

Foot & Leg Therapy - Releasing Stress before it Hits ~



Short on time but would love to have a quick upgrade and healing to your embodiment. **Foot & Leg Therapy** helps to stimulate and relax the entire body in a very fast approach. Foot Therapy is like Foot Reflexology and a Foot Massage all wrapped up in one. It's a lot of energy with little time required.

Everyone loves a **Foot Massage** and is a wonderful Feeling. It releases stress from a long day, and takes pressure off the body. It aids in Relaxation and relieves muscle aches.

But did you know, that when pressure points are stimulated, that the entire body receives healings and balances the Chakras?

As a Spiritual Intuitive, Mary will go directly to the troubled points of the embodiment, to help move and release the **hidden hot spots** from within. Don't have any hot spots? Then how about **upgrading** the Embodiments System to help you in your continual Awakening process by receiving **New Energy** into the chakras, as light enters into the whole body.

Mary Martin

Minister ~ Messenger ~ Medium

Spiritual Mastery Teacher-Healer of Earth's Classroom. Offering Transmissional-Teachings in the Keys of Self-Mastery, the I Am Presence and the Return of the Divine Feminine.

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