

# Teacher Planning Guide

## Kimball Camp YMCA Nature Center



Spring/Fall Outdoor Education

Where your feet may leave but your heart never does.

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## Welcome to Kimball Camp YMCA Nature Center

Located in Reading, Michigan just 15 minutes from the Indiana and Ohio borders, the Kimball Camp YMCA Nature Center is centrally located for all of the cities in south-central Michigan. We are a short drive by Interstate or major highway from each of the following cities:

- |                    |          |                 |           |                 |          |
|--------------------|----------|-----------------|-----------|-----------------|----------|
| • Adrian, MI       | 44 Miles | • Coldwater, MI | 17 Miles  | • Jackson, MI   | 46 Miles |
| • Angola, IN       | 30 Miles | • Charlotte, MI | 63 Miles  | • Kalamazoo, MI | 74 Miles |
| • Ann Arbor, MI    | 80 Miles | • Defiance, OH  | 59 Miles  | • Lansing, MI   | 84 Miles |
| • Battle Creek, MI | 54 Miles | • Detroit, MI   | 108 Miles | • Toledo, OH    | 91 Miles |
| • Bryan, OH        | 41 Miles | • Hillsdale, MI | 12 Miles  | • Wauseon, OH   | 55 Miles |

This unique setting is home to a diverse combination of wildlife and ecosystems. While attending an Outdoor Education program at Kimball Camp YMCA, students will have the opportunity to study and observe a wide range of animals, including bats, owls, red fox and rabbits. Ecosystems available for study include converted farmland, coniferous and deciduous forests, a 38-acre nature preserve, a small stream and a chain of 14 lakes.

Kimball Camp YMCA Nature Center's comprehensive curriculum focuses on educational concepts geared to meet state standards for Michigan, Indiana and Ohio. Students will discover that learning comes naturally as they work with professional instructors to explore the outdoor settings throughout the 106-acre site. Our program encourages active participation in each study session, including hands-on experiments combined with first-hand experience.

In addition to environmental studies, schools can choose to include social outcomes in their curriculum. With a High Confidence Ropes Course; a 40-foot, 10-sided Climbing Tower that includes over 100 feet of Bouldering Wall; a full Team Building Course and hundreds of Initiatives, schools can design programs that will teach students conflict-resolution skills, enhance self-esteem and develop leadership potential.

The staff of Kimball Camp YMCA Nature Center is willing to work with your school to tailor a program to meet your specific goals and objectives. For more information about Kimball Camp YMCA or its Outdoor Education program, please contact us at (517) 283 - 2168 ext. 104. We look forward to creating a program to meet your needs.

Kimball Camp YMCA is a year-round facility that offers programs including:

- |                             |                        |                           |
|-----------------------------|------------------------|---------------------------|
| • Band/Athletic Camps       | • Outdoor Education    | • Summer Day Camp         |
| • Conferencing and Retreats | • Summer Resident Camp | • Teambuilding (All Ages) |

**We invite you to come and see what we can do for your organization.**

## Mission Statements

### YMCA of the USA Mission Statement

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

### Kimball Camp YMCA Nature Center Mission Statement

Kimball Camp YMCA Nature Center endeavors to put Christian faith and principles into practice through programs that build healthy spirit, mind and body for all in an environment which fosters a wholesome relationship between man and God's creation.



### Kimball Camp YMCA Instructor Mission Statement

We, the Instructors at the Kimball Camp YMCA Nature Center, are aware how important your students are. We strive to provide safe, fun, educational experiences that they cannot receive anywhere else. Our goal is to provide the best quality programming and instruction, with the goal that your students will:

- Experience fun and enjoyment in the outdoors.
- Improve their understanding of ecological, historical and teamwork concepts.
- Expand both their "comfort zones" and their realization of their own abilities.
- Develop a realization of how human actions affect the environment.
- Develop an attitude of personal responsibility for the health of the environment.
- Strengthen the students' social skills and self-confidence.

To ensure a positive experience while attending Kimball Camp YMCA Nature Center, we put a major emphasis on the "Three Foundations of Respect: respect oneself, respect others and finally, respect Kimball Camp, both its facilities and the natural environment around you."

## About Our Instructors

All Kimball Camp YMCA Nature Center Instructors are carefully selected to provide you with the best quality of program. All Outdoor Education Instructors are required to have either a four-year degree, be involved in an Internship/Practicum program through an approved college or university or have extensive background and experience in Outdoor Education.

All of our staff are required to have certifications in CPR and First Aid, with preference given to staff with more advanced medical training. Staff members in charge of Ropes Course events are required to complete an in-house training program to insure safe, effective programming for our Climbing Tower, High Ropes and Low Ropes Courses.

**All staff members are required to complete a background check prior to beginning employment and, as per the terms of their contract, prohibited from the use of alcohol, tobacco or drugs for the duration of the Outdoor Education season.**

## Instruction Style

All students are divided up into Crew Groups by the school, with an optimum number being 12 - 18 students per group. (Based on our experience, less than 12 students provides insufficient challenge on teamwork-oriented activities and over 18 students may be too many for some of the aquatic Main Events.) Please contact us if you have any questions.

One Kimball Camp YMCA Instructor is assigned to each Crew Group. Their job is to keep track of students during activities, make certain that journals are filled out appropriately and to provide a "crew captain" during learning activities like group games.

Each Instructor is also responsible for teaching a Main Event that is within their area of specialty, thereby allowing all students to interact with all Kimball Camp Instructors. This also guarantees the best quality of instruction for your students.

## Curriculum Guide

The goal of the Kimball Camp YMCA Nature Center curriculum is for students to develop interest, appreciation, knowledge and concern for natural communities. We accomplish this by surrounding them with the beauty and mystery of nature allowing for exploration and discovery and introducing ecological concepts.

All lessons actively involve each student in the learning process and compliment school curriculum. The Kimball Camp Staff are available to describe classes in more detail and to help you select classes and activities that will meet the goals and objectives of your school. All classes can be adapted to any grade level, unless specifically noted. Lesson plans can also be sent upon request.

The final schedule is developed by Kimball Camp YMCA and will be submitted to the school for approval. All schedules will be completed at least one week prior to the group's arrival. To facilitate this timetable, please send your completed "Action Plan" to us no less than four weeks before arrival.

## Journals

Journals can be served to reinforce key concepts, provide a basis for review and reflection after the camping experience and be kept as a souvenir of the student's experience. While we do encourage student journals, we also realize that schools that attend our programs may have different objectives. If your school chooses to have the students keep a journal, please let us know whether you will bring your own or if the journals are to be provided by Kimball Camp YMCA. If Kimball Camp is to provide the journals, please let us know at least one week in advance so that we can create one specifically geared to your program.

## Curriculum Offerings

The following pages provide detailed information concerning the goals and objectives for the Main Events, Short Courses and Evening Activities. Classes are listed alphabetically and are available year-round, unless otherwise specified. The following codes represent the suggested goals for each class: AS = Adventure Skills LH = Living History SN = Science & Nature TB = Teambuilding

## Outdoor Education Curriculum Offered at Kimball Camp YMCA

### Main Events

- Animal Habitats
- Aquatic Ecology
- Canoe Explorers
- Concept Paths
- Discovery Hike
- Environmental Engineers
- Forest Study
- Goliath
- High Ropes
- Initiatives/Low Ropes
- Orienteering/Compass
- Outdoor Survival
- Pendulum Physics/Giant Swing
- Pioneers and Settlers
- Plants And Trees
- Predator / Prey
- Voyageur Rendezvous

### Short Course Activities

- Eco-Games
- Egg Landers
- Environmental Dutch Auction
- Model Planets (Concept Paths)
- Nature Arts And Crafts
- New Games
- PIT
- Solitude Experience
- Weather or Not (Before Breakfast)

### Evening Programs

- Astronomy
- Campfire
- Capture the Flag
- Free Time
- Journey Home (Concept Paths)
- Michigan Country
- Night Hikes
- Seaweed Sally
- Square Dance / Virginia Reel
- Staff Hunt
- To Tell The Truth / Liar's Club
- Town Meeting

## Main Events

Main Events are the central courses in the Kimball Camp YMCA Outdoor Education curriculum. Each class is designed to address key concepts for Environmental Education and Experiential Education, expand student vocabulary as well as provide interactive, hands-on learning experiences for students.

### Animal Habitats: SN

From our Nature Den, we begin our discussion of animals and their basic needs. Students have the opportunity to touch the animals we have on display and learn about where they live. Then students will get an opportunity to study different animal habitats around Kimball Camp YMCA.

### Aquatic Ecology: SN, AS

Explore two unique ecosystems with two different options! Students will compare contrast the ecosystems of Long Lake and Mud Lake (now a pond surrounded by marshland). Students will learn how to identify the differences between reptiles, amphibians, and fish and how they interrelate with one another in the ecosystem. Option 1 includes a hike/canoe trip to Mud Lake for animal identification. Option 2 includes an introduction to fishing and the conservation efforts of fishermen. Option two includes an opportunity to fish Long Lake.

### Canoe Explorers: SN

Can a lake take over a forest? Can a Forest fill in a lake? Students will learn and see first hand the concepts of encroachment and succession as they canoe through Long Lake to Mud Lake. Before the students launch their canoes they will learn basic boating safety and techniques on how to paddle and steer a canoe properly.

### Canoe/Fishing: AS

Canoe Explorers and/or Aquatic Ecology without the nature instruction. Canoe includes basic boating safety and skill development in paddling and steering canoes, then practice on Long Lake under watchful eye of our canoe instructor. Fishing students will learn about the types of fish found in Long Lake, basic techniques in how to catch fish, then practice "catch/release fishing on Long Lake.

### Concept Paths: SN

Learn the seven "Secrets of Life" from the internationally recognized program, Sunship Earth, by Steve van Matre. Students are taught about their roles within nature and how everything in our environment works together to support life on earth. Concepts covered include Energy Flow (food chains, food pyramids, etc.), Cycles (water and soil), Diversity (biological diversity within species and ecosystems), Change (layers of soil, decomposition, etc.), Interrelationships (commensalism, mutualism, parasitism, predator/prey), Communities (ecosystems) and Adaptations (behavioral adaptations and natural abilities of animals). This Main Event lasts 2.5 hours and must be done as an all-camp activity. It also has an added Short Course and Evening Program component

### Discovery Hike: AS, SN

Enjoy an extended exploration of Kimball Pointe Nature Preserve and the rest of the property at Kimball Camp YMCA. This class provides a focus on sensory experiences and environmental stewardship. This program can include an optional meal, where students are able to cook over an open fire.

**Environmental Engineers:** SN

What positive and negative impacts does man make on our environment? Our Environmental Engineers class teaches students key concepts regarding our hydrosphere and atmosphere and then looks at how man has impacted the environment. Lab work includes collecting water samples from Long Lake and Friendship Creek and performing chemical tests to learn about the health of Kimball Camps ecosystem.

**Forest Study:** SN

Discover the various ecosystems found on Kimball Point, our 38 acre nature preserve. Students will travel through field, wetland, and pioneer/climax forest ecosystems. While on the journey students will compare/contrast the different ecosystems and identify the types of plants and animals found in each.

**Goliath:** AS

Build self-esteem, confidence, interdependence, and team skills with high adventure at Goliath, our 40foot-tall, multifaceted Climbing Tower. The session will consist of safety briefing, goal-setting, climbing and debriefing to anchor the experience to learning. Trained Kimball Camp Instructors will facilitate the experience. This activity must be requested on your "Contract for Use" to ensure scheduling availability! **Weather permitting, we will guarantee that all students who wish to will have the opportunity to climb.**

**High Ropes:** AS

Challenge your students as they practice individual goal setting and learn about encouragement and peer support. Students are encouraged to expand their comfort level as they challenge obstacles 40-feet off the ground! Trained Kimball Camp Instructors will facilitate the experience. Elements can be varied to suit specific needs and group sizes. Must be requested on your "Contract for Use" to ensure scheduling availability! (Weather permitting.) **Two adults from the school must be present at all times during the High Ropes program to assist the Kimball Staff. Schools selecting "High Ropes" are strongly recommended to take "Low Ropes" to enhance the effectiveness of this program. An additional fee of \$10.00 per student will be charged for this activity.**

**Initiatives:** AS

Structured to meet the needs of groups that prefer less physical challenge but would still like to participate in teambuilding, this program offers obstacles that require more mind than muscle. Groups work through a series of teambuilding games and smaller Initiatives. These activities can offer the same level of challenges and promote the same positive outcomes as that of its "larger" companion, "Low Ropes".

**Teambuilding:** AS

This program offers a combination of mental and physical challenges designed to promote group teamwork by developing the 3 C's critical for any team: Communication, Cooperation and Caring. Our skilled Facilitators will carefully sequence obstacles to help students develop into an effective team. **Recommended for ALL groups as an opening activity to help promote a positive environment and to lay the foundation for further team-oriented activities.**

**Orienteering/Compass:** AS

Learn the useful skill of reading a map and finding your way around the Kimball Camp grounds. We will discuss all components of maps: scale, symbols, contour lines, orientation, etc. Then, we will take the students out and let them try their new skills on our orienteering course. The Compass component may be added. Students will learn the additional skills knowing cardinal directions, finding bearings and also complete a compass course.

**Outdoor Survival:** AS

We all at times get lost. This class teaches students how to prevent themselves from being lost, as well as how to prioritize and meet their five essential needs for survival. Students will then experience a “survival simulation” activity where they will put their new knowledge to use in a group setting. Course includes shelter and fire building.

**Pendulum Physics (Giant Swing)** SN,AS

Were Galileo’s observations about pendulums correct? How did those observations influence Newton’s laws of motion? After a brief discussion on these questions, students will put the laws to the test: on our 40ft high Giant Swing! Under guidance of our instructor, classmates pull individual students up to heights of 6–40 ft (challenge by choice of student), and a quick release mechanism allows the student to swing safely on a cable like a pendulum. (Giant Swing Option includes all of the fun of the Giant Swing, without the physics introduction or debriefing)

**Pioneers And Settlers:** LH

From the life of the pioneer, exploring the uncharted territories to the settlers who came after, come experience the life of the people who “tamed” the land. Through the study of our past, students have a better understanding of the hardships faced by the earlier settlers and an appreciation of the dangers faced by explorers in the New World.

**Plants And Trees:** SN

Barefield; pasture; grassland; shrub wetland; pioneer forest; climax forest: Kimball Camp YMCA has it all! On a hike around camp students will identify the types of plants and trees found in each ecosystem. Students also will study and observe the succession of a forest and mans impact on the forest environment.

**Predator/Prey:** SN

Welcome to the ultimate game of survival! This is an all–camp game that uses role–playing to help students understand the complexities of the food pyramid and the basic needs for survival. This activity focuses on Predator/Prey relationships and the concept of “limiting factors”.

**Voyageur Rendezvous:** LH

Students will be transported back in time to experience first–hand some skills of the 1700’s Voyageurs and Native Americans. Students will become “Voyageurs in Training” as the do activities including flint & steel fire making, pelt trading, bragging stories, and games. (Presented as an all–camp activity.)

## **Short Course Activities**

Short Courses are classes that range from 30–60 minutes and typically occur on the middle days of a 3 – 5 day program. The following activities are currently available for your students. If you know of other classes that would better meet your needs, please let us know and we will work with your school to schedule other activities. Short Course activities may be included as part of your evening programs, as well.

### **Eco-Games:**

Eco-Games are action-oriented group games with an ecological theme. These can be played as an all-school activity (large group) or as small groups in a rotation format. These games stress cooperation, rather than individual achievement.

### **Egg Landers:**

Our space program is in trouble! Your students are chosen to help us design a “Lander” which is capable of bringing an egg safely down on the surface of an alien planet. Using nothing but the most state-of-the-art building materials (soda straws and tape), each team must construct a protective vehicle, which will shield their egg from heights of four to 40 feet!

### **Environmental Dutch Auction:**

Students are sent out as crews with a garbage bag and told simply to gather what they think they'll need. When everyone is reassembled, the group is then asked to bring up different objects, ranging from “a National Monument” to “their best example of their teachers”. If they have the object or can use their imagination to create it, they get points. The team with the highest score wins!

### **Model Planets:**

This program is designed to be used in conjunction with the Main Event, “Concept Paths”. Each Crew Group organizes their own planet, building examples of EC-DC-IC-A. Then, a Planetary Commissioner will quiz students to determine how well they understand these concepts and to decide if their planet will survive. Upon completion of the activity, students will make their own necklaces representing the “Seven Secrets of Life”.

### **Nature Arts and Crafts:**

From natural plant dye tie-dyes to photo-paper collages, our trained staff will offer students a new way to explore the beauty of the natural world. These hands-on crafts projects can be tailored to groups of all ages, and provide a wonderful souvenir to remember your time at camp.

### **New Games:** TB

Come and join us in some fun and funny games. These activities challenge students on an individual basis, as well as developing teamwork skills! From activities like “Alaskan Baseball” to a “YURT Circle”, students will learn how to work together, encourage each other and win as a team. Emphasis is on noncompetitive interaction rather than a “win/lose” format.

**Pit:**

Students learn about food chains in this exciting, fast-paced activity. Based on the original card game, "Pit", this game involves students in the quest for a complete food chain. Students approach the "pit" and exchange cards with other crews. Pit Police (the staff) supervise all trades and monitor the game. When a group has all food chain cards in their proper order, they win!

**Solitude Experience:**

Solitude Experience offers the students an opportunity rarely found in this modern world: the chance to stop and reflect on the beauty of nature. Students are encouraged to sit back and simply study nature up close and personal. A journal page is provided for students to draw or describe anything they have never noticed before.

**Weather or Not:**

Students rise early and meet at 7:30am to prepare the day's weather report. Students learn about air pressure, humidity, wind speed, and wind direction and the instruments tools used to measure those factors. Then it' off to our weather station to check the instruments and make the prediction for the day. Students share their findings at the morning meal to help everybody prepare for the day.

## Evening Activities

All Evening Activities are available year-round and have an average length of 45 – 60 minutes, unless otherwise noted. If your school requires a special evening activity, please contact Kimball Camp YMCA and let us work with you to meet your needs.

### **Astronomy:** SN

We still offer the traditional slide presentation/program of “The Objects of the Solar System” and “The End of the World...” An additional option (based on advance availability) is the Hillsdale College astronomy club doing a presentation with your students. Students learn how to use a star chart, and then go outside to our deck overlooking the lake and basketball court for a tour of the stars with the naked eye and telescopes.

### **Campfire:** Varies

A fun, relaxing event with songs, skits and stories. Kimball Camp staff leads your students in old fashioned camp songs and perform skits for your students to enjoy (Beware as we have been known to wrangle a few chaperones into joining us up front for the skits!) Students also get to enjoy the tasty treat “Smores” over our prepared campfire. (Weather is not a factor since we also have indoor fireplace)

### **Capture the Flag**

An all-time summer-camp favorite can be enjoyed by your Outdoor Education students. In our large field, your group will be divided into two teams. Each team will be given a “flag” to defend on their territory. In an active game, students run into the opposing teams territory in an attempt to “capture the flag” and return it to neutral territory without being “captured (tagged).”

### **Free Time:** Varies

Outdoor Education Instructors, Teachers and Chaperones will open different program areas to give students a chance to explore the “camp” side of their experience. Activities can include Archery, Arts and Crafts, Basketball, Bouldering, Waterfront (weather permitting), Goliath Climbing Tower, Giant Swing, Hay Ride, Ping Pong/Foosball, Volleyball and much more! Please contact Kimball Camp YMCA for details and restrictions.

### **Journey Home,** SN

This class is only available to schools who have selected the Main Event “Concept Paths”. Dressed as a Native American, a staff member tells the story about a special journey that the “young Aurora’s” make and how on this journey a necklace reveals “Seven Secrets of Life”. Usually reserved for the last activity of the last night as a wrap-up for those schools who chose the “Concept Paths” program.

### **Michigan Country:** LH, TB

Get set to build your homestead, pioneers! Students are divided into “families” and must work together to survive in the wilderness. Students must gather gold, furs and skins, exchange them for money, and purchase the items they need to survive. Families learn to depend upon each other, but beware: if you don't work together, your family may not survive out on the frontier!

**Night Hikes:** SN

Explore the night through your senses of hearing, touch and smell; comparing and contrasting night versus day vision. Stargazing can also be included, weather permitting. The assistance of teachers or parents is required.

**Seaweed Sally:** LH

What really lurks in the dark? Find out about “Seaweed Sally”, Kimball Camp YMCA’s resident ghost! Gather around the campfire in the dark of a night and get set for one of the creepiest stories that we tell. This story is only provided at the request of the school and will ONLY be told on the night prior to departure. Please contact Kimball Camp for more information.

**Square Dance / Virginia Reel:** LH

Get ready for a good, old-fashioned hoedown! Using modern music and some golden oldies, we will have your students dancing the Virginia Reel, a basic form of square dancing. Students will have a positive experience, an energetic workout and a lot of fun as we dance the night away!

**Staff Hunt:** SN

Prepare for a wild game of hide-and-seek! Students are brought indoors where the rules of the game are explained. During this time, the staff, teachers and chaperones sneak out into the forest to find their hiding places. When the rules are finished and the students divided up into teams, the game begins! (Flashlights are encouraged.)

**To Tell The Truth / Liar’s Club:** TB

An odd-looking object is held up to the students for study. After a few moments, the stories begin! Staff, teacher and parents can get involved, describing the use for the mysterious item. After all explanations have been given, students get together with their team and vote on who is telling the truth. But watch out: maybe nobody is right!

**Town Meeting:** SN

Lofton, a real estate developer, wants to purchase Kimball Pointe and turn it into condominiums. Students are divided up and assigned to represent different groups in the debate and arguments to either sell or keep the camp are constructed by each group. A spokesperson is nominated to state the differing views to the Town Council. (This is presented as a real-life scenario to encourage student participation; this sometimes creates an emotional response on the part of the students.)

## Break Time Options

During your stay at the Kimball Camp YMCA Nature Center, short recreation periods are scheduled before and after every meal. **Break time supervision is the responsibility of the teachers and chaperones.** It is suggested that adults prepare and plan for this time to make it more worthwhile for students.

Each separate area where students will be playing must be supervised by at least one adult. The following are some of the options and equipment available for recreation activities; games are limited only by your imagination!

### Available Recreation Areas:

- Athletic Field (setup with football lines)
- Basketball Court
- Playground Equipment
- Sandpit Volleyball Court

### Available Recreation Equipment:

- Basketballs
- Cones / Markers
- Footballs
- Frisbees
- Playground Balls (rubber)
- Soccer Balls
- Volleyballs

- If you have any questions or would like some additional suggestions, please feel free to contact the Outdoor Education Staff at (517) 283 - 2168 ext. 104. We are here to answer any questions about these activities (or others) you may want to try!

## General Information

**Arrival/Departure:** School groups should arrive between 9:30 – 11:00 a.m., allowing ample time for orientation and getting settled in cabins. School groups should schedule departure between 12:30 – 1:00 pm. Groups wishing to stay later must provide advance notice.

**Cabin Groups:** Cabin Groups are to be assigned by the school, according to cabin size. We ask that schools assign a minimum of 10 students per cabin. (Each cabin can sleep up to 17 chaperones and students). All schools are required to provide a copy of all Cabin Groups upon arrival.

**Cabins:** There are eight insulated and heated cabins available, each with a 17-person capacity and Thunderbird Ridge that can sleep 24. It is generally recommended that schools place two adults with ten students in each. Students must provide their own sleeping bag or bedding, towel and toilet articles. Modern bathrooms are centrally located *near* the cabins. We reserve the right to assign cabins for schools.

**Camp Store:** The Camp Store is available to all groups, if desired; please indicate on the “Action Plan” if you would like this option. T-shirts, sweatshirts, water bottles, stuffed animals, and other items are available for purchase by school groups. A list of items and prices is available upon request with items ranging from \$3 to approx. \$30.

**Chaperones:** Kimball Camp YMCA Staff provide all of the instruction. The school supervises all non-instructional time, including non-technical areas during “Free Time” (in the Evening Programs section), meal times, break time and cabin time (overnight). Please make sure chaperones are aware of their responsibilities to the program.

**Coordination:** Coordination on-site is the responsibility of the Assistant Director. He/she will be responsible for all site-related concerns. Coordination for the school program should be the responsibility of the Lead Teacher and will be the contact person for the Assistant Director.

**Crew Groups:** Each student will be assigned to a crew study group. Crew Group sizes range from 15–20. Please arrange the Crew Groups so those students who do not work well together are put into different groups. All schools are required to provide a copy of the Crew Group roster upon arrival.

**Curriculum:** The Kimball Camp YMCA Nature Center is constantly adapting its curriculum to meet state education standards for Michigan. We are willing to tailor a program to meet the specific science, math and social goals and objectives for your students. Any school requesting a specialized Main Event must provide a written request to Kimball Camp YMCA at least one month prior to their scheduled dates and may be assessed an additional program fee to cover equipment or instruction. Please call for more information.

**Emergency Assistance:** Kimball Camp YMCA Staff will assist with emergencies. Staff with CPR and First Aid certifications are always on duty. It is required that the group leader has a properly signed emergency permission form for every participant under the age of 18. It is suggested that the group leader keep a list of participants with their emergency contacts and numbers. It is also suggested to have a list of any special health conditions for your group. If an emergency requires transportation other than by ambulance, it is the responsibility of the group to have a vehicle at camp to use for emergency transportation. Kimball Camp YMCA is located less than twelve miles from the Hillsdale Hospital.

**Equipment and Facilities:** During Main Events, the equipment needed to conduct the activity is provided. If there is additional equipment and/or facilities that you feel would enhance the program, feel free to inquire. *Only equipment and facilities stated in the "Contract For Use" and arranged with the Program Director will be available to the group.* Any abuse of equipment or facilities will result in the loss of their use and will be billed to the school.

**Group Size:** Kimball Camp YMCA Nature Center can accommodate groups of up to 168 in winterized cabins. However, to insure quality instruction, we do encourage groups larger than 160 to consider splitting their numbers in half and coming at two different times. Groups whose total number is less than 60 may be combined with another visiting group for meals and facility use (not classes). If you know of a compatible school, we will arrange for you to be together.

**Inclement/Severe Weather:** Our program is centered on Outdoor Education. Weather conditions such as rain and snow are considered part of the natural world and, as such, will generally not hinder our program. We cannot stress enough that students come prepared for outdoor study and are dressed appropriately.

As soon as Kimball Camp YMCA receives notification of a Severe Weather Watch, all programs will be recalled to the main areas of camp. If there is no sign of lightning, classes will continue outdoors, within sight of our emergency shelter.

In the event of severe weather, including thunderstorms, tornadoes or blizzard conditions, all classes will be suspended. Students will be brought into our storm shelter and the Lead Teacher will decide if instruction is to be continued indoors, an alternate activity is to be led by Outdoor Education Instructors or if the school will lead the program.

**Insurance:** Groups are encouraged to have their own liability and accident insurance coverage. Kimball Camp YMCA is not able to provide benefits for illness or injury incurred by participants.

**Lead Teacher:** We request that all schools designate a Lead Teacher to be the contact person for the Assistant Director. The Lead Teacher will be responsible for making program decisions, arranging payment and overseeing student discipline, if required.

**Lost Camper Procedures:** When a chaperone or staff member realizes that a camper is missing, they will check the cabins and program area where the camper was last seen, just to make sure the camper is lost and not just wandering around the camp. If the individual is not located in five minutes, contact the Assistant Director so that he/she can direct the search procedure. The bell will be sounded for a period of three minutes, during which time the staff will assemble the remaining students in front of the flagpole. Staff and chaperones will be told the name of the missing camper and, if possible, where they were last seen.

The designated school nurse will remain at the flagpole area. We request that all other teachers and chaperones join the Kimball Camp Staff in the search and will be provided specific areas of responsibility. Staff will be called to search surrounding areas, with one staff member directed to do a hand-sweep over the bed in the cabin assigned to that camper. If the camper is not found within 15 minutes, the Executive or Assistant Director will contact the Hillsdale County Sheriff's Department for assistance.

When found, the school nurse will examine the camper to determine their physical condition. First aid will be administered, if appropriate, and advanced medical care sought, if necessary. The Assistant Director and the Lead Teacher will determine whether the camper ran away or was merely lost. Action steps will be taken to insure that a similar incident does not occur again.

**Meals:** Meals are prepared by our Certified Food Service staff and are geared toward students. A list of *Menu Options* will be given to you to choose which meals you would like for your students. A salad bar comes with most dinner options, and can be added to the lunch menu for an additional charge. Peanut butter and jelly is always set out for students that do not eat the main meal. Please inform us of students with special dietary needs and we will do our best to accommodate them.

**The Kimball Camp "Food Waste Challenge":** Many schools now opt to take our Food Waste Challenge program. Students are made aware before the first meal of our policy of being able to get seconds and thirds as long as they "cleaned their plate" from the previous trip. We will also put out a "food waste bucket" for every meal. All food put on a plate but not eaten will go in this bucket. If the bucket at the end of the meal weighs less than one pound, that is considered a "zero food waste meal". Goals are set for the number of "zero food waste meals", with the possible reward of having a staff member "jump in the lake".

**Program Accessibility:** Please let us know if you have students that have disabilities that will require special accommodations. This information enables the YMCA to better meet the needs of your students within available resources and to the extent reasonable.

**Program Fees:** Program Fees are the responsibility of the visiting school. Many schools obtain funds from their local PTA, from fundraisers and/or from charges to students. Our staff is also available to do presentations to local service clubs to assist in fundraising. Within reasonable limits, no one will be turned away from our programs solely due to the inability to pay the fee.

**Ratios:** For the purposes of our programs, we try to maintain a 1:15 staff-to-camper ratio. Groups in excess of 120 students or groups that participate in programs with other schools may have slightly higher ratios. Schools that specifically require us to provide a ratio of less than 1:15 may be assessed a fee to cover the cost of the additional staff member.

**Ridge:** If available, teachers are welcome to utilize Thunderbird Ridge as their cabin space. This facility has two separate rooms that can sleep up to 12 people. Each side is complete with entrance doors, bathrooms and shower areas. There is an extra charge for this building.

**Rules:** Upon arrival, all school groups will be given an orientation explaining the policies of Kimball Camp. For the safety of our program participants, schools failing to abide by these rules may be removed from camp property and invoiced for the full amount of their program.

**Swimming:** A Kimball Camp YMCA certified Lifeguard must supervise all swimmers and boaters. This is an additional cost and must be arranged ahead of time. Swimming and boating are available weather permitting. *All boaters are required to wear lifejackets and all aquatic participants must abide by the Lifeguard's instructions; failure to do so will result in removal from activity or from camp premises.*

Please contact Kimball Camp YMCA for more  
information.

## Responsibilities of Kimball Camp YMCA

### Kimball Camp Agrees to Provide:

1. A well-rounded Outdoor Education Program for all students.
2. All teachers and materials necessary for all classes and activities taught at Kimball Camp YMCA.
3. Program direction and leadership, as well as supervision when students are involved in Outdoor Education classes and activities.
4. Pre-camp orientation and schedule arrangement for teachers. This can include an optional "Parent Meeting", a pre-camp orientation designed specifically for students and parents. Tours of the camp may also be arranged to reassure concerned parents.
5. Room and board for all students and teachers. We recommend one, no more than two, adult chaperones per cabin. Chaperones over this ratio will be charged full price.
6. Minor discipline of students (which might involve a "time out" from activities or suspension from a class.) All discipline will be within the guidelines established by the Family Independence Agency (formerly the Department of Social Services) section R.400.11113 Behavior Management.

*"...A camper shall not be deprived of food or sleep, shall not be placed alone without staff supervision, observation, and interaction, or shall not be subjected to ridicule, threat, corporal punishment, or excessive physical exercise or excessive restraint."*

7. Any and all maintenance needs.
8. Minor health care, provided in conjunction with the school medical officer.

## Responsibilities of the School System

### The School System Agrees to Provide:

1. Transportation to and from the Kimball Camp YMCA Nature Center and transportation for any field trip arranged during the students' Outdoor Education experience. Schools are responsible for supervision while students are on the bus.
2. Supervision of students for approximately 15 minutes before and after each meal, during meals and scheduled free time.
3. Major discipline for students as deemed necessary by teaching staff or requested by Kimball Camp Staff.
4. Service of health problems and minor emergencies (available 24 hours a day).
5. Supervision of students in and around cabins from approximately 9:15 p.m. to 7:45 a.m. We recommend one, no more than two, adult chaperones per cabin. Chaperones over this ratio will be charged full price.
6. Teachers who take an active part in their students learning experience – as observer, listener, prompter, etc. Teachers are requested to attend aquatic-based classes (i.e. Canoe Explorers) to assist with any discipline problems that might arise.
7. Communication regarding problems, questions or concerns to the Assistant Director or Kimball Camp Staff as soon as possible during their week at camp.
8. Arrangements for those students who cannot attend.
9. Support services to those special education students who require assistance.
10. Teachers will lead school-required classes (such as P.E. or music) if they are to take place while at Kimball Camp. However due to the amount of singing and exercise each student is involved in while attending the Outdoor Education program, this may not be needed.
11. Completion of a written evaluation by each teacher of their own, and their students, Outdoor Education experience, including areas of needed improvement.
12. Distribution of all necessary Outdoor Education information to parents.
13. Payment within 30 days upon completion of the school's Outdoor Education experience. In addition, payment for any needed repairs above and beyond the normal wear and tear of students and adults.

## Responsibilities and Expectations of the Chaperones

Adult chaperones are responsible parents and teachers provided by the school and are an important part in providing a successful, quality program. There should be one adult for every ten students. The school should make sure that their chaperones fully understand the proper expectations and responsibilities during their stay. We hope that your time here will be very rewarding.

### Specific responsibilities include:

1. To stay in a cabin with the students, helping to maintain proper and safe behavior. Chaperones are expected to supervise the care of our facilities and lead daily clean up.
2. To supervise student free-time activities, encourage participation and maintaining high safety standards. An adult must be assigned to the break and free time areas students are using, including: cabins, athletic field, basketball court, sledding hill, volleyball court, etc.
3. To be assigned to a Crew Group and **participate in the activity**. The Instructor will provide all instruction and discipline, however chaperones may be asked to intervene, as necessary. It is requested the adult take a minute to discuss what assistance the Kimball Instructor will need *before* the activity.
4. To supervise meals by having an adult at each table. Please encourage students to eat well, behave appropriately and participate in mealtime activities.
5. To assist in loading and unloading the bus.
6. To check out any students leaving early with a teacher.
7. If arriving after the main group, to check in with a teacher before joining students. (Please plan on arriving between classes and inform teachers of your arrival time.)
8. To have a positive mental attitude about the programs, staff, kids and weather.
9. To provide a positive model of behavior for the students. **This is extremely important.**
10. To address problems and provide feedback for continued improvement of our program.
11. To enjoy yourself!

### Other helpful information:

- 1 We ask adults to take a break from electronics, candy and pop while they are here. Please enjoy the outdoor lifestyle with the students by leaving cell phones and/or laptops at home.
- 2 A courtesy phone is located in Inyo Lodge. This phone has only local calling ability; therefore either collect calls or a calling card will be necessary.
- 3 Our phone number for the folks at home in case of emergency is (517) 283-2168. Incoming callers will be asked to leave a return call message (delivered at meal times) except in an emergency. Office phones are available in an emergency ONLY.
- 4 Smoking is discouraged while at Kimball Camp YMCA. If it is absolutely necessary, please contact the Assistant Director and a designated smoking area will be established. Smoking in buildings is absolutely prohibited.
- 5 Coffee and tea are available in the Dining Hall from 7:00 a.m. to 7:00 p.m.

**We recommend distributing copies of this page to each adult chaperone.**

## Responsibilities and Expectations of the Students

One of the goals of the Outdoor Education experience is to build students' social skills, including cooperation and interdependence. We have found student duties in the daily routine are important in reaching this goal! Please share the information on the following pages with students prior to your trip.

Kimball Camp YMCA requests students to assist in the following duties:

- **Cabin Clean up:** Daily cleaning by the cabin group (trash emptied, floors swept, etc.).
- **Basketball Shed:** if you borrow a ball during recreation time, please return it when finished
- **Gophers:** One crew group will be selected as Gophers for each meal. They are to arrive 15 minutes before the meal to help set up the tables and will also sweep up after the meal.
- **Hoppers:** One person from each table will be selected at random to assist in table clean up. They will be responsible for clearing and cleaning the tables.

We are sure each student will have a memorable and fun time at Kimball Camp YMCA. However, it is important students arrive with clear expectations. The trip will be fun and active but it is **meant to be an educational experience**. Students (and teachers) have come to learn; our classroom is the out-of-doors. They should give the same energies, listening skills and respect to the Kimball Instructors as they do to their teachers. Any serious discipline problems will be referred to the school's staff. The Assistant Director has the right to remove any individual or, if necessary, a school group, if they are not abiding by the established rules.

### The Kimball Camp Lifestyle

A residential outdoor experience is an opportunity for students to experience a different lifestyle. We ask students **not** to bring *ipods, electronic games, expensive digital cameras, curling irons, hair dryers, gum, candy or snacks*. **All valuables should be kept at home**. Money for the store can be put in a sealed envelope. Finally, Kimball Camp is a casual place. Expensive clothing is not appropriate, as all clothing will get dirty. Please label all of your clothing. **Rain gear and sturdy shoes are essential.**

## Medical Policies and Procedures

1. The Kimball Camp YMCA Nature Center strongly recommends the following for **ALL** schools:
2. It is the responsibility of school group leaders to be observant for any health problems. Kimball Camp Staff should be made aware of students with special needs prior to your arrival. Use the “Special Needs” forms in this packet to identify needs that may restrict a student’s activity or require special care (i.e. asthma, diabetes, ESL, LD, etc.).
3. Bring the completed Health Information Forms (form must be signed by the parent(s) or guardian(s)). These should remain with the school–assigned medical staff.
4. Prescription medications that are to be dispensed **must be** in the original pharmacy container with written parental permission. Over the counter medications such as Tylenol, cough medication, etc. **cannot** be given unless there is written parental permission. Parents should send medication if they think their child would need it. Medication is not available at Kimball Camp YMCA.
5. Collect all medications from the students before they get on the bus. Students who have emergency medical needs such as inhalers or bee sting kits are allowed to carry these items to all activities so that an emergency search for the medication is not necessary.
6. Designate one adult to collect and administer medications and dispense medical supplies. All should be stored in a locked cabinet/office when not in use. Late night medications should be placed in labeled envelopes and given to the cabin leader at the evening snack.
7. **Bring a vehicle that can be used to take a student, in a non–emergency situation, to the hospital or, should the need arise, home.** The Hillsdale Hospital is located less than 12 miles away.
8. The Department of Health does not permit students with contagious diseases to stay on site. All students with flu symptoms or those who require continued medical observation are requested to stay home.
9. Make sure the Kimball Camp YMCA Food Service knows in advance how many students or adults have special dietary restrictions and what their menus should include.
10. Emergency help is available on–site 24–hours–a–day. During the day, please report any emergencies to the Assistant Director. Kimball Camp is on the 911 Emergency System and a phone is accessible to groups 24 hours a day.
11. Kimball Camp YMCA strives to hire staff members with advance training, including EMT, Wilderness First Responder, etc. In case of an emergency, we ask that schools consult with Kimball Camp Staff with advanced certifications for treatment decisions.

## Teacher Check List

Event	Recommendations	Date Completed
1. Outdoor Education Trip Dates Confirmed	Dates Attending: _____	
2. Contract and Deposit Returned to Kimball Camp YMCA	Within 30 Days of Receipt	
3. Schedule Teacher Parent Meeting w/Kimball Camp Staff	Presentation should be about 4 weeks before attending camp	
4. Action Plan Completed and Returned to Kimball Camp YMCA	Must be received 4 weeks before trip.	
5. Money Collected from Students	For Fees and Camp Store, If Requested	
6. Cabin Roster Completed (Up to 15 students and 1 Adult per Cabin)	About a Week Before Camp	
7. Crew Group Roster Completed (12 to 18 Students per Crew)	About a Week Before Camp	
8. Permission Slips/Health Forms Collected	These must come to Kimball Camp YMCA	
9. Busses and Trailer(s) arranged	Varies	
10. Cabin Leaders, Crew Group Leaders and Medical Staff Assignment Finalized		
11. "Responsibilities of the Chaperone" Distributed to All Chaperones/Teachers	We Recommend Meeting with Chaperones Prior to Trip	
12. Schedule Confirmed and Distributed to All Teachers and Chaperones		
13. Contact the Assistant Director Prior to Arrival with Final Numbers	One Week Before Camp	
14. Send the Special Needs Form to Camp	At least 2 Weeks Prior to Start of Camp	
15. Students Notified of Their Cabin and Crew Group Assignments	Recommended but Not Required	
16. If Selected, Plans Readied for Times that Kimball Camp Staff Does Not Lead		

## School Action Plan

Please look through the curriculum guide to choose your Main Events and Evening Activities. Please fill out and return this form **at least four weeks prior** to your visit. If you have any questions or comments, please contact us at (517) 283-2168 ext. 104, or email [program@kimballcamp.com](mailto:program@kimballcamp.com).

Groups attending for a 2-Day / 1-Night program please select three Main Events and two Evening Classes. Groups attending for a 3-Day / 2-Night program please select six Main Events, four Evening Classes and one Short Course. ("Night Hikes" does not count as one of your evening program choices.)

School Name: \_\_\_\_\_ Lead Teacher: \_\_\_\_\_  
 Address One: \_\_\_\_\_ School Phone: \_\_\_\_\_  
 Address Two: \_\_\_\_\_ School Fax: \_\_\_\_\_  
 City: \_\_\_\_\_ Email: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ Best Time To Call: \_\_\_\_\_

Arrival Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_ Total Boys: \_\_\_\_\_  
 Departure Date: \_\_\_\_\_ Departure Time: \_\_\_\_\_ Total Girls: \_\_\_\_\_  
 Grade Level: \_\_\_\_\_ Total Adults: \_\_\_\_\_

### Main Events

1. \_\_\_\_\_ 4. \_\_\_\_\_  
 2. \_\_\_\_\_ 5. \_\_\_\_\_  
 3. \_\_\_\_\_ 6. \_\_\_\_\_

### Evening Activities

Night One: \_\_\_\_\_ Night Two: \_\_\_\_\_  
 \_\_\_\_\_

We would like Night Hikes on:      Night One      Night Two      No Night Hikes

### Short Course Activity

Second Day: \_\_\_\_\_

### Other Program Options

(Please Circle One From Each Category)

**Camp Store:**                      No                      Yes                      Time (If yes): \_\_\_\_\_  
**Journals Provided:**            No                      Yes                      By Whom? \_\_\_\_\_  
**Snack Provider:**                Camp                      School  
**Teacher Accommodations:**    In Cabins                In Lodge                In Ridge (call for cost and availability)





**Field Trip Health Form (If Required)**

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Parent's/Guardians Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Name of Health Insurance: \_\_\_\_\_ Policy #: \_\_\_\_\_

Date of Last Tetanus Booster: \_\_\_\_\_

***In case of an emergency, if unable to reach parents, contact:***

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**Health Information:**

	Yes	No
Is the student taking medication presently?.....	_____	_____
<i>If yes, please explain:</i>		

Does the student have allergic reactions to anything?.....	_____	_____
<i>If yes, please explain:</i>		

Special dietary needs?.....	_____	_____
Asthmatic?.....	_____	_____
Diabetic?.....	_____	_____
Recent exposure to contagious disease?.....	_____	_____
Sleepwalking?.....	_____	_____
Bedwetting?.....	_____	_____
Fainting?.....	_____	_____

Other information or directions from parent (physical, emotional, educational challenges):

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For promotional purposes, I hereby authorize the use and reproduction by Kimball Camp YMCA Nature Center of photographs taken of me or my child at Kimball Camp without compensation to my child or I. (Please initial.)

\_\_\_\_\_

I hereby give my permission for non-prescription medication (aspirin substitute, etc.) to be given to my child if deemed advisable by teachers. **In case of emergency**, I also give permission to the physician selected by my child's teacher to hospitalize, secure treatment for and/or to order injection, anesthesia or surgery for my child named above. *Any direction to the contrary should be specified at the bottom of this form and signed.* I understand that, should a medical emergency arise, every effort will be made to contact me before such treatment is given.

**Parent or Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Kimball Camp YMCA Nature Center Understanding of Risks –Acceptance of Responsibility

Name: \_\_\_\_\_ Group: \_\_\_\_\_

This form simply states that each participant is aware of the kind of program they will participate in, as well as the inherent risks of simply being in an outdoor environment. All these issues will be covered in depth in our safety orientation prior to beginning the program. **Please read the following statements carefully and initial each. Then date and sign the bottom of this form.**

\_\_\_\_\_ I agree to follow all instructions and guidelines given by the course leaders, and to act in a safe and responsible manner toward all participants.

\_\_\_\_\_ I realize that if I fail to follow directions or act in a manner that is inconsistent with the safety guidelines of the camp, I will be removed from the program and/or asked to leave the grounds without a refund of my program fee.

\_\_\_\_\_ I agree to notify the course leaders of any changes to my health and fitness that may occur during the course of my program.

\_\_\_\_\_ I fully comprehend and willingly assume the responsibility and risks of participating in this program as outlined in the course packet and as explained to me by the course leaders.

### **Permission to Receive First Aid and to Secure Medical Help**

I am sufficiently fit to participate in this program. I have completed the Health History Form (see reversed) and disclosed health/medical information that is accurate, complete and true to the best of my knowledge. I agree to notify the program facilitators of any changes to my health and fitness that may occur before or during the program. Should I become ill or injured, I give permission for the program facilitators to render first aid and to seek emergency medical or rescue services, as they see fit and at my cost.

### **Promotional Release**

For promotional purposes, I hereby authorize the use and reproduction by the Kimball Camp YMCA Nature Center of photographs taken of my child or I by Kimball Camp without compensation.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
**(Guardian's signature is required for minors.)**

**Please note:** This form (front and back) must be completed and reviewed by the school prior to any participation in a Kimball Camp YMCA Ropes Course program. Any medical concerns must be shared with Kimball Camp YMCA Staff prior to participation in the event. Adult groups may fill out this form on-site the day of the program, or complete it at home and bring it the day of the program. Youth groups must have this form signed by a parent or guardian prior to arrival. Youth without a completed form will not be allowed to participate in the Teambuilding programs.

## What To Bring List

The following is a list of items your child should bring to camp. Please be sure that ALL of your child's belongings have their name or initials on them, so we can return them if they are lost. Since the majority of your child's time will be spent outside, old, comfortable clothing is recommended (please do not send new clothes). Please be aware of the weather for the week that your child will be attending camp. We hold classes outdoors during all seasons and all types of weather, including rain, snow, mud and whatever else the natural environment provides.

**“There is no such thing as bad weather, only inappropriate clothing choices.”– Michael Horak**

<p><b>All Seasons:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Boots (waterproof)–Tight boots cause cold feet!</li> <li><input type="checkbox"/> Hat (if needed)</li> <li><input type="checkbox"/> Jacket</li> <li><input type="checkbox"/> Jeans</li> <li><input type="checkbox"/> Pajamas</li> <li><input type="checkbox"/> Rain Poncho / Rain Coat</li> <li><input type="checkbox"/> Shirts (long and short sleeve)</li> <li><input type="checkbox"/> Shorts (if warm enough)</li> <li><input type="checkbox"/> Shoes (2 pairs – close-toed for Ropes Courses)</li> <li><input type="checkbox"/> Socks (minimum two pair/day)</li> <li><input type="checkbox"/> Sweater</li> <li><input type="checkbox"/> Underwear</li> </ul> <p><b>Winter Gear: In winter, wool or fleece layers are best!</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Long Underwear (top and bottom)</li> <li><input type="checkbox"/> Mittens (2 pair)</li> <li><input type="checkbox"/> Scarf</li> <li><input type="checkbox"/> Shoes (extra pair for boot room)</li> <li><input type="checkbox"/> Snowsuit or Snow Pants</li> <li><input type="checkbox"/> Stocking Cap (not earmuffs)</li> <li><input type="checkbox"/> Sweater, Turtleneck or Vest</li> <li><input type="checkbox"/> Winter Boots (with liners)</li> <li><input type="checkbox"/> Winter Coat or Parka</li> <li><input type="checkbox"/> Wool Socks (at least 2 pair)</li> </ul> <p><b>Sleeping Gear:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Pillow</li> <li><input type="checkbox"/> Sleeping Bag (rolled, tied, in garbage bag)</li> <li><input type="checkbox"/> Stuffed Animal</li> </ul>	<p><b>Optional Items:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Binoculars</li> <li><input type="checkbox"/> Day Pack or Waist Pack</li> <li><input type="checkbox"/> Disposable Camera*</li> <li><input type="checkbox"/> Flashlight</li> <li><input type="checkbox"/> Insect Repellant – <b>Non-aerosol, please!</b></li> <li><input type="checkbox"/> Laundry Bag (recommended)</li> <li><input type="checkbox"/> Stationary/Journal, Pencils, Stamps</li> <li><input type="checkbox"/> Sunglasses</li> <li><input type="checkbox"/> Sunscreen</li> <li><input type="checkbox"/> Water Bottle</li> </ul> <p><b>*Please do not send expensive cameras.</b></p> <p><b>Personal Items:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Comb / Brush</li> <li><input type="checkbox"/> Deodorant</li> <li><input type="checkbox"/> Shampoo</li> <li><input type="checkbox"/> Soap</li> <li><input type="checkbox"/> Toothbrush / Toothpaste</li> <li><input type="checkbox"/> Towels and Washcloth</li> </ul> <p><b>Please Leave At Home:</b></p> <ul style="list-style-type: none"> <li>✓ Candy, Food, Gum, Pop, Snacks</li> <li>✓ iPods/MP3 Player</li> <li>✓ Curling Irons / Hair Dryers</li> <li>✓ Electronic Games / TVs</li> <li>✓ Fireworks</li> <li>✓ Knives/Hatchets</li> <li>✓ Pets</li> <li>✓ Anything else not allowed at school</li> </ul>
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**Packing:** Students will carry luggage from the drop-off point to their cabins in one trip; please pack in something easy to carry – such as a backpack, duffel bag with shoulder strap, etc.

Kimball Camp YMCA is classified as a field trip and all school rules are enforced. Campers bringing knives, guns, etc. will be subject to the school's disciplinary policy, including expulsion from school.

**Kimball Camp YMCA is NOT responsible for lost or stolen items!**

## How To Get To Kimball Camp YMCA

Located in Michigan, about 15 miles North of the Indiana and Ohio border. All groups and visitors are requested to check in at the Main Lodge upon arrival.

### From US 127 -

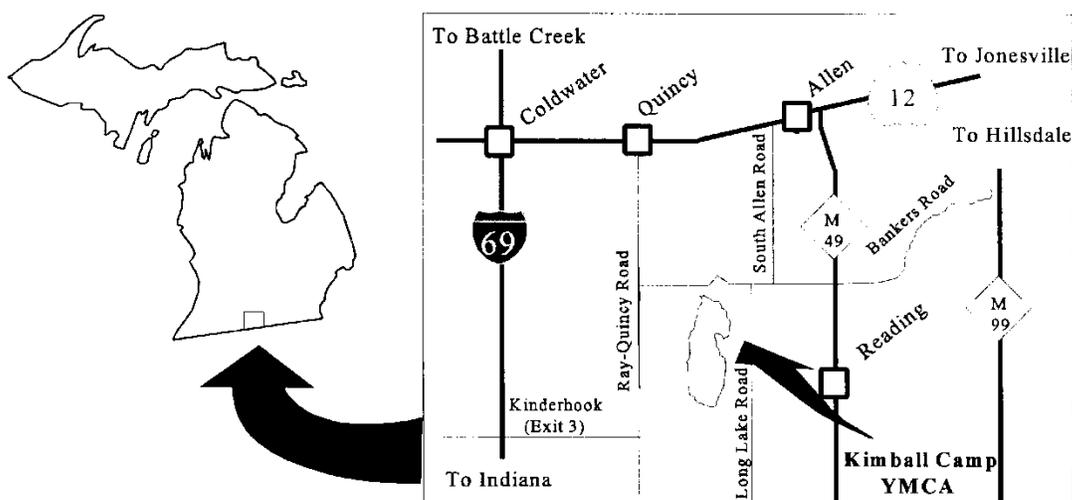
Go to US 12 West through Jonesville and just past Allen turn south (or left) on South Allen Road. Take South Allen Road until it ends at Bankers Road. Turn west (or right) on Bankers Road and go about 1/2 mile until Long Lake Road. Turn south (or left) on Long Lake Road. Kimball Camp is located about 1.5 miles down Long Lake Road on the west (or right) side of the road. Look for the large brown and yellow Kimball Camp YMCA Nature Center sign. Follow the sign and turn west (or right) onto Berlin Drive and turn north (or right) into camp.

### From I-69 -

Go to Coldwater/US 12 (exit 13) and go East on US 12 through Quincy. Just before the town of Allen turn South (or right) onto South Allen Road. Take South Allen Road until it ends at Bankers Road. Turn west (or right) on Bankers Road and go about 1/2 mile until Long Lake Road. Turn south (or left) on Long Lake Road. Kimball Camp is located about 1.5 miles down Long Lake Road on the west (or right) side of the road. Look for the large brown and yellow Kimball Camp YMCA Nature Center sign. Follow the sign and turn west (or right) onto Berlin Drive and turn north (or right) into camp.

### From Hillsdale -

Take Bacon Road west until you come to M-49. Turn south (or left) on M-49 until you reach Bankers Road. Turn west (or right) onto Bankers Road and stay on it until you see Long Lake Road on the west (or right) side of the road (approximately five miles). Turn south (or left) on Long Lake Road. Kimball Camp is located about 1.5 miles down Long Lake Road on the west (or right) side of the road. Look for the large brown and yellow Kimball Camp YMCA Nature Center sign. Follow the sign and turn west (or right) onto Berlin Drive and turn north (or right) into camp.



**Kimball Camp YMCA Nature Center**

4502 Berlin Drive  
Reading, MI 49274

(517) 283 – 2168 ext. 104

(517) 283 – 3759 (Fax)

[www.kimballcamp.com](http://www.kimballcamp.com)



We build strong kids, strong families, strong communities.