





Del Norte Senior Center  
 1765 Northcrest Drive  
 Crescent City, CA 95531  
 707-464-3069  
 Hours 9:00am to 4:00pm

**COME JOIN US!!!**  
 Lunch Served  
 Monday Thru Friday  
 11:00am TO 12:30Pm



# May 2026

Suggested meal contribution: \$3.00. No one over 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Saltshaker indicates a higher sodium meal. Low-fat milk served with every meal.</p> 					1 Chinese Chicken Salad, WW Roll Mandarin Oranges	2 <b>Menu is Subject To Change Without Notice</b>
3	4 Whole Grain Spaghetti W/ Meat Sauce, Green Salad W/dressing, Garlic Bread, Cheese Stick & Applesauce	5 Taco Casserole, Black Beans, Spanish Rice Tropical Fruit Cup	6 Turkey /Cheese Sandwich, on WW Bread, Bean and Macaroni Soup WW Cracker & Peaches	7 Roasted Chicken, Scalloped Potatoes, Steamed Carrots, Biscuit & Fresh Fruit	8 <b>Mother's Day Luncheon</b> Chicken Salad Sandwich on Artesian Bread, Italian Broccoli Pasta Salad and Fresh Fruit Salad	9 
10	11 Sweet and Sour Chicken, Brown Rice, Stir Fry Vegetables, & Mandarin Oranges	12 Egg Salad Sandwich on WW Bread, Split Pea Soup, WW Crackers & Peaches	13 Cheeseburger on WW Bun, Sweet Tater Tots & Fresh Fruit	14 Chicken Caesar Salad, WW Roll & Mixed Fruit Cup	15 Fish and Chips, Cole Slaw, WW Bread & Fresh Fruit	16
	18 Tuna Sandwich on WW Bread, Vegetable Soup, WW Cracker & Gelatin W/Fruit	19 Spinach Lasagna, Italian Squash, Garlic Bread, Cheese Stick & Pears	20 Turkey Sausage, French Toast Sticks, Hash Brown Patty, V-8 Juice & Yogurt	21 Pulled Pork Sandwich on WW Bun, Baked Beans, Cole Slaw & Banana	22 BBQ Chicken, Potato Salad, WW Roll & Fresh Fruit	23
24	25 Site Closed 	26 Herbed Chicken Breast, Pasta Primavera, Green Salad W/ dressing & Apricots	27 Beef and Bean Chili, Corn Bread, Green Salad & Banana	28 Chef Salad, WW Roll & Peaches	29 <b>Happy Birthday</b> Cheeseburgers on WW Bun, Macaroni Salad, Baked Beans, Strawberry Short Cake Fruit Juice	30 <b>Senior Legal Service</b> 464-3069 1-800-972-0002 X304 1-707-445-0866 X304