

TO: WDA ATHLETIC DIRECTORS
HEAD COACHES – BOYS' SWIMMING AND DIVING

FROM: JIM ROALDSON, ACTIVITIES DIRECTOR - WDA MEET MANAGER
BEN SMITH, JHS SWIMMING AND DIVING HEAD COACH

DATE: FEBRUARY 19TH, 2020

RE: 2020 WDA BOYS' SWIMMING AND DIVING MEET

INFORMATION

DATE: SATURDAY, FEBRUARY 29TH, 2020

SITE: JAMESTOWN HIGH SCHOOL

MEET SCHEDULE:

8:30 AM	DIVING WARM-UPS
9:30 AM	DIVING STARTS
	PRELIMS – 5 DIVES
	15 MINUTE BREAK – DIVERS MAY USE THE BOARDS
	SEMI-FINALS – 3 DIVES
	15 MINUTE BREAK – DIVERS MAY USE THE BOARDS
	FINALS AND CONSOLATIONS – 3 DIVES
1:00 PM	SWIMMING WARM-UPS (OR LATER IF DIVING NOT FINISHED)
1:15 PM	COACHES MEETING
2:20 PM	INTRODUCTIONS OF TEAMS & NATIONAL ANTHEM
2:30 PM	SWIMMING STARTS – THERE WILL BE A 10 MIN BREAK AFTER THE 50 FREE.

THE DIVING BAY WILL BE OPEN DURING COMPETITION FOR WARM UP AND COOL DOWN.

****NATIONAL FEDERATION RULES ARE TO BE FOLLOWED****

ENTRIES:

A COMPETITOR SHALL BE PERMITTED TO ENTER A MAXIMUM OF FOUR EVENTS, NO MORE THAN TWO OF WHICH SHALL BE INDIVIDUAL EVENTS.
INDIVIDUAL EVENTS: SIX ENTRIES (6) TOP 4 ONLY FOR SCORING
RELAYS: 1 TEAM PER SCHOOL

ENTRY DEADLINE:

DUE BY NOON, WEDNESDAY, FEBRUARY 26TH, 2020

A CONFIRMATION EMAIL WILL BE SENT BACK TO THE COACHES, PLEASE CONFIRM YOUR ENTRIES BY 6PM WEDNESDAY, FEBRUARY 26TH, 2020

EMAIL ENTRIES TO: JIM ROALDSON - JAMES.ROALDSON@K12.ND.US

MEET PROGRAM:

UPDATE NDHSAA TEAM PHOTO AND CUTLINE BY MONDAY, FEBRUARY 24TH AS THIS INFORMATION WILL BE PULLED FOR THE MEET PROGRAM.

SCORING:

CHAMPIONSHIP SCORING FOR 16 PLACES WILL BE USED:

INDIVIDUAL EVENTS: 20-17-16-15-14-13-12-11-9-7-6-4-3-2-1

RELAY: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

SCORING LIMITED TO MAXIMUM OF 4 PER SCHOOL PER INDIVIDUAL EVENT

DIVING:

THE DIVERS WILL DO THEIR FIRST 5 DIVES (PRELIMS) AT 9:30 AM. THERE WILL BE A 15-MINUTE BREAK FOLLOWED BY THE NEXT 3 DIVES (SEMI-FINALS). THE DIVERS WILL THEN BE CUT TO THE TOP 16 AFTER THE SEMI-FINALS. THOSE NOT QUALIFYING IN THE TOP 16 WILL DO THEIR REMAINING 3 DIVES AT THIS TIME (CONSOLATION). TOP 16 DIVERS WILL DO THEIR FINAL 3 DIVES AT THIS TIME AS WELL. PLEASE HAVE YOUR DIVING SHEETS DONE WHEN YOU ARRIVE. THEY ARE DUE BY 9:00 AM.

AWARDS:

TEAM—1ST PLACE INDIVIDUAL—1ST—16TH
(CERTIFICATES WILL BE DELIVERED AT THE STATE MEET)

PRESENTATION OF AWARDS:

ALL AWARDS WILL BE PRESENTED BY MEET MANAGEMENT AT THE CONCLUSION OF THE MEET.

ALL-CONFERENCE:

THE ALL-CONFERENCE TEAM WILL BE SELECTED BASED UPON THE NUMBER OF POINTS THE ATHLETE SCORES FOR HIS TEAM IN INDIVIDUAL EVENTS BY THE MEET HIGH POINT PROGRAM. THE TOP 20 SWIMMERS AND 4 DIVERS WILL BE CHOSEN FOR THE ALL-CONFERENCE TEAM. IF A TEAM DOES NOT HAVE REPRESENTATION ON THE ALL-CONFERENCE TEAM, THE ATHLETE SCORING THE MOST INDIVIDUAL TEAM POINTS WILL REPRESENT THAT TEAM. *EACH SCHOOL IS RESPONSIBLE FOR THE PRINTING OF THEIR OWN ALL-CONFERENCE CERTIFICATES.

LOCKER ROOM ASSIGNMENTS:

BOYS VARSITY LOCKER ROOM: DICKINSON - JAMESTOWN
BOYS PHYS. ED. LOCKER ROOM: BISMARCK HIGH - CENTURY
GIRLS PHYS. ED. LOCKER ROOM: LEGACY - MINOT
GIRLS VARSITY LOCKER ROOM: MANDAN - WILLISTON

****EACH SCHOOL MUST BE RESPONSIBLE FOR THEIR OWN VALUABLES****

HOSPITALITY AND COACHES ROOM: POOL EQUIPMENT ROOM NEXT TO POOL OFFICE

WARM-UP LANES:

LANE 1	BISMARCK
LANE 2	CENTURY
LANE 3	DICKINSON
LANE 4	JAMESTOWN
LANE 5	LEGACY
LANE 6	MANDAN
LANE 7	MINOT
LANE 8	WILLISTON

SEATING:

TEAM SEATING WILL BE MARKED ACCORDINGLY ON DECK. SPECTATOR SEATING IS BASED ON A FIRST COME FIRST SERVED BASIS. NO SAVING OF SEATS. SPECTATORS WILL NOT BE ALLOWED ON DECK AT ANY TIME! THIS INCLUDES DIVING COMPETITION. ALL VIEWING OF COMPETITION WILL BE IN BALCONY ONLY.

ADMISSION:

ADULTS - \$7

STUDENTS - \$5 (GOOD FOR ENTIRE MEET)

PARKING:

PLEASE PARK TEAM BUSES IN THE SOUTHEAST CORNER OF JAMESTOWN HIGH SCHOOL'S MAIN PARKING LOT.

ENTRANCE:

ALL TEAMS AND SPECTATORS SHOULD USE FRONT ENTRANCE OF SCHOOL AND ENTER POOL AREA THROUGH COMMONS OF JHS.

APPAREL:

MEET APPAREL WILL BE AVAILABLE FOR PURCHASE ONLINE ONLY FROM ORRIGINALS.

DEADLINE FOR ORDERING IS MONDAY, FEBRUARY 24TH.

ATHLETIC TRAINING:

A CERTIFIED ATHLETIC TRAINER WILL BE PROVIDED DURING THE EVENT. PLEASE BRING YOUR OWN ATHLETIC TRAINING SUPPLIES.

QUESTIONS/CONCERNS:

PLEASE CONTACT JIM ROALDSON (952-4005) OR EMAIL: JAMES.ROALDSON@K12.ND.US