

DIETARY ACCOMMODATIONS REQUEST FOR REMOVAL OR REPLACEMENT OF ITEMS IN OUR MENU

Your child's health and safety is our top priority. While we are already a peanut and tree nut free school, we can accommodate some changes to our menu like a vegetarian diet, and mild allergies. It is important to understand that since we prepare all meals in a small kitchen, we cannot guarantee there will not be traces of items in our menu in any given meal. However we will use best practices to avoid it as much as possible. For safety, an extremely reactive or severe allergy to anything in our menu wouldn't be a good fit for our school. A call to 911 for a severe reaction will pause attendance, so we can re-evaluate.

Student Name: _____

Weight: _____

Date of Birth: _____

Home Number: _____

EMERGENCY CONTACT (Besides parents): _____

Name & Relation: _____

Phone # _____

I am requesting dietary accommodations: **removal or replacement of menu items below**. I authorize First Discoveries to contact my child's physician if more information is needed to set up their meal plan. Parents acknowledge that if 911 is called, an Unusual Incident Report will be filed.

I understand all foods will be served to students sitting next to my child.

My child is: **Allergic** Intolerant/Sensitive (no meds) Vegetarian

Food to Avoid: _____

Do you accept the "Morning Star" vegetarian alternative. Yes No

Does the student have **Epinephrine on site?** Yes No

Does the student have **Benadryl on site?** Yes No

Insurance Company: _____

Member/ID #: _____

Incidental Medical Services Plan Attached (**for allergies/medication**)

Medical Instructions & Action Plan Attached (**for allergies/medication**)

Physician's Name: _____

Physician's Signature: _____

MARK BELOW THE FOODS YOUR CHILD SHOULD AVOID & WRITE IT'S REPLACEMENT NEXT TO IT, IF APPLICABLE

Chicken Patty Breaded	Black Beans	Broccoli crowns	Honey
Bagel (breakfast only)	Corn	Lettuce	Maple Syrup
Chicken Taquitos	Macaroni & Cheese	Grapes	Flour Tortilla
Pizza	Spaghetti	Baby Carrots	Corn Tortilla
Breaded Fish Sticks	Chicken Noodle Soup	Cucumbers	BBQ Sauce
Turkey Hotdogs	Straberry Jelly	Oranges	GoGurt for Birthdays
Breaded Chicken Nuggets	Mini Pancakes (breakfast only)	Apples	Soy Milk
English Muffins (breakfast only)	Granola	Cantaloupe	Milk
Butter	Pancake/Waffle (breakfast only)	Banana	Orange Juice
Turkey Sausage (breakfast only)	Banana Muffin	Strawberries	Egg-Free Mayonaise
Cheerios	Oatmeal (breakfast only)	Mango	American Sliced Cheese
Wheat Bread	Mexican Salsa	Pear	Cream Cheese
Burger Bun	Brown Sugar	Peaches	Shredded Cheese
Hotdog Bun	Olive and Cannola Oil	Pinapple	Parmesan Cheese
Cherry Tomato	Pan Spray	Watermelon	Vanilla Yogurt
Chicken Strips	Rice	Green Beans	Strawberry Yogurt
Turkey Slices	Rice Quakes Apple	Peas	Ranch
Tortilla Chips	Goldfish Crackers	Pretzels	Ketchup
Graham Bears Honey/Choc	Oyster or small crackers	Cheese Crackers	Mustard
Snack Cereal Various	Honey Comb	Graham Crackers	Cake, Brownies, Sugar Cookie
Eggs (breakfast only)	Veggie Sticks	Wheat Thins	Food Coloring in Sprinkles

WE CANNOT TEST IF YOUR CHILD IS ALLERGIC AT OUR SCHOOL

ONE KITCHEN = MEALS MAY CONTAIN TRACES OF ALL ABOVE

WE DO NOT OFFER SEPARATE EATING AREAS

FOOD SERVED TO OTHER STUDENTS IN THE SAME TABLE.

FOR MULTIPLE ALLERGIES, COMPLETE A MEAL REPLACEMENT FORM FOR EACH ALLERGEN OR FOOD SENSITIVITY.

We prepare our lunches in a small kitchen. We **cannot completely eliminate traces of allergens from our meals**. Is this safe & acceptable? Yes No

We don't provide one-on-one care or separate seating. Your child might reach and take from foods on the table. Is this safe & acceptable? Yes No

Mother's Name: _____

Father's Name: _____

Mother's Cell Phone: _____

Father's Cell Phone: _____

Mother's Signature _____

Father's Signature _____