

District 2 Qualifier

Trevino's Gymnastics

1438 S. I-35E

LANCASTER, TEXAS 75146

972-223-0167

September 21-22, 2019

MEET FORMAT: CONTINUOUS CAPITAL CUP

Saturday, September 21, 2019

SESSION 1

LEVELS 1 & 2

<u>Gym Opens:</u>	<u>7:30am</u>
Open Stretch:	8:00am
March In:	8:20am
Timed Warm Up:	8:30am
Competition:	8:35am
Awards to follow	

Saturday, September 21, 2019

SESSION 2

ALL Level 3A

Open Stretch:	11:00am
March In:	11:20am
Timed Warm Up:	11:30am
Competition:	11:35am
Awards to follow	

Saturday, September 21, 2019

SESSION 3

ALL Level 3P

Open Stretch:	1:30pm
March In:	1:50pm
Timed Warm Up:	2:00pm
Competition:	2:05pm
Awards to follow	

Saturday, September 21, 2019

SESSION 4

ALL Level 5 A & P.

Open Stretch: 5:00pm
March In: 5:20pm
Timed Warm Up: 5:30pm
Competition: 5:40pm
Awards to follow

Sunday, September 22, 2019

SESSION 5

ALL Level 4A

Gym Opens: 7:30am
Open Stretch: 8:00am
March In: 8:20am
Timed Warm Up: 8:30am
Competition: 8:40am
Awards to follow

Sunday, September 22, 2019

SESSION 6

ALL Level 4P.

Open Stretch: 11:00am
March In: 11:20am
Timed Warm Up: 11:30am
Competition: 11:40am
Awards to follow