

# October 2018 School Lunch Menu

## Menu Subject to Change Without Notice

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> CRISPY CHICKEN TENDERS Oven Baked French Fries WG Dinner Roll Diced Pears Broccoli Garden Salad Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets	<b>2</b> CHICKEN FAJITAS Shredded Cheese Fresh Cut Watermelon Shredded Lettuce Fresh Tomatoes Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Taco Sauce	<b>3</b> MACARONI AND CHEESE Steamed Green Beans Apricots Garden Salad Baby Carrots Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing	<b>4</b> BEEF HAMBURGER w/ BUN Baked Potato Wedges Fresh Cut Watermelon Shredded Lettuce Fresh Tomatoes Garbanzo Beans 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets Mustard Packets	<b>5</b> PEPPERONI PIZZA SLICE Pineapple Tidbits Garden Salad Cucumbers Garbanzo Beans 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing
<b>8</b> CHICKEN CORN DOG Baked Potato Wedges Diced Pears Garden Salad Baby Carrots Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets Mustard Packets	<b>9</b> TACO BOWL WITH TURKEY MEAT Shredded Cheese Fresh Cut Cantaloupe Shredded Lettuce Fresh Tomatoes Jicama 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Taco Sauce Cinnamon Elf Grahams	<b>10</b> CHEESE ENCHILADA Refried Beans Applesauce Shredded Lettuce Fresh Tomatoes Jicama 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Taco Sauce	<b>11</b> <b>Student Minimum Day No School Lunch</b>	<b>12</b> <b>Teacher Professional Development Day No School for Students</b>
<b>15</b> BBQ CHICKEN TERIYAKI Steamed Rice WG Dinner Roll Diced Pears Garden Salad Cauliflower Cucumbers Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Chocolate Elf Grahams	<b>16</b> BEEF TACO STICK Refried Beans Apple Garden Salad Cauliflower Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing	<b>17</b> POPCORN CHICKEN Steamed Corn WG Dinner Roll Mixed Fruit Garden Salad Cauliflower Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets	<b>18</b> WG CHICKEN PATTY Whipped Potatoes Chicken Gravy WG Dinner Roll Apple Garden Salad Baby Carrots Garbanzo Beans 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets	<b>19</b> BEEF SLOPPY JOE ON A BUN Diced Peaches Garden Salad Broccoli Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing
<b>22</b> PIZZA STICK Marinara Sauce Diced Pears Garden Salad Cucumbers Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing	<b>23</b> CHICKEN ALFREDO WG Dinner Roll Fresh Pineapple Garden Salad Baby Carrots Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing	<b>24</b> CHICKEN & CHEESE TAMALE Refried Beans Mandarin Oranges Garden Salad Fresh Tomatoes Jicama 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Taco Sauce	<b>25</b> <b>Student Minimum Day No School Lunch</b>	<b>26</b> BEEF AND CHEESE CHIMICHANGA Refried Beans Mixed Fruit Garden Salad Baby Carrots Jicama 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Taco Sauce
<b>29</b> CHICKEN BURGER Oven Baked Tater Tot Apricots Shredded Lettuce Broccoli Fresh Tomatoes 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets Mustard Packets	<b>30</b> ORANGE CHICKEN Steamed Rice WG Dinner Roll Fresh Kiwi Garden Salad Broccoli Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing All Sport Bites	<b>31</b> CHEESY NACHO BITES Mandarin Oranges Garden Salad Baby Carrots Garbanzo Beans 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Sunrise Bites		