

Monday	Tuesday	wednesday	Thursday	Fríday	Saturday
<b>Adults</b> All Belts 12:00-12:50		<b>Adults</b> All Belts 12:00-12:50			<b>Adults</b> All Belts 8:00 - 9:00
Little Dragons All Belts 4:15 – 4:45	Little Dragons All Belts 4:15 – 4:45	Little Dragons All Belts 4:15 – 4:45	Little Dragons All Belts 4:15 – 4:45	Specíal Events: • Candidate Classes • Private Lessons By announcement or reservation only.	Little Dragons All Belts 9:00 - 9:30
<b>Children</b> White to Green 4:45 – 5:30	<b>Children</b> White to Green 4:45 – 5:30	<b>Sparring – Ages 4 – 7</b> Green & up 4:45 – 5:15	<b>Children</b> White to Green 4:45 – 5:30		<b>STORM Team</b> 9:30-10:00
<b>Children</b> Purple to Brown 5:30 – 6:15	<b>Children</b> Purple to Brown 5:30 – 6:15	<b>Sparring – Ages 8 – 12</b> Green & up 5:15 – 6:00	<b>Children</b> Purple to Brown 5:30 – 6:15		<b>Children</b> Brown to Black 10:00-10:45
<b>Children</b> High Brown & Black 6:15 – 7:00	<b>Children</b> High Brown & Black 6:15 – 7:00	<b>Family</b> All Ages & Ranks 6:00 – 6:45	<b>Children</b> High Brown & Black 6:15 – 7:00		<b>Sparring – Children</b> Green & up 10:45 – 11:30
<b>Adults</b> All Belts 7:00 to 8:00	<b>Adults</b> All Belts 7:00 to 8:00	<b>Sparring – Adults</b> Orange & up 6:45 – 7:30	<b>Adults</b> All Belts 7:00 to 8:00		<b>Children</b> White – High Red 11:30-12:15

\*Family class is intended for families (parents and children or siblings) to attend classes together. All other students should come to their designated age & rank classes.

## **Rules of the Dojang**

- 1. Arrive at least 5 minutes prior to class.
- 2. Attend classes regularly.
- 3. Students should bow to the masters, instructors, and flags whenever entering or leaving the Dojang.
- 4. Show respect to all students and instructors.
- 5. Pull attendance card prior to class.
- 6. Keep uniform neat and clean.
- 7. Help keep the Dojang clean and organized.

## Legend

Little Dragons	Ages 4 – 6
Children	Ages 7 – 12
Adults	Ages 13 & up

To participate in sparring, all students <u>must</u> have the appropriate sparring gear.