

FLIPSTAR GYMNASTICS

2022-2023

& NINJA

Flipstar
GYMNASTICS

231-845-1385

CLASS SCHEDULE *SPACE IS LIMITED! SPOTS HELD WITH PAYMENT!*

- ♦ **Fall Term:** Sept 12 - Nov 18 10 weeks
- ♦ **Winter Term:** Jan 02 - Mar 10 10 weeks
- ♦ **Spring Term:** Mar 13 - May 26 10 weeks (closed Mar 27-31)
- ♦ **Summer 2023:** Classes & Day Camp Schedule *TBD*

Watch our website for the most updated schedule of events.

PRICING & INFO

- ♦ **Annual Membership Fee, includes FREE t-shirt!**
\$45 single child; \$65 two or more children in same family
- ♦ **Class Prices for 10-Week Terms:**
45min class = \$153
55min class = \$173
75min class = \$223
90min class = \$253
- ♦ **Sibling Discount:** 10% off sibling child's tuition price.
- ♦ **Multiple Class Discount:** -25% for same child during same term.



HOW IT WORKS & WHAT TO WEAR

It's easy to enroll your child at Flipstar! Class choices are listed below. Choose one section that works with your family schedule and always bring your child to that section of class. Kids should wear soft workout-style shorts and t-shirt or tank top (leotards are optional). Long hair must be pulled back. All kids are barefoot in the gym. A signed Class Waiver and Covid-19 Waiver are required for participation. All kids begin in recreational classes. Advancement through our program is handled on an individual basis with placement by assessment and invitation only.

**MEMBERS GET A DISCOUNT ON
OPEN GYMS & BIRTHDAY PARTIES**



RECREATIONAL CLASSES FOR GIRLS & BOYS

No Experience Necessary! Call To Enroll!

☺ **Tiny Tots w/Parent, Ages 18mos thru 3-1/2yrs**

One adult required to participate with your child

Mondays 6:30pm-7:15pm (\$153, 10wks)
Wednesdays 5:15pm-6:00pm (\$153, 10wks)

☺ **Tumble Tots w/Parent, Ages 3-1/2 & 4**

One adult required to participate with your child

Mondays 5:15pm-6:10pm (55min \$173, 10 wks)
Mondays 6:30pm-7:15pm (45min \$153, 10 wks)
Wednesdays 5:15pm-6:00pm (45min \$153, 10 wks)

☺ **Tumble Weeds, Ages 5 & 6**

Mondays 4:00pm-4:55pm (\$173, 10 wks)
Mondays 5:15pm-6:10pm (\$173, 10 wks)
Wednesdays 4:00pm-4:55pm (\$173, 10 wks)
Wednesdays 6:15pm-7:10pm (\$173, 10 wks)

☺ **Tumble Weeds, Ages 7 & 8**

Mondays 4:00pm-4:55pm (\$173, 10 wks)
Mondays 7:30pm-8:25pm (\$173, 10 wks)
Wednesdays 7:15pm-8:10pm (\$173, 10 wks)

☺ **Tumble Weeds, Ages 9 & Up**

Mondays 7:30pm-8:25pm (\$173, 10 wks)
Wednesdays 7:15pm-8:10pm (\$173, 10 wks)

☺ **Boy's Only "NINJA", Ages 7 & Up**

Obstacle Courses & Parkour-Style Moves

Mondays 7:30pm-8:25pm (\$173, 10 wks)



**CALL US ABOUT OTHER ACTIVITIES!
OPEN GYMS, CHEER TUMBLING & MORE!**

ADVANCED CLASSES BY INVITE ONLY

Testing Placement Required

☺ **Intermediate Tumble Weeds**

Mondays 4:15pm-5:45pm (90min \$253, 10 wks)
Wednesday 6:15pm-7:45pm (90min \$253, 10 wks)

☺ **Advanced Tumble Weeds**

Monday 6:00pm-7:30pm (90min \$253, 10 wks)
Wednesday 6:15pm-7:45pm (90min \$253, 10 wks)

☺ **Advanced Boy's Ninja**

Mondays 7:30pm-8:45pm (75min \$223, 10 wks)

COMPETITIVE XCEL TRAVEL TEAMS

By Invitation Only

☺ **XCEL Bronze, Silver, Gold, Platinum, Diamond**

Tuesdays, Wednesdays, Thursdays
(Times & prices vary by level. Contact Us.)

+ COVID-19 PROCEDURES REMAIN IN PLACE:

- ♦ Sanitizing all hands at entry/exit and between event rotations.
- ♦ Water bottles required - no drinking fountain.
- ♦ Cleaning/sanitizing equipment between and after classes.
- ♦ Skills and drills stations set up 4'-6' apart.
- ♦ Nightly ozone air cleaning of gym
- ♦ Virtual viewing through Zoom.us

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