## Forever Young

Dr. David Rahimi, MD, FAAD, FAACS:

Leading the way for safer, more effective and less invasive procedures, anti-aging treatments and long term skin care maintenance.

BY SUZANNE TAKOWSKY

here is little doubt that peopleespecially here in Los Angeles want to stay looking young forever. And luckily we are discovering that we don't necessarily have to go under the knife to achieve and maintain a youthful appearance. The word on the street centers around 'non-invasive' or 'minimally invasive' as skin experts discover miraculous new ways to shave off years of wrinkles, loose skin, sun damage, age spots, skin, discoloration, blemish marks and the telltale signs of aging.

"I have spent the majority of my cosmetic and dermatology practice advocating that less invasive is better," says Dr. David Rahimi, one of a handful of

doctors in the country who has earned a reputation for being the best when it comes to laser rejuvenation.

To date, Rahimi has performed more than 25,000 laser facial rejuvenation and restoration procedures. He says these days, with the high quality and state of the art equipment available-lase has moved ahead to become the first defense in fighting the aging process.

And using seven different lasers and light sources that he combines together, Rahimi achieves incredible results without aggressive, invasive surgery.

His team offers the most up-to-date, cutting edge skin rejuvenation treatments any where. And what the doctor likes just as much as the incredible results he gets...is the fact that he can use local anesthesia and, therefore, eliminate potential harm that might come to patients using general anesthesia.

"Local anesthesia and mild sedation are all that is needed for 90% of the procedures done. Avoiding the use of general anesthesia eliminates potential problems for my patients. Nonsurgical procedures provide the more youthful appearance that people are looking for, but more important—they still look like themselves—not like someone else,"

Rahimi says. "Most patients will choose local anesthesia if surgeons take the time to explain why it is better, safer, and more cost effective. I believe all types of cosmetic surgery can and should be performed under local anesthesia."

In his dermatology fellowship he trained as a Cosmetic surgeon with an emphasis on minimally invasive surgery. Rahimi is a Diplomat of the American Board of Dermatology and American Board of Cosmetic Surgery. Recently he became Co-director of the Beverly Hills Cosmetic surgery Fellowship program.

His cutting-edge Tuliplift™ Facelift is a patented procedure, safer and even more effective than a traditional facelift. It includes tightening the neck, liposuction of the jowls, tightening the muscle, removal of excess skin, scars inside the ear so that they





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