

Karate Kata Requirements

ADULT

FOR NANAKYU YELLOW BELT

Empi Kata
("Elbow Kata")
Taikyoku Shodan
(Taikyoku = "First Cause")
Taikyoku Nidan

FOR ROKKYU BLUE BELT

Taikyoku Sandan
Taikyoku Yondan
Taikyoku Godan

FOR GOKYU GREEN BELT

YOUTH

FOR HACHIKYU ORANGE BELT

Empi Kata

FOR NANAKYU YELLOW BELT

Taikyoku Shodan
Taikyoku Nidan

FOR ROKKYU BLUE BELT

Taikyoku Sandan
Taikyoku Yondan

FOR GOKYU GREEN BELT

Mawashi Kata
("Roundhouse Kata")
Pinan Shodan
(Pinan = "Peaceful Mind")
Pinan Nidan

Taikyoku Godan
Mawashi Kata

FOR YONKYU PURPLE BELT

FOR YONKYU PURPLE BELT

Pinan Sandan
Pinan Yondan
Pinan Godan

Pinan Shodan
Pinan Nidan

FOR SANKYU BROWN
BELT

FOR SANKYU BROWN BELT

Pinan Sandan
Naihanchi Shodan
("Horse-riding/Iron horse kata")
Tensho Kata
("Circular/fluid arms")

Pinan Sandan
Pinan Yondan

FOR NIKYU BROWN BELT

FOR NIKYU BROWN BELT

Chinto
("Crane on a rock")
Bassai Sho
("To penetrate a fortress")

Pinan Godan
Naihanchi Shodan

||| FOR IKKYU BROWN
BELT |||

FOR IKKYU BROWN BELT

Naihanchi Nidan
Saifa
("Extreme destruction")

Tensho Kata

| FOR SHODAN BLACK BELT |

FOR SHODAN-HO BLACK BELT

Naihanchi Sandan
Saiunchin
("Long battle/to conquer over a
distance")
Sanchin
("Three battles")

Chinto

"Once a kata has been learned, it must be practiced repeatedly. . . for knowledge of just the sequence of a kata in karate is useless."

-Gichin Funakoshi