

*Community Resources
For White County
Bondecroft & Sparta
Head Start Centers*

2018-2019



To locate additional information on Community
Resources access,
www.tennhelp.com or Call 211

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

St. Raphael's Episcopal Church

Crossville, TN 38555

931-484-2407

931-788-5073 = Directors Number

(Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)

Roane State Community College

Crossville, TN 38555

931-456-9880

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Tennessee Technology Center

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502

(Assists Adults to further their education and job skills training)

www.UCReconnect.com

931-526-2211

Youth CAN

580 S Jefferson Ave, Suite A

Cookeville, TN 38501

931-520-9538

Adult Job Training Services:

Families Resource Center

Sponsored by: White County Board of Education
Sparta, TN. 38583
(931) 836-2229 aprilyoung@whitecoschools.net
(Assists Adults to further their education)

Career Center

60 Ridley Street
Crossville, TN. 38555
(941) 484-7456
(Assist adults to find jobs and provides basic training on job seeking skills)

Social Security Administration - SSI Program

1145 Perimeter Park Dr
Cookeville, TN 38501
1-888-717-1528
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502
(Assists Adults to further their education and job skills training)

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive
Sparta, TN 38583
931-738-6255
(Assist with Children's Issues, Food, Health, Housing, and Money/**Employment Assistance** Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

Resources for Bereavement:

Heart of the Cumberland

377 Short St or P.O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Healthy Bereavement & Grief Classes/Education

Highlands Medical Center

401 Sewell Rd

Sparta, TN

931-738-9211

Gentiva Hospice

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

Hospice of Cumberland County

Meets at the First United Methodist Church

First Tuesday of each month at 11:00 a.m.

Crossville, TN. 38555

(931) 484-4748

Childcare:

BLUE SPRINGS DAY CARE

2175 DORAN ROAD
SPARTA, TN 38583
(931) 738-9394
(Call for fees)

BONDECROFT HEAD START

9020 CROSSVILLE HWY
SPARTA, TN 38583
(931) 935-8420
(Free Service)

CASSVILLE ELEM PRE-KINDERGARTEN (-E-)

261 WILL THOMPSON ROAD
SPARTA, TN 38583
(931) 761-2277
(Call for fees)

DOYLE ELEMENTARY SCHOOL AGE CARE (-E-)

174 W.GOOSENECK ROAD
DOYLE, TN 38559
(931) 657-2287
(Call for fees)

FINDLAY ELEMENTARY PRE-KINDERGARTEN (-E-)

576 HALE STREET
SPARTA, TN 38583
(931) 738-2412
(Call for fees)

HEAVENLY SUNSHINE

LISA SCOTT
COOKEVILLE, TN 38506
(931) 738-3882
(Call for fees)

Mary Poppins Daycare

Cliffview Dr
Sparta, TN 38583
931-492-1282

MS. JENNIFER'S DAY CARE

149 CENTRAL CIRCLE

SPARTA, TN 38583

(931) 738-0149

(Call for fees)

MISS PATI'S DAY CARE

137 NORTH CHURCH STREET

SPARTA, TN 38583

(931) 836-2866

(Call for fees)

NORTHFIELD ELEMENTARY SCHOOL AGE CARE (-E-)

570 S.BUNKER HILL ROAD

SPARTA, TN 38583

(931) 761-7979

(Call for fees)

SPARTA HEAD START

430 N Spring St

SPARTA, TN 38583

(931) 836-2615

(Free Service)

Tender Care

958 McMinnville Hwy

Sparta, TN 38583

931-739-8145

TLC

3235 MONTEREY HIGHWAY

SPARTA, TN 38583

(931) 739-7767

(Call for fees)

THE SECRET GARDEN

258 NORTH SPRING STREET

SPARTA, TN 38583

(931) 837-5337

WOODLAND PARK ELEMENTARY B/A CARE (-E-)

88 PANTHER DRIVE

SPARTA, TN 38583

(931) 738-3505

(Call for fees)

Resources to Help in Child Abuse Situations

Avalon Center

Crossville, TN. 38555

1-800-641-3434 24-hour crisis line

(931) 484-4642 24-hour crisis line

(931) 456-0747 Center office

(Crisis line for those being physically or sexually assaulted)

Child Abuse Hotline

900 2nd Avenue North

Nashville, TN 37201

877-237-0004

(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

Crossroads Counseling

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

Sparta City Police

323 E. Bockman Way

(931) 836-3734

911 Emergencies

(Assist with emergency situations)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children/Youth

1000 Neal Street

Cookeville, TN 38501

(931) 520-4445

(Assist with issues concerning the welfare of children)

White County Health Department

135 Walker Street
Sparta, TN 38583
(931) 836-2201

White County Sheriff's Department

Justice Center 111 Depot St.
(931) 836-3028
911 Emergencies
(Assist with emergency situations)

Youth Services Officer

White County Justice Center
111 Depot Street
Sparta, TN 38583
(931) 836-2069

Dental Providers who take TennCare:

Algood Family Dental

172 W Main St
Cookeville, TN 38506
931-537-9948
931-537-2808 fax

Cookeville Regional Dental Clinic

327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Crossville Dental Clinic

1720 West Ave., suite 106
Crossville, TN 38555
(931) 484-3007

Cumberland Pediatric Dentistry

510 S Jefferson Ave
Cookeville, TN 38501
931-854-1200

Dr. Anderson

815 Webber Avenue
Crossville, TN 38555
(931) 484-3053
(Oral surgeon/need referral)

Dr. Charles Burdeshaw

107 Bonabrook Dr.
Hermitage, TN
1-800-373-3330

Dr. Chuck Krusa

289 Highland Sq.
Crossville, TN 38555
(931) 484-3664

Dr. Gentzler

615-443-3633

Dr. Richard Prichard

10480 Walden Street
Soddy Daisy, TN 37379
(423) 332-5544

Dr. David Snodgrass

4761 Andrew Jackson Parkway
Hermitage, TN 37076
(615) 885-3525

Dr. Witherington

815 Webber Avenue
Crossville, TN 38555
(931) 484-3053
(Oral surgeon/need referral)

Dr. William Bell

2931 Essary Rd.
Knoxville, TN
(865) 687-4450

Dr. Eric Wood

206 Rivergate Parkway, Suite A
Goodlettsville, TN 37072
(615) 859-9994

Upper Cumberland Dental

Algood, TN
(931) 537-2254

Walling Dental Center

11765 McMinnville Hwy
Walling, TN
(931) 657-5204

White County Health Department

135 Walker Street
Sparta, TN 38583
(931) 836-2201

**Dental Providers, who may not take TennCare,
but offer services to low-income families:**

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons.

Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cookeville Rescue Mission

1331 S Jefferson Ave

Cookeville, TN 38506

931-528-5819

Resources for persons with Disabilities:

ARC - Cumberland County

269 Hayes Avenue
Crossville, TN 38557
931-456-0206 or 931-432-7509

Children's Special Services

Sparta, TN
931-836-2201

Cumberland Veterans Affair

Crossville, TN 38555
(931) 456-0090

Hill Toppers

151 Sweeney Dr.
Crossville, TN 38555
(931) 484-2535

Social Security Administration - SSI Program

Cookeville, TN 38501
1-888-717-1528

TN Early Intervention System (TEIS)

Education/training
(931) 528-1623
(Assist children/families birth - 3 yrs)

Tennessee Department of Human Services - White County

620 Roosevelt Drive
Sparta, TN. 38583
931-837-8256

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
931-432-4111

Resources to help in Domestic Violence **Situations:**

Avalon Center

Crossville, TN. 38555

1-800-641-3434 24-hour crisis line

(931) 484-4642 24-hour crisis line

(931) 456-0747 Center office

(Crisis line for those being physically or sexually assaulted)

Genesis House

Street location is confidential

Cookeville, TN N/A

(931) 526-4730

Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

Sparta City Police

323 E. Bockman Way

(931) 836-3734

911 Emergencies

(Assist with emergency situations)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

White County Sheriff's Department

Justice Center 111 Depot St.

(931) 836-3028

911 Emergencies

(Assist with emergency situations)

**Resources available to help fight the Alcohol and Drug Abuse (Including
METH) Problems in your area:**

All Local Churches in Area

Alcoholics Anonymous

(931) 484-6467

Crossroads Counseling

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

Cumberland Heights Drug Treatment Center

1-800-646-9998

Cumberland County Medical Center

421 South Main St.

Crossville TN 38555

(931) 484-9511

Cumberland Mtn. Mental Health Center

4325 Hwy 127 North

Crossville, TN 38555

(931) 484-8020

Department Of Children's Services

620 Roosevelt Drive

Sparta, TN

(931) 837-8259

Drug Tip Hotline

Sponsored by: Cumberland County Sheriffs Department

(931) 484-4444

Drug Abuse Hotline

1-800-888-9383

Fourth Dimension Inc.

Hwy 70 North

Crossville, TN 38555

(931) 484-4255

House of Hope

Cumberland Children's Center
165 Bob Tollett Loop
Crossville, TN 38555
(931) 707-2273

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Mary Scott Turner Foundation

www.mstrc.org
PO Box 935 Sparta, TN 38583
931-254-1306

Meth Hotline/Statewide

1-877-866-6384

Narcotics Anonymous

2229 West Ave
Crossville, TN 38555
931-484-6384

Joe Papaio

180 Janice Drive Sparta
1-800-407-7195

Sparta City Police

323 E. Bockman Way
(931) 836-3734
911 Emergencies

Teen & Adult Challenge

200 Freedom Ln
Livingston, TN 38570
1-888-688-0470

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

White County Sheriff's Department

Justice Center 111 Depot St.

(931) 836-3028

911 Emergencies

White Co Anti Drug Coalition

755 Millers Pt

Sparta TN

931-738-9906

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Drive
Albany, KY 42602
(606) 387-9099

Bondcroft Volunteer Fire Department

Bondcroft, TN
931-935-3170

Eastland Volunteer Fire Department

931-935-8200

Emergency Management Agency

90 Justice Center Dr.
Crossville, TN 38555
(931) 484-7016

Poison Control

1-800-222-1222

Sparta City Police

323 E. Bockman Way
(931) 836-3734
911 Emergencies

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676

Sparta Fire Department

715 North Spring St.
(931) 738-7380
911 Emergencies

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400

White County Sheriff's Department

Justice Center 111 Depot St.
(931) 836-3028
911 Emergencies

Assistance with Food/Clothing/Utilities Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

Cumberland Co. Good Samaritans

281 10th St.
Crossville, TN 38555
(931) 484-3225

Community Education Office for the Food Stamp Program

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436 Toll Free: 800.262.6817

DeRossett Church of Christ

931-935-2662

First United Methodist Church

100 Braun Street
Crossville, TN. 38555
(931) 484-3537

Good Samaritans

281 10th Street
Crossville, TN. 38555
(931) 484-3225

Lansden Church of Christ

4250 Fanchers Mill
Sparta, TN
931-761-3240

Linary Church of Christ

1244 Old Hwy 28
Crossville, TN 38555
(931) 484-5961

New Beginnings Fellowship Church

1433 Livingston Road
Fair Park Senior Center
Crossville, TN. 38555
(931) 484-7729

Pennies for the Needy

Suite 36 American Legion Bldg.
Sparta, TN. 38583
931-836-2344

Pleasant Hill Baptist Church

No Kids Do Without
699 Pleasant Hill Rd
Sparta, TN 38583/Pastor Mike Prater

Pleasant Hill Community Church

(931) 277-3193

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074

Tennessee Department of Human Services - White County

620 Roosevelt Drive
Sparta, TN. 38583
931-837-8256

United Fund of Crossville

Crossville, TN 38555
(931) 484- 4082

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive
Sparta, TN 38583
931-738-6255

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

Crossville Housing Authority

67 Irwin Avenue
Crossville, TN. 38555-4746
Phone: (931) 484-2990

Habitat for Humanity

329 McLarty Lane
Crossville, TN 38555
931-484-4565

Pennies for the Needy

Community Assistance Agency
5 West Maple St Suite 36 American Legion Bldg.
Sparta, TN. 38583
931-836-2344

Self-Help Housing Program

Crossville, TN. 38555
931-484-2990

Sparta Housing Authority

300 Cragrock Drive
Sparta, TN. 38583
931-836-3357

United States Department of Agriculture

Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

Upper Cumberland Homeless Shelter

15 Division Street
Crossville, TN. 38555
(931) 456-8172

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop Crossville, TN 38555
931-456-0691

Assistance with Insurance Needs:

Blue Cross Blue Shield

(865) 588-4612 Group Insurance

1-800-845-2738

(Affordable Insurance for Families & Individuals)

Coverkids

Tennessee Department of Human Services - White County

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

Tennessee Justice Center

Nashville, TN

615-255-0331

Assists with strategies for obtaining TennCare and appeals process, etc.

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street Suite G
Cookeville, TN 38506
931-528-8598

Crossville Housing Authority

67 Irwin Avenue
Crossville, TN. 38555-4746
Phone: (931) 484-2990

Legal Aid Society of Middle Tennessee and the Cumberland

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
Translation services offered: Yes

Tennessee Department of Human Services - White County

620 Roosevelt Drive
Sparta, TN. 38583
931-837-8256

Tennessee 211

1-800-318-9335

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

Christian Counseling

53 North Main Street Crossville, TN 38555
931-707-8921

Crossroads Counseling

Crossville, TN 38555
931-707-8921

Cumberland Mtn. Mental Health Center

4325 Hwy 127 North Crossville, TN 38555
(931) 484-8020

Cumberland Worship Center

145 Interstate Drive Crossville, TN. 38555
(931) 707-9855

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688

Patricia Guthrie, Therapist

44 Hayes Street Crossville, TN 38555
(931) 456-9367

Pastoral Counseling Center

Crossville, TN 38555
931-484-0203

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
931-823-6432 & 800-635-5199

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399
931-528-6167

Bethlehem Baptist Church

626 Potato Farm Rd.
Crossville, TN 38555
Church: (931) 456-0239

Crossroads Counseling

Crossville, TN 38555
931-707-8921

Cumberland Worship Center

145 Interstate Drive
Crossville, TN. 38555
(931) 707-9855

Linary Church of Christ

1244 Old Hwy 28
Crossville, TN 38555
931-484-5961

Never Fail Community Church

13348 US 70
Sparta, TN. 38583
(931) 277-5032

Patricia Guthrie, Therapist

44 Hayes Street
Crossville, TN 38555
(931) 456-9367

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074

Tollet's Chapel

95 Tabor Loop
Crossville, TN 38555
(931) 484-5220

Medical Providers who take TennCare:

Children's Special Services

Sparta, TN
931-836-2201

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates

345 West Broad Street
Cookeville, TN. 38501
(931) 528-1485
(Takes TennCare)

Crossville Medical Group

100 Lantana Road, Suite # 202
Crossville, TN. 38555
(931) 484-5141

Crossville Medical Group/Walk-in Clinic

60 Crossville Medical Group Drive
Suite # 109
Crossville, TN. 38555
(931) 456-3674

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-9511

Dr. Berman

49 Cleveland St. Suite # 210
Crossville TN 38555
(931) 707-8700

Dr. Kimberly Claypool-Johnson

421 South Main St.
Crossville TN 38555
(931) 456-5814

Dr. Robert Baker
207 East Bockman Way
Sparta TN 38583
(931) 836-6461

Dr. Buchanan
1645 South Main Street
Crossville TN 38555

Dr. Mollie Dodson
207 East Bockman Way
Sparta TN 38583
(931) 836-6461 or 739-0048

Dr. Alan Drake
133 Church Hill Drive
Sparta TN 38583
(931) 836-3262

Fast Pace Urgent Care
150 Sam Walton Dr
Sparta, TN 38583
931-739-4000

Dr. Flint
65 Sewell Drive
Sparta TN 38583
(931) 738-9316

Dr. Griffin
433 Sewell Drive
Sparta TN 38583
(931) 739-3000

Dr. Hallmark
1036 North Main St.
Crossville TN 38555
(931) 484-7040

Dr. Hassler
49 Cleveland St. Suite # 210
Crossville TN 38555
(931) 707-8700

Dr. Johnson
Crossville, TN 38555
(931) 456-9434

Dr. Kouchecki

Crossville TN 38555
(931) 484-5525

Dr. Stover

Sparta, TN
931-738-4596

Dr. Victor Shada

1645 South Main St. Suite 101
Crossville, TN 38555
(931) 484-4560

Dr. Vish

15 Walker Hill Circle
Crossville TN 38555
(931) 484-1100

Dr. Ty Webb

457 Vista Drive
Sparta TN 38583
(931) 738-3383

Kids Kare /Dr. Climico

758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173
(Takes TennCare)

Family Walk-in Clinic

42 Dooley Street
Crossville, TN. 38555
(931) 707-7117

White County Health Department

135 Walker Street
Sparta, TN 38583
(931) 836-2201

White County Hospital

Sparta, TN 38583
931-738-9211

White County Women's Health Care

163 Mose Dr.
Sparta, TN 38583
931-738-9140

White County Walk-in Clinic

Sparta, TN 38583
931-836-2228

Medical Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons.

Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

Sparta, TN

931-836-2201

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

White County Health Department

135 Walker Street

Sparta, TN 38583

(931) 836-2201

White County Hospital

Sparta, TN 38583

931-738-9211

Mental Health Providers who take TennCare:

ACTS

312 E. First St.
Cookeville, TN 38503
(931) 528-9399

Crossroads Counseling

Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Cumberland Plateau Recovery

550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382

Cumberland Mountain Mental Health Center

4325 Hwy 127 North
Crossville, TN 38571
(931) 484-8020

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678

Health Connect America

(931) 526-6042

Plateau Mental Health

1200 S. Willow Ave.
Cookeville, TN. 38501
(931) 432-4357 *24-hour hotline*

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197

Team Evaluation Center

600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943

(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

**Mental Health Providers, who may not take TennCare,
but offer services to low-income families:**

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501

(931) 528-9399

(Provide Assistance with Marriage & Mental Health Counseling)

Crossroads Counseling

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling**: intensive and therapeutic case management: and family preservation.)*

Plateau Mental Health Center

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123

Hotline: (877) 567-6051

(Assist persons with disabilities and mental illness in various ways)

Quit Tobacco Resources

Tennessee Tobacco Quitline:

1-800-784-8669

Cumberland County Health Department

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN 931-484-6196

White County Hospital

Quit 4 Life Smoking Cessation

Greg Williams

931-738-9211

Cookeville Regional Medical Center- Algood Room

Quit 4 Life Smoking Cessation

Tandy Todd

142 W. 5th St.

Cookeville, TN 38501

931-528-5176

March of Dimes and Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

Nicotine Anonymous

www.nicotineanonymos.org

American Lung Association

Freedom From Smoking

www.lungusa.org

American Lung Association of Tennessee

1-800-432-5864

www.lungusa.org

Former Smokers

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons raising children
possibly other than their own:**

Agricultural Extension Service - White County

117 South Main Street
Sparta, TN 38583
931-836-3348

Department Of Children's Services

620 Roosevelt Drive
Sparta, TN
(931) 837-8259

Help Us Grow Up Successful (HUGS)

Upper Cumberland
Regional Office
200 West 10th Street
Cookeville, TN 38501
931-528-7531

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Relatives as Caregivers

1225 South Willow Ave.
Cookeville, TN. 38501
(931) 432-4111

Youth Villages

1420 Neal Street
Cookeville, TN. 38501
(931) 525-6905

Resources to assist with Transportation Needs:

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive

Sparta, TN 38583

931-738-6255

(Assist with Children's Issues, Food, Health, Housing, Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

Holman's Taxi Service

15 West Maple Street

Sparta, TN 38583

931-836-3888

Promoting Youth Involvement:

Agricultural Extension Service - White County/4-H Program

117 South Main Street
Sparta, TN 38583
931-836-3348

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

ASSE

International Student Exchange Programs
404-754-1667
1-800-473-0696

(Volunteers assist young people from other Countries and encourages American students to study abroad)

Crossville Recreational Youth Soccer Association

Crossville Centennial Park
Crossville, TN. 38555
(931) 788-6166

Contacts: Geir Berwin

(Provides opportunities for youth to become involved in soccer and community activities)

Cumberland Worship Center

145 Interstate Drive
Crossville, TN. 38555
(931) 707-9855

Contacts: Tyler Vaughn, Donna Mullins & Joyce Green

(Youth group provides opportunities for community involvement)

Cumberland Fellowship Baptist Church

1640 West Ave
Crossville, TN. 38555
(931) 707-1883

(Youth group provides opportunities for community involvement)

First United Methodist Church

100 Braun Street
Crossville, TN. 38555
(931) 484-3537

(Youth group provides opportunities for community involvement)

Neverfail Community Church

2080 Red Rd
Sparta, TN 38555
Contact: Elliott or Emily Roberts
(931) 277-5663
(931) 277 5032

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074
Contact: Mary Mitter
(Youth group provides opportunities for community involvement)

Teens Against Drugs (TAD Center)

Crossville, TN.

WCTE American Graduate & Ready To Learn

LWray@wcte.org
CPutman@wcte.org
931-528-2222

Youth Center of Cumberland County

Hayes Street
Crossville, TN. 38555
(931) 484-9736
Mon - Fri 6:00 a.m. – 6:00 pm
(Assist with childcare after school & summer programs also)

YMCA

123 Moore Street
Sparta, TN. 38583
(931) 836-3330
(Assists young people to become involved in exercise activities and community events)

Language Assistance **(All Counties)**

Brent Simpson
931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN 37150
(615) 699-6279

Hispanic Service Ebenezer

PO Box 712
McMinnville, TN 37111
Phone: 9314741551

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)