

Education: BS in Visual Arts and BA in Psychology from SUNY New Paltz, MSW from Columbia University, Intensive Psychoanalytic Psychotherapy Program -William Alanson White Institute, Post Masters in Advanced Clinical Social Work with Individuals from Hunter College School of Social Work.

Previous Work Experience: Clinical Social Worker in a variety of outpatient clinics and residential programs that focused on mental health. Worked at JBFCS, Henry Street Settlement and Center for Urban Community Services in NYC.

Additional Training/Speciality: Children, adults and families - dealing with life changes, depression, anxiety, bereavement /loss, end of life issues and LGTBQI. Trauma work including: terminal diagnosis, loss of a family member, sexual abuse and childhood abuse. Adult survivors of childhood abuse, women's issues including infertility, adoption, adjusting to being a new parent, and domestic violence.