



## THE ESSEX CORINTHIAN YACHT CLUB

### OFF-SHORE

#### IDEAL 18 FLEET NEWS & EVENTS

ECYC successfully hosted the annual **Ideal 18 Team Race** versus Essex Yacht Club in September which consists of three boats per team. EYC was rather docile in last year's race easily won by us, but this time they studied team racing tactics beforehand and came to win, which they did by sailing aggressively. We were up three races to two in the best of seven series, but in the sixth race we fell one point short in a wild finish with five of the six boats crossing the line within seconds of each other.

The seventh and deciding race was handily won by EYC. Thanks to excellent race management, goods winds, and a fine meal afterwards, our guests went home delighted with prizes in hand while we gathered a couple nights later to take notes of what transpired and vowed to match their aggressiveness next year.

Teams included Jon Gibbs with Sue Watts, Ed Birch with Wendy Pollard, and Tom Atkinson with Terry Stewart. Jim Francis headed the race committee with Chris Morano and his boat, John Abbot and Glenn Jacobsen manned the mark boat, and Tim Brewer was on call for any protests.



**Fall Frostbiting** was scheduled to start on Sunday October 9th, but bad weather forced cancellation of the first race.

Jon and Cindy Gibbs are skippers for two of the club boats, while the third boat is open to any qualified racing skipper. I will be the default skipper of the open boat, so anyone interested in skippering the open boat on a particular day(s) should contact me (weeks in advance if possible) to reserve your spot. If I am not skippering I am willing to crew on the open boat. Per the Ideal 18 usage policy issued by the

BOG this summer, a Google Group e-mail address has been created for all club members that might be interested in crewing based B rated (non-racing) skippers and crew. I sent an initial e-mail to the group recently. If you did not receive this e-mail and are interested in crewing, please contact me and I will add you to the group. The purpose of this group e-mail address is for skippers to solicit crew.

### IMPORTANT DATES:

- **October 14th:** Wine Tasting Dinner
- **October 15th:** Birch Memorial Regatta (Tri-Club River Race Series)
- **October 18th:** BoG Meeting
- **October 25th:** Leukemia Cup Slideshow
- **October 29th:** Commodores' Halloween Gala
- **November 6th:** Daylight Savings Time Ends...



Refer to our event calendar on our website at [www.essexcorinthian.org](http://www.essexcorinthian.org) for event details!

### VIEW FROM THE BRIDGE



### Fellow Corinthians!

With the changing of the season, you would think that the number of club events would be slowing down. Well, that's not the case. We have had a busy September with a fun **Labor Day Cookout**, an **Inter-Club Ideal 18 Team Race** and our largest off-shore event, the **Cross Sound Challenge** with a fantastic after race party at Brewers Essex Island Marina. In the month of October we started out with a **Raft-Up in Hamburg Cove** and we are about to finish up the **Tri-Club River Race Series** between EYC, PYC, and ECYC. We have also started the **Fall Frostbite Series** lasting until December.

Skippers are required by the policy to use club members as crew. If they cannot find one on their own, they are required to send an e-mail to the Crew Google Group seeking crew. If no one responds within twenty-four hours, they are allowed to use a non-member as crew. The purpose of this policy is to insure that no club member that wants to sail is displaced by a non-member. Skippers and crew need to be aware that, per the policy, they will each be charged \$10 per day they race to be billed at the end of each frostbite season. This amount covers the entry fee paid by the club at the beginning of each year.

**Tom Atkinson**

**Fleet Captain**

**Email:** fleetcaptain@essexcorinthian.org

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## 2016 ECYC REGATTA UPDATE

### Cross Sound Challenge, September 24th:

We welcomed 18 boats to the regatta and hosted more than 120 guests at our annual post-race party.

Thanks to our race committee and the professional direction of the Mudheads (in the names of Greg Gilmartin and Frank Murphy) we were able to race across the Sound and back as planned. Thanks all volunteers for making our premier regatta successful once again.



ECYC boats did very well across all three classes. Congratulations to all the winners!

Results:

#### Class A Spinnaker:

1. Direwolf (DIYC), 2. Flo (ECYC), 3. Blue Steel (EYC)

#### Class B Non-Spinnaker

1. Fusion (DIYC), 2. Tartuca (ECYC) tied with Nunnehi (OSYC), 3. Wasp (DIYC)

#### Class C Non-Spinnaker

1. Breakin Wind (TYC), 2. Celebration (ECYC), 3. Counterpoint (ECYC)

### Tom Clark Memorial Race, October 8th:

The Tom Clark Memorial Regatta was started despite windy and drizzly conditions and then abandoned. Nonetheless, participants got together at ECYC for a great post-race celebration. Thanks to the ECYC ace committee, and the party team headed by Priscilla Robinson.

Next up is the Birch Memorial Regatta (PYC) on October 15th.

For more information please refer to our website's "Racing" page.

**Tim Brewer**

**Race Committee Chair**

**Email:** racechair@essexcorinthian.org



We have a number of on-shore events coming up in October including a **wine tasting** this Friday night and our **Annual Commodores' Gala**, which this year will feature a Halloween theme. I have already dusted off my Pirate costume. This event will include a members' dessert contest. Don't be too scared to make your reservation!



This past August we had the **NYAC Annual Cruise** show up for a Friday night meal and we were able to do a burgee exchange with Commodore Ferraro. They all had a great time and enjoyed our hospitality. Please see photo below!

#### Board Positions, Committee Chairs and Volunteers:

Our nominating committee is hard at work searching for our future leadership. We have BOG terms that need to be filled and are looking for volunteers for committee chairs. If you are interested please contact anyone on the board including Tim Brewer, our Nominating Committee Chair.

We are also looking for a volunteer to help with the day-to-day club communication. Please contact Vice Commodore Ruth Emblin for more information.

Please remember that new members are always welcome at the Commodore's Table.

Hope you have a great month!

**Steve Rodstrom**

**Commodore**



Burgee exchange with Commodore Ferraro of NYAC

## Wine Tasting on Friday, October 14th

On Friday, October 14th, you are invited to a wine tasting at the Corinthian Cafe!

Sponsored by That's the Spirit featuring a selection of Italian wines.

Starting at 6:00 until 8:00 pm.

Wines will be available for purchase after the tasting; all orders will be filled by That's the Spirit.



The *Coastal Cooking Company* will serve dishes with an Italian flavor to harmonize with the wine selection. Menu details can be found by clicking [HERE!](#)

## Visual Leukemia Cup Retrospective, October 25th



**Mimi Merton and Ruth Emblin** invite you to a slideshow presentation covering the **Leukemia Cup** and the beauty of sailboat racing.

Relive the 2016 Leukemia Cup if



### On-Shore & Entertainment Update:

Our **Labor Day Cookout & 32nd Anniversary Celebration** on Monday, September 5th was big hit. We had over 70 folks join us at our bbq, and many members brought appetizers and desserts, which created a really wonderful meal. Thanks to everyone who attended and helped make the afternoon special!

### The Post-Race Party for our Cross Sound Challenge on September 24th

at Brewer Essex Island Marina was very well attended by sailing crews and their friends, who enjoyed chili, salads and sandwiches, as well as member-donated desserts and plenty of beer, Dark & Stormies, and other libations! "Take Two", our band for the night, did a phenomenal job and kept us going until late at night. My heartfelt thanks to our excellent event team - we could not have done it without you. I am planning a little get-together later in the year to thank all our volunteers personally. The feedback to our party was once again extremely positive, and we hope that we will get the ECSA Best Post-Race Party award back - you might have noticed that it was taken from the wall at ECYC! Please vote for our party when the ECSA opens up voting for this year's best event!



Just because the leaves are beginning to turn and the temperatures are dropping doesn't mean we are done yet when it comes to events at ECYC!

Next up is our annual Commodores' Gala, this year with a little twist...we are celebrating it at the "Haunted Club Mansion"! While we encourage you to come dressed in your best Halloween costume, it is NOT a prerequisite to attend. If you do not want to come in character, just come in cocktail attire and enjoy the dinner and entertainment!

The "**Commodores' Halloween Gala**" will be held on **Saturday, October 29th**. Invitations will be sent out shortly. Please sign up as soon as possible as seating is limited and we would not want you to be shut out because you waited to the last minute!

There will be assigned seating and we will do our best to seat you with your friends, but please be open to sharing your table with other members, as space is extremely limited in our dining room. RSVPs should be sent to [events@essexcorinthian.org](mailto:events@essexcorinthian.org), NOT the club office or galley. You will also be able to make an online reservation, link will be sent out shortly!

Please contact me at [vicecommodore@essexcorinthian.org](mailto:vicecommodore@essexcorinthian.org) if you would like to help out at any of our events, or even better, all our events!

Remember, our events are listed online at our website, just go to [www.essexcorinthian.org](http://www.essexcorinthian.org) ... and click on "Events"!

### Ruth Emblin

Vice Commodore & 2016 On-Shore Events  
Email: [vicecommodore@essexcorinthian.org](mailto:vicecommodore@essexcorinthian.org)  
or [events@essexcorinthian.org](mailto:events@essexcorinthian.org)



you participated in it, or simply enjoy the action photography by Mimi Merton, who has been our dedicated on-water photographer for several years.

Enjoy wine and cheese and great on-water imagery. This event is free of charge.

Sponsored by Mimi Merton and Ruth Emblin.

High resolution copies of the images are available for a small donation to the Leukemia & Lymphoma Society.

Presentation starts at 6:30 pm.

Please RSVP to [events@essexcorinthian.org](mailto:events@essexcorinthian.org) by October 20th!

## JOIN US IF YOU DARE...!

### COMMODORES' HALLOWEEN GALA ON OCTOBER 29TH



Join us at the "Haunted Club Mansion" on October 29th.... come dressed up in your best ghoulish costume or throw on some cocktail attire to enjoy the festivities...!

Price: \$49 per person!!

*Dinner & Dancing with Ghouls & Goblins, Witches & Warlocks!!*

TO RESERVE YOUR SEAT, GO TO OUR WEBSITE AT [www.essexcorinthian.org/commodores-gala.html](http://www.essexcorinthian.org/commodores-gala.html)

Please note, we are using an event planning system to facilitate reservations. If you have any questions, please contact Ruth Emblin at [events@essexcorinthian.org](mailto:events@essexcorinthian.org)!

You do not need to be costumed to attend! Cocktail attire is acceptable!

### GALLEY NEWS

As autumn moves into the Connecticut River Valley nights get cooler and we are looking forward to evenings in the dining room with the fireplace lit. Monique, Ed and the Coastal Cooking Company team are looking forward to serving you comfort food to take the chill out of the air!

Please remember to put your orders in early, make a line between appetizers and entrees, and add your table number at the bottom! Enjoy your evening among friends, open a bottle of wine, and relax in our beautiful location!

Please note that Wednesday and Sunday night dinners have ended for the season, but our weekday lunches, Sunday brunch and Friday dinners continue to just before the December holidays.

Looking forward to seeing you at the club,

### House Committee Update:

Hurricane Matthew put some threat and a couple of tense days for us as Commodore Steve Rodstrom was poised to execute all preparedness steps with the assistance of the entire house committee. Fortunately Matthew decided to turn east and head back towards its origin. I was relieved.

Fall's here, time to start packing up for the pending winter. Awning will be scheduled to be stowed first week of November, hope to remove the AC units this week, get the heating system cleaned and ready for its coming months of operation.

It is hard for me to begin thinking about the upcoming January closure period, but it will be here before we know it. Please offer any ideas relative to projects we may consider to pursue for interior improvement during this traditional period of interior work parties. In the past we have reconditioned the dining tables and chairs, retiled the bar room, painted and cleaned the galley and all appliances, stained the walls, sanded the floors, cleaned all windows, and carpet cleaning.

The ice machine replacement has proved to be a complete winner in terms of service and capacity. The investment made should offer years of service to all members in the same lineage as its predecessor "Frosty".

Lastly, our office manager Jean Little will be out of the office for a couple weeks for medical reasons. Join me in wishing Jean a speedy recovery and will do all during her absence to assist toward the club running as smoothly as possible.

### Chuck Grusse

House Chair

Email: [house@essexcorinthian.org](mailto:house@essexcorinthian.org)

### Membership Update:

September yielded a bumper crop of memberships proposed by the same source: Kathy and Don Shannehan, who also sold our new members their homes! At its regular September meeting, the Board of Governors accepted the applications of:

- **Pam Peters and Jeff Croyle**, of Essex - who recently retired from global consulting and moved to the area from the Hudson River Valley. Pam and Jeff are restoring a period colonial home to its former luster. They're avid kayakers who've paddled 150 miles from Albany to Manhattan in the Great Hudson River Paddle, which promotes the Hudson River Greenway and environmental awareness, and they enjoy gardening and historic home restoration.
- **Christine Repasy and Bob Rekas** - who recently moved to Essex and first experienced ECYC with the Shannehans. Christine is general counsel of two financial services companies and serves on the board of Oak Hill, Connecticut's largest provider of services to persons with disabilities. Christine and Bob enjoy being on and around the water and are considering a small power boat for fishing. Christine recalls gaining her boating credentials on her parents' cabin cruisers sailing the waters of Lake Winnepesaukee, NH.

Please extend a warm Corinthian welcome when you meet Pam, Jeff, Christine, and Bob - and thanks to Kathy and Don for bringing them aboard.

### Scott Konrad

Membership Chair

Email: [membership@essexcorinthian.org](mailto:membership@essexcorinthian.org)

### Catherine Gazikas

Galley Liaison

### Fall Galley Hours:

#### Lunch:

Wednesday, Thursday, Friday and Saturday (self-service):  
11.30 am to 2.00 pm

#### Dinner:

Friday (table service):  
6.00 pm to 8.30 pm

#### Brunch:

Sunday (self-service):  
11.00 am to 2.30 pm - special brunch hours on selected holidays!

### DID YOU KNOW?

The Galley serves a great lunch with soups, salads and all kinds of comfort food while you enjoy the early fall views across the Connecticut River! Why not come and give it a try? Daily Wednesdays through Saturdays, and brunch on Sundays.



We want to know what you think about our galley!

Menus are available at

[www.essexcorinthian.org/dining.html](http://www.essexcorinthian.org/dining.html)

We want your feedback about our galley activities.

Please let us know what you think!

Email [galleyliaison@essexcorinthian.org](mailto:galleyliaison@essexcorinthian.org)

### IMPORTANT CLUB NEWS:

**Our Club Manager, Jean Little, will be going on medical leave this month. She will be out of the office beginning on October 12th and is planning to return on October 25th after a brief recovery period.**

Billing and payment processing may be delayed this month for this reason. If you need any assistance or have questions during Jean's absence, please feel free to contact one of the club's Bridge Officers.

We will do our best to keep up with the daily routine of our club, and will check the answering machine frequently, but ask you for your patience during this period.

We all wish Jean Little all the best and a speedy recovery!

#### NOTE:

All questions concerning upcoming events should be emailed to [events@essexcorinthian.org](mailto:events@essexcorinthian.org), or you may call Ruth Emblin at (914) 316-5811 and leave a message with details. Thank you!

### Did You Know?

### FALL CLUB HOURS IN EFFECT:

Tuesday and Thursday	9 am to 5 pm
Wednesday through 9/21	9 am to 9 pm
After 9/21	9 am to 5 pm
Friday	9 am to 9 pm
Saturday and Sunday	9 am to 5 pm

## Green Tip of the Month:



### TINY DROPS CAN MAKE A BIG MESS...

As the leaves are beginning to turn and the days are getting shorter and nights colder, many of us are getting ready to put our boats away for winter storage. A lot of steps are required to decommission a boat, and the potential impact some of these steps have on our local environment are often disregarded because they are not immediately

recognizable.

Oily discharges from bilges can get into our water supply if not cleaned up properly, and even small spills from oil changes and antifreeze fills can have toxic effects on the environment. A small drop of oil or fuel can create a very large slick on water. When emptying reservoirs and tanks, please use the appropriate drop cloth material to catch any spills before they reach the ground. Any such drips might look harmless on the ground, but if it rains or someone uses a hose for clean-up, the resulting runoff will reach the water and contaminate it. Winterize the engine and freshwater system with safe, non-toxic "marine" or "RV" antifreeze that contains propylene glycol. Never use highly toxic automotive antifreeze. Collect and save waste oils for your marina's or local gas station's oil recycling program. Dispose of empty oil and antifreeze containers properly, do not mix them with regular household waste, but find a local dump that accepts such containers. Make sure that the cleaning products you use to give your boat a last shine before it is put away for the winter are bio-degradable and non-toxic. If you shrink-wrap your boat for the winter, find out whether your marina has a recycling program for scrap shrink-wrap. These scraps should also not be mixed in with regular household waste.

If each one of us is cognizant of these potential hazards to the environment and consciously reduces the impact our boating has on our shores and waterways, we can ensure that our favorite playground continues to offer us many hours of enjoyment. We are lucky to live in such a beautiful part of the country; both the Connecticut River and the Long Island Sound offer not only a place to enjoy water sports, but also the beauty of nature and the wildlife that calls these ecosystems home. Dr. Carl Safina, a good friend of mine and renowned conservationist who lives on Long Island and travels the world in his research, came to visit not too long ago and was very impressed with the beauty and species diversity of the Connecticut River and its estuaries. If we care enough, we can protect this gorgeous corner of our country for generations to come!

Thank you for being an environmentally aware ECYC member!

## Ruth Emblin

ECYC Fleet Communicator

Note: Private meetings may be scheduled after-hours, except Mondays. Please contact Jean Little for details.

### NO SMOKING AT ECYC:



The clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

### WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, [www.essexcorinthian.org](http://www.essexcorinthian.org)!



Swallow murmuration over the Connecticut River

**The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.**

For general questions on ECYC please refer to our website at [www.essexcorinthian.org](http://www.essexcorinthian.org), email us at [ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org), or snail-mail to

Essex Corinthian Yacht Club  
PO Box 759 - Essex, CT 06426  
Telephone: (860) 767-3239

Contact Information for individual BoG Members is posted at [www.essexcorinthian.org/club-officers.html](http://www.essexcorinthian.org/club-officers.html)

Find us on Facebook at: [www.facebook.com/EssexCorinthianYachtClub](http://www.facebook.com/EssexCorinthianYachtClub)

Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.



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