



Spirit of North Dakota State

Volume 11, Issue 3 - - - Fall Edition 2023



State Regent - Mary Baer



LOCAL REGENTS By Mary Baer, State Regent

Let me start out by saying yes, these last two newsletters are very close together, but we all know sometimes that “stuff” just happens. First, we had a few delays in getting the last newsletter printed and then when it did get printed your State Regent was so excited it was done – she forgot to send it to all the Regents to send out. This job definitely keeps me humble. It will be a while until you receive the next newsletter, notice that the next deadline is January 15, 2024.

Your State Board attended a State Officer’s Conference in Arizona during their heat wave (we certainly were warm enough!). We are anxious to share what we learned with all of you. Some items will be shared in this newsletter and others at our Day of Sisterhood in Wilton, on Saturday, September 30th.

Regent, that position that everyone always seems to be unwilling to take. It really isn’t so bad. The first thing you need to remember is that you do not have to do it all – the board (the 5 officers of the Court) and the members of the Court are a TEAM. The board is allowed to have planning meetings, but they are not board meetings where decisions are made for the entire Court. All members must have a voice or vote in the final decisions of plans and finances of the Court.

It is the Regent’s responsibility to have at least nine monthly Court meetings each year. The Regent or a delegate of the Regent should check on members that have not been attending meetings, court events, or keeping up with court activities or dues; this in turn may ensure that all members are involved in some aspect of the court.

Regents may share information and ideas for projects, but they do not make motions and they do not make decisions unilaterally. A motion needs to come from the floor. A motion must be made and seconded prior to discussing. Regents do not enter the discussion once the motion is made; if they choose to
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CDA Motto

Unity and Charity



CDA Mission Statement

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.



GOD TRANSFORM US

By Fr. Shane Campbell, State Chaplain

On the 1st Sunday of August, we celebrated the Feast of the Transfiguration. In the Gospel account for that Sunday, we hear about Jesus appearing in glory with Moses, the great lawgiver of Israel, and with Elijah, the greatest of the prophets, in the presence of three of his beloved apostles – Peter, James, and John.



What is the significance of this mysterious appearance?

Jesus went to the mountain knowing full well what awaited him in Jerusalem – his betrayal, rejection, and crucifixion. Jesus very likely discussed this momentous decision to go to the cross with Moses and Elijah. God the Father also spoke with Jesus and gave his approval: “This is my beloved Son; listen to him”. The Father glorified his son because he obeyed. The Lord Jesus not only wants us to see his glory, but he wants to share this glory with us, and Jesus shows us the way to the Father's glory – follow me – obey my words – take the path I have chosen for you, and you will receive the blessings of my Father's kingdom.

Jesus succeeded in his mission because he went to Calvary so that Paradise would be restored to us once again. He embraced the cross to obtain the crown of glory that awaits each of us if we follow in his footsteps. Peter, James, and John were privileged witnesses of the glory of Christ. We, too, as disciples of Christ are called to be witnesses of his glory. We all are being changed into his likeness from one degree of glory to another. We are present to the Lord every time we come to Mass, every time we come to adoration. Through these beautiful gifts Christ wants to transform us.

Let us make ourselves present before God so he can truly transform us and bring us ever close to him.

Role of the Local Court Chaplain

[from presentation by National Chaplain Fr. Boquet at the State Officers Conference in Arizona]

Service:

- ◆ Chaplains accompany and help CDA members to realize their mission, assisting them in fulfilling their strategies, goals, and desired outcomes.
- ◆ Whether serving on National, State, or Local levels, the Chaplain serves a key role by:
- ◆ Providing support
- ◆ Conducting religious exercises
- ◆ Offering guidance on matters of Church law, doctrine, morality, and life
- ◆ Providing guidance regarding the appropriateness of speakers and subjects at meetings or public gatherings

CDA Bylaws

(State Regent cont. from front page)

enter the discussion, they must relinquish the chair to the Vice Regent to enter the discussion. The Regent does not vote on the motion.

Regents to the best of their abilities should extend common courtesies to national, state, and local officers by returning phone calls, emails, and written correspondences in a timely manner. If you have questions/issues, follow the chain of command. If you are having issues with the person above, you contact the next in line. A member has the right to contact any local, state, or national officer or board member.

These tips for Regents are what were highlighted at our conference. Remember you can always go to the Tools of the Trade under Local Courts for more tips on the role of a Regent and many other tips and guidelines for your Court. The Tools of the Trade is the Handbook for Catholic Daughters and may be found on the National Website.

My hope is that I will see many of you at our Day of Sisterhood in Wilton! Please bring a friend and introduce them to Catholic Daughters.

See you in Wilton!
Your State Regent Mary

Barb Ward, Nat'l Director/Supervisor



HAPPY SUMMER!

By Barb Ward, National Director

I recently enjoyed meeting up with the North Dakota State Officers in toasty Scottsdale, AZ for the State Officer Training Workshop. Because of the excessive heat, everything looked drier and more lifeless than usual. I believe my Uber driver said this was day #24 where the highs were above 110 degrees and they have had no rain since March! That made me think, does our Spiritual Life sometimes end up looking like that too? Has it also dried up and become lifeless? Perhaps it's time to give our spiritual life a shot of fertilizer and a drink of everlasting water. Go to Mass during the week and receive the body and blood of Christ whenever possible. Give your spiritual life some extra "TLC" by setting aside some time to pray the rosary, recite the Divine Mercy Chaplet or cleanse the soil (soul) by going to Reconciliation. Do a daily check and keep the bugs off (remember the devil can come in all shapes and forms). If you have neglected your spiritual garden for whatever reason, let it come back to life and be beautiful again.

I just read through the summer edition of the "Spirit of North Dakota State" newsletter. WOW! Way to go North Dakota Catholic Daughters! I am so proud of you and all you have done! Sue reported that Court #958 (Williston) had 28 new members since the last convention in 2021; Court #2718 (West Fargo) had 24 new members; Court #322 (Bismarck) had 16 new members; and Court #2148 (Belfield) had 10 new members! Great job ladies—keep it up!!

Then I read in Angi's article the amount of money that was donated and given by all of you! You are the example of Catholic Daughters that all states should be following. I am (once again) so proud to be a part of this group as your National Director. Keep up the hard work—it is so worth it and you will be glad you did. You should be just as proud! God bless you all!

Barb Ward, National Director

In picture (above article) at the CDA National State Officers Conference in Scottsdale, AZ, left to right Angela Scheett, Elizabeth Plemel-Scott, Deb Johnson, Mary Shrine, Mary Baer, Sue Judd-Dyrness, and Barb Ward

National Office Directory & Duties

Martha, Office Manager / CDA Store Manager
cdofanat1@aol.com

Gloria, handles rosters, financial reviews, officer lists, Gold and SS jewelry orders cdaroster@aol.com

Thelma, handles all PayPal orders, new courts, state officer lists, reprieves, disbandments and charters
thelma@catholicdaughters.org

Gertrude, handles robes, banner orders, membership, address, phone, email changes gertrude@catholicdaughters.org

Arlene, invoices / dues questions
arlene@catholicdaughters.org

Carmencita, Membership Specialist, handles all additions, deletions, membership information and new courts
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Joe, handles shipping questions cdashipping@aol.com)

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LOCAL VICE REGENTS

By Deb Johnson, 1st Vice State Regent

Who wants to go on a road trip in September? Grab a sister or two and plan to travel to Wilton ND on September 30th. ***“With God All Things Are Possible.”***

Welcome back! Our CDA year is starting again!

We had a very hot, but enjoyable, National Workshop in Arizona in July. It was only 119*. What a prayerful and learning experience for all the State Officers who attended. There were many first-timers from across the United States. Which equals new ideas for CDA on a state level. As our local court officers have completed a year of their terms, we wanted to touch base on the duties of each office again.



Vice Regents:

- * You are the Regent’s right hand, should be available to help her in any way asked.
- * Be familiar with the “Tools of the Trade” (found on the National website) and the “Bylaws.” (Given to your court by the state) of CDA for the Regent position. This will answer so many questions.
- * You are in training for the Office of Regent.

Now many look at this position as easy and then don’t move to the Regent position. This really only hurts your court! It is a learning position. I hope all will look at each officer’s position in your court and prayerfully determine where your gifts could be used. It really does open up what CDA is and can be. If you are new, then maybe get involved in a court project, getting to know your sisters better. If you have new ideas don’t be afraid to share at a meeting, this is how we try new things. When we pray, work, and play together we become a stronger court. Catholic Daughters really is a sisterhood of unity and charity being the hands and feet of Jesus to others.

May your year be Inspired and Blessed!

Deb Johnson

1st Vice State Regent



Two-Fold Purpose: Spirituality & Service

From National Website

The integration of spirituality and service is the foundation of the Catholic Daughters.

CDA helps women develop their spirituality and provides avenues of service to live out that spirituality. The CDA gives members a unique opportunity to share their faith with other Catholic women.

Helping others through charitable acts in the spirit of Jesus Christ is the heart of our organization.

“Spirituality and Service”: the heart and soul foundation of the Catholic Daughters of the Americas



LOCAL FINANCIAL SECRETARIES

By Sue Judd-Dyrness, 2nd Vice State Regent



Dear Sisters in Christ,

I hope you have all had a refreshing and relaxing summer with time spent by family and friends.

We as state officers decided to share officer position information with you in this newsletter instead of at our Sister’s Gathering on September 30th. I am going to review the duties of the local Financial Secretary.



As a Financial Secretary you are responsible for receiving and transmitting all court funds. You receive all monies, issue receipts for money received, post receipts in the cash book, making notations for identification of where the money came from. Then you transmit the money to the Treasurer, count the money with treasurer and receive a receipt from the treasurer for the money you transmitted to her and file that receipt.

Another responsibility you have is keeping track of your court’s membership. Each member should have a page in the Membership Book with their name, member number, address, and the date they joined Catholic Daughters. When membership changes, you need to send additions and deletions to the state officer and the National Office, so the state and national offices are kept up to date. For State send membership changes to me at 633 Chautauqua Blvd, Valley City, ND 58072 or email me at sjuddcda@gmail.com and for National send to Gertrude@catholicdaughters.org. When making membership changes, make sure you use the correct forms, whether it is a new member application, a renewal, or a transfer, a deletion form, a correction form for address, phone number, and email changes. All these forms are in the Tools of the Trade (Our Procedure Manual) on the national website: www.catholicdaughters.org.

You can reconcile your roster by requesting a roster from the national office to make sure the national’s roster is the same as your roster. If it is not, be sure to notify the national office with the changes.

You keep track of dues for your membership also. Send out notices when dues are due or remind them if they haven’t been paid. Share with your Regent if there are members who haven’t paid, so she can decide what needs to be done.

When your court needs supplies from the National Office you should order them.

If you forget any of your responsibilities, you can always check the Tools of the Trade, under local courts, which have all our procedures on the national website.

Love & Prayers, Sue Judd-Dyrness

WELCOME! State Secretary - Elizabeth Plemel-Scott



Getting to Know Our State Secretary

By Elizabeth Plemel-Scott, State Secretary

Thank you for electing me to our ND State CDA Board. I am excited to serve as your State Secretary. I just participated in the National Workshop to be better prepared to work for the Catholic Daughters in ND.

The most meaningful part of the conference for me was spending time with Catholic Daughters, our National Chaplain, and the priests, deacons and men who love our Lord. Building relationships with others who desire to serve God and follow His will through this ministry was rewarding to me. The conference has ignited a fire in me to better serve you and your families, ND parishes, and communities.

I initially joined Court St. Mary in Devils Lake ND over 35 years ago. My mom, Peggy Plemel, and my Grandmother (Nellie Plemel) were both active members and I was teaching in Devils Lake at the time. What a great beginning to my Catholic Daughter membership. I also was briefly a member at Court Marquette #677 while a graduate student in Grand Forks, and also Court St. Ann #261 in Fargo while teaching there.

My current home court is Court Holy Cross #2718 in West Fargo, North Dakota. I was blessed to be a charter member and the first Regent for Court Holy Cross 6 years ago. I served as our Regent for 4 years and also as the ND State Circle of Love Education Chair for 4 years.

Faith, family, and friends have always been my priorities since a young age.

I am married to Steven Scott and we are blessed with 5 adult children, two sons-in-law, one daughter-in-law, and three beautiful grandchildren. I love spending time with these people and also with my parents (ages 93 and 88) and my 7 siblings and their families.

In my professional life, I served in Catholic and public schools as a classroom teacher, a teacher for students with special needs, and a school counselor for over 35 years in Europe and across the United States. My husband spent 25 years active duty in the USAF so that took us around the world. This also gave me the opportunity to serve as a leader in USAF Spouses organizations, on the International board of the Military Council of Catholic Women, on the State and National Counseling Board, as an educational volunteer with the Jeremiah Program, as the Special Olympics coordinator in Germany, and with many other civic and spiritual organizations.

I am grateful for the opportunity to now serve our North Dakota Catholic Daughters. I look forward to working with many Catholic Daughters as we continue to journey this life together. It will be a blessing to get to know more of you and to serve other local courts.

If you have any needs, suggestions, or are seeking information for your local court, please feel free to reach out to me.

My email address is Elizabethndcda@proton.me

Phone- (719) 323-3897

In Christ,
Elizabeth Plemel-Scott



Welcome to the State Board Elizabeth!

In Loving Memory



Ct. St. Catherine #323

† Madaline Clarys

† Geneva Schnell

Ct. St. Therese #959

† Edith Iverson

Ct. Sacred Heart #1908

† Ann Striefel

*“Eternal Rest Grant
Unto Them O’ Lord!”*

Welcome New Members



Catholic Daughters of the Americas®

Ct. St. Elizabeth #170

Teresa E Cowan

Varden D Lang

Ct. St. Ann #261

Vicki Boch

Marlys Hareland

Ct. St. Claire #1846

Andien Roehrich

Delphine Vetter

Deb Ibach

JoAnn Kelsch

Ct. Holy Cross #2718

Sharon Baumler

Kristine Driscoll

Jayne Rieth

Cindy Spieker

Amy Weigel

Welcome to the Sisterhood!

State Treasurer - Angela Scheett



Flow of Money

By Angela Scheett, State Treasurer

I hope everyone has had a nice summer. As part of the ND State Court, I had the opportunity to attend the CDA State and Territorial Officers' Conference once again, July 20-22. I would like to share some of that information with you.

The flow of Court money involves a "marriage" between two officers' books, the Local Financial Secretary, and the Local Treasurer. It is important to keep an accurate record of all income and expenses. They should make sure that their numbers match in their respective logbooks at the end of each month. It will make it easier when the books are checked for the semi-annual financial review.

The Financial Secretary receives all the funds. She records the income in her logbook before giving the money to the Treasurer. The Treasurer provides a receipt for money received and should keep a separate copy for her files. She records the income in her logbook before depositing the funds as soon as possible. The bank deposit receipt is attached to the copy of the one given to the Financial Secretary. When the Treasurer reconciles the monthly bank statement, she should let the Financial Secretary know if there was any interest received or additional fees charged.

It is recommended that Courts use vouchers to track payment of bills. The Regent receives all bills and starts the voucher for the invoice. She gives the voucher to the Financial Secretary who signs it and documents it in her expense book. She then gives the voucher to the Treasurer who records it before writing the check and having the Regent sign it. The payment is given to the recipient as appropriate. The Treasurer presents a monthly report for the Court summarizing all income and expenses.

If anyone has any questions about the Treasurer's position, please contact me. I can also provide samples of the Treasurer to Secretary receipt form or State Court expense form and voucher. I am happy to help.

Angela Scheett
State Treasurer



Local Court Secretaries



Local Court Secretaries

By Elizabeth Plemel-Scott, State Secretary

As a Local Court Secretary it is your responsibility to serve as designated by the Tools of the Trade and CDA guidelines.

The most important thing to remember as the Secretary is that one is writing the history of your Court. Minutes should be concise but informative. They are written in the third person and sent to board members, including the Court Chaplain. The corrected and approved copy should be signed, dated, and filed.

The recording secretary shall:

Keep accurate proceedings of all meetings.

Have the following items at every meeting:

Minutes Book

Minutes of previous meeting

Agenda for meeting

Copy of National Bylaws

List of all Committees

Copy of Court's Standing Rules

Reads the bills at the meeting.

Conduct correspondence of Local Court, except as specified under the duties of the Financial Secretary.

Perform other such duties as may be designated by the Regent.

Content of the Minutes will include:

1. Kind of Meeting;
2. Name of assembly, board, etc.;
3. Date, Time and Place;
4. Roll call of officers;
5. The Name of the presider;
6. The fact that a quorum is present;
7. Approval of previous meeting minutes;
8. All motions;
9. Name of the maker of motions, but not the one who seconds the motion;
10. Elections;
11. Any other counted vote;
12. Signature of the Secretary.

Local Court Secretaries: If you have any questions or concerns, please reach out to me.

Thank you. Elizabeth

Who are the Catholic Daughters?

From National Website

Formed in 1903, the Catholic Daughters of the Americas (CDA) is one of the oldest and largest organizations of Catholic women in the Americas. We are a national organization, with 63,000 dues-paying members in 1,150 courts (local chapters) in 45 states across the country and in Puerto Rico, Mexico, Guam and the Virgin Islands.

We provide local spirituality, sharing and activity under the support of a vibrant national organization. Members donate to charities, administer scholarship programs and strive "to be helping hands where there is pain, poverty, sorrow or sickness." They embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

National Projects and Charities



National Projects and Charities

By Angela Scheett, State Treasurer

At the CDA State and Territorial Officers' Conference, July 20-22, we learned more about the National Projects and Charities. The CDA National Board monitors each Project and Charity and often has representation on agency Boards or at events.

CDA supports five primary causes nationally, which are the National Projects. They include Habitat for Humanity, Holy Cross Family Ministries, the Labouré Society, the National Center on Sexual Exploitation, and SOAR. Please use the websites listed below to see further information.

Habitat for Humanity (<https://www.habitat.org/>) builds simple, decent, affordable homes for economically disadvantaged people and their families. Holy Cross Family Ministries (<https://www.hcfm.org/>) was founded by Father Patrick Peyton, CSC, to encourage family prayer, especially the Rosary. The Labouré Society (<https://rescuevocations.org/about/>) is a national Catholic non-profit organization that encourages vocations to religious communities by erasing the impediment of student loan debt. The National Center on Sexual Exploitation or NCOSE (<https://endsexualexploitation.org/>) was founded in 1962 by a primarily Catholic group of concerned citizens alarmed about the harms of pornography and other forms of sexual exploitation. It was previously called Morality in Media. SOAR – Support Our Aging Religious (<https://soar-usa.org/>) was founded in 1986 with \$25,000 seed money from CDA. Their mission is to raise funds to help Catholic religious congregations in the U.S. care for their aging members as well as educate the public and develop a national network.

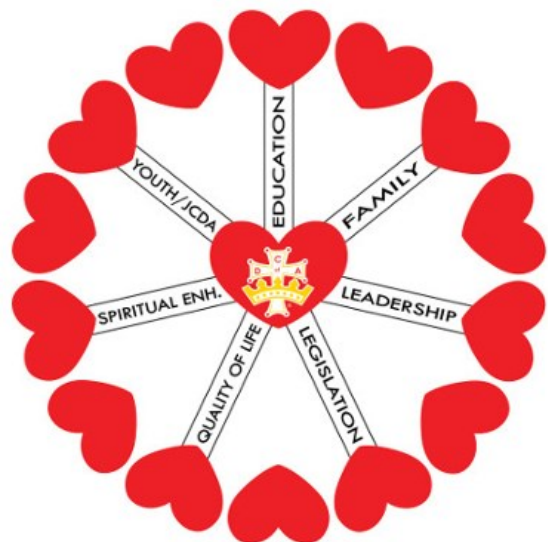
CDA supports ten additional causes, the National Charities. They include the Apostleship of the Sea, Catholic Extension, Catholic Relief, Disaster Relief, Human Life International, Missionaries of Charity (Mother Theresa), National Shrine of the Immaculate Conception, Pontifical North American College, Tutwiler Clinic, and Covenant House.

The Apostleship of the Sea (<https://www.aos-usa.org/>) provides spiritual, physical and psychological services to seamen at port locations in the U.S. Catholic Extension (<https://www.catholicextension.org/>) was founded in 1905 to help Catholics in remote areas lacking churches and resources. Catholic Relief (<https://www.crs.org/>) was started in 1943 to help people in the poorest parts of the world. It reaches more than 100 countries with food, medical and religious assistance and tries to prevent human trafficking and offer survivor support. Disaster Relief is a CDA fund that requires completion of a specific form. At the request of a State Regent where a disaster occurs, monetary donations are sent to the Bishop of that Diocese for distribution. Human Life International (<https://www.hli.org/>) is our newest National Charity, taking the

place of Smile Train. It is a U.S.-based anti-abortion and pro-life organization with associates in over 80 nations. The Missionaries of Charity was founded in 1950 in Calcutta, India, by (Mother) St. Teresa of Calcutta. These sisters are dedicated to serving the poorest of the poor regardless of class or creed. Funds for the National Shrine of the Immaculate Conception (<https://www.nationalshrine.org/>) in Washington, DC, are used to help maintain this beautiful basilica. The Pontifical North American College (<https://www.pnac.org/>) is in Rome, Italy, and prepares American seminarians to serve as priests in the U.S. The Tutwiler Clinic serves the poor in the Bayou Country under the direction of Sister/Doctor Anne Brooks. It is a rural clinic in Tutwiler, Mississippi, providing medical, dental and optometry care to all ages.


Covenant House was founded in 1985 to help homeless and runaway kids with food, shelter, and crisis care. The CDA National Board has voted to replace Covenant House as of August 30. Currently, they are still looking for a replacement. All checks sent to the National Office after August 30 for Covenant House will be returned.

Five percent of National dues are set aside for charitable donations. However, donations to the National Projects and Charities go into their own specific funds. A suggested donation of \$20 per year per Court for the National Projects is most appreciated. The National Charities are usually more individual for each Court. They may choose a certain amount to give to each of the Charities or choose to support some but not all for various reasons. When making donations, one check can be written for all. If Courts decide to send one check, the amount for each Project or Charity needs to be specified. To make this easier, the National Board has created a form to be submitted with these donations. It should be on the National website soon. Donations are accepted at any time, but many Courts do this at the end of their fiscal year. To be included in the report for the next National Convention, donations should be submitted by May 31, 2024.



National Education Award Winners from North Dakota

Exciting News

The State Officers' Conference held in Arizona began with a 7:00 pm session on Thursday after the evening meal. This session consisted of evening prayer, welcome, introductions, awards, scholarships, announcements, and night prayer. The State of North Dakota was very proud! We had some winners. Our State Newsletter received  2nd Place in Division 1. Thank you, Laurel Ann, for your hours of work as the editor.

I am also proud to announce that we had four winners in the education contest. Kathy Flagen of Harvey won 1st Place in Poetry, Division 4, Adult CDA Members with a cash prize of \$100. Keaton Sorum of Minot won 2nd Place in Essay, Division 1, Grade 5 with a cash prize of \$50. Clare Livedalen of Rugby won 3rd Place in Essay, Division 2, Grade 6 with a cash prize of \$25. Deianira Hondl of Dickinson won 3rd Place in Computer Art, Division 2, Grade 6 with a cash prize of \$25.

We Walk by Faith and Not by Sight in Farming Every Day By Keaton Sorum, Grade 5, Court St. Elizabeth #170, Minot 2nd Place National Winner, Essay Contest, Division 1



I love to farm, and I want to share with you the value of faith in the farming process.

When you farm you must have faith. You must have faith in the weather, faith in God, faith in machinery, faith in the soil, faith in harvest, and faith in yourself.

Faith in the weather is important. You must have faith in God to give you rain and sunshine at the right times in order to raise a good crop. You must have faith in God to not give you hail. You must have faith in God to not give you too much wind so that the crop won't lodge over. You must have faith in God so that there will be no field fires due to drought and wind. **We walk by faith and not by sight in farming every day.**

You must have faith in God that you have the right nutrients in your soil. Proper nutrients are needed by the growing crop to take advantage of the proper sun and rain to give us a bountiful crop. **We walk by faith not by sight in farming every day.**

You must have faith in your machinery and the knowledge to run the machinery. You must have faith in your drill to plant your crops at the proper depth and spacing. You must have faith in your sprayer to spray your crops for even coverage to kill weeds and keep your crops healthy. You must have faith in your knowledge to select the proper spray at the proper time. You must have faith in your combines to harvest your crops in a timely fashion. **We walk by faith not by sight in farming every day.**

You must have faith in God to give you a plentiful harvest to fill the bins full of grain to feed the world and allow the farmer the resources to do it all over again the following year. **We walk by faith not by sight in farming every day.**

And the most important thing of all, is faith in yourself as the farmer. Allowing GOD to guide you thru the season, trusting in his signs and the intuition from prayer. Without faith, famine will exist. **We walk by faith not by sight in farming every day.**



We Walk by Faith, Not by Sight By Kathy Flagen, Adult, Court Sacred Heart #1908, Harvey 1st Place National Winner Poem Contest, Adult CDA Members



Faith the size of a mustard seed,
This bit of faith is all I need.

I don't need to see what my future will bring.
My loving God provides me with everything.

If I walk by sight, my earthly thoughts are in control.
If I walk by faith, I can face anything because God has my soul.

So put your faith in the One who made heaven and earth,
And rejoice in Him who gives us new birth.

Walking by Faith, Not by Sight By Clare Livedalen, Grade 6, Court Little Flower #1193 Rugby 3rd Place National Winner, Essay Contest, Division 2



As Christians, we follow God no matter what. We have faith in Him to lead us toward His love in heaven. Without His loving guidance, we would be walking aimlessly and alone. Here are a few examples and ways that we can walk by faith, not by sight.

Everyone has times in their life when they feel as though God is not with them. They feel alone, scared, and confused. God is always with us even when we feel this way, and all we need to do is trust Him. The only reason this troubles us is not because we are alone, but because of temptation. We are separated from God when we sin and disobey him. That's why we must stay connected to Him through prayer and commitment.

God's guidance is like our living map. We follow it everywhere, even when it leads us to the most unexpected places. We depend on it to lead the way, and God is happy to be our guide throughout our journey toward him. We trust Him to bring us closer to Him so we can experience His love. In a way, we are blind. We can't see God, so we just have to believe. Without the virtue of faith, we would not find eternal life within Him. This is why it is so important to believe and trust Him.

We depend on Him to be there like a shoulder to lean on. Without Him there we would fall. Sometimes we feel like we are falling. This happens when we are somehow separated from God or hurt by another's words. When this happens, we always need someone there, someone to reassure or simply listen to you. When I feel like this, I always turn to God for guidance and forgiveness.

Once again, we do our best to follow God's guidance like a map and trust Him like a shoulder to lean on. We are blind to the truth of God and will never know what it will be like in heaven if we do not believe and trust Him to lead the way. So, the next time you feel guilty, sorry, or hurt, turn to Him and ask for forgiveness or strength.



Walking by Faith Not By Sight
 By Deianira Hondl, Grade 6
 Court St. Catherine #323 Dickinson
 3rd Place National Winner, Computer Art Contest,
 Division 2



**A Few Words
 from the Newsletter Editor**

By Laurel Ann Dukart, Editor

First, I would like to thank the State Board, Local Courts, and State Chairmen for submitting so many wonderful photos and interesting articles to the *“Spirit of North Dakota State - the Voice of CDA”* our State Newsletter. They are what make our newsletter enjoyable to read! This editor greatly appreciates something to edit.

Next - a big **THANK YOU** to Angi Scheett, State Treasurer and Assistant Editor. She does the final tweaks on the newsletter and changes it into a pdf file.

May I suggest:

- ⇒ Write articles of your court’s activities, celebrations, speakers, guests, milestones, etc.
- ⇒ Appointing a photographer to take pictures at your meetings and special events.
- ⇒ Best if sent via email (easiest to copy and paste into Publisher, but okay to send through text and US mail.

Challenge to Each Local Court: Submit an article / picture(s) for the upcoming newsletters. Next deadline for submissions is January 15, 2024.

To submit items for the State newsletter / website, please submit to Regent Mary Baer or me (info on page 2).

To submit articles and pictures to Share, please send to National tompanas7@gmail.com.

I hope to hear from all of you!

God bless! Love, Laurel Ann



Catholic Daughters of the Americas



“PUT YOUR NETS OUT INTO THE DEEP: MOVING MOUNTAINS”

2023 NATIONAL FALL RETREAT

RETREAT DIRECTOR:
 NATIONAL CHAPLAIN FATHER SHENAN BOQUET

Fri, Nov 10 - Sun, Nov 12, 2023

Starting/Ending with lunch at noon
 on both dates.

Spirituality Life Center
7100 E 45th St. N, Bel Aire, Kansas 67226

*\$300.00 includes room & meals.
 Limited to 65 retreatants.*



Left to right: Elizabeth Plemel-Scott, Angela Scheett, Mary Baer, Deb Johnson, and Sue Judd-Dyrness



If you want to know more about what our State Officers (above) learned at the National State Officer Workshop in Arizona and the meaning of the T-shirt (left) join us at “A CDA Day of Sisterhood” in Wilton on Saturday, September 30th.



Bring a friend!
 Hope to see you there!

New CDA Resolutions

NEW RESOLUTIONS

Below and to the right are new resolutions that were voted upon and accepted at the State Officer's Conference. In addition, the National CDA Board has voted to replace Covenant House as of August 30.

At this time they are still looking for a replacement for Covenant House. All checks sent to the National Office after August 30 for Covenant House will be returned.

Catholic Daughters of the Americas
National Officer Conference
Scottsdale, Arizona
July 20-23, 2023



RESOLUTION

Whereas, CDA members, as a family, need to support each other as we all struggle to meet life's challenges; and

Whereas, many of our members are aging gracefully while others suffer a variety of health issues both acute and chronic; and

Whereas, many members function as caregivers to other family members due to age or disease; and

Whereas, our members are saddened by the loss of members, spouses, parents, children and long time friends; and

Whereas, many of our current and past members reside in nursing facilities and are often lonely; therefore, be it

Resolved, that members help and support each other as we see the need with visits, rides, food, prayer, uplifting notes, or phone calls; and be it further

Resolved, that we attend funerals for our CDA sisters who have passed whenever possible, offer Masses for their intentions, and pray the Rosary for deceased members and their families.

Submitted by National Resolutions Committee
Michele Bowman and Irene Gramza
Approved July 19, 2023



**Have you asked someone
to join CDA?**



There are many Catholic women out there that would benefit from becoming a member of the Catholic Daughters of the Americas - they may be waiting simply to be asked!

Do you know one of these women? Won't you ask her to join this wonderful Catholic women's organization?

She'll thank you for thinking of her. Just ask her!!!

Catholic Daughters of the Americas
National Officer Conference
Scottsdale, Arizona
July 20-23, 2023



RESOLUTION

Whereas, Bishop Fulton Sheen became one of the 20th Century's most influential voices through his popular radio show, The Catholic Hour, and later his weekly TV show, Life is Worth Living; and

Whereas, Bishop Sheen inspired millions to witness his personal relationship with God and to see the relevance of Catholicism with his over 70 books and inspirational homilies; and

Whereas, Bishop Sheen influenced countless conversions to the Catholic faith; and

Whereas, more than 100 million dollars was raised for the Society for the Propagation of the Faith which supports missions in the poorest parts of the world; and

Whereas, Bishop Sheen was the face of Catholicism for 40 years and with his teaching and preaching made people feel good about being Catholic; and

Whereas, Bishop Sheen addressed our 24th Biennial National Convention in 1952 and challenged CDA to extend their charity to the needs of the poor all over the world; and

Whereas, the title of "Venerable" was conferred on Bishop Sheen June 28, 2012 by Pope Benedict XVI; and

Whereas, the miracle of baby James Fulton Engstrom, after being born in 2010 with no signs of life and with no vital signs for 61 minutes, did survive to be a healthy child and has been attributed to the family praying for the intercession of Bishop Sheen; therefore, be it

Resolved, That the Catholic Daughters pray for funding for the soon anticipated Beatification ceremony of the Venerable Archbishop Fulton Sheen in Peoria, Illinois where he is buried; and be it further

Resolved, That even after beatification, prayers continue for a second miracle for the future Canonization of Archbishop Sheen; and be it further

Resolved, That Catholic Daughters support and pray for the Bishop Sheen Foundation as they raise funds and promote the Cause for Beatification and Canonization of Archbishop Sheen, a beloved servant of God.

"The greatest love story of all time is contained in a tiny white host" Bishop Fulton Sheen

Submitted by : Michele Bowman and Irene Gramza
National Resolution Committee
Approved July 19, 2023

THE NORTH DAKOTA STATE CDA BOARD
INVITES YOU AND A FRIEND TO



A CDA DAY OF SISTERHOOD

“WITH GOD ALL THINGS ARE POSSIBLE”

SATURDAY, SEPTEMBER 30, 2023

BEGINNING WITH 9:00 AM MASS

SACRED HEART CATHOLIC CHURCH

212 4TH STREET NORTH

WILTON, NORTH DAKOTA

PLEASE RSVP BY WEDNESDAY, SEPTEMBER 20
TO STATE REGENT MARY BAER

EMAIL: marybaerndcda@gmail.com

PHONE: 701-260-3122

Spirit of North Dakota

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“THE VOICE OF CDA”

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Grand Forks ND 58201
dukartcda@outlook.com

Current Resident Or

Deadline for next newsletter:

January 15, 2024



Catholic Daughters
of the Americas®



North Dakota State Officers with the St. Francis mural
at the Franciscan Renewal Center in Arizona

