



September 2018

# CENTER HIGHLIGHTS

MERCER COUNTY COUNCIL ON AGING

TELEPHONE: 419-586-1644

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

## Director's Desk

Since my arrival to MCCoA, I am learning that we are one of Mercer County's best kept secrets. Almost daily, I run into people who have either never heard of us or don't understand all that we offer. I think we are the best, but I don't want it to be a secret any longer. Our levy renewal will be on the November ballot and I am asking you to help us spread the word as to who we are, what we do and why it is important to continue to fund us. Levy dollars support our main services: Chore, Outreach, Homemaker, and Transportation – all the things that help individuals stay independent as long as possible. We use garage sale dollars to supplement activities, and help with maintenance costs such as furnace repairs and parking lot resurfacing. We have also used garage sale funds to automate our office doors making it easier for people with walkers and canes to enter and exit and we just recently purchased a new transport vehicle. We also maximize our services through partnerships. When Title III dollars were pulled for congregate meals, we reached out to Celina Manor, Briarwood, and the Gardens of St. Henry for help. Because of their willingness to fill the gap, we have expanded our meal sites and the opportunity for increased fellowship throughout the county. Individuals give of their time and talent to offer art and craft classes, yoga, and special events such as our intergenerational archery class. We are working more closely with other community agencies to make sure that clients have better access to resources and information. And through all the changes, we still honor the tried and true – bingo, cards, volunteer support, Sunshine Singers, medical loan program and more. So share your story. Let people know if you have been helped by a service, if you've appreciated a meal with friends, if you've enjoyed an activity, or learned something new from a special presentation. Help me and the staff get the secret out.

### Trivia:

**You've been asked to MC an event. What do the initials MC stand for?**

Master of ceremonies. An MC is a person who makes introductions during an event. Emcee is another word that means "MC."

If you are interested in receiving your newsletter electronically give us your email address in the office or call us at 419-586-1644.

Find us on the web at [www.mccoa.net](http://www.mccoa.net)

**Our offices will be closed  
Monday, September 3  
for Labor Day**



Find us on:  
**facebook®**



**Sewing Class** - Wednesday, September 26 - 9:00 am - Join Toni Shema in sewing a pumpkin! Class will last about 2 hours. Cost is \$2.00. You can bring your own fabric or use our supply: 2 squares of 6" x 6 1/2" patterned fabric (its best if you have 2 different fabrics), 1-5"x 5" green square. You will need a Doll needle (at least 2" long with large eye), sewing machine and sewing supplies such as pins, scissors, thread, etc. We will have a couple of sewing machines available, but please call Tash and let her know you will need to use one. Please call to register 419-586-1644.




**Craft Class** - Monday, September 24 - 1:00 pm - Join us as we decorate Jars and turn them into beautiful creations that can be used for all kinds of things! The cost of the class is only \$2.00 and all supplies will be provided. Please call to register as space is limited! 419-586-1644.

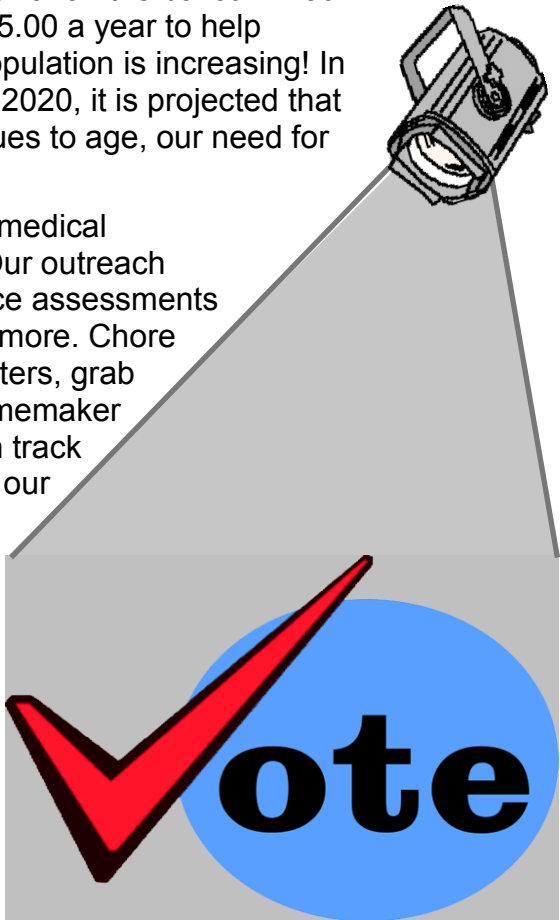
**Back Lot Garage Sale!!!!** Sept. 13, 14 &15. We will be open Thursday & Friday from 8:30 – 4:00 and Saturday from 9:30 -1:00. We are trying something new this year. We will open the 6 bay and 4 bay garage in our back parking lot for 3 days, We will sell only items usually sold in those buildings, items included are, glassware, books, tapes, cd's, plastics, pots and pans, miscellaneous, pictures, frames, toys, games, puzzles, furniture, Christmas and holiday items. There will be NO clothing.

\*\*\*\*\*  
**Spotlight on the Levy!!!**  
 \*\*\*\*\*

On November 6, 2018, MCCoA will be asking for a levy renewal on the ballot. What this means is that a home assessed at \$100,000 will pay \$25.00 a year to help support our services. Why is the levy important? Our 60+ population is increasing! In 2015, 20% of Mercer County residents were 60 or older. By 2020, it is projected that more than 28% will be 60 or older. As our population continues to age, our need for services also grows.

In 2017, transportation provided more than 11,100 rides for medical appointments, grocery shopping, banking, and meal sites. Our outreach specialists connected with clients over 1,060 times for service assessments and resource help on Medicare, housing, financial help and more. Chore assisted more than 990 clients with yard work, windows, gutters, grab bars and carpet cleaning. And more than 2,740 hours of homemaker services were provided throughout the county. MCCoA is on track to surpass these numbers by the end of 2018. In addition to our core services, MCCoA provides congregate meals, socialization activities, health and wellness opportunities, support groups, exercise and more.

Your help in passing the Levy is essential! What can you do? (1) VOTE! Make sure you cast your ballot. (2) Tell ten friends why MCCoA is important to you and encourage them to vote. (3) If you are part of a civic or church group, schedule a time to have an MCCoA representative come out to speak. (4) Write a letter to the editor explaining why MCCoA is vital to you and the community (5) invite others to come see what MCCoA has to offer.



## Volunteer Appreciation Party!!!!



We are going to change things up a bit. If you have volunteered this year, please join us Monday, October 1 at 4:30. Fun to be had by all!!! We will have trivia and games for your entertainment. There will be pizza, meat & cheese, and veggie trays, fruit and cookies for your dining enjoyment. This is a FREE party but you must make a reservation so we know how much food to order. Stop in at the office to get your ticket, or call 419-586-1644. Tickets are available until Monday, September 24. Please join us and let us say Thank You for all your help!



MERCER COUNTY  
**HEALTH DISTRICT**

### SAVE THE DATE

### FLU SHOT DRIVE-THRU



**TUESDAY, OCTOBER 2, 2018**

**9:30AM-6:00PM**

**AT THE MERCER COUNTY  
FAIRGROUNDS**

**419-586-3251 EXT. 1270**

[www.mchdohio.org](http://www.mchdohio.org)

220 W Livingston St-B 152, Celina, Ohio 45822  
Phone: 419-586-3251 Fax: 419-586-3910  
E-mail: [healthdistrict@mchdohio.org](mailto:healthdistrict@mchdohio.org)  
Website: [www.mchdohio.org](http://www.mchdohio.org)

## Informational Presentations/ Support Groups

The Council on Aging hosts several **informational presentations/support groups**. We encourage you to come and bring friends and families. See the schedule below:

**Wednesday, September 5, 1:00 to 3:00 pm** - Chat with Linda on the first Wednesday of each month. Linda Pollitz, program manager for the Northwest Ohio Chapter of the Alzheimer's Association, will be available to speak one-to-one with family members, friends and loved ones about specific questions and concerns about Alzheimer's and dementia related diseases. If you would like to schedule an appointment, please call 419-586-1644.

**Tuesday, September 11, 6:30 pm** - Alzheimer's Support Group. This group is for family, caregivers or friends of those diagnosed with Alzheimer's Disease. The support group is a safe place to ask questions, talk about challenges and learn more about this disease. Feel free to bring loved ones with Alzheimer's, but please let us know in advance so we can have Community Health Professionals provide activities. This group meets from 6:30 pm to 7:30 pm on the second Tuesday of each month. For additional information, please contact Sharon or Amy at 419-586-1644.

**Wednesday, September 26, 1:30 pm** - We are pleased to present Dave Painter from the Ohio Department of Insurance at the Coldwater Public Library. Dave works for The Ohio Senior Health Insurance Information Program (OSHIIIP) to provide objective information on **Medicare** enrollment, benefits and options. He will also discuss ways to lower costs and offer resources for assistance. Get the answers you need at our Welcome To Medicare!

### MARK YOUR CALENDARS!!

- Oct 1 - Noon - Art Class
- Oct 1 - 4:30 pm Volunteer Appreciation Party
- Oct 4 - Adventures in Music
- Oct 8 - Offices Closed - Staff training
- Oct 15 - Christmas Bulb Wreaths
- Oct 18 - All Day Quilt Group
- Oct 22 - Dave Painter - Medicare



More details to come...



Mercer County Council on Aging

# Garage Sale at the Senior Center

217 Riley Street, Celina, OH

**September 13 - 15, 2018**

**BACK LOT ONLY**

### Garage Sale Hours

<b>Thursday</b>	<b>Sept 13</b>	<b>8:30</b>	<b>4:00</b>
<b>Friday</b>	<b>Sept 14</b>	<b>8:30</b>	<b>4:00</b>
<b>Saturday</b>	<b>Sept 15</b>	<b>9:30</b>	<b>1:00</b>

NO Bag Days - No Clothing at this sale.



All proceeds benefit the Mercer County Council on Aging

**HELP!!!!** Calling anyone and everyone willing and able to help with this new Back Lot garage sale. We will be setting things up Monday, Sept 10 – Wednesday, Sept 12 come help price and set things out in the 4 bay. Monday, Sept 10 we will be setting up and pricing things in the 6 bay garage. We will also need extra help every Tuesday and Thursday receiving and sorting donations. If you can help out let Tash know, 419-586-1644. There will be no clothing at this sale, only 4 bay and 6 bay items will be sold.





Care Without Limits

State of the Heart is looking for volunteers who have a couple of extra hours a week to provide companionship to a Hospice patient.

Activities include reading to the individual or listening to them share their life story. If you are interested in helping, please contact Christena Sharp at

1-800-417-7535.

Auglaize County Council on Aging



Several of you have expressed an interest in trips. One of our resources is Choice Travel at [www.TravelWithChoice.com](http://www.TravelWithChoice.com). Another resource is the Auglaize County Council on Aging. They offer a variety of trips – both day and overnight – that are open to all.

Here are a few of the trips offered by ACCA:

Oct 14 - 20 – New Orleans

Nov 26 - Dec 1 – Branson Holiday Show Extravaganza

December 13 - La Comedia – “White Christmas”

If you are interested in learning more, please contact Dorothy Trapp at 419-300-8463 or 419-394-8252 ext. 34.



**Choice Travel**

[www.TravelWithChoice.com](http://www.TravelWithChoice.com)

P.O. Box 109  
210 W. Market St.  
Celina, OH 45822  
(419) 586-3144



A big THANK YOU to everyone who helped make the July Garage Sale a success!! We made \$11,351 this sale.



Monday, October 1 at 12:00 in the Annex - **Art Class:** an acrylic painting class taught by Anna Fisher. Class cost is \$12 each. All supplies will be provided. Call to register 419-586-1644.

**Fabulous Furniture**

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

- |          |            |
|----------|------------|
| ARMOIRE  | DRAWERS    |
| BASSINET | LEATHER    |
| BED      | OTTOMAN    |
| BUREAU   | RECLINER   |
| CHAIR    | SOFA       |
| CHEST    | STOOL      |
| COUCH    | STYLES     |
| DESIGN   | TABLE      |
| DESK     | UPHOLSTERY |
| DINETTE  | WICKER     |

W E O T T O M A N U R O D W R  
 Z R O L N E R L P N G I S E D  
 C I V F E I X H K S E D A T N  
 K O Y S A A O R E N I L C E R  
 A M U H E L T B J S Z D R L H  
 E R C C S L U H T A A R C J V  
 T A A T H R Y O E Y Q A A F W  
 N E E F E L O T Z R E W S Z N  
 V R N A O L H G S T Y E C W G  
 Y R Y I F S U I T D D R H H S  
 F E A W S P V E Q T Y S E D X  
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 G C J I N I A G B K E D T D A  
 W I C H D T J B S M E M Q T E  
 F W A E G D D K K B N P J N L

# September 2018 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more information, please visit our web page: <a href="http://www.mcco.net">www.mcco.net</a>						1
2 6:30 - Cards*	3 LABOR DAY  OFFICES CLOSED	4 <u>12:30 - Bridge*</u> 12:45 - Line Dancing	5 10:00 Neighborhood Nurse BP & Glucose Testing  12:30 - Bingo*  <u>1:00 - Linda Pollitz Alzheimer's Support</u>  1-3 MOB Shrine	6 1:30 - Chair Yoga* 5:30 - Dinner* 6:00 - Medicare 101 - Marion Township Library 6:30 - Cards*	7 12:30 - Cards*	8
9 6:30 - Cards*	10 3:00 - Sunshine Singers Practice  6:30 - Chair Yoga*  Back Lot Garage Sale Set Up	11 <u>12:30 - Bridge*</u> 12:45 - Line Dancing 6:30 Alzheimer's Support Group Back Lot Garage Sale Set Up	12 12:30 - Bingo*  <u>1:00 - Toe Nail Trimming*</u> 1-3 MOB Shrine Back Lot Garage Sale Set Up	13 <u>1:00 - Board Mtg</u> 1:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards* 8:30 to 4:00 BACK LOT GARAGE SALE	14 12:30 - Cards*  8:30 to 4:00 BACK LOT GARAGE SALE	15 9:30 to 1:00 BACK LOT GARAGE SALE
16 6:30 - Cards*	17 10:00 - Label Newsletter  3:00 - Sunshine Singers Practice  6:30 - Chair Yoga*	18 <u>12:30 - Bridge*</u> 12:45 - Line Dancing	19 12:30 - Bingo*  1-3 MOB Shrine	20 <u>8 to 8 - All Day Quilt Group</u> 11:30 - Red Hats 5:30 - Dinner* 6:30 - Cards*	21 12:30 - Cards*	22
23 6:30 - Cards*	24 1:00 - Craft - Decorate Jars* 3:00 - Sunshine Singers Practice 6:30 - Chair Yoga*	25 <u>12:30 - Bridge*</u> 12:45 - Line Dancing	26 <u>9:00 - Sewing - Pumpkin Pin Cushion*</u>  10:00 - Medicare by Dave Painter - Coldwater Public Library  12:30 - Bingo*	27 1:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	28 12:30 - Cards*	29
30 6:30 - Cards*	<b>October 1</b> <u>12:00 - Art - Acrylic Painting*</u>  4:30 - VOLUNTEER APPRECIATION PARTY					

Lunch is served at 11 am  
\$3.00 donation

# September 2018 Meals

Please RSVP at least 24  
hours in advance:  
419-586-1644

Thursday Dinner - served at 5:30 pm  
\$5.00 donation

## Senior Citizens Center, 217 Riley, Celina

Monday	Tuesday	Wednesday	Thursday	Friday	
3 LABOR DAY OFFICES CLOSED	4 Shredded Chicken/Bun Potato Triangles Pudding Parfait	5 Ham & Cheese Slider Tri-Color Pasta Salad Mandarin Oranges	Lunch 6 Fried Bologna Sandwich Spudsters Chilled Pears	Dinner 6 Smothered Chicken Herbed Penne Pasta Broccoli Florets Fruit	7 Fish Brd/Bun Creamy Cole Slaw Fruited Gelatin
10 Philly Steak Sandwich Potato Wedges Chilled Apricots	11 Broccoli Cheese Soup Tuna Salad Sandwich Potato Chips Fruit	12 Pizza Burger Pizza Sauce Sweet Potato Fries Berry Cheesecake	13 Shredded Beef/Bun BBQ Potato Chips Creamy Cole Slaw Chilled Fruit Salad	13 Sweet & Sour Chicken Rice Pilaf Broccoli Florets Mandarin Oranges	14 Spaghetti & Meat Sauce Tossed Salad Garlic Bread Chilled Pears
17 Sloppy Joe/Bun Crispy Potato Cubes Brownie	18 BBQ Pork Ribette/Bun Creamy Cole Slaw Mandarin Lime Gelatin	19 Hamburger/Bun Baked Beans Fresh Watermelon	20 Chicken Tenders/ Roll Green Beans Ranch Dressing Chilled Apricots	20 Lasagna Tossed Salad Garlic Bread Mandarin Oranges	21 Beef Manhattan Mashed Potatoes Fresh Fruit Cup
24 Chicken Salad/ Croissant Potato Chips Pina Colada Mousse	25 Creamy Potato Soup Saltine Crackers Fried Bologna Sandwich Fresh Cantaloupe	26 Homemade Pizza Tossed Salad Chilled Peaches	27 Chicken Fajita Refried Beans Rice Krispy Bar	27 RESIDENT'S CHOICE Pot Roast Mashed Sweet Potatoes Scandinavian Mix Veg Hot Spiced Apple	28 Breaded Fish Bites Mac & Cheese Chilled Diced Pears

## Remote Sites

### Fort Recovery Public Library

113 N Wayne Street  
Fort Recovery, OH 45846

Serving 2nd & 4th Tuesdays at noon  
\$3.00 donation

Refer to  
calendar above  
for menu items.

Sept 11  
&  
Sept 25

### THE GARDENS ST. HENRY, OHIO at St. Henry 419-678-9800

522 Western Avenue  
St Henry, OH 45883  
419-678-9800  
Every Thursday

**September 6**  
Beef Pot Roast  
Mashed Potatoes  
Carrots  
Dinner Roll  
Strawberry Cream Pie

**September 13**  
Breaded Chicken Sandwich  
Lettuce/Tom/Onion  
American Potato Salad  
Succotash Vegetable Blend  
Peach Pie

Meals are served at noon in the  
community room. Please call  
**419-678-9800** at least 24 hours  
in advance. Seating is  
limited to 20.

**September 20**  
Veal Patty  
Mushroom Gravy  
Mashed Potatoes  
Mixed Vegetables  
Fresh Fruit

**September 27**  
Roast Pork  
Fried Potatoes  
Capri Vegetable Blend  
Cornbread  
Lemon Cream Pie

### Maria Stein Shrine of the Holy Relics

2291 Saint Johns Road  
Maria Stein, OH 45860

Serving every Wednesday at noon  
\$3.00 donation

Refer to  
calendar above  
for menu items.

Every  
Wednesday

*Return Service Requested*

*Place label here*  
September 2018

September 2018

The Mercer County Council on Aging is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

Office Hours  
Monday through Friday  
8:00 am to 4:30 pm  
419-586-1644

The MCCoA serves clients without regard to race, color, national origin, religion, sex, or disability. We are an equal opportunity employer.

Find us at [www.mcco.net](http://www.mcco.net)

To reduce unnecessary postal costs, please let us know if you are going to be moving, going out of town for an extended period, or no longer wish to receive the newsletter. We also have the ability to email newsletters. Thank you.