



A W A R E

A Newsletter of the Diocese of Salt Lake City Council of Catholic Women

An Affiliate of the National Council of Catholic Women since 1928

WINTER 2020

DCCW PRESIDENT'S MESSAGE

Casey Pond — St. Olaf, Bountiful, Parishioner

casey.pond@comcast.net

Let your light shine! This theme of the 92nd annual DCCW Convention invites us to live fully as active, believing, informed, and jubilant Catholic women.

Let your light shine! There is joy in the hope we have of eternal life; let's live in that joy.

Let your light shine! We are called to love one another.

Let your light shine! We must follow Jesus' example of hospitality.

Let your light shine! Allow your inner light to be a light for others.

Let your light shine! You are a reflection of the love of God; you should be glowing!

Let your light shine! Lead others by your good example.

Wouldn't it be wonderful to spend a weekend with other women who reflect that same light? And if someone's light is dim, we have the perfect opportunity to help her shine.

When we really understand the Sacramental gifts we have, the knowledge of eternal life, the example set forth by Christ, and the Church to which we belong, and choose to let those become an inseparable part of who we are, we will shine. When we are filled with sincere joy because of those gifts, people will get curious. They will be intrigued with someone who is positive. They will see our light. And, as Catholics, we have a calling to share that light.

Matthew Kelly is quoted as saying, "God wants to fill you with his grace and courage so that you can go out into the world and let your light shine." This year's theme, "Let Your Light Shine," invites speakers to discuss their experiences, the graces God provided them, the courage it often took to do what God called them to do, and the lessons learned through those experiences which allowed their inner lights to shine.

We have four fantastic, qualified speakers lined up; you will be educated, entertained, inspired and moved by their messages. We are honored to have the President-Elect of the National Council of Catholic Women join us, and she will share remarks with us. Also joining us is our beloved Spiritual Advisor, Fr. Rene. Mass at the Cathedral is always a highlight, and the Woman of the Year banquet and presentation will be as lovely as always. The prayer services are what keep us grounded, and the messages they contain will help brighten the light in all of us.

But what will make this convention extra-special is your presence. Joining other Catholic women for a weekend of prayer, education, fellowship and friendship, and a whole lot of fun is time you invest in yourself. So, let's meet at the Convention and let our lights shine together!



Let Your
LIGHT
SHINE

THE DIOCESE OF SALT LAKE CITY COUNCIL OF CATHOLIC WOMEN
92ND ANNUAL CONVENTION
APRIL 25-26, 2020

Sheraton Salt Lake City Hotel—150 West 500 South



THE DIOCESE OF SALT LAKE CITY COUNCIL OF CATHOLIC WOMEN

92ND ANNUAL CONVENTION

APRIL 25-26, 2020



Keynote Speaker: Maria Morera Johnson

Maria Morera Johnson, an award-winning author and popular speaker, has graciously accepted our invitation to be our keynote speaker. A native of Cuba, she will be speaking on "Living in the Light of Eternity", based upon a quote from St. Teresa Benedicta of the Cross. In this inspirational talk, she will encourage women to become witnesses in the world and will help equip us to share Christ's light in everything we do. You will enjoy her warmth, humor, honesty, and insightfulness.

Barbara Kerouac, our Leadership Commission chair, is honored to welcome **Emmie Gardner**, the current CEO of Holy Cross Ministries, to our convention. She will share highlights of her 35+ career in the non-profit arena and the full circle that brought her back to where she began. Emmie will reflect on how the philosophy and teachings of the Holy Cross influence and inspire her leadership style as well as sharing a few little-known historical tidbits of the nearly 125-year history of the Holy Cross in Utah.

Deacon Mike Bulson will offer insight into where the Spirit may be leading women today by sharing stories of women in Church history – some canonized saints and some who should be – who have contributed to the theology, spiritual growth, and guidance of the Church throughout the centuries. He will be introduced by Donna Murphy, our Legislative Commission chair.

The guest speaker for our 2020 Convention is **Mary Anne Berzins**. She works in leadership and organizational development at the University of Utah, and is passionate about working with both organizations and individuals; it allows her to connect with amazing people who give her great joy. You will be inspired and moved by her story, "A Journey of an Unassuming Woman."

The Most Reverend Oscar A. Solis, Bishop of the Diocese of Salt Lake City, will be the main celebrant at the 5:00 p.m. Mass at the Cathedral of the Madeleine on Saturday. Following Mass, he will speak at our banquet and join us as a presenter in honoring our Women of the Year.

The Diocesan Council of Catholic Women Board is honored to have you and your friends join us for a weekend of fun, fellowship, education, and prayer. To register, please contact your parish women's organization. You may also visit www.dccwutah.org for complete details, registration forms and sponsorship information. For more information, please contact Casey Pond, DCCW President, at (801) 298-3027.

Sheraton Salt Lake City Hotel | 150 West 500 South
www.dccwutah.org

AFFILIATE PRESIDENTS: PLEASE WATCH FOR YOUR COMPLETE CALL TO CONVENTION PACKET WITH WOMAN OF THE YEAR INFO. PACKETS ARE MAILED TO PASTORS OF NON-AFFILIATE PARISHES AND MISSIONS. BE SURE TO CHECK ALL DEADLINES. IF YOU HAVE ANY QUESTIONS CONTACT DCCW PRESIDENT, CASEY POND: CASEY.POND@COMCAST.NET

**DIOCESE OF SALT LAKE CITY COUNCIL
OF CATHOLIC WOMEN
92nd ANNUAL CONVENTION | APRIL 25-26, 2020
TENTATIVE AGENDA**



Saturday, April 25, 2020

- 7:30 a.m. Registration and light breakfast
- 8:30 a.m. Opening prayer service
- 8:45 a.m. General session
- 9:15 a.m. Remarks – Pat Voorhees, NCCW 1st Vice-President/President-Elect
- 9:30 a.m. Announcements and break
- 10:00 a.m. Leadership Commission presentation – Emmie Gardner
“Servant Leadership and Coming Full-Circle: How the Sisters of the Holy Cross
Influenced my Career”
- 10:45 a.m. Announcements and break
- 11:00 a.m. Keynote address – Maria Morera Johnson – “Living in the Light of Eternity”
- 11:45 a.m. Announcements, break, and book signing
- 12:15 p.m. Lunch
Our Lady of Good Counsel Mileage and Attendance Awards and Affiliate of the Year Award;
Centerpiece drawing
- 1:30 p.m. Legislative Commission presentation – Deacon Mike Bulson
“Saintly Women: Yesterday, Today, and Tomorrow”
- 2:15 p.m. Call to 2021 Convention
- 2:30 p.m. Closing prayer
- 3:00 p.m. Recess
- 4:15 p.m. Bus boarding for Mass (busses will leave the hotel lobby by 4:30 p.m.)
- 5:00 p.m. Mass at the Cathedral of the Madeleine
- 6:15 p.m. Banquet social opens
- 7:15 p.m. Woman of the Year banquet and awards

Sunday, April 26, 2020

- 7:30 a.m. Recitation of the Rosary
- 8:00 a.m. Registration
- 8:30 a.m. Prayer and memorial services
- 9:00 a.m. Breakfast
- 9:45 a.m. Announcements and break
- 10:00 a.m. Guest speaker address – Mary Anne Berzins – “A Journey of an Unassuming Woman”
- 10:45 a.m. Break and hotel checkout
- 11:15 a.m. Resume General session – Resolutions, Installation Ceremony
- 12:00 p.m. Closing prayer
- 12:15 p.m. Adjournment
- 12:20 p.m. Raffle, silent auction, and ugly bag winners announced



DCCW CONVENTION SPONSORSHIP COMMITTEE

Ernie Folks, Chair — St. Peters, American Fork

erniefolks@outlook.com

Nancy Reading, Co-Chair — St. John the Baptist, Draper

nlr@xmission.com

Make Sponsorship Your Goal for 2020!

The Diocesan Council of Catholic Women for the Diocese of Salt Lake City is now preparing for the annual convention on April 25-26, 2020. The convention is an opportunity for Catholic women from around our state to come together and find spiritual renewal in a culture of Catholic faith.

Many women in our parishes are the backbone of the parish community giving countless hours of their time and talent. Yet for some, attendance at this event is financially out of reach. This is an opportunity to fill the well for those that give so generously.



We are writing today to ask you to make one of your goals for 2020 to nominate a woman from your parish to attend the convention on a DCCW sponsorship. Each year the DCCW sets aside funds to sponsor women who could not otherwise afford to attend. Over the past several years, we have had but a few applicants. This reminder is our attempt to make sure no deserving woman gets left behind. Please see the Sponsorship guidelines and application forms found in the convention packets distributed to your women's organization president or parish priest, if you do not have a women's organization. Or look for them on our DCCW website, www.dccwutah.com. Lend a hand to someone who can use it!



Three little words...say them slowly and periodically throughout your day.

“LOVE NEVER FAILS.”

-1 Corinthians 13:8

DO YOU KNOW THE DCCW MISSION STATEMENT?

To unite Catholic women's organizations and individual Catholic women in the state of Utah, Diocese of Salt Lake City, in purpose, through **support, empowerment, and education** in the areas of **spirituality, leadership** and **service** and respond with Christian values to current issues in the church and society.



NATIONAL COUNCIL OF CATHOLIC WOMEN PRESIDENT-ELECT

Pat Voorhes — St. Vincents, Murray, Parishioner
patthebaglady@gmail.com

Happy New Year from the NCCW President Elect! Is your list of resolutions as-long-as mine?

1. Attend the 100th Anniversary Celebration of the founding of NCCW by the United States Bishops, August 26-29, 2020, at the Crystal Gateway Marriott in Arlington, Virginia.
2. Make my hotel reservation now on the NCCW website www.nccw.org /NCCW Convention or this direct link: <https://book.passkey.com/e/49995302>. The NCCW room rates remain the SAME AS LAST YEAR: \$139.00 Single, \$159.00 Double, \$179.00 Triple and \$199.00 for a Quad. Be sure to note the cancellation policy that is posted on the website too.
3. Plan to arrive early for an evening tour of Washington D.C. scheduled for 7:00-10:00p.m. on Tuesday, August 25, 2020. See all the historical monuments/buildings of D.C. lit up and hear all the anecdotal information!
4. Register for the Centennial Celebration of NCCW's founding. Early Bird Registration (\$300.00) **opens February 3rd** and closes May 29th at 4pm EST (2:00pm MST); Regular registration \$350.00 closes July 31st 4:00pm EST (2:00pm MST). 850 limit so don't delay.
5. Plan to register for my seat on the bus to go to the Basilica of the National Shrine of the Immaculate Conception Wednesday, August 26, 2020. Tour the basilica shrines, pray the Rosary at Mary's Garden and attend Mass in the Upper Church.
6. Plan to attend the 100 Year Birthday Party and AWARDS Breakfast included in the registration fee (note: the registration fee has NOT gone up either!!)
7. Plan my dress-up outfit (any era from 1920 to 2020) to wear to the AWARDS Breakfast.
8. **Contribute to this year's charity:** Arlington Catholic Charities Mobile Response Center providing curbside assistance to area homeless and poverty-stricken communities one week each month. Purchase deodorant, toothbrush/toothpaste, feminine hygiene products and socks and pack them in a gallon ZipLoc Freezer Bag. When I arrive at the hotel, put the shampoo, soap, and lotion in the bag with the other items and deposit it in the designated area.
9. Plan to hear the wonderful list of speakers: His Eminence Timothy Cardinal Dolan, Abby Johnson, and Gloria Purvis.
10. Participate in the **"Lunch and Learn"** on Thursday, August 22, 2020 from 1:00pm until 4:00pm. Plan to fill up my "Vision Passport" with stamps indicating I visited all the exhibits, the silent auction, & Commission/committee presentations, and drop it in the box so I will be entered in the drawing.
11. Plan to invite my council sisters to become a member of NCCW so we can be entered into the: **Centennial Membership Contest – an \$800 value!** For every new NCCW member that you recruit and who signs up between February 1 and May 25, 2020 your name and the new member's name will be entered in a contest to win the following: (1) *Free Convention 2020 Registration (2) *Four Nights at the Crystal Gateway Marriott in Arlington (3) *One ticket to the Friday night Fundraiser with the Jersey Tenors. All entries must be received in the office by close of business May 25, 2020. One winner will be drawn on May 30, 2020.
12. Hopefully see many SLC Council sisters at the NCCW Convention.





DCCW DIRECTOR OF MEETINGS/ WOMAN OF THE YEAR CHAIR/ PAST NCCW PRESIDENT

Bobbie Hunt — St. Rose of Lima, Layton, Parishioner
don1bob4@aol.com

HAPPY BIRTHDAY NATIONAL COUNCIL OF CATHOLIC WOMEN

As a member of the Council of Catholic Women, did you know that you are a part of history? One hundred years ago on March 4, 1920 “under the auspices of the U.S. Catholic bishops, the National Council of Catholic Women was founded. The bishops had witnessed the important work done by Catholic women’s organizations during World War 1 and had the wisdom to call for the founding of NCCW to bring these organizations together. This gave U.S. Catholic women a unified voice, a national service and the ability to reach out to each other through a national organization.”

March has been dedicated as Women’s History Month. Interesting that March is also the month of the founding of the National Council of Catholic Women. Although we have different programs and different causes, we still have the same values and principles. The National Council of Catholic Women definitely has a rich history, one of which we can be proud. The lives of those who have been helped by the members of NCCW through our affiliates is immeasurable. Water for Life, the Madonna Plan, the Vocation Purse Club, working to bring attention to Human Trafficking, the evils of Pornography, and Domestic Violence, are just a few of the ways NCCW has helped women and children and families throughout our communities and the world. There is a brief history pamphlet of NCCW, which we hope to put in the bags at our Diocesan Convention. Be proud to be a member of a national organization with a rich history of service and caring through the work that is done for the people in our parishes, our communities and beyond, as we follow in the footsteps of our predecessors.

Another benefit of membership and one of the the greatest gifts we are given as a member of NCCW and our affiliates is the gift of friendship. Friends you make through your parish council, your deanery and the diocesan council are priceless. Even though we only see some of the women of council at our diocesan convention, we know them; we share our faith and our values. We smile at them and the hugs given are wonderful.

Our Diocese of Salt Lake City Council of Catholic Women’s Annual Convention is not far behind NCCW. This will be our 92nd convention. The dates are April 25th & 26th again at the Sheraton Salt Lake City Hotel. The theme, which our DCCW President, Casey Pond, has chosen is “Let Your Light Shine.” Just makes you smile doesn’t it!

1920 – 2020



DCCW WOMAN OF THE YEAR PROGRAM

IT’S TIME TO CHOOSE YOUR PARISH WOMAN OF THE YEAR WHO WILL BE HONORED AT THE DCCW ANNUAL CONVENTION BANQUET IN APRIL. WHETHER AN AFFILIATE OF DCCW OR NOT, YOUR PARISH OR MISSION CHURCH IS INVITED TO PARTICIPATE IN THIS DIOCESAN-WIDE PROGRAM.

DETAILS ARE INCLUDED IN THE “CALL TO CONVENTION” PACKET MAILED TO ALL AFFILIATES OR PARISH PRIEST, IF NON-AFFILIATED, OR CAN BE FOUND ON THE DCCW WEBSITE, WWW.DCCWUTAH.ORG. CONTACT BOBBIE HUNT IF YOU HAVE QUESTIONS: DON1BOB1@AOL.COM.

DEADLINE TO SUBMIT NAMES & REGISTER: MARCH 25, 2020



FIRST VICE PRESIDENT/PRESIDENT-ELECT

Becky Colombo — St. Anthony, Helper, Parishioner

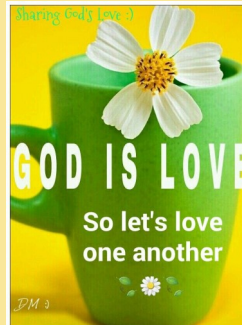
bcolombo@emerytelcom.net

Hello everyone! I hope you had a beautiful holiday season. My article for this issue will be information about my duty as First Vice President to assemble the convention booklet for all of you at the April DCCW Convention. This booklet is very important because it contains information about the convention schedule, prayer services, and women of the year. The donation of ads in this booklet helps defray the cost of publication, which is not cheap.

Last year the comments from the convention stated no one could possibly have proof-read the booklet because of all the mistakes. My apologies for any mistakes made. The process is quite lengthy. I receive the ads, assemble them in pages in the booklet, send the information to the printing company, and they hand it to one, two, or more people to load in their program and print. My program did not load with their program last year, which caused some delay and revamping. In this process, you get down to the "wire" for printing time and convention dates. We all must realize that several sets of eyes are seeing this booklet and things may be overlooked and mistakes can be made. We are all human. I am looking forward to this year's booklet and more knowledge (from experience) about assembling and printing. I am excited to see the creative ads you will

submit and anxious for the convention, which will be here before we blink!

With that "human" thought still in mind, I ask that everyone pray for the world, our leaders, and for Australia. There is so much going on right now. It saddens a heart and prayer is powerful. You may have seen the Interstate Battery commercial that is running on television which states we need to send out God's love in the world. How true! I want to relate a short story about a conflict in our small town. We only have a population of 2100 people and we have conflict over flowers between businesses on our main street. If someplace this small cannot agree and cooperate on a minor detail such as flowers or landscapes, how are we EVER supposed to get along with the rest of the world? I can't stress enough that we all need to step back, look at ourselves, and send out more of God's love. Understanding and cooperation is so important.....not criticism and anger about trivial things. After all, we ALL are only human, and we need to help each other. The support being shown for the animals and people in Australia is overwhelming....let's keep that going far away AND close to home.



submit and anxious for the convention, which will be here before we blink!



DCCW SECRETARY

Margaret Cragin-Masarone — Saints Peter & Paul, West Valley

mac_84119@yahoo.com

If you want to start your 2020 year off right, try signing up for some morning inspiration available via the web. It will give a much better perspective on living than anything the morning news can provide.

Word on Fire.Org - The Word on Fire organization is founded by Bishop Robert Barron, the USCCB Chair for Evangelization and Catechesis. Sign Up for the Newsletter, Stay Updated, or Word on Fire Blog for words of wisdom.

Catholic Company.Com - Although a large on-line retailer, the Catholic Company is geared toward Catholics and provides Inbox Inspirations and Favorite Blog Posts; it has a great Information Center.

USCCB.Org - Subscribe to a large selection of topics including Daily Readings.

Dynamic Catholic.Com - Sign Up for Daily Reflections to feed your soul.

The God Minute Podcast is a ten minute meditation led by a Catholic priest; this is a telephone app that can be played while driving to work or to morning mass. Once you search for the app in the Apple Store or Goggle Store, you will find a variety of phone apps to suit for your needs.







DCCW TREASURER

Becky Hicks — Blessed Sacrament, Sandy, Parishioner

rfhicks50@gmail.com

I sincerely hope you all enjoyed a blessed Christmas and send best wishes to you for 2020.

As January 1st has come and gone, all affiliate members should have sent in their NCCW dues by the deadline – **if not**, please submit them **ASAP**. Affiliates must be current in order to receive membership benefits and vote in the 2020 election of the Treasurer, as well as at Convention. How many of you are planning to attend the DCCW Convention in April or the NCCW Convention in Virginia this August?

As a recap of member contributions in 2019, NCCW made the following donations to Catholic Relief Services for Water for Life (\$23,985); Refugee Women Emergency Fund (\$3,037); Madonna Plan (\$9,937); Help-a-Child Fund (\$3,765); General Funds (\$4,312); and Christmas Cards donations (\$1,000) – for a total of \$46,036.

Ready to stretch your wings? Are you good with numbers, budgets and Excel worksheets? How about taking on the position of DCCW Treasurer? If you have any questions about the position, please let me know.



DCCW PARLIAMENTARIAN

Jeanne Audiss

Saints Peter and Paul, WVC, Parishioner

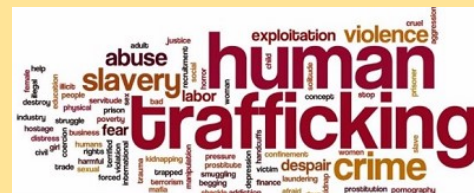
jaudiss1234@yahoo.com

Happy winter season to all of you! I am hoping you all had a very Blessed Christmas Season and you are well on your way to a very Happy and Healthy New Year. This seems to be the best time of the year to curl up by the fire with a good book. Have any of you searched out some books on Mary as we resolved to do at the 2019 Convention; or maybe started a book club to share what you have read with your friends?

The Annual DCCW Convention is quickly approaching. Again, this year, I am asking for your input for some ideas for Resolutions. There will be an application in the Call to Convention Packet. I hope you will seriously consider sending in either a resolution or simply an idea for a resolution and the Resolution Committee can put it together. I know that you all have some ideas of where you want to see DCCW go in the future and what you would like us to be interested in. Please share your thoughts.

You can contact me with any questions you may have or even the suggestions. My email address is jaudiss1234@yahoo.com or you can reach me on my cell phone 801-842-7990

May God continue to Bless you!



February 8th has been designated by the Pontifical Council for Justice and Peace and the International Union of Superiors General as an annual day of prayer and awareness against human trafficking. February 8th is the feast day of St. Josephine Bakhita, who was kidnapped as a child and sold into slavery in Sudan and Italy.

Please share this message and encourage your Councils to continue to participate in the NCCW five-part program against human trafficking which can be found on the website at nccw.org.

Here is a prayer to use in your parishes and in your Council events:

God of Light, we pray for all the people - men, women and children - hidden in the darkness of modern day slavery. Help us shine Your light into the homes, streets, factories and brothels in our own neighborhoods and around the world where people are enslaved. The darkness is as light to you, O Lord. No person in any corner of the world is hidden from Your sight. Help us shine Your light. Amen.
(Source: Catholic Relief Services.)

From NCCW email sent to membership 1/2/2020



LEADERSHIP COMMISSION

Barb Kerouac— Saints Peter and Paul, West Valley City, Parishioner
Barb0235@msn.com

“Let your Light Shine” What a perfect theme for our 92nd DCCW Convention. The question is WILL you?

Each year you have a fabulous opportunity to attend our annual Diocesan Catholic Women Convention, I hope you all can take advantage of this wonderful opportunity. As Leadership Commission Chair, I'd be amiss to not reach out and ask each of you to consider joining the leadership of CCW. There are so many opportunities at the affiliate, Diocesan, Province and National levels. You have all kinds of resources at your fingertips to help



make it easy. You could be the one who makes a difference in many people's lives. Answer “Yes” to the call. We have so much history and knowledge to share, plus the comradery is unbelievable; you'll make and have friendships for a lifetime. The CCW affiliates are your lifeline to a world of spirituality, service, leadership, and legislative possibilities. Please consider joining in this special adventure that inspires you and others to further your relationship with God and His community of God loving women in Council. **“Let your light shine”** so others can bask in your glow and absorb the warmth of Council.

Please use your talents to make this year's Convention a great success. Create a poster of your affiliate's activities to display in the convention hall. Plus, you can grow our convention attendance and win a 2021 A or B Package attendance for the following Convention by increasing your affiliate attendees this year. Start inviting women now; there are sponsorships available to assist in costs. The applications are on the DCCW website www.dccwutah.org.

I look forward to seeing you at Convention! God is so good, and given us many gifts to share...use them.
“Let your light shine”

REMINDER: Don't Miss Important Communication from DCCW & NCCW

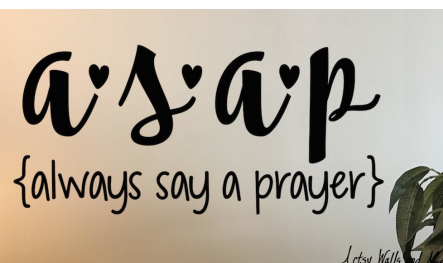
ALL CHANGES FOR THE DCCW ROSTER, ESPECIALLY NEW AFFILIATE PRESIDENT'S CONTACT INFORMATION & BOARD MEMBERS NEEDS TO BE EMAILED TO THE DCCW SECRETARY, MARGARET CRAGIN- MASSARONE, ASAP!

MAC_84119@YAHOO.COM

MARGARET WILL FORWARD NEEDED UPDATES TO NCCW

“INDIVIDUAL” NCCW MEMBERS NEED TO MAKE CHANGES TO YOUR PROFILE ONLINE OR CONTACT NCCW DIRECTLY.

Inviting ladies to join Council is offering them an opportunity to enhance their lives while giving service to their church and community. It can be life changing. Our attitude, enthusiasm, and love of Council is contagious and encourages the stranger to attend a meeting or event. Think about all the wonderful things council does and all it accomplishes. We love Council, love spending time together and find our accomplishments fulfilling and meaningful! *Jeannie Illian, NCCW LTD Program Consultant*





SPIRITUALITY COMMISSION

Susan Espinoza, Chair — susane0101@gmail.com
Suzie Brown, Co-Chair — toddandsuziebrown@gmail.com
St. Joseph the Worker, West Jordan, Parishioners



After taking a few minutes to watch this short video from Cardinal Timothy Dolan review the list below and pick out just 2-3 ideas to put into practice this Lenten season. *It's important to plan before Lent starts!*

<https://www.youtube.com/watch?v=06-yPBCZIIY>

This is not an exhaustive list of Lenten ideas, activities and devotions. But it's a start!

- Take 30 minutes to pray, ask the Holy Spirit's guidance, look over this list, and make a few practical Lenten resolutions. Be careful. If you try to do too much, you may not succeed in anything. If you need to get up early or stay up late to get the 30 minutes of quiet, do it. Turn off your phone and computer. Don't put it off and don't allow interruptions.
- Get up earlier than anyone else in your house and spend your first 15 minutes of the day thanking God for the gift of life and offering your day to Him.
- Spend at least 30 minutes in Eucharistic adoration at least one time during the week.
- Make a decision to read at least some Scripture every day. Starting with Today!
- Even if you can't get to daily Mass, get a daily Catholic Missal or go online to get a list of the readings used each day in Mass, and read these daily. During special seasons such as Lent, the Mass readings are thematically coordinated and make for a fantastic Bible study!
- Make the Stations of the Cross each Friday either with a group or by yourself. If you have kids, bring them.
- Pray for your priests, deacons and seminarians and for all priests, deacons and seminarians.
- Pray for the millions of Christians suffering under persecution in various Muslim and Communist countries around the world such as the Sudan, Pakistan, Indonesia, China, Viet Nam, and North Korea.
- Pray for Christian unity, that there would be one flock and one shepherd.
- Pray for your enemies. In fact, think of the person who has most hurt you or who most annoys you and spend several minutes each day thanking God for that person and asking God to bless him or her.
- Find a written biography of a Saint that particularly appeals to you and read it during Lent.
- Instead of secular videos for weekend entertainment, try some videos that will enrich your spiritual life. Suggestions: Jesus of Nazareth, by Franco Zeffirelli, The Passion by Mel Gibson, The Scarlet and the Black, the Assisi Underground.
- While driving, turn off the secular radio and use commute time to listen to some teaching or spiritual music.
- Find a local homeless shelter, soup kitchen, or crisis pregnancy center, and volunteer some time there throughout Lent. Serve the people there with the understanding that in so doing, you are serving Jesus. Try to see Jesus in each person there.
- Is there a widow or divorced person living in your neighborhood? If so, invite that person to your home for dinner, coffee, etc.
- Spend some focused time with your spouse, strengthening your marriage. Start praying together or make praying together a more frequent occurrence. Spend some focused time together with each of your children. Listen. Pray. Maybe even have fun.
- When Easter comes, don't drop the new practice you've begun during Lent! Make it a permanent feature of a deeper Christian life!

what will
you
choose
?



SERVICE COMMISSION

Patricia Ramos-Yarber, Chair — St. Olaf, Bountiful, Parishioner
t.ramos801@gmail.com



Due to health reasons, Sylvia Orosco, 2018-2019 Service Commission Chair, had to resign her commission. Please continue to keep Sylvia in your prayers.

To finish out Sylvia's term, President Casey Pond appointed Patricia "Tisha" Ramos-Yarber as Service Commission Chair. She is a member of St. Olaf in Bountiful. Patricia has chosen a DCCW convention service project, "Bringing Comfort to Women in Need", which will support women's homeless shelters and programs, and domestic violence shelters. Information about what to collect and bring to convention will be in the official "Call to Convention", which parish women's group presidents should be receiving this week. Information will also be on the DCCW website, www.dccwutah.org.

We welcome Tisha to the DCCW Board of Directors and thank her for saying YES!



"The best way to find yourself is to lose yourself in the service of others." Mahatma Gandhi



DCCW MEMBERSHIP, DEVELOPMENT AND RESOURCE COMMITTEE/ PRESIDENT NCCW ASSOCIATES/NCCW LTD TEAM MEMBER

Amy Kennedy — Cathedral of the Madeleine, Parishioner
amy.kennedy@comcast.net

A Recipe for Success: New Member Welcome Kits

I love cooking from scratch. I read cookbooks like novels and my week feels off when I cannot plan menus and shop for fresh ingredients. The full week off I took from work over Christmas – long overdue according to my loved ones - was primarily spent in the kitchen, and I could not have been happier. It must be the creative part of my soul singing. You don't want to hear any other part of me singing. Trust me.



Despite loving to cook and create, sometimes an easy meal hits the spot. As a wise client once reminded me, "sometimes life just gets in the way." As much as I love channeling my inner Julia Child, I cherish a two or three ingredient dinner, I look forward to eating from the freezer, and love a good rotisserie chicken picked up on my way home from the office. My husband and I both have our favorite Chinese delivery on speed dial. A short cut does not mean lack of love or lack of attention. Sometime it's just the right thing.

Something along the lines of a quick and hearty dinner is the New Member Welcome Kit resource available on the NCCW website (www.nccw.org). Once you log-in, it's in the "Member Only Resources" section of the website. Think of the suggestions in the kit as an easy to follow recipe to allow you to welcome new members to your council. Think back to your first council meeting. Wouldn't a handy resource of all things Council have been a great thing to leave with? You can even use this template for a Welcome Kit to provide a hand reference guide for your established members. Regardless of how you use the kit, this is a quick and easy recipe for Council success. Bon Appetit!



LEGISLATIVE COMMISSION

Donna Murphy, Chair — St. Thomas More, Sandy, Parishioner
drmurphy21@outlook.com



The Utah State Legislative session will start on Monday, January 27, 2020 and will end on March 12, 2020. There are some bills which the Catholic Diocese is watching during the session. House Bill (HB) 65 deals with eliminating the requirement that a woman report a rape or act of incest to law enforcement prior to receiving an abortion. HB 90 Child Abuse Reporting Amendments would eliminate the priest-penitent privilege currently in state law, requiring priests and other clergy to violate the Seal of Confession in cases where a penitent reveal acts of child abuse. As per the Prayer and Action Network with the Catholic Diocese they will be watching this until further analysis is completed at which time a decision will be made to either oppose or support these bills. HB 93 deals with End of Life Prescription Provisions which would help legalize assisted suicide in Utah. The Diocese is opposed as violating the sanctity of life. There are further resources available from the Diocese at <https://www.dioslc.org/outreach/office-of-life-justice-and-peace/93-assisted-suicide-and-the-sanctity-of-life>.

House Bill Newborn Safe Haven Amendments expands the definition of a newborn to safely relinquish a baby up to 30 days old at a hospital. The Diocese will support this bill as protecting the sanctity of life. Senate Bill 39 is about Affordable Housing Amendments which provides a much-needed funding for deeply affordable and permanent supportive housing. The Diocese will support this as protecting the dignity of life and preferential option for the poor.

At the national level, things could not be more chaotic with a divided country on issues which appear to be partisan driven but do not have to be so dysfunctional. It is almost as if we are the Divided States of America instead of the United States of America. We need our national and local politicians to be working across the aisle with all political parties to accomplish good public policy, which is in the public's best interest, instead of personal interests. We as Catholics need to feel empowered to express our viewpoints and to uphold Catholic Social Justice teachings. Let us continue to pray for our elected officials to make the best choices and vote in a spiritual way to elevate us as citizens of a peaceful world instead of enemies in chaos.

In the last issue of 2019 *Intermountain Catholic* newspaper, Bishop Solis' Message for 2020 is about the message of Pope Francis at the 53rd World Day of Peace on January 1, 2020. "Peace, A Journey of Hope: Dialogue, Reconciliation, and Ecological Conversion," puts hope as our path to peace. This is not only our aspiration but direction in life - to be beacons of hope by promoting a culture of life instead of death, sowing love and peace instead of hatred and violence, building bridges of harmonious relationship instead of walls that separate us. Let us keep Christ in our heart, and chances are that 2020 will be another happy new year."

For more information about bills being followed by the Diocese of Salt Lake City, please visit the website www.dioslc.org, and for the legislative session visit www.leg.utah.gov. Please contact your legislators about bills throughout the session. On February 1, there is an advocacy training at St. Joseph the Worker Parish. God Bless America and all of you as Catholics trying to live in a peaceful world.



"God is peace: let us ask him to help us to be peacemakers each day, in our life, in our families, in our cities and nations, in the whole world."

Pope Francis



EASTERN DEANERY

Karan Curtis, President — St. James the Greater, Parishioner
kcurtis71@gmail.com

Hope all had a blessed and happy Christmas. Our women have hosted parties, decorated our churches, began C.C.D. again after school started, worked on charitable projects, continued serving as Eucharistic Ministers, Lectors, and taking care of the sacristy duties. I can go on and on. **Barbara Jewkes** was appointed the chairperson for the new D.C.C.W. Affiliate of the Year Program. **E.D.C.C.W.** is continuing our **Chuck-Your-Change** (for every \$100 raised, the deanery will give \$50). We have taken the N.C.C.W. projects to heart and are implementing them into our service projects, as some will notice at the Convention this year. We can't wait to see all of you.



St. Helens

Celebrated Council Sunday. They planned their meetings with various projects, had their Christmas Bazaar, very well attended, parish party with some kids as St. Nick's helpers, and kids Christmas Pageant. Working on Chuck Your Change Project.

St. Anthony of Padua

October: Celebrated Council Sunday with posters, served at Mass, and had light refreshments after.

November: Held their usual prayer service and a guest speaker, **Morgan Lund**, a local professional actor, also collected women's shelter donations, and held a fundraiser for **Kenzlee Cook**, a four-year-old with an inoperable brain tumor. They will be doing an indoor yard sale named **Kenzlee's Keepsakes**.

December: Held their annual Christmas party at the country club, with a great turn out, along with bingo and collected money for the food bank. The Shut-in Project was cards designed by **Kate Kilpatrick-Miller** with printing donated by **Peczuh Printing**. These were distributed to the patients in the nursing homes and hospital.

January: Regular meeting, watched a video on human trafficking. **Kenzie's Keepsakes** will be on February 9th.

St. James

October: Worked on gathering donated items for the annual Bingo Bash fundraiser.

November: We celebrated Council Sunday with mass duties performed by CCW women and Father Showri gave a special blessing, held a social afterward. We had a Burrito Fundraiser where some of the proceeds will go to help with school lunches at the schools. We also had our Bingo Bash that we all help at.

December: Decorated for Christmas, hosted the parish Christmas party, sponsored two families with gifts and complete Christmas dinners.

January: We had our C.C.W. Christmas party.



Keepsakes for Kenzlee

Hosted by: St. Anthony Council
of Catholic Women, Helper

When: Friday, February 7th &
Saturday, February 8th

Where: Helper City Auditorium,
19 South Main Street, Helper

What Time? 9 a.m. to 6 p.m.



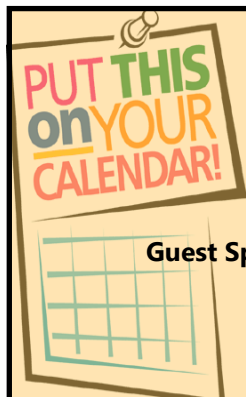
Kenzlee Cook is a four year-old from Helper who is battling a rare childhood cancer. The tumor is wrapped around her brain stem and is inoperable. Help us raise money for her family for medical expenses. Yard sale items are new or gently used and need a home! For info, please call Mrs. Mike O'Shea at (435)650-6541 or Becky Colombo (435)650-6392.



SALT LAKE DEANERY

Cynthia Acosta, President — St. Patricks, SLC, Parishioner
acosc400@yahoo.com

Please join the ladies of the Salt Lake Deanery for their annual Spring Luncheon fundraiser.



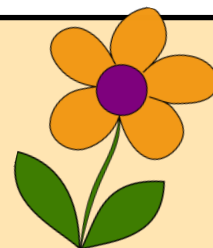
SALT LAKE DEANERY SPRING LUNCHEON

Saints Peter and Paul Parish,
3650 South 3560 West, West Valley City,
March 21, 2020

Social - 11:00am Lunch - 12:00 noon.
Cost is \$15.00 per person (\$20.00 day of event).

Guest Speaker: Monsignor Michael J. Winterer, Spiritual Advisor for the Salt Lake Deanery.

For Tickets Contact: Cynthia Acosta, 801-641-8288, email acosc400@yahoo.com, or
Jeanne Audiss, 801-842-7990 email jaudiss1234@yahoo.com



The Cathedral of the Madeline in December held a reflection on the stained glass windows in the Cathedral. For Council Sunday they handed out their business card with a special invitation to join their group.

Our lady of Lourdes in Magna, held their annual spaghetti dinner.

Saint Olaf, for council Sunday headed out pink carnations.

Saint Patrick hosted their annual Halloween dance in October and then November an annual Christmas boutique. They will host the Diocesan Council Catholic women board meeting on January 25th.

Saints Peter and Paul are having lots of fun. They held a coat and blanket drive for South Valley Homeless Shelter and received more than they anticipated. They are working on organizing workshops for self-esteem health and marriage.



DCCW Current and Past Presidents Christmas Lunch with
Spiritual Advisor, Fr. Rene Rodillas

UPCOMING EVENTS

- January 25, 2020—DCCW Board Meeting,
St. Patrick, Salt Lake
- March 13, 2020-Convention Sponsorship App due
- March 15, 2020-Convention Program Ads Due
- March 21, 2020—Salt Lake Deanery Fundraiser
- March 25, 2020 —Convention Registration &
Hotel Reservations Due
- Woman of the Year Info Due
- March 27-29, 2020—San Francisco Province
Meeting— Menlo Park, CA
- April 24, 2020 —DCCW Board Meeting
- April 25-26, 2020—DCCW Annual Convention
Sheraton Salt Lake City
- June 6, 2020—DCCW Board Meeting
Northern Deanery
- Aug. 26-29, 2020—NCCW 100th Convention,
Arlington, VA
detailsnccw.org



SOUTHWEST DEANERY

Mary LeBaron, President — St. Paul's, Hurricane, Parishioner
mflebaron@yahoo.com

Overall, winter has seen the completion of many plans and community endeavors for the SW Deanery affiliates. It's always a busy and rewarding time of year.

Saint George Catholic Womens' Group

In the Fall, we held our Annual Diaper Drive. The final tally showed a very successful effort. (\$ 3,511 in monetary donations, \$250 in gift cards, 1812 baby wipes and 5186 diapers & 10 bibs.)

Our Sunshine Committee has been very active creating fifty-three small prayer shawls and nine quilts that were donated to the Dove Center. They also visited eight assisted living facilities.

November/December saw us implementing our "Coats for San Pablo mission" project. Every year, SGCWG purchases winter attire for San Pablo Mission. This year, thirty boys' coats and twenty-eight girls' coats had been purchased for the mission. This year, we decided to expand the aforementioned project and include the entire parish. We introduced a Christmas Eve Drive for San Pablo Mission: during two weekends (Dec 7-8 and Dec 14-15) before and after masses, a Women's Group member was present to receive donations. Jackets, rolled plush blankets, stuffed animals, games, books, etc. were collected.

December once again brought the Christmas Angel Tree to us. This is the second year that SGCWG was in charge of the Angel Tree. Mary Skomal, our past President, did an outstanding job: she collected applications, made tags for each application to be placed on the tree. The Tree was ready before Thanksgiving and tags were put on before mass on Thanksgiving Day. After gifts started pouring in, Mary was assisted by Suzanne DeMaio and Pat Rogers who helped distributing gifts. Over 200 families received Angel Tree gifts.

January brings new challenges and anticipation as we look forward to the completion of our parish Kuzy Hall remodel.

Christ The King CWC

The ladies at CTK have been busy. We just did our 2nd annual Trunk or Treat on Halloween night. We had over 10 cars decorated and about 100 kids stop by.

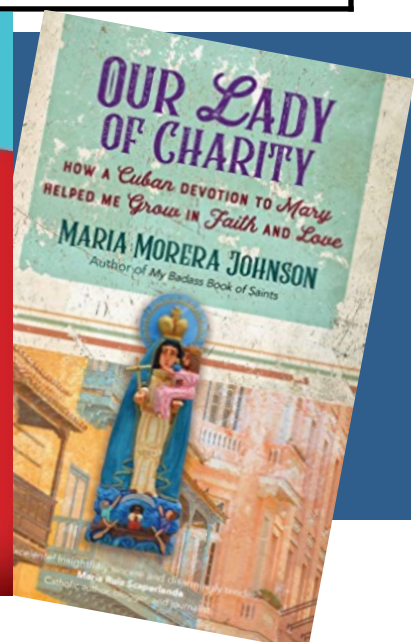
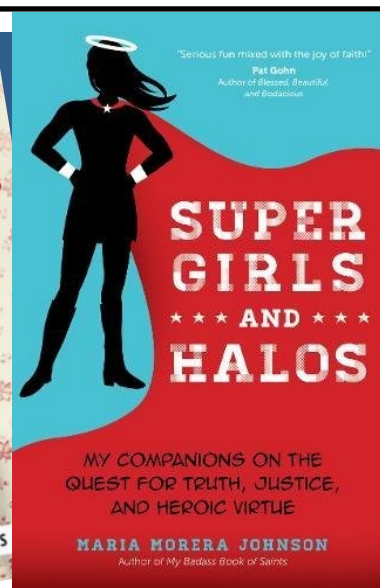
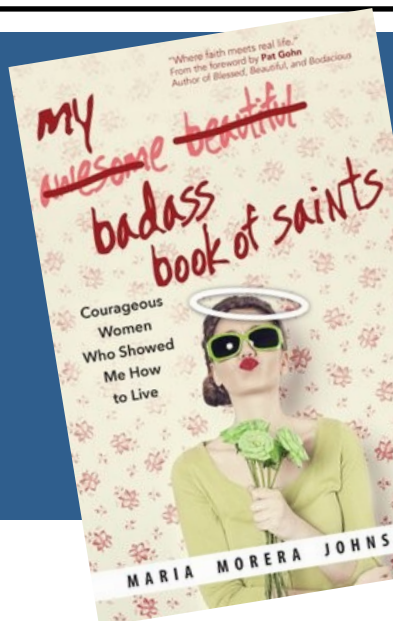
In November, we held a baby shower to help stock up on goods for new moms in need at our local hospital (St. Martha's Baby Basket).

In December, we held our CWC Christmas sock exchange party at our meeting, our annual parish Christmas dinner, and our lovely ladies baked treats to hand out at the children's Christmas program.

We are looking forward to a busy and prosperous New Year!

**PRIOR TO
CONVENTION, WHY
NOT CHECK OUT
THESE BOOKS BY
OUR CONVENTION
KEYNOTE SPEAKER!**

**BOOKS WILL BE
FOR SALE AT THE
CONVENTION ALONG
WITH A BOOK
SIGNING**





NORTHERN DEANERY

Barbara Larsen, President — Holy Family, Ogden
blarsen7@hotmail.com

The Northern Deanery Council of Catholic Women (NDCCW) is made up of the following parishes: Holy Family, St. Joseph, St. Mary, and St. Rose of Lima Catholic churches. CCW Presidents celebrated Advent and the Christmas holiday in various ways. They are planning for a successful year ahead with fundraisers and charitable activities.

Holy Family:

Holy Family CCW led by President Karen Fawbush, organized a busy October for the CCW holding their annual fundraising Spaghetti Dinner where more than 160 people attended. Families enjoyed a great tasting dinner; purchased tickets to win one of four themed raffle baskets; and enjoyed the sing-along with a great accordion player.

The ladies started a tradition of attending morning Mass once a month as a group and then going out to breakfast. There are many women in the parish who are single or widowed and this is another great way to bring the CCW together as a community. It has been very popular. It's also a way for the ladies to continue their faith interaction as Catholic women. Every other month the ladies will go out to dinner. This event will bring in women who work and cannot attend a morning gathering.

In December the ladies held their annual Christmas pot luck dinner, with games and a gift exchange. Holy Family will hold a Ministries Fair January 18th and 19th, intended to introduce parishioners to the various ministries. The CCW will have an information table with handouts regarding the mission of the CCW and encourage women to become active members.

Christine Jacobson-Ware, owner of a pharmacy in South Ogden, will speak at a meeting in late January, regarding "The Power of Lifestyle Medicine." An interactive and educational event to focus on lifestyle changes and food as a medicine for healthy living. Held in the Holy Family Social Hall, January 30th at 6:30pm, *free to all women of all parishes*.

Upcoming events for Holy Family include Mary's Way of the Cross stations with a tea following, Woman of the Year selection, elections for new officers, and upcoming religious education receptions.

St. Mary:

St. Mary CCW, led by President Jessica Jurkowski, held their annual Fall Bazaar in November. This event was very successful and is considered their main fundraiser. In December they held their Annual Advent Dinner and gift exchange. Upcoming is their Infant Jesus Baby Shower on January 21st. Also, they will be helping with a reception to celebrate the upcoming ordination of Deacon Tom Devereaux.

St. Rose of Lima:

Their CCW led by President Gayelyn Hengel, helped with a reception honoring one of their long-time deacons, Deacon Manuel Trujillo, who retired. They also presented him a gift to thank him for his hard work and blessings he has given our parish. The CCW held a Christmas pot luck with a fun game gift exchange. No one knew until the end who would have what gift. In January they held a Baby Jesus Shower, plus their meeting to plan the upcoming Mexican Bingo Dinner on February 21st. Next month the parish Woman of the Year will be selected. In March the selection process for their new CCW officers will begin.



God doesn't always give us
what we want,
but **He** always gives us
what we need.

Catholic.org





WASATCH DEANERY

Susan Porter, President — St. Thomas More, Cottonwood Hts, Parishioner
portersm57@gmail.com



On behalf of the Wasatch Deanery Council of Catholic Women, I would like to wish everyone a very happy, healthy, and holy New Year. Our Affiliate Councils finished 2019 with a flurry of activities including Christmas parties and luncheons, holiday boutiques, and Advent Service Projects. I hope once Christmas arrived, everyone was able to enjoy some precious moments with their families and set aside some quiet time for reflection on the true meaning of the season. As Father Kubicki on Relevant Radio says, *"the wonder and beauty of the birth of God's Son is too much to quickly move on; this mystery is meant to be celebrated and savored" long after the decorations have come down.*

Blessed Sacrament: We just finished our busiest time of year. In addition to our monthly meeting in November, we held our successful 32nd Annual Blessings Boutique on Saturday, November 23rd. In December, our CCW assisted the Knights of Columbus in hosting the Parish Adult Advent Social Gathering as well as an Advent Party for the children of the parish. We also hosted Coffee and Donuts every Sunday during the month of December. We wrapped up 2019 with a CCW meeting and social gathering. In lieu of any gift exchange, a donation jar was made available, resulting in a sizable monetary gift being made to the Carmelite Sisters in Holladay. New officers will be installed in January.

St. Francis of Assisi: In November, we had a guest speaker from The Make A Wish Foundation and one of our ladies signed up to be a volunteer. We also planned for our annual Holiday Boutique which was held the weekend of December 7th-8th. In December, we also had a Christmas party and ornament exchange. We served a light dinner and raffled off some beautiful candles.

St. Francis Xavier: The Ladies of St. Francis Xavier had a lot of fun in the last couple months of 2019. At our November meeting, we did Country Line Dancing and enjoyed turkey sandwiches with yummy sides. In December, we had a Christmas party with a cookie and gift exchange.

St. John the Baptist: The St. John the Baptist Ladies Association had an extraordinary end to 2019! In November, we had our Roaring 20's Charity Luncheon in the Juan Diego Commons. We were treated to 1920's songs, dance lessons, and several visits from the infamous Temperance Society! We raised a pretty penny for the parish and had a blast doing it! In December, we had our annual Christmas party and Advent Social Justice project. This year we visited "Whoville," cherishing the time we have with each other and collected clothing and gift cards for the Gift of the Drummer.

St. Martin de Porres: On December 8th our CCW and parish members participated in the "Keep Christ in Christmas Rosary Rally" promoted by America Needs Fatima TFP. We displayed posters and recited the rosary at the corner of 5400 S. 500 W. We heard lots of car horns honking, and many people gave us the thumbs-up as they passed by. We were spiritually lifted by such a response.

St Martin de Porres CCW is now officially affiliated with DCCW & NCCW!

St Thomas More: The Ladies of St. Thomas More hosted the DCCW meeting on November 9th. We had an evening "Meet & Mingle" on November 13th and another one on December 1st as we washed and counted dishes for our 35th Annual Ladies Christmas Luncheon and Boutique. After a fun week of decorating and assembling gift baskets, our luncheon was once again a huge success! We also partnered with our Community Outreach Ministry for a "Reverse Advent Calendar" service project and collected loads of food and other items to help Catholic Community Services replenish their supplies after the holidays.

St. Vincent de Paul: St. Vincent's CCW hosted a guest speaker from Big Brothers/Big Sisters in November. We had a Potluck Dinner and played a fun ornament exchange game for our Christmas party in December. Even though the date was changed from December 16th to the 23rd, this did not deter our members. They came out in force and it was one of our most well attended meetings!

PICTURES, PICTURES, PICTURES!

Want to see your CCW in the *Intermountain Catholic* newspaper? As space allows, Marie Mischell, Editor, would like to publish pictures of your ladies group activities. Email pictures with caption information to: marie.mischel@dioslc.org.

Want to see your ladies on the DCCW website? Send pictures to our Website Editor, Angela Martinez, at: omartini25@comcast.net.

Want to see your ladies in the AWARE? Send pictures to the Aware Editor, Bonnie Siegrist, at: utahbonnie@comcast.net.

Publicize the good works and good times of your ladies group and share activity ideas!



St. Thomas More Ladies Luncheon Fundraiser



St John the Baptist Ladies Association Fundraiser



Ladies of St. Thomas More



Ladies of St. John the Baptist



St. Olaf's Stocking Stuffer Service Project



I saw that.

-God

President Pond Installed Blessed Sacrament 2020 CCW Officers



Ladies of St. Francis of Assisi



St Vincent's CCW Officers With Pat Voorhes, NCCW President Elect

Photos courtesy of deanery & affiliate presidents



IMMEDIATE PAST PRESIDENT/NOMINATING COMMITTEE CHAIR

Marcie Downs — St. Olaf, Bountiful, Parishioner
marcie@saintolaf.net

Nominations are OPEN for DCCW 2020-2022 Officers

Timeline: Applications DUE by April 1st.

Have you heard the Nominating Committee is active and set to seek nominees for the DCCW 2020-2022 offices of First Vice President/President Elect, Second Vice President, Secretary, and Treasurer? Qualification and Application Forms can be obtained from the DCCW website, www.dccwutah.org and affiliate presidents/deanery presidents.

Serve with us for a period of TWO years. We, the Nominating Committee, are asking you to join us in directing the DCCW in the years to come. Give your time, talents, and treasure to make our organization grow. Help us as we assist the NCCW in the implementation of their different programs which support the needs of women all around the country. Your

gift of your time and talents are invaluable to us all. Contact us for more information.



Nominating Committee:

Marcie Downs – Marcie@saintolaf.net

Bonnie Siegrist – utahbonnie@comcast.net

Cynthia Acosta - acosc400@yahoo.com

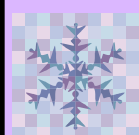
Barbara Larsen – blarsen7@hotmail.com

Michael O'Shea – msmichaeloshea@gmail.com

Mary LeBaron – mflebaron@yahoo.com

Susan Espinosa— susane0101@gmail.com

WE ARE HERE TO SERVE.



THE AWARE NEWSLETTER

Bonnie Siegrist, Editor
Blessed Sacrament, Sandy Parishioner

The AWARE is published 3 times per year (Fall, Winter & Spring) and is free of charge. **Please advise us of any postal and email/address changes, additions or deletions. Send info to:** utahbonnie@comcast.net

Color copies of the AWARE are emailed to all those for whom we have email addresses. Please feel free to forward. Every effort is made to email this publication. If you still receive this by postal mail and have an email, please consider sending your email address to me. In order to streamline printing costs, all mailed copies will be in black and white.

All email addresses are kept confidential and used for DCCW use only.

THANKS FOR READING ♥



We were honored to celebrate our Spiritual Advisor, Fr. Rene's, birthday at our January 25th DCCW Board Meeting at St. Patricks, SLC.