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## **Palmer Prevention, INC**

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**Keeping My Child Drug** Free program consists of two main components on educating both juvenile offenders and their parents on the cause and effects of substance abuse. The offender as well as their parents will participate in a 6 week (2 hours weekly) curriculum based on the education of substance abuse issues. Included in the curriculum will be videos, activities, and exercises that both the parent and juvenile can participate to better understand addictions.

Keeping My Child Drug Free is an evidence based curriculum (Cannabis Youth Treatment Service) that focuses on preparing families to be drug free. Both the parent and juvenile attends a minimum of 12 hours of psycho-educational group classes with the parent being required to complete 6 hours of a parent to parent services that consists of do's and don'ts of Keeping Your Child Drug Free and Pre/Post testing for parents and juveniles. A substance abuse prevention assessment with referral services for offenders with more advanced drug use. Total service hours per family will be 32 to 40 hours with 6 months participation which includes drug test being given every month, on-call 24 hour crisis service for emergencies and reporting line for parents that are afraid of their children. This program should be mandated for all youth involved with the juvenile justice system.

The target population will be adolescents ages 8-16 and their families referred by Juvenile Court Counselors, Law Enforcement, School Resource Officers, and Eastpointe Human Services center

The Keeping My Child Drug Free program is a prevention/intervention program with the primary goal to prevent, delay, and/or reduce alcohol, tobacco, and substance abuse by improving family supervision skills, encouraging positive peer support group, and reducing school behavioral problems. Pre/Post testing is used in measuring performance of youth.