

FUN - BALL MASTERY - SPACE - HARDWORK

NP UNITED ACADEMY



NP UNITED

MCMXCVII



OUR MISSION

THE GOAL OF NP UNITED ACADEMY IS TO DEVELOP EACH PLAYER TO THEIR POTENTIAL ON AND OFF THE FIELD. THE FOUNDATION OF OUR PROGRAM IS RESPECT FOR THE GAME AND ALL ITS PIECES - PLAYERS, COACHES, REFEREES, ADMINISTRATORS, FANS, TEAMMATES AND OPPONENTS. BY TREATING THE GAME WITH RESPECT, OUR COACHES AND PLAYERS WILL CREATE A CULTURE PRIORITIZING ENJOYMENT OF THE GAME BY INTERACTING WITH FRIENDS, PLAYING THE GAME, WORKING HARD AND DEVELOPING SOCCER AND SOCIAL SKILLS.

COACHING FUNDAMENTALS

KNOW WHY WE ARE HERE - PLAYER DEVELOPMENT
TRAINING SHOULD HAVE A REASON AND IMPLIED
OUTCOME
TRAINING SHOULD BE AGE APPROPRIATE
EXPRESS IDEAS THROUGH SPECIFIC DEMONSTRATION
PROVIDE A SAFE TRAINING ENVIRONMENT
ADAPT AS NEEDED

PLAYER FUNDAMENTALS

BE RESPECTFUL
BE ENGAGED
BE FOCUSED
BE POSITIVE
HAVE ENERGY
RESPOND TO MISTAKES AND COACHING
WORK HARD

PRINCIPLES OF PLAY

WIN THE BALL BACK
CONTROL THE BALL
FIND SPACE

WORK TOGETHER
MAINTAIN POSSESSION
FINISH ON TARGET

FOUNDATION PROGRAM U7-U8

MAKING THE GAME FUN WHILE BUILDING FUNDAMENTAL SKILLS - BALL MASTERY, RECEIVING AND BALL STRIKING FOR PASSING AND FINISHING. WE WILL INTRODUCE THE CONCEPTS OF SPACING, ATTACKING AND DEFENDING. SOCCER REQUIRES PHYSICAL ABILITIES OF SPEED, AGILITY, BALANCE AND COORDINATION. WE WILL WORK TO DEVELOP THESE ABILITIES.

DEVELOPMENT PROGRAM U9-U10

WE CONTINUE TO MAKE THE GAME FUN BY IMPROVING THE FUNDAMENTAL SKILLS. WE CAN NOW ADD TO SPACING, ATTACKING AND DEFENDING BY INTRODUCING DECISION MAKING AND PROBLEM SOLVING. THE PLAYERS WILL BEGIN TO LEARN COMBINATION PLAY AND BASIC TACTICS. AS PLAYERS GET OLDER, THE PHYSICAL DEMANDS GET TOUGHER. PLAYERS WILL CONTINUE TO WORK ON AND DEVELOP SPEED, AGILITY, BALANCE AND COORDINATION.





TRAINING

IN THE FALL AND SPRING, TEAMS WILL TRAIN TWICE A WEEK FOR 1HR - 1HR 15MIN PER SESSION. A THIRD TRAINING OPPORTUNITY IS ALSO AVAILABLE EACH WEEK AS A TECHNICAL SESSION LED BY THE DIRECTOR OF COACHING. FALL AND SPRING TRAINING SESSIONS ARE TYPICALLY AT SUGAR CREEK PARK. WINTER TRAINING IS A ONCE-A-WEEK TECHNICAL SESSION LED BY THE DIRECTOR OF COACHING.

COMPETITION

IN THE FALL AND SPRING, TEAMS WILL PLAY LEAGUE GAMES THROUGH INDIANA SOCCER IN THE CENTRAL NORTH CONFERENCE (CNC). IN GENERAL, THERE ARE 8 GAMES IN THE FALL AND 8 GAMES IN THE SPRING. ALL GAMES ARE IN AND AROUND THE INDIANAPOLIS AREA. EACH TEAM WILL ALSO PLAY IN ONE TOURNAMENT PER SEASON.

FEES

FEES COVER TEAM AND PLAYER REGISTRATIONS WITH THE STATE, TOURNAMENT REGISTRATIONS, TECHNICAL TRAINING AND WINTER SESSIONS.

U7/U8 (2019/2018)-FULL YEAR COMMITMENT (FALL AND SPRING): \$800 & INCLUDES WINTER SESSION.-FALL OR SPRING ONLY COMMITMENT: \$500 & INCLUDES WINTER SESSIONS

U9/U10 (2017/2016)-FULL YEAR COMMITMENT (FALL AND SPRING): \$1075 & INCLUDES WINTER SESSION.-FALL OR SPRING ONLY COMMITMENT: \$625 & INCLUDES WINTER SESSIONS