## Caught On Camera

Do you have any pictures you would like to share? Post them in the Caught on Camera spot. Submit your photos, with a brief description, to newsletter@ eagleridge33912.com.





Photo by Dorothy Tursky



Photo by Linda Maran





## **Eagle Ridge Ladies On The Links**

By Fran Danek

Still riding high from their big victory at the 2019 "Battle of the Sexes" the Wednesday Morning Ladies' League Golfers began the 2020 season eager to post more eventful rounds. As we welcome new and returning members to the group, the friendly competition will continue with good and "bad" rounds but always with an air of fun and camaraderie that will continue in 2020.

Our monthly luncheon was held on Dec. 11 with our usual team event followed by a tasty lunch served by the Eagle Ridge staff. The winners of the Low Team Putts team event were Andrea Abrams, Phyllis Wayco, Dorothy Carlson and Sandy Melillo. Runners up were Gail Tardif, Christine Francouer, Kathy Becker and Kathy Gentry. Closest to the pin winners were No. 5 – Bonnie Soltesz, No. 8 – Sandy Melillo, No. 14 – Barb Baker, No. 16 – Dorothy Carlson. The winning team and closest to the pin winners are pictured.

As we settle into 2020 here in "paradise" we will continue to feel blessed to be able to enjoy the good weather and the



even better friendships that we continue to foster on the golf course at Eagle Ridge.

If you are interested in joining our league contact Fran, (239) 684-0156 or Phyllis, (239) 561-4619 for more information. We play every Wednesday from November through March with tee times beginning at 8:15 a.m. New members are always welcome.

Below please find the weekly winners for the month of December.

#### Winners For Dec. 4

Odd Holes		
First Place:	32	Pat Koniec
Second Place:	36	Joan Dalpe

Joan Dalpe Barb Baker, Jill Burchill Third Place: 40 Fourth Place: Kathy Gentry, Karen Kudrle Fifth Place: Sandy Melillo, Carol Sarocka, 41 Donna Boone

Ladies On The Links on page 4



### **Pet Of The Month**

#### **Eagle Ridge Pet Of The Month** For February Is Gino

Gino's mom Linda Maran writes: Gino is almost 4, he is solid white, his left eye is blue, and his right eye is gold. I walked into PetSmart, saw Gino, and he adopted me at that very moment. His foster mom said everyone was freaked out about his eyes. Her story to me: He was found by an elderly couple walking on Vineyards Boulevard (which is quite heavily travelled). They took him home and started to bottle feed him until they found that he was hungry every two hours. They took him



to PetSmart where he weighed in at 27 ounces, and they named him Beaujolais because he was found in the Vineyards. I renamed him Gino because of my Italian roots. He's a very smart boy because he batted those beautiful little eyes at me, and I was his! He still eats like crazy too.

I've taught him to wink his left eye, play fetch, and shake my hand. He was a little stinker in his youth, and he climbed curtains, got on everything, turned on my digital oven and had the dehydrating mode on as well as the oven light. That's when I decided he needed to know what the word no meant. He learned that word very quickly due to always attempting his little kitten tactics.

All that is behind us now and he's such a good boy every day. He loves car rides, stroller rides, spying on Heidi the dachshund next door, and to spend early morning and later evenings on the lanai watching the birds in the waterway. He's the perfect little boy!

If you have a pet you would like us to consider for next month's newsletter, please send a picture to newsletter@ eagleridge33912.com.



#### **Please Welcome Our Newest Eagle Ridge** Resident

Ethel Petry 7861 Twin Eagle Lane

Extra Copies Of Eye Of The Eagle Newsletters Are **Usually Available At The Golf Course Clubhouse.** 

## Southwest Florida **Area Meetings** Offer A Solution To Food Addiction

Many people resort to desperate measures to control their weight and the way they eat – expensive diets, surgery, medications, excessive exercise, purging, abuse of laxatives, and extreme food restriction. Others don't know where to turn or have just given up hope. There is, however, an effective long-term solution that thousands have found through Food Addicts in Recovery Anonymous, or FA. As one member puts it, "I've kept 65 pounds off my body for almost 12 years – I couldn't keep it off for 12 minutes before FA. I would go on a diet, hit my goal weight, and immediately go out and celebrate with food. After that, I'd start putting it all back on and then some."

Based on the Twelve Steps of Alcoholics Anonymous, FA understands food addiction as a physical craving and an ever-increasing dependence upon and struggle with food, particularly flour, sugar, and quantities. FA is distinctive because it focuses on long-term recovery from addiction.

Founded in 1998, there are now more than 608 FA meetings across the United States and worldwide - including 11 in the Southwest Florida area. Meetings are open to all those who are interested in learning about the program for themselves or for others whom they think might find FA

FA has no dues, fees, or purchase of special foods and is not affiliated with any public or private organization, ideology, or religious doctrine. It is a fellowship of women and men - diverse in age, ethnicity, and socio-economic background - who, through shared experience and mutual support, are recovering from food addiction.

Some members come to FA because of weight-related physical problems. As one man explains, "I was morbidly obese at 341 pounds and had a laundry list of health problems: knee and back problems, heart palpitations, acid reflux, high blood pressure, high cholesterol ... I also suffered from anxiety and depression. Since coming to FA, I now weigh 165 pounds and have maintained this weight for more than five years. I do not suffer from any of those physical (or mental) ailments any longer." Many members report going off or greatly reducing their medications for Type 2 diabetes.

Other members come to FA for relief from the selfloathing and unhappiness that accompanied their struggle with food. As Carly describes it, "'I'll just have one,' always lead me to having 'just one' until the plate, box or bag was empty. I hated myself for not being able to control my eating. I thought about food and my weight 24/7." And another member says, "I used food to comfort me, to push down unwanted feelings, as a buffer between me and life. It wasn't working. Following the FA program and working the Twelve Steps has allowed me to become the person I always wanted to be, both physically and emotionally."

To locate FA meetings and find out more information about FA, visit www.foodaddicts.org, or call locally, (239) 338-5948 or the FA World Service Office at (781) 932-6300.

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### **Crossword Puzzle**

39

63

#### Across

- 1. Lift
- 6. Appear
- 10. Utilized
- 14. Large Asian country
- 15. Small island
- 16. Wisdom
- 17. Daughter of a stepparent
- 19. Heavy, durable furniture wood
- 20. Visage
- 21. " \_ Maria"
- 22. Ploy
- 23. Triangular formation
- 25. Female horses
- 26. Stitches
- 30. Votes that block a decision
- 32. Killer wave
- 35. Gifted
- 39. Dangerous
- 40. Second largest country
- 41. Despair
- 43. Bring to a destination
- 44. Sullenly
- 46. 1/100th of a dollar
- 47. Begin
- 50. Lacquer ingredient
- 53. Emanation
- 54. Bleat
- 55. Anagram of "binder"
- 60. Boast
- 61. Intemperate
- 63. River of Spain
- 64. Unhearing
- 65. Heathen
- 66. A soft sheepskin leather
- 67. At one time (archaic)
- 68. Nipples

#### Down

- 1. Hazard
- 2. Against
- 3. Midmonth date
- 4. Tastes
- 5. Alleviated
- 6. Female sib 7. What's left behind
- 8. Raise
- 9. No more than

- 10. Inaudible
- 11. French for "sister"

84

67

- 12. Delete
- 13. Fakes opponents
- 18. Anger
- 24. 56 in Roman numerals
- 25. Award
- 26. An upright in a wall
- 27. Feudal worker 28. Wimp
- 29. Showy bloom
- 31. A single time
- 33. Underway 34. List of options
- 36. Undulation
- 37. Biblical garden 38. Bolt
- 42. Escapist
- 43. Coloring agent
- 45. Andean animals 47. Cavalry weapon
- 48. Engine supercharger

49. A kind of macaw

65

68

18

19

51. Central

35

62

- 52. Bumbling
- 54. Remain
- 56. Scottish hillside
- 57. Indian music
- 58. French for "state"
- 59. Lairs
- 62. Frequently, in poetry

Crossword Solution in this issue



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## Ninth Annual Lustgarten Foundation Walk For Pancreatic Cancer Research

Join the Lustgarten LUSTGARTEN. Foundation and walk PANCREATIC CANCER RESEARCH WALK leader Steven Witter on Sunday, Feb. 23, for the Annual Lustgarten Foundation Pancreatic Cancer Research Walk at Florida SouthWestern State College - Lee County Campus in Fort Myers. The walk, presented by 21st Century Oncology and Lee Health, and now in its ninth year, has raised more than \$600,000 for pancreatic cancer research since inception.

Pancreatic cancer has a five-year survival rate in the single digits and has no early detection tests, no effective long-term treatments and, unless the cancer is surgically removed in its earliest stages, no cure. This year, more than 56,000 cases will be diagnosed and almost 46,000 people will die from pancreatic cancer in the United States. According to the American Cancer Society, nearly 3,500 Florida residents will die from this disease this year. Working to change these statistics, the Lustgarten Foundation directs 100 percent of every dollar raised to pancreatic cancer research, which will go to advancing research aimed at early detection methods, better treatments, and ultimately, a cure for pancreatic cancer.

Walk leader Steven Witter is continuing his quest to raise awareness and funding for pancreatic cancer research by leading the Ninth Annual Lustgarten Walk in





Fort Myers. Since losing his wife Cindy to the disease at the age of 52, Steven knows firsthand just how critical it is to fund early detection and research to discover new therapies. His support of the Lustgarten Foundation helps ensure that more research can be funded that will lead to better treatment options and outcomes for patients and create more long-term survivors.

"A friend of mine told me about the Lustgarten Foundation in October 2014 and so I registered myself as a participant for the walk and registered my wife as a survivor, in hopes that she would be ... a survivor," Steven said. "After her passing, I wanted to become more involved and knew that I was here to make a difference and help find a cure for this disease. I know the Lustgarten Foundation will play a role in getting us there."

The Lustgarten Walk - Southwest Florida will begin with registration at 8:30 a.m. and the walk at 10 a.m. Participants will walk a three-mile loop around the Lee County Campus. Bring friends and family out for a day of awareness, raffles, and food. For more information and to register, visit www.lustgarten.org/swfloridawalk or call (866) 789-1000.

#### **About The Lustgarten Foundation**

239-267-4547

The Lustgarten Foundation is the largest private funder of pancreatic cancer research in the world. Based in Woodbury, N.Y., the foundation's mission is



to cure pancreatic cancer by funding scientific and clinical research related to the diagnosis, treatment, and prevention of pancreatic cancer; providing research information and clinical support services to patients, caregivers and individuals at high risk; and increasing public awareness and hope for those dealing with this disease. Since its inception, Lustgarten Foundation has directed \$188 million to research and has assembled the best scientific minds with the hope that one day, a cure can be found. Thanks to separate funding to support administrative expenses, 100 percent of your donation goes directly to pancreatic cancer research. For more information, visit www.lustgarten.org.

## Montage Women's Club

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County. We meet on the fourth Thursday of each month at The Landings Yacht, Golf, and Tennis Club (off McGregor Boulevard south of College Parkway). Meetings begin at 11:30 a.m. for lunch and are followed by an informative program. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents. We welcome you to visit Montage for a luncheon.

Our next meeting takes place Thursday, Feb. 27 at 11:30 a.m. This will be our annual fundraiser meeting. We will be asking for monetary donations in order to grant a newly instituted scholarship offer to two local women for the opportunity to develop their skills and talents via a college education in either a two- or four-year program. It is our sincere hope that the recipients achieve their career goals, one in which they will succeed and give back to our wonderful community.

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call (239) 481-7765.



239-277-1011

## **Do The Right Thing**

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DO RIGHT

Do you know a child who deserves to be honored as an outstanding citizen or student for his or her exemplary behavior, good citizenship, positive attitude or willingness to help others?

If so, the Lee County Sheriff's Office encourages you to nominate a child for recognition in our monthly Do the Right Thing program.

Nomination forms are available online at www. sheriffleefl.org. For more information, call Program Director John McGraw at 258-3295 or email jmcgraw@sheriffleefl.org.

## Seabreeze **Communications**

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#### Ladies On The Links from page 1

**Low Putts** 

First Place: 30 Fran Danek

**Birdies:** Pat Koniecki (No. 5), Tee Pazitney (No. 10) Chip-ins: Carol Sarocka, Fran Danek, CarolDee Hamilton, Jill Burchill, Pat Koniecki, Karen Maas

#### Winners For Dec. 11

#### **Team Low Putts**

First Place: Andrea Abrams, Phyllis Wayco, Dorothy Carlson, Sandy Melillo – 138

Second Place: Gail Tardif, Christine Francouer, Kathy

Becker, Kathy Gentry – 142

**Closest To The Pin** 

No. 5 – Bonnie Sotlesz No. 8 – Sandy Melillo

No. 14 – Barb Baker

No. 16 – Dorothy Carlson

**Birdies:** Barb Baker (No. 14) Chip-ins: Pam Nordin, Kathy Furlong

Winners For Dec. 18

#### **Twelve Holes Of Christmas**

First Place: 31 Bonnie Soltesz Second Place: 37 Kathy Furlong Third Place: Gail Tardif

**Low Putts** 

First Place: 35 Tee Pazitney

**Birdies:** Cindy Acker (No. 1) Chip-ins: Phyllis Wayco

#### **Eagle Ridge Residents**

Jogging, bicycling, walking and other nongolfing activities or unregistered golf play are not permitted on the golf course.

#### **Eagle Ridge Board Of Directors** From March 2019 To March 2020

John Spiegel, President	305-804-3051
Christine Leslie, Vice President	239-292-7182
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Hewitt B. McCloskey, Jr, Director	239-225-6609
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Eye of the Eagle John Spiegel

Debby LeBlanc, Editor

 $Newsletter@\,eagleridge 33912.com$ 

#### **Eagle Ridge Additional Contact Information**

#### Replacement of Lamppost Bulbs and Light Sensors:

Contact Joe Foster....(239) 218-7714 and leave your name, address and phone number.

#### Flagpole Holders and Damaged Mailbox Repairs, Painting of Mailboxes and Light Poles

Contact Dennis Shelley, (239) 887-1042

**ERPOA Web Maintenance** Contact Ed Schuler, (267) 513-0800.

## **Fashion Show A Reality** Offered By Pilot Club

#### **Leap Year Event Is Inaugural Show Being Put On At Helm Club**

Yes, 2020 is a leap year, and the Pilot Club of Fort Myers is holding a "Leap Into Spring" fashion show on Leap Year Day, Saturday, Feb. 29. Fashions by Chico's will be featured. The luncheon and fashion show will be held at The Helm Club, The Landings, South Fort Myers. A social hour will begin at 11 a.m., with lunch and the fashions at 12 p.m.

The event, in addition to the fashions, will feature the Oasis JROTC presenting the colors and a special rifle demonstration, as well as the "fashion hat." Numerous

door prizes will be offered. The cost is \$35.

Information about the fashion show may be obtained by calling (239) 561-5476. Tickets and reservations may be obtained by contacting jodyvanc@gmail.com.

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education, and financial support. The club name came from a riverboat pilot who could steer safely through troubled waters. The club's motto is "do more, care more, and be more." For information about the Pilot Club, contact the president, Fran D'Alessandro, (239) 332-1140.

## **Eagle Ridge Bulletin Board**

If you have an announcement, we will include it in this column. Email newsletter@eagleridge33912.com with your request.

#### **Eagle Ridge Golf News**

As a resident of Eagle Ridge the golf course is offering from Jan. 1 until May 1 a special rate for homeowners. This rate is \$20 from 4 p.m. to dusk. They also have a Lee County rewards program that all players should sign up for at the pro shop, this reward program builds up your points for merchandise and golf. The course is in great shape and we hope all our residents come out and enjoy it.

Our new golf liaison is Jim Lutsch and he can be reached at (239) 322-9588.

#### Camera Club Invites Enthusiasts To Attend Bimonthly

All photography enthusiasts are invited to attend a Fort Myers Camera Club meeting on Friday from Nov. 1 through April 3. The meetings are held from 7 to 9 p.m. on the first and third Friday at the Cypress Lake United Methodist Church Fellowship Hall, 8570 Cypress Lake Drive, Fort Myers.

Anyone interested in photography at any level is welcome. Mentor programs, outings, competitions and exhibitions, guest lecturers and more provide members with opportunities to improve their photography skills and make new friends.

Additional information about the club is available at www. fortmyerscc.com.

#### Continental Women's Club Of Fort Myers

Join us on Thursday, Feb. 6 when our guest speaker will be Officer Scott Griffith with the Lee County Sheriff's Office. He will give a presentation called "Active Shooter." He offers safety advice if one should ever find themselves in such a situation.

Continental Women's Club monthly meetings are held on the first Thursday of each month at 11:30 a.m. at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers 33907. The cost to attend the luncheon is \$24. Please call (239) 691-7561 for additional information.

#### Fort Myers Republican Women's Club

Women in law enforcement will participate in a panel discussion at the Feb. 18 luncheon meeting of the Fort Myers Republican Women's Club. The meeting is held at The Helm Club, The Landings, South Fort Myers.

The public is invited to attend the luncheon and the program. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. The luncheon cost is \$20. Reservations are required by Thursday, Feb. 13, and may be made by contacting Tina Laurie, 489-4701.

The annual "Spring Fling" fashion show, with fashions by Razzle Dazzle, will be held on March 31. Tickets are \$40 and may be obtained by contacting Tina Laurie, 489-4701.

Additional information about the club may be obtained by contacting Tina Laurie, 489-4701.

#### **Dining In Club**

If you live in Eagle Ridge, maybe you have heard of the Dining In Club where people in our community get together to meet, talk and have fun. Everyone who attends these parties really loves them.

We meet monthly from November to April. If you would like more information about Dining In, please call Connie Hope at (239) 225-6609.

#### **Volunteer In Your Eagle Ridge Community**

If you are interested in serving on the Eagle Ridge Board of Directors or would like to serve on one of the committees, please contact one of the following Board members: John Spiegel, Hewitt B. McCloskey Jr., Peggy Jermyn, Christine Leslie or send an email to Info@EagleRidge33912.com.

#### **Ways To Communicate**

Eagle Ridge has a Facebook page. This is a private group only for Eagle Ridge residents. To join, find "Eagle Ridge Community Fort Myers" on Facebook. Then click on request to join. You will be prompted to enter your address. This will be checked against property records to confirm you are a resident.

Eagle Ridge is also on NextDoor.com. You can join and select to communicate with only Eagle Ridge residents and/ or our neighboring communities.

#### The Florida Yards & Neighborhood (FYN)

Join us at a Florida Yards & Neighborhoods class and learn the nine principles that guide Florida-friendly landscaping in Lee County. The class is given under the auspices of University of Florida IFAS Extension Lee

Each principle is explored in class, so you can apply what you learn to your own yard. Plant selection and placement, efficient irrigation, proper mulching, and techniques to obtain a beautiful and healthy yard will be discussed. To learn more, a beautiful and ficulty, visit http://fyn.ifas.ufl.edu/. \*\*\*\*\*

#### Your Eye Of The Eagle

If you are not receiving your Eye of the Eagle newspaper, please contact Ed Schuler at (267) 513-0800.

Extra copies of Eye of the Eagle newsletters are usually available at the golf course clubhouse. They also may be downloaded from the Resources tab on the Eagle Ridge website: www.EagleRidge33912.com.



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## **Eagle Ridge Job Spot**

Nonbusinesses please! All business owners should contact Seabreeze Communications to place an ad.

Are you looking for an odd job? Want to be included in the Eagle Ridge Job Spot? Email your information to Debby LeBlanc at Newsletter@eagleridge33912.com. Baby-sitters, pet sitters, yard work and more.

Emily Barnes, (239) 247-3090. Pet sitting and babysitting. I am a resident on Bald Eagle Drive, working as a veterinarian's assistant at a local veterinarian office. I have been pet sitting as well as babysitting for many years. If you have any question you are more than welcome to give me a call or text. I will even come by for a meeting, if

Nancy Crook, (239) 220-0396. Need assistance in your home, meals, grocery shopping, doctor/dentist appointments, light housekeeping, and personal care? I live on American Eagle Court. I have many years of experience with in-home assistance. How can I help you?

Patty Fajardo, (239) 208-9956. Are you looking for some help? I am a permanent resident at Eagle Ridge and am available for a variety of jobs – house cleaning, running errands, yard work, planting, pulling weeds, grocery shopping, etc. Please call – home (239) 208-9956 or cell (757) 449-9823.

Karleen Halfmann, (239) 292-6302. Karleen's Coastal Home Watch. Licensed Realtor and competitive pricing. Eagle Ridge resident. Email: karleensellsswfl@aol.com. Call or email for information.

Connie Hope, (215) 527-1217. Absentee Homeowner Services: "While you're away" I can check your home or condo. (Weekly/biweekly/monthly). I can validate yard maintenance and irrigation, pick up parcels and mail, check water, check appliances, arrange for repairs and services and much more. I am in the community. Call or email conniehope@comcast.net.

Connie Hope, (215) 527-1217. Secretarial work, outreach office work, write your letters, answer your email, also light accounting, prepare things for taxes. I have been a Florida notary for the last 10 years.

Andrew Kirksev, (239) 768-0335. Pressure washing: roofs, driveways, rain gutter cleaning, lanais and cages. No job too small.

Kathie McDonough, (239) 478-0060. A resident on Triple Eagle Court, Kathie does pet sitting and home watch.

Diane Nichols, (239) 825-5861. Notary public state of Florida since 1986. I will pet sit, house sit, and babysit.

Ginny Schuler, (215) 542-9474. College applications. I provide assistance in all aspects of the process. I have 30-plus years' experience in helping students gain entrance into the most competitive colleges and universities in the nation. By the time your child completes his or her sophomore year, the process of college selection should be underway. This requires timely scheduling of PSATs, SATs and ACT tests, organizing activity sheets and selecting reasonable college choices (reach, average and safety). My additional specialty is assisting students in writing excellent personal essays and short supplements.

Dennis Shelley, (239) 887-1042. Handyman and home services. Lanai screens, painting, junk hauling, home watch, lighting, garage cleanups, local moves, and he is a specialist in home security consultations and upgrades, offers free home security evaluations and tips.

Estela Kimble, (239) 208-8287. CPR-AED – First Aid certified. Can provide assistance with mobility concerns such as bathing/dressing/housekeeping/skilled at preparing healthy meals as a chef ... offering my services in private

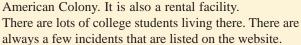
Jenni Caves, (239) 336-4282. Providing marketing assistance to businesses and nonprofits. I have over 15 years' experience in advertising, marketing, public relations, social media and website development. Let me focus on your marketing initiatives to grow your business while you focus on your business. Together we will develop the right marketing mix geared towards your audience to increase sales. Email: jrcmarketingconsultant@gmail.com. Facebook page: www.facebook.com/JRCMarketingLLC.

Kelly Porche, (239) 841-2135. If you are in need of a good house cleaning let me do the work for you! I have been cleaning homes for many years and I come with references.

## **Security Central**

By Connie Hope

Musa is at the beginning of Eagle Ridge Drive, just off Daniels Parkway. It is a rental apartment/condo facility. There are always a few problems listed on the sheriff's website. Also, we have the Audubon apartments just past



In late December there were several incidents listed in Eagle Ridge. They were two family verbal disturbances that the sheriff's office handled.

I say this again. If you hear or see something that you feel is not correct, but not an emergency, call the nonemergency number, (239) 477-1000. Or if you feel that it is an emergency, please call the 911 number. You all are the eyes and ears of our community. Better to address the problem than ignore it. Sometimes it won't go away by itself.

Remember that the speed limit in our community is 25 miles per hour. Our roads are narrow, and we have people walking, people walking dogs, and the bikers. Please be careful and drive slowly. This is for the people walking, and the bikers. Please wear reflective clothing so drivers can see you walking. I know there are too many people as the sun goes down walking in dark clothing. It is hard to see you. We don't want to hurt you. Please, wear reflective clothing.



**Please do not** leave trash containers, ladders, etc., where they are visible from the street.

Also do not place containers or yard waste out to the curb more than 24 hours before the scheduled weekly pickups.

- The Board of Directors

#### Lee County Yard Waste Regulations

- Do not place out for pickup more than 24 hours early.
- Yard waste must be containerized (50 pounds or less), or securely tied into bundles not heavier than 50 pounds and no longer than 6 feet in length.
- Up to 50 pounds of unbundled palm fronds may be placed at the curb. Any excess palm fronds must be tied into bundles, each weighing 50 pounds or less.
- When using plastic bags, make sure that the contents can be easily identified by the refuse truck driver (leave a twig or small branch sticking out).
- Call 239-337-0800 for a cost estimate for large-scale yard waste disposal projects when containerizing or bundling is difficult.





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#### **Architectural Control Information**

Please remember that any exterior changes you plan to make to your home need to be approved by the Architectural Control Committee.

For example, this includes reroofing, exterior painting, landscape changes, swing set installations, etc. We live in a deed-restricted community and these controls have been put into place for the good of each homeowner so as to maintain our beautiful community. Please contact Rick Jermyn (701) 388-0419 or RAJermyn1@gmail.com so that your changes can be reviewed and approved.

A form is available for download from the Eagle Ridge website: www.EagleRidge33912.com on the Resources tab.

We plan to work hard for you to keep our community - the one you all moved into - please help us do that!

The Board of Directors



## The "Ridge" Ra

through Seabreeze Communications. Call (239) 278-4222 for information. I have no role or pricing information on the placement of ads and/or inserts.

**Deadline:** Submission of articles for the Eye of the Eagle must be received no later than the sixth of each month. Email articles, pictures or information for the Bulletin Board, to newsletter@eagleridge33912.com.

Articles can be submitted attached to or contained in an email. Photos should also be emailed as attachments.

Eye of the Eagle: If for any reason you do not receive your Eye of the Eagle or if you need extra copies, the paper is also available at the golf clubhouse.

Flagpole holders and damaged mailbox repairs and painting: For mailbox repairs, including doors, springs or broken parts and painting, call Dennis Shelley, (239) 887-1042.

Replacement of lamppost bulbs and light sensors: Please call Joe Foster at (239) 218-7714 and leave your name, address, and phone number.

## **Edison And Ford Winter Estates** To Host Annual Winter Garden Festival

On Feb. 8 from 9 a.m. to 5 p.m. and Feb. 9 from 9 a.m. to 4 p.m., Edison and Ford Winter Estates will host its annual winter Garden Festival. The festival is the largest of its kind in Southwest Florida with more than 40 garden vendors from around the state. Growers will have unusual tropical plants and trees, as well as Florida natives for sale. The festival will also feature food trucks and live music.

"Gardening enthusiasts will find many unique and hardto-find species of plants at this festival," said Debbie Hughes, horticulture director. "There will also be some scrumptious chicken wings and other tasty treats, so visitors can shop for plants, get something to eat and enjoy some music with us."

Vendors will have many types of plants and trees, including palms, fruit trees, bromeliads, hibiscus, butterfly plants, African violets, orchids, air plants, herbs, succulents, cacti and more. Vendors will also offer garden supplies, such as mulch and special fertilizers. The Edison Garden Shoppe will be open and stocked with unusual tropical and Florida native plants. Ceramic flowerpots, vegetable and flower seeds, garden art, and gardening gift items will also be available for purchase.

A limited number of carts will be available, so guests are encouraged to bring a cart or wagon for transporting plants. A designated plant holding tent and loading spot will be offered

for anyone needing assistance. Parking and admission to the festival is free (tours of the homes, museum and lab are not included). For more information, call (239) 334-7419 or visit www.edisonford.org.

#### **Edison And Ford Winter Estates**

Edison and Ford Winter Estates is the internationally known winter homesite of Thomas Edison and Henry Ford. More than 220,000 visitors walk through the location each year from all around the globe. The awards, including the National Stewardship Award from the

National Trust for Historic Preservation and the National Garden Clubs' Historic Preservation Award. The property is an official project of "Save America's Treasures," a Florida Historic Landmark and a National Register Historic Site. The

organization has received many Gardening enthusiasts enjoy shopping for plants at the Edison and Ford Winter Estates Garden Festival.

Edison Botanic Laboratory is a National Historic Chemical Landmark. The site is open every day except Thanksgiving and Christmas from 9 a.m. to 5:30 p.m. and until 9 p.m. during the month of December for Holiday Nights.

## Free Basic Sign Language Class For Families

The Sally J. Pimentel Deaf and Hard of Hearing Center (DHHC) received a \$2,500 grant from the Cape Coral Community Foundation to help support the family American Sign Language (ASL) classes, which restarted on Jan. 14.

To apply for the grant, DHHC created a 45-second video, which can be seen at https://www.youtube.com/ watch?v=KPMQSxp1ViE explaining the need for the classes, pointing out that parents in three out of four households with a deaf child do not know sign language, meaning that 75 percent of households with deaf children have no communication with their child at home.

"Our goal is to help families bridge this gap by instilling the skills they need to communicate effectively," said Alicia DHHC family class Miller, executive director of the center.

"With the help of the Cape Coral Community Foundation, we are thrilled to extend this learning opportunity to more and more families within our community."



DHHC offers free weekly ASL and deaf culture instruction for families with deaf or hard of hearing children. The sessions, which started on Jan. 14, are free every Tuesday from 6:30 to 7:30 p.m. during the school year at the center located at 1860 Boy Scout Drive in Fort Myers.

The family sessions are led by a parent of a deaf child and are designed to help parents and siblings learn basic ASL to understand the needs of their deaf or hard of hearing family member.

Parents learn basic communication and sign language, deaf culture and the struggles of raising a deaf child. Siblings play and learn to communicate with their sibling with sign language. Families come together at the end of each session to practice what they learned. Guest speakers,

such as other hearing parents who have had success raising their deaf child and learning sign language or teachers who talk about educating deaf children, are sometimes scheduled. Families are encouraged to attend the sessions as often as they like, as education is ongoing.

The center also offers five-week ASL classes for adults, with the next beginning session starting Monday, Feb. 10. DHHC uses "Signing Naturally" curriculum, designed to introduce ASL to aid in communication with the deaf and hard of hearing community and educate those who may be losing their hearing. Classes are \$75 for a fiveweek course, with discounts for the hard of hearing and immediate family members of a deaf person. Classes for the deaf are offered for free.

For information, call (239) 461-0334 voice phone, (239) 247-5821 video phone. For information on classes, visit dhhc.life/asl-classes.

### About Sally J. Pimentel Deaf And Hard Of Hearing

Founded in 1983 as The Deaf Service Center, the Sally J. Pimentel Deaf and Hard of Hearing Center is the only organization of its kind in Southwest Florida specifically working to improve the quality of life for the deaf and hard of hearing citizens and their families through education, advocacy and community involvement. A wide range of services are offered to deaf and hard of hearing children and adults of Lee, Charlotte, Collier, Hendry, Glades and DeSoto counties, including interpreting services, free telephone equipment loans, deaf mentor program, American Sign Language classes, information and referral services, employment assistance, family education, community outreach and education, and adaptive equipment sales. For information, call (239) 461-0334 voice phone, (239) 247-5821 video phone, or visit www.

## BROADWAYPALN **PRESENTS**

#### Dec. 29, 2019 - Feb. 8, 2020



Based in Minnesota, the musical adaptation of the popular 1993 Warner Bros. film tells the laugh-out-loud story of family, friendship, love and romance. Grumpy Old Men centers around neighbors, Max and John, two grumpy retirees whose verbal, and sometimes physical, altercations date back to their

high school days. The rivalry reaches its peak when the beautiful, eccentric, and charming Ariel moves into the neighborhood. Chaos and laughter ensue as deep-rooted feuds are reopened, but with the help of Ariel's love and compassion, Max and John have a chance to be re-united in friendship.

#### February 13 - April 4



Based on true happenings, this heartwarming story tells of Charlie, a factory owner struggling to save his shoe business and Lola, a fabulous entertainer in need of some sturdy stilettos. The two have seemingly nothing in common, but with a little compassion and a lot of understanding, this unlikely duo learns to embrace

their differences and find they have more in common than they think! Featuring original songs by pop icon Cyndi Lauper, this highenergy, full-hearted hit is inspiring audiences to let love shine and showing them that sometimes the best way to fit in is to stand out!

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## **Alliance For The Arts**

Fringe Fort Myers - April 22 to 26

In celebration of the Alliance's 45th birthday, we're introducing Fringe Fort Myers – the newest



Fringe theatre festival in the United States! This inaugural event maintains longstanding Fringe traditions of being 100 percent uncensored, 100 percent unjuried and 100 percent inclusive. Even better, 100 percent of ticket sales go directly to the artists, which means you're 100 percent guaranteed to have the single greatest experience of your life.

The Alliance for the Arts, in partnership with the Broadway Palm Dinner Theatre and Florida Rep Education, will present the first ever Fringe Fort Myers this April, featuring 48 genre-defying performances on four different stages!

Fringe Fort Myers kicks off with the fun and frenetic Teaser Show, each performance group gets two minutes to sell you on their show, how they do it is up to them! Then, over the next four days we will play host to 48 performances on four different stages at the Alliance for the Arts and Broadway Palm Dinner Theatre. After the final curtain, Fringe Fort Myers will host our first Fringe awards ceremony celebrating the artists that make Fringe an incredible experience. Florida Rep Education will also offer Kids Fringe, which will operate a family-friendly performance within Fringe Fort Myers.

2020 Artist Lineup

Choose Your Own Variety Show by George Gilbert (Fort Myers, Fla.) – Welcome to the world's only variety show where the audience and fate combine to write the show on spot! Spin the wheel of destiny and watch as magic and circus jump out of the wheel and come to life before your very eyes! Each act has a story and every show is different, but one thing is for sure: there will be danger, there will be magic, and there will be nonstop thrills and excitement!

**Sketch Comedy by Comedy Asylum (Fort Myers, Fla.)** – Sketch comedy with adult themes, improvisation and naughty puppets. Their specialty is corrupting childhood icons like *The Hundred Acre Hood* and *The Wizard of Oz.* They also have topical humor like *My Fair Hooker, Dope Hospice*, and the *Good 'Ol Boy Scouts*.

Welcome To My Soul by Derek Lively (Bonita Springs, Fla.) – Set in an underground nightclub, a performance artist (who wishes he could be a stand-up comic) takes us through a series of characters who he has met through his travels as well as members of his family. The performance artist has a cathartic experience because this show is unlike any other that he has performed.

Eat The Apple by Alyce Bochette (Fort Myers, Fla.) – What was your definition of a life well lived? A small company of experienced dance performers will capture the audience through thought provoking movement and sound inviting all on a journey of self-discovery. When push comes to shove, for what will you be remembered?

Earthshine by Kat Epple (Fort Myers, Fla.) – Live music in collaboration with dance, projection art, lasers, and/or spoken word to explore the healing, beauty, fragility, and future of the Earth and performed by Emmy award-winning artists, Kat Epple.

How We Show Up, Singing About the Dark Times by James Brock (Fort Myers, Fla.) – A fragmented original play, with a mix of spoken word, music, song, and movement. The play celebrates the power and agency of being visible, with the attendant responsibilities of

showing up, being present, against all of that which tries to render those on the margins silent and invisible.

It's likely that the content may not be suitable for children – mostly because it would bore them to death. I am pretty sure, though, that moderately educated house pets will love it.

Old Fart by Tim Bourgard (Canada) – Hilarious, touching and fun. Old Tom is the Old Fart. He takes you through the joys and challenges of living long, laughing hard and loving deeply. He'll make you laugh, bring a tear to your eye and put a song to your heart. Bet you'll sing along when he strums on his ukulele.

Nazis And Me by David Lawson (Astoria, N.Y.) – Nazis And Me is a one-man show about Lawson's run-ins with hate set in a time where hateful Americans feel a strong sense of comfort: right now.

**Deep In Bear Country by Philip Gonzales** (Minneapolis, Minn.) – Phil Gonzales presents his ridiculously close analysis of Stan and Jan Berenstain's Berenstain Bears children's books. He has investigated, picked apart, theorized and speculated about Bear Country, its denizens, its history and its meaning.

Was any of this called for? No. Is it fair to do this to a rather innocuous series of children's books? Maybe? Has it changed Phil's outlook on life, art, family, community and legacy? Definitely.

Sexpert: Madame K! by Krista Komondor (New York, N.Y.) – A wildly interactive solo comedy show that probes everything from excessive male masturbation to enhancing women's pleasure. Madame Komondor's completely unscientific sex rant skewers traditional values while exposing the effects of pornography on love and the female orgasm. Madame strips away the fourth wall to teach, answer audience questions, and invite members to the stage to explore examples of consent, cat calling, and most importantly, how to properly lick and suck a mango.

Pardon My French! by Tangi Colombel (Palm Beach, Fla.) – Pardon My French! is an unorthodox French Cabaret Show, in English. A one-of-a-kind performance with classic Parisian songs, Gallic humor and just the right amount of jokes that will make you blush.... it's unusual, different, exotic!

Mom In Transition by Elyssa Rosen (Delray Beach, Fla.) – When a baby boomer mom finds out her millennial son is now her daughter, she tries everything short of mind control to stop this from happening to her normal life. Accepting her daughter is fraught with pronoun errors and confusion until mom sees the light in the H&M dressing room. This journey takes the audience through a mother's neuroses filled with guilt, repentance and most of all humor and love.

The Light Bringer by Laila Lee (Tampa, Fla.) – Freedom, but at what cost? A Palestinian immigrant and her family find more freedom in the United States than expected. A true-life one-woman show, Laila brings to light her experiences growing up Muslim in the South, and how she discovers her own place in the world and what sacrifices she must make.

Anna And The Sea by Shawnmarie Stanton (Bradenton, Fla.) – With Sea Turtle as her companion, actor, singer, songwriter, and solo performer Shawnmarie Stanton embodies over a dozen characters on this lighthearted journey through evolutionary biology. Musical mystery and vertebrate history – a winning combination!

Being Mark Twain by Alan Kitty (Nokomis, Fla.) – Being Mark Twain addresses the question "What would it be like to be Mark Twain in the 21st century? To learn the answer, Kitty transforms himself onstage while relating his 21st century experiences in a style reminiscent of Twain's humor, satire and irony.

**Drunk Magic by Colin Smith (Orlando, Fla.)** – Drunk Magic is a comedy magic show where each time an audience volunteer is brought up, everyone on stage takes a shot of tequila. From strait jackets to cutting audience volunteers in half the show is as insane as it sounds.

#### **Hosts Needed**

What do performing artists look like first thing in the morning? Do they leave the seat up? Whole milk or 2 percent? Now is your chance to find out. We need people to open their homes from April 22 to 27 to billet artists coming to Fringe Fort Myers. If you are interested in making a new friend, sign up to become a billet host!

When you sign up to be a billet host, we'll match you with an artist or artists that are suitable to you and your living space. Have a cat? We'll find a cat lover! Have a dog? Dog lover! Have a boa constrictor? That narrows the field quite a bit but hey we can try! Have a quiet house and want to keep it that way? Mimes! Whether your home has a guest room or a futon, we'll find the artist that fits the situation! And to show our appreciation, billet hosts receive a volunteer rush pass, which allows free admission into any show that isn't sold

out. Host an artist and see new works. It is a win-win!

Please contact fringe@artinlee.

org to become a host.

Alliance For The Arts, 10091

McGregor Blvd., Fort Myers,
FL 33919, (239) 939-2787.





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## **Cooking By Connie**

By Connie Hope

February is a great month here in Florida. The weather is great, and the crowds of people are here. What is February known for? February is American Heart Month. It is also Valentine's Day on the 14th. It is Library Lover's Month and Return Shopping Carts to the Supermarket Month. It is National Mend a Broken Heart Month and National Cherry Month. It is also Avocado Month and I've got a great salsa for you to try with some interesting funnies to go with it. Enjoy!

#### Avocado - Key Lime Salsa

2 ripe avocados, peeled and cubed (see cutting instructions below)

3 Key limes, for squeezing

1 red onion, diced

1 to 2 cloves garlic, finely chopped

1 teaspoon cumin

1 red bell pepper, diced

2 to 3 tablespoons fresh cilantro, chopped

2 tablespoons olive oil

Salt and pepper to taste

#### **Directions**

Combine all ingredients. Squeeze Key lime over the salsa. Refrigerate for one hour before serving. It should be eaten that day as it does not stay fresh. Serves 4 to 5.

#### **Cutting Instructions For Avocados**

Put the avocado in a towel in your hands. Take a sharp knife and cut around the avocado. You will hit the pit and can just cut around in a circle and not go into the pit. You will have two halves. Carefully put the knife in the pit and pull it out. Now you have two halves with skins. Take the knife and gently cut the avocado in stripes. Then take a tablespoon and scoop the stripes out. The salsa is served with chicken, fish and shrimp for best taste treats.

When I was traveling to Palm Island in the Windward Islands, we stopped at a restaurant. They used this recipe. I asked the waiter if he could get me the recipe as I just loved the taste of the salsa. The waiter verbally gave me the recipe as I wrote it on a napkin. Of course, there weren't any amounts of the ingredients when he told me the recipe. I've determined the amounts based on my taste.

## **Artists Paint Scenes Of Historical Village**

Plein-air artists from the Sanibel Captiva Art League set up their easels at the Sanibel Historical Village recently hoping to capture its architecture and charm on canvas.

The village's history attracts the artists, who hold a "paint out" every Thursday at different locations on Sanibel and Captiva. It's a challenge to paint outdoors, and everyone is painting something different. Some might paint just a tiny part of a building while others may paint the landscape.

The art league is teaming up with the Sanibel Historical Village to offer paintings and other items in the village's gift shop. More information will be available as plans develop.

## **Deed of Restrictions Section A-15:** Pets must be on a leash at all times

be on a leash at all times when being walked outside of the owner's property boundaries. The pet owner is responsible for picking up all animal



waste from their pet at all times. This includes the common areas! Violators are subject to fining.

- The Board of Directors



Painter Marcy Calkins



Sanibel Art League members at the Sanibel Historical Village

The Sanibel Captiva Art League has been in operation for more than 50 years. Some members are permanent residents, and some are snowbirds; the group even includes visitors from other places. The purpose of the art league is to grow its members' crafts and skills. It is a 501(c)(3) that is interested in taking part in community activities in the way of education.

For more information visit www.sancapart.com.
The Sanibel Historical Village is open Tuesday through

Saturday from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to all buildings. Admission is \$10 for adults (18 and over). Members and children are free. For more information or to make a donation, visit www.sanibelmuseum.org or call (239) 472-4648.

#### Mailbox Maintenance And Repair

Mailbox doors have a closure spring that eventually breaks after thousands of openings. It is important to replace them as soon as they are discovered as they usually result in a broken



door, which is a much more expensive repair. Call **Dennis Shelley**, (239) 887-1042. The cost of installing a new spring is \$34. If the door casting breaks, it costs an additional \$112 to repair the door. Dennis also has specially manufactured flagpole holders to match the lampposts. They are available for \$89 installed. Your mailbox and lamppost can also be repainted for \$49, which will bring them back to their "like-new" appearance. Dennis also offers handyman services.

## Are You Receiving Email From Eagle Ridge?

Each month the Eagle Ridge Property Owners Association sends out an email with reminders of activities at the Ridge. If this image looks unfamiliar to you, you are not on our email list.

To correct this, send an email to info@



an email to info@ EagleRidge33912.com along with your name and street

address.

We will add your name to the list, which you may opt out of at any time. We are stressing the use of email as it is faster, easier and cheaper than USPS. You may send email addresses for all members of your household.

The Board of Directors



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