



February 2019

## CENTER HIGHLIGHTS

MERCER COUNTY COUNCIL ON AGING

TELEPHONE: 419-586-1644

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

### Director's Desk

When I think of the month of February, I immediately think Valentine's Day. I often forget that it is also the month we celebrate Martin Luther King Day and Presidents' Day. These holidays, which celebrate important historical figures, don't seem to have the same luster as Valentine's Day. There are no cards to give, no declarations of love, no special candy to eat. While there are quotes to share and historical points to make, they are not stirring my creativity at the moment. So I started thinking, what else are we supposed to celebrate in February that I could be overlooking? I found all sorts of weird and wonderful things to commemorate, but the one day that caught my eye (and my heart and soul) is February 4, which is Eat Ice Cream for Breakfast Day. Ice cream for breakfast? Count. Me. In. How could Valentine's Day hold any precedence over a day in which it is recommended that ice cream be served for breakfast? I have been able to convince Mr. Green that ice cream for dinner is an acceptable vacation meal. Now we can add it as a sensible way to start the day.

Another way to start your day right is to come to the Senior Center for lunch. Celina Manor provides a hot meal for us to serve Monday through Friday at 11:00 a.m. The meal is a \$3.00 donation and we ask that you call the day ahead to reserve your spot. We have a group of regulars who are a welcoming, fun bunch. If you haven't joined us for lunch before or in quite some time, I'd like to personally invite you. For an added incentive, anyone who signs up for lunch on February 4 will be treated to ice cream! I will even scoop it and serve it. Also on Monday, February 4, we will be holding a class to make a heart-shaped wreath. While this isn't as exciting as a bowl of Ben and Jerry's One Sweet Whirled, it should be loads of fun and the cost is only \$2.00. So come, eat lunch, enjoy some ice cream, and make a fabulous decoration for your door to celebrate that other February holiday called Valentine's Day.

*Sharon M. Green*

If you are interested in receiving your newsletter electronically give us your email address in the office or call us at 419-586-1644.



Find us on the web at  
[www.mccoa.net](http://www.mccoa.net)



Find us on:  
**facebook®**



## Shadow Sudoku

Fill in the grid so that all six columns down, all six rows across,  
and all six 2-by-3 boxes contain the letters in SHADOW.  
A letter appears in each column or row only once.

			D		
H				S	
	A		W		D
D	W	H		A	
		S			W
			A	O	

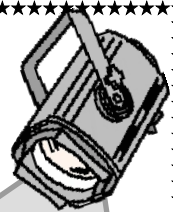


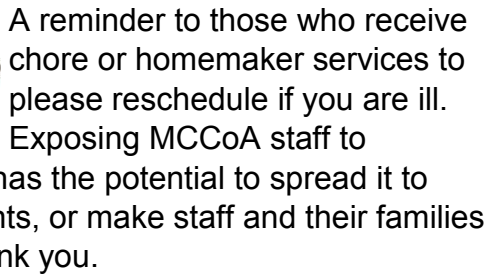
AARP will be doing taxes again this year. As of the printing of this newsletter, we do not have any further information as to dates and times. If you are interested in having your taxes done, please contact our offices at 419-586-1644 to be put on a waiting list.

As soon as we have additional information, we will call you to schedule an appointment.

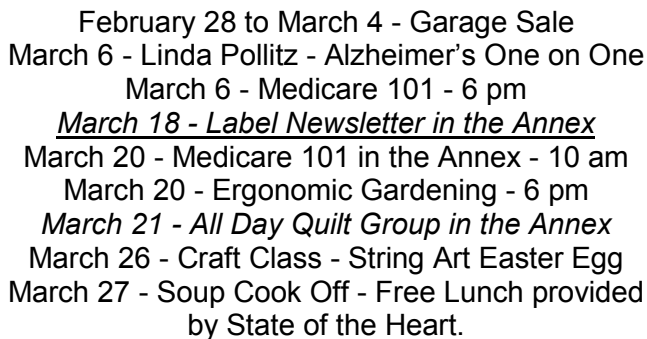
## Spotlight on Texas Hold 'Em!!!

Did you know that we have a group that plays Texas Hold 'Em the fourth Thursday every month at 12:30 pm in the annex. The cost is only \$1.00 and prizes are awarded to the top three players. If you don't know how to play, don't worry, it is a great place to learn. Come on out, you are sure to have a wonderful time with a bunch of great people!! Mark your calendar today, you won't want to miss this one!! Questions? See Larry Gehle, Ronnie Gehle, Ned Hemmelgarn or Mike Gant!!!





Thursday, February 14 at  
11:30. Calling all Ladies who  
are looking for a fun afternoon!!!  
Come join us as we play  
games and eat some yummy  
snacks!!!



More details to come...

**Wednesday, February 6, 1 pm to 3 pm** - Chat with Linda on the first Wednesday of each month. Linda Pollitz, program manager for the Northwest Ohio Chapter of the Alzheimer's Association, will be available to speak one-to-one with family members, friends and loved ones about specific questions and concerns about Alzheimer's and dementia related diseases. If you would like to schedule an appointment, please call 419-586-1644.

caregivers or friends of those diagnosed with Alzheimer's Disease. The support group is a safe place to ask questions, talk about challenges and learn more about this disease. Feel free to bring loved ones with Alzheimer's, but please let us know in advance so we can have Community Health Professionals provide activities. This group meets from 6:30 pm to 7:30 pm on the second Tuesday of each month. For additional information, please contact Sharon or Amy at 419-586-1644.

*An overview of Medicare benefits and options*



John R. Kasich Governor	Jillian Froment Director
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insurance.ohio.gov | 1-800-686-1578  
Ohio Department of Insurance



**Mercer County Council on Aging**

Wednesday, March 6, 6:00 pm (MCCoA Main Bldg)  
Wednesday, March 20, 10:00 am (MCCoA Annex)  
Wednesday, April 10, 6:00 pm (MCCoA Main Bldg)  
Wednesday, April 24, 10:00 am (MCCoA Annex)

To verify dates and times, visit our web page  
[www.mcco.net](http://www.mcco.net)





Art Class - Monday, February 11 at 12:00 pm. Cost is \$10.00 for two wine glasses. Join Anna Fisher as she teaches the art of painting on glass! This is sure to be a great afternoon so come and enjoy! Call 419-586-1644 to reserve your space today!

**CRAFT TIME!!!!** Monday, February 4 join Tash at noon to learn how to make this fun valentine fabric wreath! The cost for the class is \$2.00. Call and sign up today!! This is a very fun and easy project, all supplies will be provided. There will be a wide variety of fabric to choose from and we will have most of the fabric already cut into strips for you!



Garage sale set up will begin Tuesday, February 19. As always we invite everyone to come help us during set up. If it is your first time helping - just ask for Tash and she will be sure to introduce you to everyone and find the perfect spot for you! We will be setting up the 6 bay garage (the furniture garage) on Monday, February 25 at 9 am

and we are always looking for some extra muscles! The guys are usually done by lunch time. If you would like more information about helping in any capacity for the garage sale feel free to call Tash 419-586-1644.

**Please notice that the garage sale now ends on Monday. Sunday is \$3.00 a bag for items in main building (clothing, bedding, shoes, etc.) and ½ price on everything in the other buildings. Monday will be buy a bag for \$1 get a bag free and you can fill your bag in any building!**

### Garage Sale Donations

**Daily Donations** Feb 11 to 15 8:30 to 4  
**Saturday Donations** Feb 9 & 16 9 to 1  
**Set Up** Feb 19 to Feb 27  
**Clean Up** Mar 5

**Please take all donations to the 4 bay garage in our back parking lot.**

We are always looking for volunteers for taking donations, sorting and setting up to running checkouts during sale. Call Tash at 419-586-1644 if you would like to help.

### Garage Sale Hours

Thursday	Feb 28	8:30	6:30
Friday	Mar 1	8:30	4:00
Saturday	Mar 2	9:30	4:00
Sunday	Mar 3	9:30	4:00
\$3.00/Bag - Clothing only. Other Items 1/2 price			
Monday	Mar 4	8:30	4:00
Bag Day \$1.00 each bag with a second bag FREE All items included. Out buildings close at 2 pm			

Note: Volunteers are available to accept donations every Tuesday and Thursday (except during set up & garage sale) from 8:30 to 4:00 in the 4 bay garage. As always we can use many hands during this donation time, please call Tash if you have any time you could help out!

## 2018 Christmas Carry In and New Years Eve Party!!



### Groundhog Day

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



BURROW  
FEBRUARY  
FORECAST  
GROUNDHOG  
HIBERNATION

HOLIDAY  
MORNING  
PEEKS  
PHIL  
PREDICT  
PUNXSUTAWNEY  
SHADOW  
SPRING  
WINTER

P	H	S	K	B	N	F	Q	K	Y	X	R	S	K	P
U	C	B	Y	E	O	D	O	N	E	E	K	T	U	E
N	U	B	W	H	I	T	A	R	T	J	H	N	H	E
X	J	X	C	U	T	D	C	N	E	P	T	O	Z	K
S	J	M	V	Z	A	S	I	I	H	C	L	V	Q	S
U	H	A	S	S	N	W	I	I	D	I	A	C	E	F
T	J	W	A	K	R	T	L	E	D	E	F	S	F	E
A	Z	A	B	E	E	V	H	A	J	T	R	B	T	B
W	U	A	L	C	B	Q	Y	D	H	A	T	P	G	R
N	B	M	G	N	I	N	R	O	M	K	O	W	N	U
E	V	U	O	J	H	K	U	K	V	F	A	Z	I	A
Y	I	L	R	Q	C	G	Z	O	U	Y	U	L	R	R
L	J	Q	G	R	O	U	N	D	H	O	G	D	P	Y
G	P	J	W	I	O	S	D	N	X	S	F	E	S	L
S	H	A	D	O	W	W	T	O	B	F	M	L	L	C



# February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 12:30 - Cards*	2
3 6:30 - Cards*	4 12:00 - Craft Class - Heart Wreath*	5 <u>12:30 - Bridge*</u> 12:45 - Line Dancing	6 10:00 Neighborhood Nurse BP & BS 12:30 - Bingo* <u>1:00 - Chat with Linda Pollitz - Alzheimer's</u>	7 1:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	8 12:30 - Cards*	9 9 to 1 Garage Sale Donations Accepted
10 6:30 - Cards*	11 12:00 - Art Class - Painting on Glass - Wine Glasses*  8:30 to 4 - Garage Sale Donations Accepted	12 <u>12:30 - Bridge*</u> 12:45 - Line Dancing 6:30 Alzheimer's Support Group 8:30 to 4 - Garage Sale Donations Accepted	13 12:30 - Bingo* <u>1:00 - Toe Nail Trimming*</u> 8:30 to 4 - Garage Sale Donations Accepted	14 11:30 - Red Hats <u>1:00 - Board Mtg</u> 1:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards* 8:30 to 4 - Garage Sale Donations Accepted	15 <u>8:00 - All Day Quilt Group</u> 12:30 - Cards* 8:30 to 4 - Garage Sale Donations Accepted	16 9 to 1 Garage Sale Donations Accepted
17 <u>6:30 - Cards*</u>	18 10:00 - Label Newsletter	19 <u>12:30 - Bridge*</u>  Garage Sale Set Up	20 <u>12:45 - Line Dancing</u>  Garage Sale Set Up	21 <u>1:30 - Chair Yoga*</u> <u>5:30 - Dinner*</u> <u>6:30 - Cards*</u> Garage Sale Set Up	22 <u>12:30 - Bridge*</u>  Garage Sale Set Up	23
24 <u>6:30 - Cards*</u>	25 <u>1:30 - Chair Yoga*</u>  Garage Sale Set Up	26 <u>12:30 - Bridge*</u>  Garage Sale Set Up	27 <u>12:45 - Line Dancing</u>  Garage Sale Set Up	28 <u>12:30 - Texas Hold Em*</u> <u>5:30 - Dinner*</u> <u>6:30 - Cards*</u> 8:30 to 6:30 GARAGE SALE	Due to garage sale Chair Yoga will be moved from Thursday Feb 28 to Monday February 25. Cost of the class is \$3.00.	

Lunch is served at 11 am  
\$3.00 donation

Please RSVP at least 24  
hours in advance:  
419-586-1644

Thursday Dinner - served at 5:30 pm  
\$5.00 donation

# February 2019

## Senior Citizens Center, 217 Riley, Celina

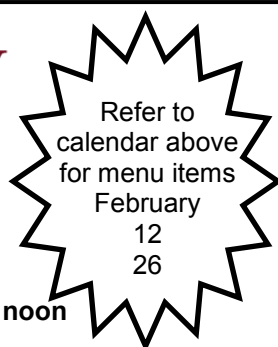
Monday	Tuesday	Wednesday	Thursday	Friday
				1 Spaghetti/Meatballs Salad/Dressing Bread Stick Pudding
4 Chicken Tenders/ Roll Macaroni & Cheese Green Beans Mandarin Oranges	5 Stuffed Pepper Soup Saltine Crackers Turkey/Provolone Slider Brownie	6 Creamy Potato Soup Saltine Crackers Fried Bologna Sandwich Chilled Peaches	Lunch 7 Beef Marzetti Green Beans Garlic Bread Peanut Butter Tart	8 Tomato Soup Saltine Crackers Grilled Cheese Fruit Cocktail
11 BBQ Shredded Beef/ Bun Potato Triangles Chilled Diced Pears	12 Ham & Bean Soup Cottage Cheese Cornbread Chilled Peaches	13 Sloppy Joe/Bun Sweet Potato Fries Chocolate Chip Cookie	Lunch 14 Sausage & Pepper Sub Corn Nuggets Chilled Fruit Cocktail	15 Cheeseburger/Bun BBQ Potato Chips Creamy Cole Slaw Rainbow Sherbet
18 Cheesy Cavatappi/ Roll Stewed Tomatoes Dessert	19 Italian Wedding Soup Saltine Crackers Ham & Swiss/Bun Chilled Peaches	20 Creamed Chipped Beef / Biscuit Green Beans Snickerdoodle Cookie	Lunch 21 Taco Salad/Chips Refried Beans Ice Cream	22 Tuna Noodle Casserole/Roll Mixed Vegetables Chilled Pears
25 Wisconsin Cheese Soup Saltine Crackers Hot Ham Slider Mandarin Oranges	26 Cabbage Rolls Tomato Sauce Mashed Potatoes Butterscotch Pudding	27 Pork Fritter Sandwich Tator Tots Chilled Pineapple	Lunch 28 Chicken & Dumplings Mixed Vegetables Buttermilk Biscuit Chilled Apricots	Dinner 28 Baked Pork Chop Scalloped Potatoes Green Beans Cupcake

## Remote Sites

### Fort Recovery Public Library

113 N Wayne Street  
Fort Recovery, OH 45846

Serving 2nd & 4th Tuesdays at noon  
\$3.00 donation



### Maria Stein Shrine of the Holy Relics

2291 Saint Johns Road  
Maria Stein, OH 45860

Serving every Wednesday at noon  
\$3.00 donation



522 Western Avenue  
St Henry, OH 45883  
419-678-9800  
Every Thursday

**February 7**  
Mandarin Pork Roast  
Rice Pilaf  
Sugar Snap Peas  
Dinner Roll  
Red Velvet Cake

**February 14**  
\*Valentine's Day\*  
Salisbury Steak with Brown  
Gravy  
Mashed Potatoes  
Garden Seasoned Broccoli  
Dinner Roll  
Strawberry Shortcake

Meals are served at noon in the  
community room. Please call  
**419-678-9800** at least 24 hours  
in advance. Seating is  
limited to 20.

**February 21**  
Lemon Pepper Tilapia  
Red Bliss Potato  
Green Bean Casserole  
Wheat Bread  
Sugar Cream Pie

**February 28**  
Pork Fritter  
Sweet Potatoes  
Green Peas  
Dinner Roll  
Baked Apples

*Return Service Requested*

*Place label here*  
February 2019

February 2019

The Mercer County Council on Aging is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

Office Hours  
Monday through Friday  
8:00 am to 4:30 pm  
419-586-1644

The MCCoA serves clients without regard to race, color, national origin, religion, sex, or disability. We are an equal opportunity employer.

Find us at **[www.mccoa.net](http://www.mccoa.net)**

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