



2019 AAU GYMNASTICS NATIONAL CHAMPIONSHIP

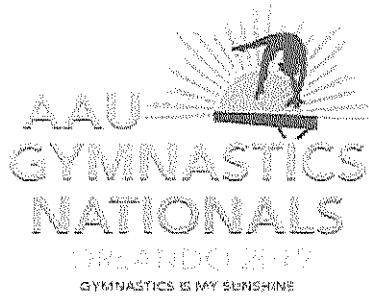
June 13-16, 2019

Kids Helping Kids – We Can Be the Sunshine

**ESPN Wide World of Sports
at *Walt Disney World*® Resort
The Arena
700 S Victory Way
Orlando, FL 34747**



www.aaugymnastics.org



2019 AAU Gymnastics National Championship

June 13-16, 2019

www.aaugymnastics.org

Entry Fee: \$88.00 per athlete – Artistic Gymnastics
Acro - See Acro Gymnastics Entry Packet
NON-REFUNDABLE and NON-TRANSFERABLE

**Skill Levels /
Age Division:** **Girls Compulsory Divisions:**
Level 1, 2, 3, 4, and 5
Girls Optional Divisions:
Level 6, 7, 8, Open Optional
Xcel Levels Diamond, Platinum, Gold, Silver, Bronze
Ladies Division: (No Age Divisions)
Xcel Levels Diamond, Platinum, Gold, Silver, Bronze Open Optional
HUGS Division – Hope Unites Gymnastics with Special Athletes
Ruby and Ruby Stars Level

KIDS HELPING KIDS: **We Can Be the Sunshine** – This program will allow all participants, clubs, and coaches to participate in our “giving back” program. We will support a selected children’s charity to support with donations for the sales of our National Gymnastics Championship pin. Detailed information will be sent to all club wishing to participate in our fund raising contest.

Qualification: Participants **are required** to participants in their District State Championships unless the district approves a petition. There is no Qualification score. Participants who are unable to attend district championships in their skill level should submit the petition form (found at the end of this document) to their district chair for consideration. If their skill level is not offered by their district or if the district does not have an AAU program, they should fill out the petition form and send it directly to the National Chair. Minimum age must be 4 years of age as of the start date of the competition unless approved by the national chair.

HUGS Divisions – ACRO Divisions – Ladies Divisions – Are all Open (No Qualification Required)

Please send in all completed petition forms to Liz Nichols, AAU Gymnastics National Chair, at aaunichols@bellsouth.net.

Entry Deadline: Friday, April 26 at 11:59 PM EST - There will be a late fee of \$20.00 per athlete for all athletes and coaches registered after the deadline, **if room allows**. Any registrations received within **35 days** of the event start date will have a late fee of \$25.00 per athlete. **Any onsite registrations will result in a \$30.00 late fee.**

Online Registration: Athletes and Coaches must register online at www.aaugymnastics.org. You must have your AAU Membership ID for each athlete and coach in order to complete the registration process. Instruction at the end of this packet.

IMPORTANT: Your entry for the National Gymnastics Championship is populated based off the information on your AAU Membership. Therefore, if the birthdate of your athlete was entered incorrectly while registering for your individual AAU membership, they will be incorrect on the entry information. We ask your due diligence in making sure that all of your data is correct, otherwise your athlete could be placed in the incorrect age division. Correct entry information is absolutely of utmost importance in being able to provide a complete schedule in a timely manner to all participants.

You will be sent a roster to confirm all athlete information. There will be a \$20.00 change fee for each correction that has to be made to the data after the schedule is complete. All instructions for online registration are included in this entry packet.

ALL COACHES MUST BE REGISTERED ONLINE BY THE REGISTRATION DEADLINE. Coaches must be able to present their coaches credential at any time, if asked, while on the competition floor.

On-Site Check-In: All athletes and coaches **MUST CHECK IN PRIOR TO COMPLETION** to pick up credentials which will allow them to enter the competitive area. Check in will be located at the venue – more information will be available soon. At check in each athlete and coach will receive an AAU National T-shirt and a gift. Please account for lines and wait times. It is highly recommended to check-in the day BEFORE competition. If you are unable to do so, please arrive at least 1 (ONE) HOUR prior to the session beginning.

Competition Rules: **AAU National Routines and Rules (NO DISTRICT MODIFICATIONS)** – refer to AAU National Handbook at www.aaugymnastics.org.

HUGS DIVISION – Routine requirements, allowable skills and judges guidelines https://usagym.org/PDFs/Group/Rules/hugs_wartistic.pdf

Tentative Schedule:

The schedule is **TENTATIVE** and is be subject to change depending on the final number of participants in each level. The daily schedule will not start earlier than 8:00 AM and all competition is to be completed by 9:30 PM. Depending on numbers of participants in each level, Sunday may be eliminated.

Date	Description	Tentative Times and Levels	
Wednesday, June 12th	Check-In	TBD	
Thursday, June 13th	Check-In	TBD	
	Competition	8:00 AM - 9:00 PM	
		Level 1, 2, 3 Excel Bronze, Silver, Gold	
Friday, June 14th	Check-In	TBD	
	Competition	8:00 AM - 5:00 PM	
		Level 1, 2, 3, 4, 5, 6 All Excel Levels All HUGS Divisions	
		6:30 PM - 8:30 PM TENTATIVE	
Friday, June 14th	Celebration of Athletes	6:30 PM - 8:30 PM TENTATIVE	
Saturday, June 15th	Check-In	TBD	
	Competition	8:00 AM - 9:00 PM	
		Level 2, 3, 4, 5, 6, 7, 8, Open Xcel Diamond, Platinum All Ladies Divisions All HUGS Divisions Acro Gymnastics – All Levels	
		Check-In	TBD
		Competition	8:00 AM - 9:00 PM
			Level 4, 5, 6, 7, 8, Open All Ladies Divisions Acro Gymnastics – All Levles

Competition Format: Capitol Cup for all women’s divisions. There will be two competition areas; so coaches should be prepared that athletes in different levels could be competing at the same time on different designated area in the competitive area. **Subject to change as determined by number of participants.**

Awards: Awards are provided for each skill level and age division. Every athlete will be awarded an AAU National Championship All-Around Medal. Individual event awards are provided at a 50% + 1 ratio within each age division. All American recognition and awards in each level in designated age divisions to be determined after receipt of all entries.

Admission: Athletes that are entered in the AAU Gymnastics National Championship receive complimentary entrance to all sessions. Spectator admission is required.

Daily Pass: \$14.00/Child (Ages 3-9) \$19.00/ Ages 10+
Length of Event: \$28.00/ Child (Ages 3-9) \$38.00/ Ages 10+
Ages 2 and under is free!

Parking: Parking – ESPN Wide World of Sports Center – FREE

AAU Membership: All athletes and coaches must have a 2019 AAU Membership before registering online. For more information on AAU Membership, or to purchase your athlete or non-athlete membership go to www.aaugymnastics.org. You can no longer register for non-athlete (coach) membership onsite. Background screens are conducted for all non-athletes and adult athletes therefore memberships are no longer instant. Be Prepared and register your coaches early.

Ages and Groups: Age determining date is the opening date of the Age Group National Championship, June 13, 2019. Athletes in each level will be grouped into Age Divisions determined by birth date ranges, not to exceed 16 athletes in each division and no more than 24 months apart. Minimum age is 4 years old unless approved by national chair.

**Welcoming Ceremony/
Athlete Celebration:** **Friday, June 14, 2019**
Time: TBA (will follow the conclusion of last session that day)
All athletes will be encouraged to participate in the athlete March-In by their AAU District. This event is FREE of charge.

Hospitality for Coaches: All registered coaches will receive a goody bag of snacks at registration.

**Housing and
Discount Tickets:** Visit: <http://bit.ly/18AAUGY> for all housing and Disney Theme Park Tickets information.

Coaches Registration: Clubs must register their coaches at www.aaugymnastics.org through the online registration system by April 26, 2019.

For more information:

<u>National Chair</u>	<u>Event Director</u>	<u>AAU Sport Manager</u>
Liz Nichols	Amanda Heckroth	Alex Wilzbacher
678-596-1374	302-233-0512	407-828-3765
aaunichols@bellsouth.net	aaugymnationals@gmail.com	alex@aausports.org

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

***** AAU ONLINE ATHLETE REGISTRATION INSTRUCTIONS *****

The AAU Gymnastics National Championship will be using an online athlete registration system ONLY! Below are some instructions and helpful hints on how to register your team:

Login Steps:

1. To register your team(s) please visit www.aaugymnastics.org. Click on the online registration link to get started!
2. **Step 1:** Log In/Register (Create an Account) – **The person registering the team must create a user name and password. This is not your AAU membership or club number.** A confirmation email to confirm your information and activate your account will be sent. You must activate your account before you can proceed. Once your account is activated you can begin to register your Gym and athletes.
*If you created your account for the 2018 event, this account is still active for your use for the 2019 event.
3. **Step 2:** Enter Gym Information – Add your Gym information. As a team, be sure that you list the gym's name as you wish to have it presented/announced at the event (no abbreviations or shorthand). If you are an individual, please complete the information as well even if the rest of your team/gym is not competing with you at this event (no abbreviations or shorthand).

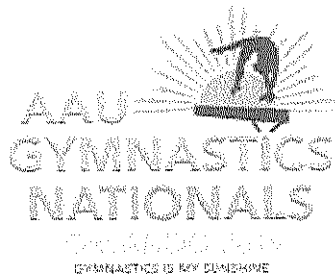
Roster Steps:

1. **Step 1:** Enter Athletes to Roster – Click on the Enter Athletes link. To add an athlete to the Gym roster you will need to enter their 2019 AAU Membership ID and zip code. You may update an athlete's information from 2018 by clicking on the athlete's name from your roster. **IMPORTANT: From the Gym Roster screen please make sure that you enter your entire athlete's Level information! You cannot process your registration until this is complete!**
2. **Step 2:** Enter Coaches – Click on Enter Head Coach, Assistant Coaches link. **IMPORTANT:** You MUST have all coaches 2019 AAU Non Athlete Membership card prior to entering your coaches. You may update a non-athlete's information from 2018 by clicking on the non-athlete's name from your roster. Please note, that you will only be able to list one (1) Head Coach per Club/Team entered.
3. **Step 3:** Hotel & Contact Info Form – Please be sure to complete the hotel and contact information in its entirety listed in Step #4 of the online roster system.

NOTE: Please review your entire roster and be sure that each athlete is listed correctly: 1) check the date of birth, 2) the division 3) the age and 4) any other pertinent information. Please also review that you have your coaches' information listed correctly and your team name listed correctly.

4. **Step 4:** Check Out - This is where you pay your entry fee(s). Please use a debit or credit card ONLY (VISA, MasterCard, Discover, American Express). If you cannot pay with a credit card please contact Alex Wilzbacher, 407-934-7200 (Phone) or alex@aausports.org for further instructions. We will accept Cashier Checks or Money Orders, but only if necessary (We know a lot of the gyms or YMCA organizations will only pay by check. We will accommodate this request). Once this process is completed, you will receive an email confirmation verifying your payment. We recommend printing and saving this email for your own records.

Amanda Heckroth
AAU Gymnastics, Event Director
aaugymnationals@gmail.com



Petition to Compete in the 2019 AAU Gymnastics National Championship

Any gymnast that wishes to petition into the National meet must fill out and return this form to their District Gymnastics Director. In order to petition into the National meet coaches must fill out and sign the form below. If your district does not have an AAU program or a district championship in which to qualify, please send this form to the AAU Gymnastics National Chair at aaunichols@bellsouth.net or Amanda Heckroth at augymnationals@gmail.com.

Gymnast Name _____
 Club Name _____ District (state) _____
 AAU Member Number _____

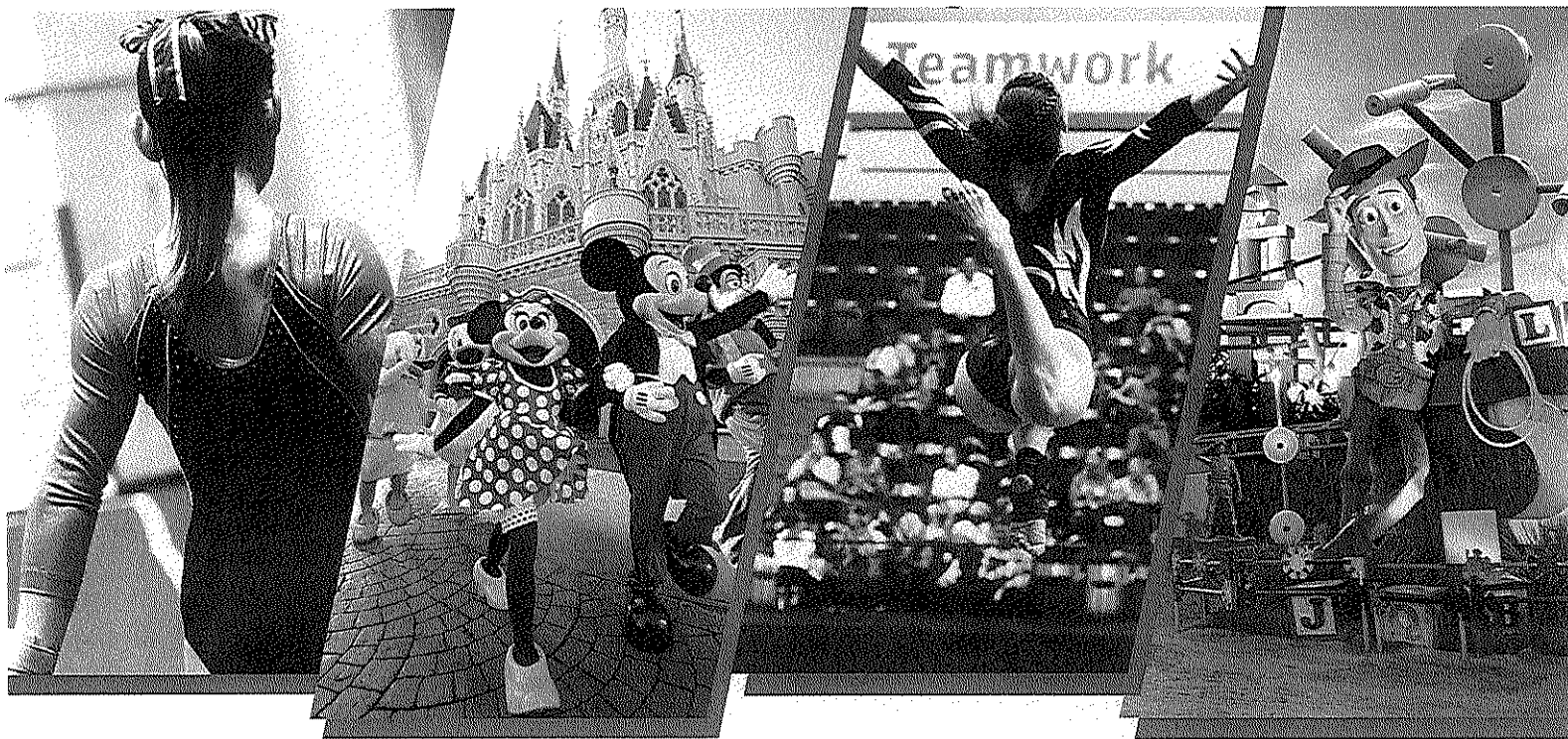
Please explain why you were unable to attend and qualify from the AAU District Championships.

If petitioning an entire team, please list names and Levels below and why you did not attend your district championship.

Name	Level	Name	Level
1.		9.	
2.		10.	
3.		11.	
4.		12.	
5.		13.	
6.		14.	
7.		15.	
8.		16.	

Coaches Signature _____ Date _____

District Chairman's Signature of Approval if required _____



★ PLAN THE ULTIMATE DISNEY SPORTS VACATION ★

Did you know? AAU membership includes magical benefits at *Walt Disney World*® Resort! From complete sports travel packages to special savings on admission to ESPN Wide World of Sports Complex and the world-renowned Disney theme parks, the ultimate Disney sports vacation awaits for AAU members.

TRAVEL PACKAGES • DISNEY RESORT HOTELS • SPECIALLY-PRICED THEME PARK TICKETS • LENGTH OF EVENT TICKETS SAVINGS

STAY AS A TEAM, PLAY AS A TEAM WITH A DISNEY SPORTS TRAVEL PACKAGE

Take your sports vacation to the next level with incredible travel packages offered through Disney Sports Travel. Your team will enjoy all of the benefits of staying together at a themed Disney Resort hotel, which includes complimentary resort and airport transportation, along with admission to the world-renowned Disney theme parks. In addition, Disney Sports Travel Agents are your one-stop-shop for everything Disney, providing helpful vacation planning tips and information on *Walt Disney World*® Resort Theme Parks, dining, entertainment, recreation and more.

EXPERIENCE THE MAGIC OF THE DISNEY THEME PARKS

Step away from competition and onto thrill rides, take to the waves at water parks, and marvel at nighttime spectacles with specially –priced *Walt Disney World*® Theme Park tickets. Your team can celebrate off the field with adventurous attractions like Avatar Flight of Passage at *Disney's Animal Kingdom*® Theme Park or Soarin' Around the World at *Epcot*®. And now after you win big you can play big with Woody and all his pals in *Toy Story Land* at *Disney's Hollywood Studios*®. Take a ride on the Slinky Dog Dash Coaster or go for a whirl on Alien Swirling Saucers!

BENEFITS ABOUND FOR GROUPS AT DISNEY RESORT HOTELS

Planning accommodations for your team is a breeze with a new, online group reservation system. Book rooms at select Disney Resort Hotels and enjoy special benefits, including early access to *FastPass+* planning; extended theme park hours; complimentary resort transportation and parking; and complimentary *MagicBands*.

SKIP THE LINE! PURCHASE EVENT ADMISSION IN ADVANCE

For guests who are not athletes or coaches participating in an event, an admission fee is required for entrance into ESPN Wide World of Sports Complex. You now have the opportunity to purchase your ESPN Wide World of Sports admission passes in advance and have them either shipped or held at Will-Call. For the best value, take advantage of length-of-event admission tickets available for your event.

BOOK AN OFF-SITE HOTEL ROOM

Interested in staying at an off-property accommodation outside of *Walt Disney World*® Resort? Our Disney Sports Travel Agents can help with that too!

BEGIN PLANNING YOUR DISNEY SPORTS VACATION TODAY! VISIT THE EVENT PAGE FOR MORE INFORMATION.