Vocabulary: all answers must be followed with “sir”

Spear Hand Jab: Pyun-son-gut  
Back Fist: Dung-joo-muk  
Palm: Pa-tang-son  

Knowledge:
Why do we practice self-defense techniques:  
We practice self-defense to develop effective offense and defense, control, precision, speed and reaction time.

Counting Numbers  
68. Yeh-soon Yu-dul 69. Yeh-soon A-hop 70. Eel-hun  

Home Rules: Age 13 & under Numbers 1-8