

"Pride comes first; disgrace soon follows; with the humble, is wisdom found."

gathered us as His people, and bestowed on us the grace to be saints and adopted children of God. Recognising how small we are before the glory of God and how much we owe to His mercy, we are invited to reflect that humility in our ministry and in our daily lives as we echo our faith.

This call to humility is mirrored in today's Gospel. Jesus

calling to mind the greatness of God who has created us,

This call to humility is mirrored in today's Gospel. Jesus warns against the temptation to seek status or recognition, instead urging His listeners to take the lowest places. He invites us to give to the weak and lowly, those who are unable to repay us, so that we may receive our reward from God Himself. He teaches us that true greatness is not something we can claim for ourselves, but something God bestows on us.

As catechists, especially, we must constantly remember to guard ourselves against pride. It is easy to fall into its trap—measuring success by numbers, praise, or visible results. But our mission is not about us. It is about God working through us. We must continually seek His guidance and lean on His grace to reach the hearts of those entrusted to our care.

When we walk humbly before our Lord, others are drawn, not to our achievements, but to the spirit in which we serve. Our humility creates space for collaboration, for community, and for the Spirit to move freely among us. It is then that the fruit of our work multiplies far beyond what we imagined possible.

Let us, therefore, ask for the grace to recognise our place before God, to trust fully in His love, and to walk humbly with Him. In doing so, we allow Him to build His Kingdom through us, far greater than anything we could accomplish alone. •

SCRIPTURE of the DAY

Ecclesiasticus 3: 17-20, 28-29

Psalm 67: 4-7, 10-11

Hebrew 12: 18-19, 22-24

Luke 14: 1, 7-14

INTERNAL CIRCULATION ONLY

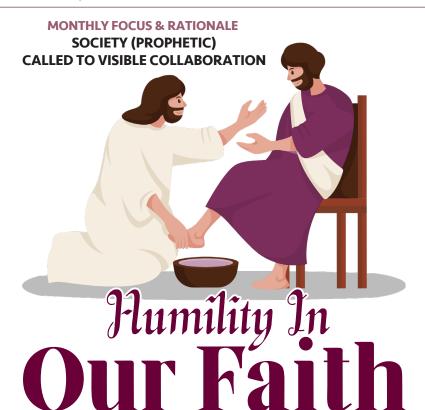
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NEW WAY OF BEING CHURCH | 22nd Sunday in Ordinary Time | 31 August 2025

CELEBRATING, LISTENING AND WALKING AS PILGRMS OF HOPE



As the month of August draws to a close and we complete our reflections on catechesis and catechetical activity, let us pause a moment to reflect on one very important aspect of our journey as a people called to catechesis: humility.

The first reading today reminds us that true wisdom begins with humility. Only when we acknowledge our place before God, can we begin to learn from Him. The second reading reinforces this truth,



PARISH OF OUR MOTHER OF PERPETUAL HELP Redemptorist Community Rev.Fr. Joseph Stephen, C.Ss.R. (Parish Priest) Rev.Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest) Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak. (Priest address)

1, Jin Serindik, Ipoh Gdn., Ipoh (Church & Pastoral Centre address)

Tel. Nos.: (office - 05 5458220) (Fax: 05 5468495) website: omphip.org

ANNOUNCEMENTS:

CAR PARKING

in our church compound & around the church.

Dear parishioners
I am pleading to you to please park your car within the white lines marked.
Do not double park and cause inconvenience for others!
Kindly be considerate to our neighbors when you park outside the church.
Do not block people's gate.
Neighbors are complaining!

Please cooperate and help each other. We have RELA helping us to guide you in your parking. Many are aging and all would like to park closer to the church. But we have limited place! We need you to Help RELA members to help all of us. Thank you for your cooperation.

(Parish priest)

JUBILEE SALIB OF HOPE

The Jubilee Salib is in our OMPH church from Mon.,18 till 31 of August,2025

- * Jubilee Salib will be move to the following locations on
- * 23 & 24 Aug, it will be at Good Shepherd Convent. * 25 & 26 Aug., it will be in Fatima Hospital chapel.
- * 27 & 28 Aug., it will be in St.Mary's Chapel, Kg.Tersusun.
- * 29 till 31 Aug., it will be back in OMPH church.

ADORATION TO THE BLESSED SACRAMENT – 1st Fri. of each month.

(date) Friday, 5 September, 2025 (time) 7.20 p.m. followed by Mass at 8.00 p.m.

PARISH ACTIVITIES & MEETINGS: (August/Sept. 2025)

* 31/8/2025 - 11.30 a.m. – Tamil Liturgy * 31/8/2025 - 7.00 p.m. – RCIA (T)	(St.Mk.Rm.) (St.Paul Rm.)
* 1/9/2025 - 10.00 a.m. – Altar Servers	(St.MkRm.)
* 1/9/2025 - 8.00 p.m. – Eucharistic Ministers	(St.Mk.Rm.)
* 2/9/2025 - 8.00 p.m. – Liturgical Com.	(St.Mk.Rm.)
* 2/9/2025 - 8.00 p.m. – Legion of Mary (C)	(St.Mt.Rm.)
* 3/9/2025 - 8.00 p.m. – Chinese Apostolate	(St.Mk.Rm.)
* 4/9/2025 - 7.30 p.m. – RCIA (E)	(St.Mk. Rm.)
- 8.00 p.m. – RCIA (BM)	(Wallace Rm.)
* 5/9/2025 – 8.00 p.m - RCIA (C)	(ven Francis Xavier Rm.)
* 7/9/2025 - 7.00 p.m. – RCIA (T)	(St.Paul Rm.)
* 8/9/2025 - 8.00 p.m Group study(C) (Gospel of Mark)	(ven Francis Xavier Rm.)
* 9/9/2025 - 7.30 p.m Caritas OMPH	(St.Mk.Rm.)
* 9/9/2025 - 8.00 p.m Legion of Mary (C)	(St.Mt.Rm.)
* 11/9/2025 - 7.30 p.m. – RCIA (E)	(St.Mk.Rm.)
- 8.00 p.m. – RCIA (BM)	(Wallace Rm.)
* 12/9/2025 – 6.00 p.m. – Ablaze	(St.Mk.Rm.)
* 12/9/2025 – 8.00 p.m - RCIA (C)	(ven Francis Xavier Rm.)
* 18/9/2025 - 7.30 p.m. – RCIA (E)	(St.Mk. Rm.)
- 8.00 p.m. – RCIA (BM)	(Wallace Rm.)
* 19/9/2025 – 8.00 p.m - RCIA (C)	(ven Francis Xavier Rm.)
* 21/9/2025 - 7.00 p.m Parish Pastoral Council	(St.Mk.Rm.)
* 22/9/2025 - 8.00 p.m Group study(C) (Gospel of Mark)	(ven Francis Xavier Rm.)
* 25/9/2025 - 7.30 p.m. – RCIA (E)	(St.Mk. Rm.)
- 8.00 p.m. – RCIA (BM)	(Wallace Rm.)

(ven Francis Xavier Rm.)

AUGUST/SEPTEMBER COFFEE MORNINGS:

- 31/8/2025 Sunday Sch.
- 7/9/2025 BEC St.Philip (T)

* 26/9/2025 – 8.00 p.m - RCIA (C)

- 14/9/2025 BEC St.Monica (T)
- 21/9/2025 Tamil Liturgy
- 28/9/2025 BEC St.Gerard (T)

BIBLE REFLECTION & HOME-GATHERING:

* 17/9/2025 – 8.00 p.m. – BEC St.Peter (C) – (Cafeteria lounge)

All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.

Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

Next Meeting: Fri.29/8/2025.

EVENING FOR THE ENGAGED 2025.

Please see your Parish Priest for registration.

EE145 7-9 Nov 2025
Couples planning to get married
in the year 2025, please take note of

the EE Weekends held in **english** during the year.

For **Tamil marriage preparation** course **2025** –

Dormitory		
St.Anne, Bukit	Nov 15 & 16	
Mertajam. Church of	Nov 15 & 16 (Closing date on:	
St.Anthony, Nibong	1st day of each month	
Tebal.		

Please see your Parish Priest for registration.

You are requested to register six (6) weeks before the weekend Please see your Parish Priest for registration.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance. Session & Rehearsal: Sat. 30/8/2025 at 10 a.m. Next Baptism: 31 August, 2025.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

WEDDING BANNS:

* Puvan Daryl Demetrius Raj & Diane Eleina Shaarmila * Charles Hiliary Raj & Charlene Maavithra

FAMILY FOOD FAIR DAY

The Home for the Aged (CWS) Simee Care Centre, Ipoh will hold a Family day with Food stalls. Fun and Entertainment on **Sunday, 14 September, 2025**

from 8.30 a.m. till 1.00 p.m. at Dewan SJKC Chung Tack, Lebuh 2, Simee, Ipoh. Contact: Dennis 013 5200385 or Carol Chan 016 2948618

Perjalanan Salib program in church

(more details at the Notice-board)

- * 31/8/2025 1.00 p.m. Prayer Service by Chinese Apostolate.
- * 31/8/2025 3.00 p.m. Prayer Service by Youth/BM group/Altar Servers.
- * 31/8/2025 7.00 p.m Prayer Hr./Confession.
- * 31/8/2025 8.00 p.m Merdeka & Salib Farewell Mass

Come and spent sometime in prayer for Hope in our lives, in our family, our parish, our country and our world. There will be special talks and celebrations posted at the Notice-Board.

TWO MAJOR PROJECTS IN O.M.P.H

- 1. The roof at our Parish Hall is leaking and we need to replace the roof tiles and also to service the Solar panels.
- 2. St.Joseph Chapel area gets flooded after a heavy downpour. We need to rectify the drainage.

The Maintenance Committee is looking into it before we call for Tender. Once we have more information of the projects, we will inform about the cost and duration of the work. (Parish priest)

THE EXPERIENCE Choice Tamil Penang Weekend

A journey to encounter God and ourselves.

(date) **16 – 19 October,2025** (venue) Domus St.Anne, B.Mertajam (for) Single working Adult (21-35yrs old) This program is intended to help young adults grow in faith, encounter Christ more personally and strengthen fellowship within the Catholic community. Contact: Eloise (011 23392669) Napolion (011 21811992)

FUND RAISING FOR St.Mary's Chapel, Kg.Tersusun, Ulu Kinta.

Dear Parishioners, Our chapel in Ulu Kinta is in need of funds to repair the roof of the chapel. It cost RM100,000/-.

We are launching a project called "Buy A Brick". Each brick cost RM10/-. To-date we have collected RM75,000/-.

Kindly help us to raise the needed fund. God bless you. (Fr. Joseph Stephen, Parish

riest)

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS. (31 August 2025) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY) (All in English unless stated otherwise.) SUN.31 TWENTY-SECOND SUN. IN ORD. TIME 8.00 a.m Mass (E) 10.00 a.m. Mass (T) 11.30 a.m Mass (C) 1.00 p.m.; 3p.m; Prayer Service 7.00 p.m. Prayer hour; Confession 8.00 p.m. Merdeka & Salib Farewell Mass MON. 1 22nd Week in Ord. Time (Wk 2) 8.00 a.m. Mass TUES.2 22nd Week in Ord. Time (Wk2) 7.00 a.m. Mass. 22nd Week in Ord. Time (Wk 2)/St.Gregory the Great WED.3 7.00 a.m. Mass. THURS.4 22nd Week in Ord. Time (Wk 2) 7.00 a.m. Mass FRI.5 22nd Week in Ord. Time (Wk 2)/St.Teresa of Kolkata 8.00 a.m. Mass. Adoration of the Blessed Sacrament. 7.20 p.m 8.00 p.m. Mass. SAT. 6 22nd Week in Ord. Time (Wk 2) /B.V.M 7.30 a.m Mass. (Novena intentions) Novena devotion to Our Mother of Perpetual Help. (church) 9.00 a.m 5.00 p.m Novena devotion to Our Mother of Perpetual Help. (church) 5.45 p.m Mass. TWENTY-THIRD SUN. IN ORD. TIME SUN.7 8.00 a.m Mass (E) 10.00 a.m. Mass (T)

11.30 a.m

Mass (C)

ST. MARY'S CHAPEL, KG. TERSUSUN -

- Sun. 31/8/2025 8.00 a.m. Mass in Tamil.
- Sun 14/9/2025 8.00 a.m. Mass in Tamil.

2nd COLLECTION: 31/8/2025 – For Formation programs.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS::::: Year C) (WEEKDAY READINGS ::::: Year 1)

(31 August – 7 September, 2025)

Sunday 31 (a) Ecclus 3: 17-20, 28-29. (Ps 67: 4-7, 10-11)

(b) Heb 2: 18-19, 22-24. (c) Lk 14: 1, 7-14.

MONDAY 1 (a) 1 Thes 4: 13-18. (Ps 95: 1, 3-5, 11-13)

(b) Lk 4: 16-30

TUESDAY 2 (a) 1 Thes 5: 1-6, 9-11. (Ps 26: 1, 4, 13-14)

(b) Lk 4: 31-37

WEDNESDAY 3 (a) Col 1: 1-8. (Ps 51: 10-11)

(b) Lk 4: 38-44

THURSDAY 4 (a) Col 1: 9-14. (Ps 97: 2-6)

(b) Lk 5: 1-11

FRIDAY 5 (a) Col 1:15-20 (Ps 99: 2-5)

(b) Lk 5: 33-39

SATURDAY 6 (a) Cor 1: 21-23. (Ps 53: 3-4,6,8)

(b) Lk 6: 1-5

SUNDAY 7 (7 September – 14 September, 2025)

(a) Wis 9: 13-18. (Ps 89: 3-6, 12-14, 17)

(b) Phm 9-10, 12-17 (c) Lk 14: 25-33