

Trip Report

Tuff Puff hike

May 30, 2015

Tuff Puff Hike - David Thompson Area

Hikers - Jane, Trish, Barb, John and Dan

Start at Red Deer - 6am

Trailhead - 8:30am

Top of Tuff Puff - 11:30am

Relaxing - 1 hour

Trailhead - 2:30pm

14km hike with 900m elevation gain

Steep sections that could be tricky if raining hard. Flat meadow hiking in between steep sections. Trail is well defined.

Easy hike with enough uphill to get your heart going.

Notes. My second hike with the Central Alberta Mountain Club. As with the first hike, everyone was very friendly and accommodating. Pace was set so everyone can enjoy the hike. Looking forward to hiking with everyone again.

Dan_Perozzo





