**Diseases**

**There once was a time when if a person had some type of disease they were an outcast to that community and to be put out of the community. Some were even put out on islands. The reasoning was that that person could spread the disease and two that they did something specifically to have caught the disease. Although there is some truth in both statements above, but not all diseases are due to that individual. We are all to live in a way that we reduce the chances of catching certain diseases but sometimes it is out of our control. Here is some scripture from the bible on this subject:**

**Proverbs 17:22 - A joyful heart is good medicine, but a crushed spirit dries up the bones.**

**Psalm 103:3 - Who forgives all your iniquity, who heals all your diseases,**

**Exodus 23:25 - You shall serve the Lord your God, and he will bless your bread and your water, and I will take sickness away from among you.**

**Isaiah 38:1-8 - In those days Hezekiah became sick and was at the point of death. And Isaiah the prophet the son of Amoz came to him, and said to him, “Thus says the Lord: Set your house in order, for you shall die, you shall not recover.” Then Hezekiah turned his face to the wall and prayed to the Lord, and said, “Please, O Lord, remember how I have walked before you in faithfulness and with a whole heart, and have done what is good in your sight.” And Hezekiah wept bitterly. Then the word of the Lord came to Isaiah: “Go and say to Hezekiah, Thus says the Lord, the God of David your father: I have heard your prayer; I have seen your tears. Behold, I will add fifteen years to your life. ...**

**Exodus 15:26 - Saying, “If you will diligently listen to the voice of the Lord your God, and do that which is right in his eyes, and give ear to his commandments and keep all his statutes, I will put none of the diseases on you that I put on the Egyptians, for I am the Lord, your healer.”**

**Psalm 116:8 - For you have delivered my soul from death, my eyes from tears, my feet from stumbling;**

**Luke 4:23 - And he said to them, “Doubtless you will quote to me this proverb, ‘Physician, heal yourself.’ What we have heard you did at Capernaum, do here in your hometown as well.”**

**Matthew 11:28-30 - Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”**