## Corridor Running Club Track Meet <br> 5/26/2015 <br> Washington HS Track - Cedar Rapids, IA

Men's \& Women's 1600 Meters (Division 2)

| PL | Athlete | Gender | Team | Final | 400 | 800 | 1200 | 1600 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | French, Leslie | F | Unattached | 7:06.07 | 1:41.56 | 3:31.47 | 5:21.25 | 7:06.07 |
|  |  |  |  |  | (1:41.56) | (1:49.92) | (1:49.78) | (1:44.82) |
| 2 | Bachmann, Bruce | M | Unattached | 7:15.82 | 1:44.29 | 3:38.43 | 5:32.25 | 7:15.82 |
|  |  |  |  |  | (1:44.29) | (1:54.15) | (1:53.82) | (1:43.58) |
| 3 | Steadman, Jennifer | F | Unattached | 7:32.51 | 1:46.98 | 3:43.92 | 5:40.91 | 7:32.51 |
|  |  |  |  |  | (1:46.98) | (1:56.95) | (1:56.99) | (1:51.61) |
| 4 | Scott, Claudia | F | Unattached | 8:23.66 | 1:57.16 | 4:06.10 | 6:19.17 | 8:23.66 |
|  |  |  |  |  | (1:57.16) | (2:08.95) | (2:13.07) | (2:04.50) |

Men's \& Women's 1600 Meters (Division 1)

| PL | Athlete | Gender | Team | Final | 400 | 800 | 1200 | 1600 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Julich, Daryl | M | Unattached | 5:21.54 | 1:20.50 | 2:42.75 | 4:03.36 | 5:21.54 |
|  |  |  |  |  | (1:20.50) | (1:22.26) | (1:20.62) | (1:18.18) |
| 2 | Newman, Mike | M | Unattached | 5:23.77 | 1:20.13 | 2:42.39 | 4:04.18 | 5:23.77 |
|  |  |  |  |  | (1:20.13) | (1:22.27) | (1:21.79) | (1:19.59) |
| 3 | Armon, John | M | Unattached | 5:33.72 | 1:23.82 | 2:47.42 | 4:10.87 | 5:33.72 |
|  |  |  |  |  | (1:23.82) | (1:23.61) | (1:23.45) | (1:22.85) |
| 4 | Clark, Jessie | F | Unattached | 5:34.12 | 1:23.84 | 2:47.57 | 4:11.02 | 5:34.12 |
|  |  |  |  |  | (1:23.84) | (1:23.73) | (1:23.46) | (1:23.11) |
| 5 | Peiffer, Ben | M | Unattached | 5:47.92 | 1:28.89 | 2:56.41 | 4:30.01 | 5:47.92 |
|  |  |  |  |  | (1:28.89) | (1:27.52) | (1:33.61) | (1:17.91) |
| 6 | Cardo, Joel | M | Unattached | 5:50.70 | 1:26.35 | 2:55.08 | 4:24.32 | 5:50.70 |
|  |  |  |  |  | (1:26.35) | (1:28.73) | (1:29.25) | (1:26.38) |
| 7 | Nietert, Jeff | M | Unattached | 5:52.81 | 1:29.41 | 2:54.49 | 4:24.90 | 5:52.81 |
|  |  |  |  |  | (1:29.41) | (1:25.08) | (1:30.42) | (1:27.92) |
| 8 | Brecht, Randy | M | Unattached | 5:54.83 | 1:27.96 | 3:00.32 | 4:30.78 | 5:54.83 |
|  |  |  |  |  | (1:27.96) | (1:32.36) | (1:30.46) | (1:24.06) |
| 9 | Werderman, Amos | M | Unattached | 5:58.80 | 1:29.97 | 3:04.35 | 4:39.40 | 5:58.80 |
|  |  |  |  |  | (1:29.97) | (1:34.38) | (1:35.05) | (1:19.40) |
| 10 | Johnston, Julie | F | Unattached | 6:02.29 | 1:26.18 | 2:56.24 | 4:28.78 | 6:02.29 |
|  |  |  |  |  | (1:26.18) | (1:30.06) | (1:32.54) | (1:33.52) |
| 11 | Williamson, Bret | M | Unattached | 6:08.21 | 1:25.24 | 2:57.54 | 4:33.57 | 6:08.21 |
|  |  |  |  |  | (1:25.24) | (1:32.30) | (1:36.04) | (1:34.64) |
| 12 | Colton, Rick | M | Unattached | 6:11.09 | 1:29.91 | 3:03.00 | 4:36.74 | 6:11.09 |
|  |  |  |  |  | (1:29.91) | (1:33.09) | (1:33.75) | (1:34.35) |
| 13 | Anderson, Alice | F | Unattached | 6:13.68 | 1:29.09 | 3:01.68 | 4:37.56 | 6:13.68 |
|  |  |  |  |  | (1:29.09) | (1:32.60) | (1:35.88) | (1:36.13) |
| 14 | Strickland, Bob | M | Unattached | 6:21.59 | 1:31.30 | 3:07.71 | 4:47.12 | 6:21.59 |
|  |  |  |  |  | (1:31.30) | (1:36.42) | (1:39.42) | (1:34.47) |
| 15 | Ritchie, Sarah | F | Unattached | 6:22.58 | 1:32.60 | 3:09.39 | 4:47.07 | 6:22.58 |
|  |  |  |  |  | (1:32.60) | (1:36.80) | (1:37.68) | (1:35.52) |
| 16 | Wolfe, Tom | M | Unattached | 6:24.63 | 1:32.86 | 3:10.26 | 4:03.37 | 6:24.63 |
|  |  |  |  |  | $(1: 32.86)$ | (1:37.41) | (53.11) | (2:21.26) |
| 17 | Scott, Brad | M | Unattached | 6:54.49 | 1:42.73 | 3:32.46 | 5:15.62 | 6:54.49 |
|  |  |  |  |  | (1:42.73) | (1:49.73) | (1:43.16) | (1:38.87) |

Men's \& Women's 200 Meters (Division 1)

| PL | Athlete | Gender | Team | Final |
| :--- | :--- | :--- | :--- | :--- |
| 1 | Armon, John | M | 29.21 |  |
| 2 | Werderman, Amos | M | Unattached | 29.39 |
| 3 | Brecht, Randy | M | Unattached | 31.75 |
| 4 | Johnston, Julie | U | 34.20 |  |
| 5 | Long, Lori | F | Unattached | 35.01 |
| 6 | Bachmann, Bruce | M | Unattached | 36.65 |

7 French, Leslie F Unattached 39.63

## Men's \& Women's 400 Meters (Division 1)

| PL | Athlete | Gender | Team | Final |
| :--- | :--- | :--- | :--- | :--- |
| 1 | Clark, Jessie | F | Unattached | $1: 07.53$ |
| 2 | Brecht, Randy | M | Unattached | $1: 12.64$ |
| 3 | Johnston, Julie | F | Unattached | $1: 17.39$ |
| 4 | Strickland, Bob | M | Unattached | $1: 19.49$ |
| 5 | Wolfe, Tom | M | Unattached | $1: 20.32$ |
| 6 | Colton, Rick | M | Unattached | $1: 20.64$ |
| 7 | Long, Lori | F | Unattached | $1: 28.94$ |

## Men's \& Women's $4 \times 400 \mathrm{~m}$ Relay (Division 1)

| PL | Team |  | Final | Athlete 1 | Athlete 2 | Athlete 3 | Athlet | Splits |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | ARMON | A | 4:31.66 | Nietert | Peiffer | Newman | Armon | 1:08.92 | 2:15.80 | 3:23.50 | 4:31.66 |
|  |  |  |  |  |  |  |  | (1:08.92) | (1:06.88) | (1:07.71) | (1:08.17) |
| 2 | TAZER | A | 4:56.37 | Wolfe | Strickland | Williamson | Hopp | 1:20.04 | 2:41.24 | 3:47.43 | 4:56.37 |
|  |  |  |  |  |  |  |  | (1:20.04) | (1:21.20) | (1:06.20) | (1:08.95) |
| 3 | CLARK | A | 5:13.47 | Anderson | Johnston | Ritchie | Clark | 1:20.82 | 2:38.34 | 4:04.96 | 5:13.47 |
|  |  |  |  |  |  |  |  | (1:20.82) | (1:17.52) | (1:26.63) | (1:08.51) |

## Men's \& Women's 3200 Meters (Division 1)

| PL | Athlete | Gender | Team | Final | 400 | 800 | 1200 | 1600 | 2000 | 2400 | 2800 | 3200 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Newman, Mike | M | Unattached | 11:39.67 | $\begin{aligned} & 1: 24.70 \\ & (1: 24.70) \end{aligned}$ | $\begin{aligned} & \text { 2:52.89 } \\ & (1: 28.19) \end{aligned}$ | $\begin{aligned} & 4: 21.12 \\ & (1: 28.23) \end{aligned}$ | $\begin{aligned} & 5: 49.22 \\ & (1: 28.11) \end{aligned}$ | $\begin{aligned} & 7: 19.41 \\ & (1: 30.19) \end{aligned}$ | $\begin{aligned} & 8: 47.26 \\ & (1: 27.85) \end{aligned}$ | $\begin{aligned} & 10: 15.81 \\ & (1: 28.56) \end{aligned}$ | $\begin{aligned} & 11: 39.67 \\ & (1: 23.86) \end{aligned}$ |
| 2 | Bachmann, Bruce | M | Unattached | 15:37.61 | $\begin{aligned} & 1: 53.50 \\ & (1: 53.50) \end{aligned}$ | $\begin{aligned} & \text { 3:53.72 } \\ & (2: 00.22) \end{aligned}$ | $\begin{aligned} & 5: 51.29 \\ & (1: 57.58) \end{aligned}$ | $\begin{aligned} & 7: 49.40 \\ & (1: 58.11) \end{aligned}$ | $\begin{aligned} & 9: 50.61 \\ & (2: 01.21) \end{aligned}$ | $\begin{aligned} & 11: 50.80 \\ & (2: 00.19) \end{aligned}$ | $\begin{aligned} & 13: 50.34 \\ & (1: 59.55) \end{aligned}$ | $\begin{aligned} & 15: 37.61 \\ & (1: 47.28) \end{aligned}$ |
|  | Mullen, Tazer | M | Unattached | DNF | $\begin{aligned} & 1: 18.66 \\ & (1: 18.66) \end{aligned}$ |  | $\begin{aligned} & \text { 2:42.40 } \\ & (1: 23.74) \end{aligned}$ |  | $\begin{aligned} & \text { 4:08.19 } \\ & (1: 25.79) \end{aligned}$ |  | $\begin{aligned} & 5: 36.92 \\ & (1: 28.73) \end{aligned}$ |  |

## Men's \& Women's Shot Put (Division 1)

| PL | Athlete | Gender | Team | Final |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Mullen, Tazer | M | Unattached | 26'1" |
| 2 | Werderman, Amos | M | Unattached | 25' 3" |
| 3 | Johnston, Julie | F | Unattached | 21'11" |
| 4 | Haugend, Dan | M | Unattached | 21'1" |

