

the fourth day newsletter



Women's Walk #122

Sept 23 - Sept 26, 2009

Gail Lien - LD

Steve Spining - SD

Times To Remember

Wed 7pm Sendoff

Fri 7pm Candlelight

Sat 7am Serenade

Sat 4pm Closing

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A MESSAGE FROM WALK #122 LAY DIRECTOR

In Nov of 2001, I attended Central Alabama Walk to Emmaus #45. My husband Roger had gone on his walk in 1999. He was very excited about it, and I could tell he was a different man. He wanted me to go, but I was pregnant with our second child Jessie, so I used that as an excuse. Besides, I wasn't so sure I "needed" to go on the walk anyway! Time passed, Jessie was born, and I finally decided to turn in an application when she was about 1 year old. When I received the invitation to go to Emmaus, there was one really big problem. The walk they invited me to attend was the SAME weekend as the Auburn Alabama football game. I couldn't believe it...who was running this show anyway? How in the world could they expect me to come to Emmaus and miss that football game?! I really struggled with the decision. My sweet husband (although I didn't think that at the time) said something that I'll never forget. "Gail, in a few years you won't even remember the score of this game, but you will NEVER forget your Walk to Emmaus."

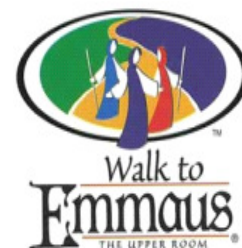
Well, he was right. God put me exactly where He wanted me that weekend, and I have never regretted it! I felt God's love in a way I never had before. It strengthened my walk with the Lord, my involvement in church, and our marriage. I have met some wonderful people serving at Emmaus these past eight years. I love all of you!

Please join me in showing the love of Christ to the pilgrims of Walk #122 on Sept 23-26. God has assembled a great team of servants, including those helping in support roles, the conference room, and our awesome spiritual directors! What a special feeling it is to see so many sacrifices made by so many all to the glory of our Lord and for His kingdom! Come and help logistics, serve a meal, cook some food, pray in the prayer chapel or at home, hold a candle and smile, serenade us, or listen to the way God has touched hearts and changed lives when the pilgrims share at closing. I thank you in advance from the bottom of my heart!

Guess what? I don't remember the score of the Auburn Alabama game in 2001. But I do remember that Auburn got beat that year, and I thank the Lord that I was at Emmaus, and not at the game!

DeColores,

Gail Lien



2009 Walk Dates to Remember

Men's Walk #123 Oct 21 - 24
 Wayne Gauntt - Lay Director
 Elvis North - Spiritual Director

For additional Emmaus and Chrysalis information and updates, periodically refer to our website at www.caew.org. Don't forget, God equips and gives you the means and strength you need to serve, and bring others to Christ.



"Then the two from Emmaus told their story of how Jesus had appeared to them as they were walking along the road, and how they had recognized him as he was breaking the bread."

Like 24:35 (NLT)



Men of
Walk #120



A MESSAGE FROM WALK #122 SPIRITUAL DIRECTOR

Lessons from the Trail

Recently I fulfilled a lifelong dream by taking a two week vacation to New England. Those who know me probably aren't surprised that I spent a large portion of my time hiking in the mountains. It's just something I love to do. Over the years I've discovered that hiking is more than a way to blow off steam or to get into shape, but it's a wonderful way to grow in my relationship with God. I'd like to share a few spiritual insights that I've learned from the trail and that apply to all of us during our 4th days.

First, training is essential. Without adequate physical training, what should be an enjoyable hike can be torture. If you aren't in good shape physically, you not only don't enjoy the hike, but you can put yourself (and others) in grave danger. Spiritual training works the same way. There are some places you cannot go in your relationship with Christ without training. If you want God to show you the view from the top of the mountain, true spiritual exercise is essential. Of course, I'm referring to the regular spiritual disciplines like prayer, Bible reading, meditation, fasting, worship, and giving – you know the things we learn at Emmaus.

Second, there is no easy way to the top. It takes time. The reality is that if you're going to get to the summit, you have to pay your dues to get there. There are no shortcuts. There are no shortcuts in the spiritual life either. If we're going to see the high vistas in the spiritual life that God wants to show us, we have to be patient. Growth takes time.

Third, some views can only be seen on the way up the mountain. In the White Mountains of New Hampshire I saw some magnificent waterfalls along the trail. Some of the most spectacular views I saw before I even reached the summit. If God was only interested in us reaching the summit, don't you think He would just take us to heaven the moment we accepted Christ as our Lord and Savior? But some things can only be seen on the climb.

Fourth, the view from the top is better after making the climb to get there. In Acadia National Park in Maine, many people drive to the top of Cadillac Mountain to see the spectacular views. And they aren't disappointed. However, those who make the effort to hike and climb to the top appreciate the views in a different way. Do you see the spiritual lesson here?

Finally, from the top your perspective changes. On the way up, there are difficult stretches: boulders to climb over and rushing streams to cross. It's easy to lose sight of where we're going because all we can see is the difficult terrain. But from the top, what was difficult terrain actually becomes a part of the beauty of the view. In life, it's easy to become discouraged by the boulders and difficult terrain, but in the end it all contributes to the beauty of the vista.

No wonder David could say in Psalm 18:33 – "He makes my feet like the feet of a deer; he enables me to stand on the heights."

Anybody want to go hiking?

De Colores,

Steve Spining
Spiritual Director - CAEW #122



Team Roster - Women's Walk #122

Lay Director	Gail Lien	
Assistant Lay Directors	Michelle Granberry Sharon Irish Connie Parr Sharon Wilbanks	
Spiritual Director	Steve Spining	
Assistant Spiritual Directors	Jimmy Allen Jay Andrews Suzie Beeson Eddie Kelsey	
Music	Keith Hamrick	
Media	Shay Baugh	
Table Leaders	Jennifer Dingman Betty Jo Landrum Kathy Nichols Lynn Mitchell Lorri Schoonover Rene' Waldrop Kathy McWhorter	
Assistant Table Leaders	Alicia Hegwood Beth Kisor Glenda Masters Wanda Ryals Jamie Shelton Joan Turner Brenda Wheat	
Board Rep.	Brenda Aughtman	

Pilgrims of Women's Walk #122

"As they talked and discussed these things, Jesus himself suddenly came and began walking with them."

Name	City	Sponsor(s)
Wanda Ballard	Millbrook AL	Deborah Messick
Mary Jean Barnhill	Loxley AL	Steve Kopp
Kandra Barrett	Prattville AL	Stacy Barrett
Emily Bonham	Montgomery AL	Linda Clemens
Suzie Bush	Opelika AL	Lisa Abercrombie
Robin Carmack	Tallassee AL	Nelson & Diane Christian
Joy Carpenter	Auburn AL	Rebecca Cummings
Latryce Cole	Montgomery AL	Ashley Belcher
Amy Coxwell	Opelika AL	Ashley Coxwell
Nancy Darwin	Selma AL	Linda & Ralph Tellier
Peggy Duck	Loxley AL	Gloria Murphy
Beverly Eggert	Valley Grande AL	Jennifer Dobbs
Jeannie Eddins	Auburn AL	Mary Mowery
Suzie Evans	Montgomery AL	Martha Smith
Patti Gibson	Portland TN	Jen Thurow
Tanya Grooms	Auburn AL	Erin Stephens
Wanda Hall	Opelika AL	Jean Rummer
Samantha Ingram	Tallassee AL	Kori Caldwell
Kris Johnson	Montgomery AL	Terri Sasser
Theresa Keith	Deatsville AL	Donna Cognasi
Betsy Keown	Dadeville AL	Barbara Cunningham
JoAnna Kilpatrick	Troy AL	Susan Fountain
Amanda Latham	Selma AL	Dena Cutler
Andi Longest	Auburn AL	Thina & John Biblis
Selena McAnally	Auburn AL	Mitzi Rogers
Melissa McCannless	Montgomery AL	Myrna Diamond
Louise Miles	Montgomery AL	Donna Hall
Karen Milstead	Auburn AL	Judy Colley
Hamilton Moore	Opelika AL	Emily Cumbie
Faye Pyle	Valley AL	Milton Newton
Mary Roberson	Roanoke AL	Rene' Waldrop
Carolyn Robinson	Auburn AL	Joe Eakes
Barbara Russell	Verbena AL	David & Idia Edwards
Deborah Sanford	Alex City AL	Steve Sherrer
Robbin Simmons	Montgomery AL	Susan Stuck
Suzanne Stringer	Sardis AL	Lynn Kopp
Tracy Teel	Alex City AL	Samuel Teel
Deboraha Thornton	Montgomery AL	Kay Morris
Elise Todd	Montgomery AL	Freda Hall & Kay Morris
Melinda Tyler	Prattville AL	Cindy Arkle
Kathy Westbrook	Jackson's Gap AL	Martha Perry
Elizabeth Yost	Auburn AL	Erin Stephens

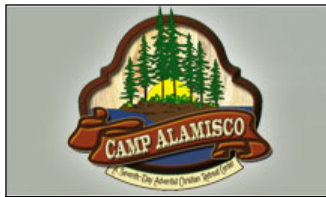
Work Areas - Women's Walk #122

SUPPORT AREA	CHAIRPERSON
AGAPE	Stacy Deavor
BOOK COVERS / BAGS	Beth Kisor / Darlene Gill
BEDTAGS	Christy Flurry
BOOK TABLE	GRIT's Reunion Group
CANDLELIGHT	Wes Cumbie
ENTERTAINMENT	Kara Sartain
FRIDAY NIGHT PARTY	Mountain Top Moms Reunion Group
GREETERS	Dru & Jason Washburn
LOGISTICS	
MEAL/FOOD PREP	Bob Money
MEAL SERVICE	Barbara Rosser
NAME TAGS / NEWSLETTER	Keith Haggerty
PHOTOGRAPHY	Ken Marsh
REFRESHMENTS	Emily Cumbie
HOUSING & REGISTRATION	Ed Williams
SERENADE	Rita Carswell
SPONSORS' HOUR	Merri Lynn Gregory
72 HOUR PRAYER VIGIL	Marc Baugh
SPEAKERS' PRAYER CHAPEL	Tracie Starr / Jackie Waters
WORSHIP	Hope & Jeff Brackin

Agape Needs:

72 of each item for Women's Walks





In Case Of Emergency
Camp Alamisco
256-825-9482



Emmaus Work Area	2009 Community Board Representative
72 Hour Prayer Vigil	<u>Chad Wilbanks</u>
Agape	<u>Linda Hines-Hornsby</u>
Book Table	<u>John Duncan</u>
Candlelight	<u>Chrystal Strickland</u>
Food Preparation	<u>Robert Beers</u>
Greeters	<u>David Waldrop</u>
Housing and Registration	<u>David Waldrop</u>
Logistics	<u>Frank Talbot</u>
Meal Service	<u>Wayne Gauntt</u>
Music & Media	<u>Allen Brewer</u>
Photography	<u>Jim Sasser</u>
Refreshments	<u>John Duncan</u>
Serenade	<u>Chrystal Strickland</u>
Speakers' Prayer Chapel	<u>Chad Wilbanks</u>
Sponsors' Hour	<u>Jack Moseley</u>
Supplies	<u>Sue Utsey</u>
Worship	<u>Duane Skarecky</u>
Registrar - Men's	<u>Jim Snyder</u>
Registrar - Women's	<u>Lynn "Mo" Moseley</u>
Community Spiritual Director	<u>Glen Pugh</u>
Clergy	<u>Suzie Beeson/Dee Dowdy</u>
	<u>Jim Sasser</u>
Community Lay Director	<u>John Duncan</u>
Community ALD	<u>Allen Brewer</u>
Community Treasurer	<u>Linda Brewer</u>
Community Secretary	<u>Linda Hines-Hornsby</u>

Address, contact phone, or email changes?

Help keep your information updated. Send any changes or updated information (with your original walk # and location) to:

sdutsey@aol.com

If you don't have email or computer access, call anyone in the Community to assist you with any update needed to your current address, phone, or other information.