

COMPANIES OFFERING HOME HELPER SERVICES

Aging Excellence

123 Pleasant St.
Brunswick, ME 04011
207 729-0991

Rate: \$35-50/hr. depending upon services
Insured, background check

Services: Companionship, light housework, cleaning, light cooking, transportation, handyman services, non-medical elder home care, and personal care.

Comfort Keepers

Damariscotta
207-563-2273
ck912@ccomfortkeepers.com

Rate: Mon.-Fri. \$32/hr, 3hr minimum: Weekends \$35/hr, 3hr minimum
Insured, background check

Services: Companionship, light housekeeping, cleaning, laundry, non-medical personal care.

Neighbors

Brunswick
207 725-9444
www.neighbors.com

Rate: \$28 hr. plus \$.55 per mile beyond Harpswell
Insured, background check

Services: Companionship, light housekeeping, laundry, bed changing, ironing, wash dishes, meal prep, errands, handyman services

Friends in Home Care

Yarmouth, Augusta

207 846-5525

info@friendsinhomecare.com

Rate: \$34-36/hr, depending on service

Insured, background check

Services: Companionship, light housekeeping, grocery shopping, medication reminder, errands, doctors visits, and specialty care.

Home Instead Senior Care

Gorham

866 600-0441

info@homeinsteadmaine.com

Rate: \$33/hr-37/hr, depending on service

Insured, background check

Services: Companionship, light housekeeping, meal preparation, laundry, prescription pick up, personal services, Alzheimers or other dementia care, and Hospice Care.

Chicks Do Chores

Harpswell

207 729-5760

cdc4u@comcast.net

Rate: Dependent on the service needed

Insured

Services: Heavy Duty Cleaning, grocery shopping, meal preparation. Do not do light housework.

Linda's Home Care

Bowdoinham
207 607-9083

lahcplanning@gmail.com

Rate: Mon-Fri \$34/hr; weekends \$36/hr.

Insured, background check

Services: Companionship, light housework, meal preparation, transportation, respite care.

C & M Family Home Health Care

Lewiston
207 320-9986

crawford.candy998@gmail.com

Rate: Mon-Fri \$30/hr: weekends \$33/hr: additional fees for holidays and special services

Insured, background check.

Staff includes Registered Nurses, Certified Nurses Assistants, Personal Support Specialists

Services: Fellowship, personal care, cleaning, grocery shopping, cooking, transportation to Doctors appointments, personal support, Assistance with medications, Vitals, exercise assistance.