

# ROB GRABLE MEMORIAL 5K

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	RYAN WILSON		M: 1	RUNNER	9999	00:16:53.93	05:27	11.0mph	Male Overall: 1
2	ERIK KUCERA	MOUNT SINAI, NY	M: 2	RUNNER	3235	00:17:27.91	05:38	10.6mph	Male Overall: 2
3	ANDREW LUNAROLA	PORT JEFFERSON STATION, NY	M: 3	RUNNER	3238	00:17:56.16	05:47	10.4mph	Male Overall: 3
4	JESS JOE AUGUSTINE		M: 4	RUNNER	3036	00:18:23.92	05:56	10.1mph	Male 15 - 19: 1
5	THOMAS FRYCEK	MT. SINAI, NY	M: 5	RUNNER	3220	00:19:10.98	06:11	9.7mph	Male 15 - 19: 2
6	SIERRA GRAY	MILLER PLACE, NY	F: 1	RUNNER	3222	00:19:15.11	06:12	9.7mph	Female Overall: 1
7	NATHANIAL MCNALLY	MOUNT SINAI, NY	M: 6	RUNNER	3246	00:19:57.65	06:26	9.3mph	Male 15 - 19: 3
8	DEMETRI BOUTIS		M: 7	RUNNER	3172	00:20:14.50	06:31	9.2mph	Male 15 - 19: 4
9	CONRAD DEPINTO	PORT JEFFERSON STATION, NY	M: 8	RUNNER	3210	00:20:19.49	06:33	9.2mph	Male 15 - 19: 5
10	JON ERVIN	BROOKLYN, NY	M: 9	RUNNER	3214	00:20:50.38	06:43	8.9mph	Male 30 - 34: 1
11	JOSEPH FERRO	MILLER PLACE, NY	M: 10	RUNNER	3216	00:21:13.48	06:50	8.8mph	Male 25 - 29: 1
12	KENNY SCOTLAND		M: 11	RUNNER	3159	00:21:23.86	06:54	8.7mph	Male 25 - 29: 2
13	MOLLY GRAFFAM		F: 2	RUNNER	3157	00:21:26.38	06:54	8.7mph	Female Overall: 2
14	ORLANDO DIDESIDERO	MOUNT SINAI, NY	M: 12	RUNNER	3212	00:21:31.53	06:56	8.6mph	Male 15 - 19: 6
15	ANDREW STIENE	SHOREHAM, NY	M: 13	RUNNER	3266	00:21:48.59	07:02	8.5mph	Male 15 - 19: 7
16	COLE MARSALA		M: 14	RUNNER	3242	00:21:57.78	07:05	8.5mph	Male 15 - 19: 8
17	JOHN PRAMATARIS		M: 15	RUNNER	3256	00:21:58.16	07:05	8.5mph	Male 15 - 19: 9
18	AIDAN NOCERA	STONY BROOK, NY	M: 16	RUNNER	3250	00:22:37.99	07:18	8.2mph	Male 20 - 24: 1
19	CHRISTA DENMON	ENDICOTT, NY	F: 3	RUNNER	3209	00:22:40.29	07:18	8.2mph	Female Overall: 3
20	NICHOLAS CARRETTA		M: 17	RUNNER	3200	00:22:47.32	07:21	8.2mph	Male 15 - 19: 10
21	BRETT OPPENHEIM		M: 18	RUNNER	3174	00:22:47.50	07:21	8.2mph	Male 15 - 19: 11
22	SHEA MULLAHEY		M: 19	RUNNER	3175	00:23:07.70	07:27	8.0mph	Male 15 - 19: 12
23	JENNY COOK	WADING RIVER, NY	F: 4	RUNNER	3205	00:23:26.89	07:33	7.9mph	Female 35 - 39: 1
24	JOHN HORVATH	MOUNT SINAI, NY	M: 20	RUNNER	3228	00:23:29.87	07:34	7.9mph	Male 0 - 14: 1
25	PARKER HUTCHINSON		M: 21	RUNNER	2906	00:23:42.09	07:38	7.8mph	Male 0 - 14: 2
26	PETE HUTCH		M: 22	RUNNER	2909	00:23:45.65	07:39	7.8mph	Male 50 - 54: 1
27	CHUCK OTTO	SAYVILLE, NY	M: 23	RUNNER	3254	00:23:54.62	07:42	7.8mph	Male 65 - 69: 1
28	BENJAMIN SHU	FOREST HILLS, NY	M: 24	RUNNER	3261	00:23:59.84	07:44	7.8mph	Male 25 - 29: 3
29	JAKE FURRER		M: 25	RUNNER	3177	00:24:11.85	07:48	7.7mph	Male 15 - 19: 13
30	PATRICK FREDRIKSEN		M: 26	RUNNER	2868	00:24:28.42	07:53	7.6mph	Male 15 - 19: 14
31	RICK LAMERE	THE VILLAGES, FL	M: 27	RUNNER	3236	00:24:31.43	07:54	7.6mph	Male 65 - 69: 2
32	AMANDA MANNO	MOUNT SINAI, NY	F: 5	RUNNER	3241	00:24:32.30	07:54	7.6mph	Female 40 - 44: 1
33	SUSANN CUCCIA	ROCKY POINT, NY	F: 6	RUNNER	3206	00:24:51.44	08:01	7.5mph	Female 55 - 59: 1
34	SAMANTHA GORMAN	ROCKY POINT, NY	F: 7	RUNNER	3221	00:24:52.66	08:01	7.5mph	Female 30 - 34: 1
35	BRAYDEN WILCKEN		M: 28	RUNNER	3270	00:24:59.25	08:03	7.4mph	Male 15 - 19: 15
36	TINA FRACCHIA	PORT JEFFERSON, NY	F: 8	RUNNER	3218	00:24:59.68	08:03	7.4mph	Female 50 - 54: 1
37	TREY RODRIGUEZ		M: 29	RUNNER	3182	00:25:00.32	08:03	7.4mph	Male 15 - 19: 16
38	ROB CATLIN	RONKONKOMA, NY	M: 30	RUNNER	3203	00:25:01.59	08:04	7.4mph	Male 40 - 44: 1
39	ENZO BARRANCA		M: 31	RUNNER	3190	00:25:04.67	08:05	7.4mph	Male 15 - 19: 17
40	KARSYN KONDRACKI		F: 9	RUNNER	2947	00:25:30.99	08:13	7.3mph	Female 15 - 19: 1
41	RAYNA SABELLA		F: 10	RUNNER	3027	00:26:00.13	08:23	7.2mph	Female 20 - 24: 1
42	SUSAN XERRI		F: 11	RUNNER	2895	00:26:06.25	08:25	7.1mph	Female 45 - 49: 1
43	DANIEL CODE	MOUNT SINAI, NY	M: 32	RUNNER	3204	00:26:18.89	08:29	7.1mph	Male 50 - 54: 2
44	SEAN KLING		M: 33	RUNNER	3234	00:26:22.65	08:30	7.1mph	Male 15 - 19: 18
45	JOHN HORVATH	MOUNT SINAI, NY	M: 34	RUNNER	3229	00:26:31.50	08:33	7.0mph	Male 40 - 44: 2
46	SUSY HORVATH	MOUNT SINAI, NY	F: 12	RUNNER	3232	00:26:36.74	08:35	7.0mph	Female 40 - 44: 2
47	SHAYNA PIRRECA	MILLER PLACE, NY	F: 13	RUNNER	3255	00:26:59.28	08:42	6.9mph	Female 25 - 29: 1
48	JESSICA DEMEO		F: 14	RUNNER	3155	00:26:59.71	08:42	6.9mph	Female 25 - 29: 2
49	GREGORY DOULOS	SELDEN, NY	M: 35	RUNNER	3213	00:27:03.89	08:43	6.9mph	Male 40 - 44: 3
50	LEA FLOBECK		F: 15	RUNNER	3135	00:27:10.97	08:46	6.8mph	Female 15 - 19: 2
51	MIKE WISNIEWSKI	NORTH BABYLON, NY	M: 36	RUNNER	3272	00:27:16.94	08:48	6.8mph	Male 40 - 44: 4
52	MICHAEL ROMEO		M: 37	RUNNER	3170	00:27:33.69	08:53	6.7mph	Male 15 - 19: 19
53	NOAH SULPIZIO		M: 38	RUNNER	3176	00:27:35.47	08:54	6.7mph	Male 15 - 19: 20
54	PRESTON HORVATH	MOUNT SINAI, NY	M: 39	RUNNER	3231	00:27:39.42	08:55	6.7mph	Male 0 - 14: 3
55	JACK STEIMLE		M: 40	RUNNER	3265	00:28:09.92	09:05	6.6mph	Male 15 - 19: 21
56	CORRINE NOCERA	STONY BROOK, NY	F: 16	RUNNER	3251	00:28:46.77	09:17	6.5mph	Female 25 - 29: 3
57	NICHOLAS BJELKE	HUNTINGTON STATION, NY	M: 41	RUNNER	3192	00:28:53.32	09:19	6.4mph	Male 25 - 29: 4
58	PAUL D'ELISA	MANORVILLE, NY	M: 42	RUNNER	3208	00:28:59.79	09:21	6.4mph	Male 60 - 64: 1

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59	THOMAS MEEHAN	MOUNT SINAI, NY	M: 43	RUNNER	3247	00:28:59.88	09:21	6.4mph	Male 35 - 39: 1
60	PATRICK NOCERA	STONY BROOK, NY	M: 44	RUNNER	3252	00:29:15.40	09:26	6.4mph	Male 55 - 59: 1
61	VIVIEN VARGA		F: 17	RUNNER	2867	00:29:17.90	09:27	6.3mph	Female 30 - 34: 2
62	MARK MARTUFI	SMITHTOWN, NY	M: 45	RUNNER	3243	00:29:23.18	09:28	6.3mph	Male 45 - 49: 1
63	JOSEPH MAIORANA	SHIRLEY, NY	M: 46	RUNNER	3240	00:29:31.70	09:31	6.3mph	Male 50 - 54: 3
64	JESSICA PRICE	SOUND BEACH, NY	F: 18	RUNNER	3257	00:29:33.97	09:32	6.3mph	Female 40 - 44: 3
65	KRISTEN DEMEO		F: 19	RUNNER	3168	00:29:40.49	09:34	6.3mph	Female 25 - 29: 4
66	DAVID TEGAY	MOUNT SINAI, NY	M: 47	RUNNER	3267	00:29:41.19	09:34	6.3mph	Male 50 - 54: 4
67	JUSTINE MELENDEZ	SHIRLEY, NY	F: 20	RUNNER	3249	00:30:16.46	09:45	6.1mph	Female 15 - 19: 3
68	JAMES DELPRETE		M: 48	RUNNER	3178	00:30:27.89	09:49	6.1mph	Male 15 - 19: 22
69	GEORGE LIRA		M: 49	RUNNER	2922	00:30:29.75	09:50	6.1mph	Male 70 - 100: 1
70	LUCAS LAFORGE		M: 50	RUNNER	3173	00:30:30.73	09:50	6.1mph	Male 15 - 19: 23
71	SARA FLOBECK		F: 21	RUNNER	3119	00:30:35.04	09:51	6.1mph	Female 15 - 19: 4
72	ROGER BELZ (SELDEN HILLS)	ISLIP TERRACE, NY	M: 51	RUNNER	3191	00:31:40.20	10:12	5.9mph	Male 55 - 59: 2
73	PETER VANMIDDELEM		M: 52	RUNNER	3179	00:32:00.80	10:19	5.8mph	Male 55 - 59: 3
74	STEPHANIE CANDURRA	PORT JEFFERSON STATION, NY	F: 22	RUNNER	3199	00:32:50.45	10:35	5.7mph	Female 35 - 39: 2
75	EDEN... PRICE	SOUND BEACH, NY	F: 23	RUNNER	3258	00:32:57.07	10:37	5.6mph	Female 0 - 14: 1
76	AVA ALMEIDA	ROCKY POINT, NY	F: 24	RUNNER	3188	00:33:07.71	10:41	5.6mph	Female 0 - 14: 2
77	AMY ANTINO	SOUND BEACH, NY	F: 25	RUNNER	3189	00:33:42.64	10:52	5.5mph	Female 35 - 39: 3
78	DANIELLE MCKENNA	MOUNT SINAI, NY	F: 26	RUNNER	3244	00:33:53.00	10:55	5.5mph	Female 30 - 34: 3
79	PETER MCKENNA	MOUNT SINAI, NY	M: 53	RUNNER	3245	00:33:53.10	10:55	5.5mph	Male 35 - 39: 2
80	CASSIDY MILLEN		F: 27	RUNNER	3137	00:33:58.92	10:57	5.5mph	Female 15 - 19: 5
81	TAYLOR CLINE		F: 28	RUNNER	3136	00:33:59.17	10:57	5.5mph	Female 15 - 19: 6
82	CHRISTINE DEMPSEY		F: 29	RUNNER	3028	00:34:02.96	10:59	5.5mph	Female 50 - 54: 2
83	MARTY FOX	EAST SETAUKET, NY	M: 54	RUNNER	3217	00:34:53.10	11:15	5.3mph	Male 65 - 69: 3
84	BILL BRENNAN	MOUNT SINAI, NY	M: 55	RUNNER	3194	00:35:41.78	11:30	5.2mph	Male 55 - 59: 4
85	MAUREEN BRENNAN	MOUNT SINAI, NY	F: 30	RUNNER	3195	00:35:48.17	11:32	5.2mph	Female 55 - 59: 2
86	MARGHERITA GROSS	MOUNT SINAI, NY	F: 31	RUNNER	3224	00:36:58.95	11:55	5.0mph	Female 45 - 49: 2
87	LORENZO DIDESIDERO	MOUNT SINAI, NY	M: 56	RUNNER	3211	00:38:25.13	12:23	4.8mph	Male 20 - 24: 2
88	REBECCA TEGAY	MOUNT SINAI, NY	F: 32	RUNNER	3268	00:38:26.74	12:24	4.8mph	Female 15 - 19: 7
89	ALEXA FERRO	MOUNT SINAI, NY	F: 33	RUNNER	3215	00:38:27.12	12:24	4.8mph	Female 0 - 14: 3
90	ERIC BLATT	COMMACK, NY	M: 57	RUNNER	3193	00:40:35.51	13:05	4.6mph	Male 45 - 49: 2
91	MICHELLE MADTES		F: 34	RUNNER	3181	00:43:40.52	14:05	4.3mph	Female 45 - 49: 3
92	CRISTINA GULLI	MOUNT SINAI, NY	F: 35	RUNNER	3225	00:44:09.19	14:14	4.2mph	Female 20 - 24: 2
93	KATE SMIT	EAST SETAUKET, NY	F: 36	RUNNER	3262	00:44:09.25	14:14	4.2mph	Female 30 - 34: 4
94	JOHN V HORVATH	MOUNT SINAI, NY	M: 58	RUNNER	3230	00:47:14.34	15:14	3.9mph	Male 70 - 100: 2
95	TRACEY CARRON	MOUNT SINAI, NY	F: 37	RUNNER	3202	00:49:47.35	16:03	3.7mph	Female 50 - 54: 3
96	CHUCK CARRON	MOUNT SINAI, NY	M: 59	RUNNER	3201	00:49:48.44	16:04	3.7mph	Male 55 - 59: 5
97	WILLIAM BRENNAN		M: 60	RUNNER	3171	00:49:53.03	16:05	3.7mph	Male 25 - 29: 5
98	JOANNE DELEMO		F: 38	RUNNER	3169	00:49:53.57	16:05	3.7mph	Female 20 - 24: 3
99	ABIGAIL HUGH		F: 39	RUNNER	3180	01:21:52.88	26:24	2.3mph	Female 15 - 19: 8
100	MAY HUGH		F: 40	RUNNER	3183	01:21:54.33	26:25	2.3mph	Female 45 - 49: 4