

BREAKFAST

SERVING
FRESHLY
SQUEEZED
ORANGE
JUICE
\$3.95-\$5.50

LITTLE TEMPTATIONS TO START HOME MADE, BEST IN THE VALLEY

ANY CROISSANT from \$3.95 - \$7.95
regular | chocolate | almond | cinnamon or raisin snails & more

CROISSANT SANDWICH (no side) \$12.95

FRESH 1/2 BAGUETTE \$11.95
with genuine cafe au lait, original french butter & homemade jam

FITNESS BREAKFAST w/SIDE OF TOMATO SLICES & FRESH FRUIT \$19.95

EGG WHITE OMELETTE #1 with spinach, mushroom
EGG WHITE OMELETTE #2 with smoked salmon & shallots
EGG WHITE OMELETTE #3 smoked salmon, goat cheese & spinach

DIETERS BREAKFAST \$13.95

FRESH FRUIT PLATE with berries & mixed fruit
GRANOLA with yogurt & berries
OATMEAL with fresh fruit OR toasted bread
YOGURT with a bowl of figs or berries

CRÊPES, PANCAKES, OR FRENCH TOAST \$13.95

WITH A SIDE OF FRESH FRUIT \$16.95

STRAWBERRY OR BANANA CREPE with whip cream or yogurt \$14.95

STRAWBERRY OR BANANA + NUTELLA CREPE with whip cream or yogurt \$16.95

FULL BREAKFAST w/SIDE POTATOES PROVENÇALES OR FRESH FRUIT

CROISSANT SANDWICH scrambled eggs, american or swiss cheese \$12.95

with ham or bacon or sausage or turkey \$16.95

BISCUIT & GRAVY (no side) with sausage or bacon \$13.95

CORN BEEF HASH (HOMEMADE) with eggs your way \$16.95

CREPE FLORENTINE with creamed spinach \$16.95

CREPE MAISON ham, swiss cheese and a fried egg \$16.95

OMELETTE BASQUAISE bell pepper, ham, onion, garlic, tomato, swiss cheese \$19.95

QUICHE (HOMEMADE) spinach or ham - with salad or potato \$16.95

RATATOUILLE OMELETTE mixed vegetables with goat cheese \$18.95

SEAFOOD OMELETTE scallop & shrimp in light creamy sauce \$19.95

STEAK & EGGS 2 eggs your way with Black Angus Striploin \$24.95

MONTE CRISTO SIGNATURE SANDWICH French toast, ham, turkey, touch of mornay sauce & melted swiss cheese \$18.95

EGGS BENEDICT YOUR WAY \$16.95

w/SIDE POTATOES PROVENÇALES OR FRESH FRUIT
ON A CREPE OR ENGLISH MUFFIN 2 eggs poached (or your way),
w/hollandaise sauce + Canadian Bacon or Spinach ADD \$4 WITH SALMON

OMELETTES YOUR WAY w/SIDE POTATOES PROVENÇALES OR FRESH FRUIT \$16.95
with any 3 items - add \$4 for chicken breast, smoked salmon, or shrimp

OR EGGS YOUR WAY w/SIDE POTATOES PROVENÇALES OR FRESH FRUIT \$15.95

KIDS MENU \$11.95

SELECT 1 ITEM FROM EACH COLUMN BELOW

2 CREPES + MILK OR JUICE
OR 2 PANCAKES OR FRESH FRUIT
OR 2 FRENCH TOASTS OR BACON
OR 2 EGGS



LUNCH

APPETIZERS \$11.95

RATATOUILLE | SEARED SALMON

GRILLED TOMATO & GOAT CHEESE

FRENCH MINI BAGUETTE WITH BRIE & HAM OR PATÉ

CROQUE MADEMOISELLE | HOUSE SALAD | SALADE MAISON

SOUPES \$7.95 CUP | \$9.95 BOWL

SOUPE GRATINÉE A L' ONION | SOUPE DU JOUR ASK YOUR SERVER

OMELETTES YOUR WAY \$16.95

WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

YOUR WAY WITH ANY 3 ITEMS add \$3 for chicken breast, smoked salmon, or shrimp

LES CRÊPES WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

CREPE MAISON Ham & Swiss Cheese topped with Fried Egg \$16.95

SPINACH & MUSHROOM Spinach & Mushroom, Mornay Sauce \$18.95

CHICKEN & MUSHROOM Chicken & Mushroom in Creamed & Mornay Sauce \$18.95

RATATOUILLE Tomato & Medley of Vegetables topped with Tomato Sauce \$18.95

SEAFOOD CREPE Scallop & Shrimp in Creamed Sauce, w/Mornay Sauce \$20.95

STRAWBERRY OR BANANA Whip Cream or Yogurt - No Side \$14.95

STRAWBERRY OR BANANA + NUTELLA Whip Cream or Yogurt - No Side \$16.95

STRAWBERRY + BANANA + NUTELLA Whip Cream or Yogurt - No Side \$19.95

QUICHES WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES \$16.95

LORRAINE Ham | **AUX EPINARDS** Spinach | **QUICHE OF THE DAY** ASK YOUR SERVER

LUNCH SPECIAL \$19.95

CUP OF SOUP + SALAD OR FRIES + 1/2 SANDWICH
TUNA | ROAST BEEF | HAM | TURKEY

LES HAMBURGERS WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

FRENCH CORNER Beef Patty, Swiss Cheese, Onion, Tomato, Lettuce, Mayo \$18.95

SEARED AHI TUNA Eggplant, Lettuce, Tomato, Sesame Seeds, Aioli Garlic Sauce \$18.95

BRIE BACON Beef Patty, Brie Cheese, Bacon, Onion, Tomato, Lettuce, Mayo \$20.95

TURKEY \$16.95

TURKEY & BRIE Sun-dried Tomato, Lettuce, Onion, Cranberry-Raspberry Relish \$18.95

REGULAR VEGGIE Premium Veggie Burger \$16.95

Sun-dried Tomato, Onion, Lettuce, Avocado, & Cranberry-Raspberry Relish Sauce

VEGGIE NATIVE SPECIAL Premium Veggie Burger \$18.95

Sun-dried Tomato, Onion, Goat Cheese, Mushroom, Spinach, Cranberry-Raspberry Relish

KIDS MENU \$11.95

GRILLED CHEESE SANDWICH
w/French Fries OR Fresh Fruit

BABY BURGER w/Cheese, Lettuce, Tomato, French Fries

PLEASE NOTE:

We serve only Hormone & Antibiotic Free
Beef & Chicken

SPLIT ORDER - ADD \$5.00

SIDE OF FRENCH FRIES - ADD \$5.00

OR SWEET POTATO FRIES - ADD \$6.00

LES SALADES

CALF'S LIVER Goat Cheese, Tomato, Baby Greens, Mushroom, Fried Egg \$21.95

CHICKEN CAESAR Romaine Lettuce, Parmesan, Croutons w/Grilled Chicken Breast \$18.95

CHICKEN CITRUS Mixed Lettuce, Orange, Grapefruit, Grapes, Ginger-Lime Dressing \$18.95

CHICKEN GORGONZOLA & WALNUT Mixed Baby Greens, Walnut, Gorgonzola, Tomato \$18.95

CHICKEN SALADE MONTRACHET

Mixed Baby Greens, Endives, Diced Apple, Walnut, Goat Cheese \$18.95

MEDITERRANEAN Feta, Bell Pepper, Cucumber, Tomato, Red Onion, Olives, Lettuce, Herbs \$16.95

MEDITERRANEAN WITH CHICKEN \$20.95

NIÇOISE SALADE WITH REGULAR TUNA

Tuna, Lettuce, Egg, Olive, Green Bean, Anchovies, Potato, Cherry Tomato \$18.95

OR WITH FRESH AHI TUNA \$21.95

SALMON POACHED OR GRILLED Cucumber, Tomato, Baby Greens, Chive, Cilantro, Yogurt Dressing \$21.95

ROASTED DUCK MAGRET Duck Slices with Goat Cheese, Walnut, Endives, Lettuce \$21.95

SOLE SALAD Mixed Baby Green & Orange in Vinaigrette Lemon Dressing,

Cucumber, Grapefruit, Bell Pepper w/Basil & Cilantro \$21.95

STEAK SALADE

Strip Loin Steak, Lettuce, Tomato, Feta, Potato, Homemade Steak Sauce Mustard Garlic Dressing \$21.95

TAHITI SALAD Sautéed Shrimp with Mango, Coconut, Pineapple & Mixed Baby Greens \$21.95

LUNCH SPECIALITES \$28.95

FILET OF SOLE

Lemon & Wine Sauce, French Fries OR Salad

CHICKEN OR SOLE PICCATA

with Garlic, Lemon, White Wine, Capers Sauce, French Fries OR Salad

FRENCH PATE & CHEESE PLATTER

with Toasted French Baguette Slices

MOULES MARINIÈRE • MUSSELS

Cream, Shallot & White Wine Sauce, French Fries

STEAK POMMES FRITES

Grilled Black Angus Striploin, French Fries OR Salad

LES SANDWICHES w/FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

BLT Bacon, Lettuce, Tomato w/Toasted Buttermilk or Wheat Bread \$16.95 w/Avocado \$18.95

CORDON BLEU Chicken Breast, Ham, Tomato, Mornay Sauce, melted Cheese \$18.95

CROQUE MONSIEUR Grilled Ham & Melted Swiss Cheese, Mornay Sauce \$16.95

CROQUE MADAME - 1 FRIED EGG ON TOP Grilled Ham & Melted Swiss Cheese, Mornay Sauce \$18.95

CROQUE CROISSANT Grilled Ham, Swiss Cheese, Mornay Sauce Melted on a Croissant \$18.95

CROISSANT SANDWICH Ham, Turkey, Tuna, Roast Beef or Bacon w/Lettuce, Tomato & Swiss \$18.95

ROASTED DUCK MAGRET Cranberry - Raspberry Relish Sauce, Goat Cheese, Tomato \$19.95

FRENCH CLUB Turkey, Ham, Bacon, Swiss Cheese, Lettuce, Tomato, Mayo \$18.95

FRENCH DIP SANDWICH Homemade Beef Slices Roasted, Melted Swiss Cheese, Baguette \$18.95

HAM, TUNA, TURKEY OR ROAST BEEF Lettuce, Tomato, Swiss Cheese & Mayo \$16.95

HONEY DIJON CHICKEN Dijon Sauce, Lettuce, Tomato, & Swiss Cheese \$18.95

NIÇOISE ON A BAGUETTE OR BUN WITH SESAME=PAIN BAGNAT

Olive, Cherry Tomato, Tuna Albacore, Anchovy, Hard Boiled Egg, Lettuce, w/Olive Oil Dressing NO SIDE \$16.95

PHILLY SANDWICH Homemade Roasted Beef, Swiss Cheese, Pepper, Onion \$18.95

SMOKED SALMON CROISSANT

Cucumber, Tomato, Lettuce, Capers, Cilantro, Shallots, & Garlic Yogurt Sauce \$20.95

STEAK SANDWICH (HORMONE-FREE) Grilled Tomato, Onion, Lettuce & Balsamic Reduction \$20.95

TUNA MELT Mayo, Celery, Onion, Mustard & melted Swiss Cheese \$16.95

BEVERAGES \$3.95-\$8.95

COFFEE | FRENCH TEA | ESPRESSO | CAPPUCCINO | LATTE | MOCHA

HOMEMADE HOT COCOA "THE FRENCH WAY"

ANY SODA | PERRIER | FRUIT JUICE

APPLE CIDER | CHAMPAGNE | KIR | MIMOSA | BEERS

WE ALSO SERVE FINE FRENCH WINES

PLEASE ASK YOUR SERVER