

## **CURRICULUM VITAE**

Name: John C. Sefter, D.O. F.A.O.A.O.  
Board Certified, Fellowship Trained Spine Surgeon

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Wife: Holly Sefter

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### **Education:**

Fellowship: Spinal Reconstructive Surgery, Scoliosis and Spine Center, Towson, MD (1991-1992)

Residency: Orthopedic Surgery, Memorial Hospital, York, PA (1987-1991)

Internship: Memorial Hospital, York, PA (1986-1987)

Medical School: Philadelphia College of Osteopathic Medicine, (1982-1986)

Undergraduate: Princeton University, (1974-1978)

### **Membership:**

American Osteopathic Association  
American Medical Association  
American College of Spine Surgery  
American Osteopathic Academy of Orthopedics  
North American Spine Society  
Spinal Cord Injury Association

### **Board Certification:**

American Osteopathic Board of Orthopedic Surgery,  
October 14, 1996  
Recertified 2006

American Board of Spine Surgery, October 31, 1998, Recertified 2006

**Work History:**

Atlantic Orthopedic Sports Medicine, Jacksonville, Florida, July 1992-  
August 1993

Orthopedic Associates, P.A., Savannah, Georgia  
August 1993-August 1999

Towson Orthopaedic Associates, P.A., Towson, Maryland  
September 1999-2011

**Awards and Distinction:**

American Osteopathic Academy of Orthopedics Appreciative Award,  
Outstanding Contribution to Orthopedics,  
October 8, 2009

The Best Doctors in America: Southeast Region  
1996-1997

"Top Doc", Orthopedic Surgery, Savannah, GA 1995

Philadelphia College of Osteopathic Medicine,  
Deans Award, 1986

Philadelphia College of Osteopathic Medicine, Class Chairman 1982-  
1986

Charles F. Laucks Award, Memorial Hospital, York, PA Outstanding  
Intern 1986-1987

Memorial Hospital, York, PA, Surgical Intern of the year  
1986-1987

William Roper Award, Outstanding Scholar Athlete, Graduating Class,  
Princeton University, 1978

National Runner-up, Heavyweight Wrestler, 1978, Princeton  
University

Captain, Princeton Wrestling, 1976-1978

N.C.A.A. All American, 1977, 1978

**Presentations, Moderator, Writings and Research available upon request.**