**I Wish You Well**

**It must be true about how time**

**flies when one is having fun.**

**The clock just seems to go crazy,**

**before one knows it, the day is done.**

**And because the days slip by so quickly,**

**it hard to believe another year has passed.**

**It seems like only a few months ago, it**

**was your birthday and you had a blast.**

**That's what birthdays are for. To**

**enjoy it with family and friends.**

**Enjoying each moment, hoping**

**the celebration never ends.**

**As different as you and I are, we**

**belong to a spiritual sisterhood.**

**And with that love, my wonderful**

**friend, I wish you all that is good.**

**I wish you good health, enough**

**to get you through each day.**

**And mentally fit so you will**

**not let others get in your way.**

**So it is my pleasure to say Happy**

**Birthday, indeed worthy of a toast.**

**Because we continue to be there for one**

**another, when we need each other the most.**

**Written By Frances Berumen 8/14/15 <><**

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