Winter Session Newsletter 2020



Winter Session

Monday, January 20- Sunday, March 22 (9 weeks)

Special Open Gyms

All Ages \$8/child

Friday, Feb 14th 10:30am-12pm Monday, Feb 17th 10:30am-12pm Friday, Feb 21st 10:30am-12pm



Valentine's Day Lock-in is for ages 5 and up! Gymnasts will enjoy pizza, games, gym time and a movie while parents enjoy a night out!

> **Date:** Friday, February 14th **Time:** 6:30pm-10:30pm

Price: \$30 per child; \$25 for each additional sibling

Register online!

https://www.riverfallsgymnastics.com/valentine-s-day-lock-in.html

Spring Registration Note

Spring Session Registration: Opens to current families Friday, March 13th and to the public Monday, March 16th

Spring Session: March 30-June 14 (9 wks)

Spring Session Last Days:

Mondays: 6/1

Tuesdays: 5/26

Wednesdays: 5/27

Thursdays: 5/28

Fridays: 6/5

Saturdays: 6/6

Sundays: 6/14

Summer Registration Note

<u>Summer Session Registration</u>: Opens to all families Monday, March 16th (no priority registration)

Summer Session will include both daytime and evening options. We suggest registering your child in the same level you register them in for the Spring Session for the Summer Session.

Summer Session: June 8-August 14 (9wks)

All Ages Summer Camps

Camp A: August 17-21 | Camp B: August 24-28

Spring and Summer Schedules will be posted soon!

Join us for 2020 Spring Break Camp! All levels are welcome. Choose to sign up for the 2-day, 3-day or the 5-day option. We will enjoy gymnastics, snack (provided by us), games and craft. Children ages 5 and up should bring a bagged lunch.

No Classes:

4/12 (Easter Sunday)

5/17 (Spring Show Extravaganza!)

5/22-5/25 (Memorial Day/Weekend)

Date: Monday, March 23rd - Friday, March 27th

Time:

- 3-4 year olds: 9am-12pm
- 5 and up: 9am-3:30pm

Price:

- 2 DAYS (Tues, Thurs) 3-4 year olds: \$55; 5 and up: \$100
- 3 DAYS (Mon, Wed, Fri) 3-4 year olds: \$71; 5 and up: \$130
- 5 DAYS (Mon- Fri): 3-4 year olds \$100; 5 and up: \$195

Register online today at www.riverfallsgymnastics.com





THANK YOU TO OUR SPONSORS FOR SUPPORTING THE RIVER FALLS GYMNASTICS CLUB!





























































































Evaluations

Near the end of the session a formal evaluation is updated for Tigers levels though Intermediate 2 prior to the upcoming session's registration date through your parent portal. Boys and Dance classes do not currently have a formal evaluation and Koalas and Monkeys classes should follow the suggested ages when registering for classes.

So how do we define Still Working and Mastered?

Still Working: Indicates that the child has been introduced to the skill and is able to perform the skill but still needs help or needs to perfect form (straight legs, pointed toes, etc.).

Mastered: Indicates that the child consistently excels at the performance of the skill while keeping correct form.

Under the About Us section on our website you can view our FAQ which includes a link to the steps to view your child's skills on your parent portal. We will send a note to families when the updated skills are ready to view for the Winter Session.

Average Sessions taken before **Advancement**

Beginner 1: 4 Sessions Beginner 2: 3 Sessions Beginner 3: 3 Sessions Intermediate 1: 5 Sessions Intermediate 2: 6 Sessions Intermediate 3: 7 Sessions

If you are involved in the Jungle Gym classes (pre-school classes) and Boys Classes, please follow the age recommendations.

Weather Related Closings

If the River Falls Gymnastics Club is closed and classes are cancelled due to inclement weather, families will be notified via email, it will be on our voicemail system and posted on the website.

The River Falls Gymnastics Club will do their best to reschedule the cancelled class or event at a later time during the same session. In the event the makeup class is not able to be rescheduled, an open gym pass will be provided to the participant.

https://www.riverfallsgymnastics.com/policies.html

Save the Date

Fri, February 14 Lock-in No K-12 Open Gym

Friday, March 13

Priority Registration Opens for Spring Session

Monday, March 16

Spring and Summer Session Registration Opens to the **Public**

March 16-22

Last Week of Winter Session

March 23-27

Spring Break Camp

March 23-29

No Classes or **Regular Open Gyms**

Monday, March 30

Spring Session Begins Join us Spring Session to participate in the Spring Show Extravaganza to show off all the gymnastics lessons on May 17

Monday, June 8

Summer Session Begins



Open Gyms*

-Preschool Open Gym: Pridays main-

🛖 Thurs 10:45am-11:45am

- -K-12 Open Gym: Fridays 6:30-8pm
- All Ages Open Gym: Saturdays Noon-1:30pm
- *Open Gyms are subject to change. Check the website calendar to view up to date open gym times and days. No regular open gyms Fri, Feb 14 and March 23-29.

Make-ups

Gymnasts are allowed one make-up per session if space is available in another class. If space is not available then you will receive one free open gym pass. Please contact the office for make-ups.