College Community Services Wellness Center Central Advisory Board MEETING MINUTES

Friday, January 20, 2017 – 1:00pm to 2:00pm Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Johnny Case, Kristen Pankratz.

Guest: Patti Pettit, Katherine Lee, Danisha Soto, Sohail Eftekharzadeh, Deanna Lundberg,

Tuyen Phung, and Janelle Bartholemy

I. Call to Order – 1:01 pm

a) Welcome – Johnny welcomed everyone.

- b) Approval of Agenda The agenda was approved by Kristen Pankratz, seconded by Johnny Case.
- c) Approval of Minutes The minutes were approved by Kristen Pankratz, seconded by Johnny Case.

II. Reports

- a) Program Director Report- Patti Pettit
 - Patti gave thanks to Frank for serving food in the kitchen during the Holiday Luncheon.
 - o Patti also gave thanks to Johnny for passing out candies during the Holiday Luncheon.
- b) President's Report- Adam Goldman
 - o Tabled. Adam Goldman, the President, not in attendance.
- c) Sub-Committee Reports:

Health and Wellness (Frank Williams)

o Tabled. Frank Williams not in attendance.

Arts and Music (Richard Jager)

o Tabled. Richard Jager not in attendance.

Data and Outcomes (Adam Goldman)

o Tabled. Adam Goldman not in attendance.

Evaluations and Surveys (Pennie Mack)

o Tabled. Pennie Mack not in attendance.

Special Events (Johnny Case)

- o Johnny announced that he is on the Lunar New Year planning committee.
- o Johnny reported that he is also involved with the Black History planning committee.

Membership Outreach (Kristen Pankratz)

- Kristen reported that the outreach at the College Hospital Partial Program in Santa Ana on January 5, 2017 was a good outreach opportunity. Kristen, Patti, and Sohail were able to talk to approximately 50 people (patients and staff) about Wellness Center Central activities and services.
- Patti and Sohail will present information to USC School of Social Work in Anaheim on January 26, 2017. Both Wellness Center South and Wellness Center West will present information as well.
- o Kristen is in the process of possibly scheduling an outreach opportunity at Anaheim Global Medical Center.

Comments and Suggestions (Johnny Case)

o Johnny reviewed the comments and suggestions.

Chat with MAB (Johnny Case)

- Members suggested more karaoke CD's, possibly swing era music and various cultural music to dispel stereo types.
- o A member wants karaoke during the day. The same member would like to have big band music and Frank Sinatra.
- A member suggested having a special computer class just for people who have learning disabilities.
- o A member wanted to express special appreciation for Lucita for all her help with the choir.

III. Unfinished Business

- a. Review of sub-committees tabled until next meeting.
- b. Discussion of Member Advisory Board goals tabled until next meeting.

IV. New Business

- a. Voting of a new member, Deanna L., tabled. Not enough members present for a quorum.
- b. Calendar assignment of Chat with MAB worked well. All MAB members showed-up when they were assigned.
- c. Planning of Lunar New Year event is going well.
- d. Coffee and Donuts with MAB is scheduled for February 7, 2017 from 10am to 11am. This is a time for MAB to speak to members and inform them about what MAB is all about.
- e. The Black History Month Celebration event time was changed to 1:00pm to 4:00pm on February 22, 2017.
- f. Johnny and Kristen discussed how important it is to have a MAB member at every community meeting.

V. Announcements

a. No announcements.

VI. Open Forum (Visitors)

- a. Tuyen Phung thanked the MAB for inviting her to attend the meeting
- b. Janelle Bartholemy stated that she just came to see what the MAB was all about.
- c. Deanna Lundberg is excited to help with both the Arts and Music and Special Events sub-committees.

VII. Upcoming Calendar

- a. MAB meeting Friday, February 17, 2017, from 1:00pm to 2:00pm.
- b. Lunar New Year Celebration Friday, January 27, 2017, from 5:00pm to 8:00pm.
- c. Black History Month Celebration Wednesday, February 22, 2017, from 1:00pm to 4:00pm.

VIII. Adjournment

Johnny adjourned the meeting at 1:35pm.