

PALS & ETV *Programs*

Helping Youth Succeed



"My PALS Specialist helped me build a budget so I could manage my money more efficiently and pay my bills on my own. They helped me get everything in order when I was applying for colleges and scholarships. My PALS Specialist helped me with filling out my FAFSA and filling my taxes. My Specialist always returned my calls or emails within the same day." ~ Diedra

"The future belongs to those who believe in the beauty of their dreams."
-Eleanor Roosevelt



"I honestly think that I would not be where I'm at today without the PALS and ETV program and staff. I'm getting ready to graduate from college, have a job, and live in my own apartment. My ETV and PALS workers have given me the tools necessary to succeed in life. I'm excited for my future".

~ Callie, ETV and PALS youth

 **Central Plains**
Center for Services

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PALS & ETV *Programs*



Your Journey Starts Now!

Central Plains
CENTER FOR SERVICES

Offering opportunities for positive change to individuals, families, and communities.

PALS PROGRAM

The PREPARATION, TRANSITION & INDEPENDENT LIVING SERVICES

program is designed to provide you support and guidance with the challenges of becoming independent. A PALS Specialist works with you one-on-one to help assess your strengths and abilities, as well as assist you in identifying your personal vision for becoming a successful independent adult.

Each of you have different situations and needs—the PALS Specialist will make sure your plan and the work you do is directed to your specific needs, making it unique to you.

If you're not sure of what you want to do with your life—that's OK. Take some time and think about how you envision your future. Vision begins with desire, but it doesn't end there. Your vision for your future will begin to emerge as you think about what you most enjoy doing and what talents you most enjoy using.

Only you can create the future of your dreams.

WE HAVE THE TOOLS TO GET YOU THERE.

When it's time for you to move toward independence, the **PALS program** can help you navigate the road ahead. The areas of life you and a PALS worker will focus upon:

**Education, Employment, Housing & Daily Living,
Relationships, Health, or a goal of your choice.**

You may work on all areas or select one you are most interested in. You can do anything you set your mind to. It just takes action, perseverance, and facing your fears.

IT'S YOUR CHOICE!



“Education is the most powerful weapon which you can use to change the world.” - NELSON MANDELA



ETV PROGRAM

In the **EDUCATION and TRAINING VOUCHER PROGRAM**, we believe every single one of you has something that you're good at. Each individual has something to offer. You have a responsibility to yourself to discover what that is. That's the opportunity an education can provide.

The ETV program provides financial assistance, as well as one-on-one support, for current and former state wards to attend the college of their choice. The ETV program provides students up to \$2400 per year for tuition, fees, and books. A hallmark of our ETV program is the direct support each youth receives.

Whatever path you choose for continuing post-high school education—on-the-job training, community college or university, or securing a specialized certificate—seize new opportunities to discover and explore interests, expand your knowledge, take on new challenges, and experience the pride of achievement.

HOW DO I GET INVOLVED?

Your journey starts now and we're here to help!

Get connected to a PALS/ETV worker to help you build the foundation for your **INDEPENDENT** future!

Whether you are interested in the **PALS program**, the **ETV program** or both the Central Plains Center for Services staff is committed to your success!

CONTACT US

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