

## BAY COUNTY COUNSELING RESOURCES

Courtesy of Molly E. Gabriel-Champine, PhD, LP

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**BAY ARENAC BEHAVIORAL HEALTH** | 201 Mulholland, Bay City, MI 48708-7693 | 989-895-2300  
**ARENAC CENTER** | 1000 W. Cedar Street, Standish, MI 48658-9421 | 989-846-4573

Serves adults, children and families with mental illness, developmental disabilities and serious emotional disturbances. Priority for service includes persons with Medicaid and low income without insurance.

Services include clinical assessment, individual, family and group therapy, home based services, case management/support coordination, psychiatric services, 24-hour emergency services, respite, geriatric outreach, residential services, day programming, vocational services and Hispanic outreach.

**To request services, call: 1-800-448-5498 (Monday-Friday 8 a.m.-5 p.m.)**

**For 24-hour emergency services, call 989-895-2300 or 1-800-327-4693**

<b>Great Lakes Bay Health (Therapy &amp; Psychiatry)</b> 690 S. Trumbull Street, Bay City, MI 48708-7692 989-922-5700	<b>MPA (Therapy, Psychiatry &amp; DBT)</b> 1217 S. Euclid Avenue, Bay City, MI 48706-3311 989-667-9661
<b>List Psychological (Therapy &amp; Psychiatry)</b> 126 Washington Ave., Bay City, MI 48708-5846 989-684-7977	<b>Journey Counseling Center (Therapy)</b> 4771 2 Mile Road, Bay City, MI 48706-2775 989-778-2323
<b>Planning for Living (Therapy)</b> 2355 Delta Road, Bay City, MI 48706-9340 989-684-6832	<b>Corner Stone Counseling Services (Therapy)</b> 111 E. Midland Road, Auburn, MI 48611-9780 989-283-9047
<b>Delta Psychological (Therapy &amp; Psychiatry)</b> 114 N. Tuscola Road, Bay City, MI 48708-6995 989-895-0788	<b>Saginaw Psychological (Psychiatry &amp; Therapy)</b> 615 S. Euclid Avenue, Bay City, MI 48706-3271 989-439-1513
<b>Bay Psychological (Therapy &amp; Psychiatry)</b> 1420 Center Avenue, Bay City, MI 48708-6110 989-686-1990	<b>Hema Talasila, MD (Psychiatry)</b> 200 S. Wenona Street, Bay City, MI 48706-8833 989-893-3212
<b>Reflections Counseling (Therapy &amp; DBT)</b> 200 S. Wenona, Ste 280, Bay City, MI 48706-8845 989-391-4212	<b>JLK Counseling (Therapy)</b> 301 W. Midland Rd, Ste. 8, Auburn, MI 48611-9360 989-272-2010
<b>Recovery Pathways (Therapy &amp; Psychiatry)</b> 863 N. Pine Road, Ste A, Essexville, MI 48732-2159 989-928-3566 Primary for outpatient substance abuse	<b>Sandra Murray, MA, LPC, CAADC (Therapy)</b> 721 Washington Avenue, Suite 411 (Phoenix Bldg.) Bay City, MI 48708-5726 989-295-2733                      \$10-\$25 per session

## SUBSTANCE ABUSE TREATMENT

### OUTPATIENT SUBSTANCE ABUSE TREATMENT

<b>List Psychological</b> 126 Washington Avenue Bay City, MI 48708-5846 989-684-7977	<b>Bay Psychological</b> 1420 Center Avenue Bay City, MI 48708-6110 989-686-1990	<b>Sacred Heart Rehabilitation</b> 1106 Washington Avenue Bay City, MI 48708-5708 989-894-2991
<b>Recovery Pathways</b> 863 N. Pine Road, Ste A Essexville, MI 48732-2159 989-928-3566	<b>Kairos Healthcare Center</b> 3400 S. Washington Avenue Saginaw, MI 48601-4958 989-755-1072	<b>PPPS Health Care</b> 1600 N. Michigan Ave. Suite 503 Saginaw, MI 48602-5306 989-755-8225
<b>DOT Caring Center</b> 3190 Hallmark Court, Suite 1 Saginaw, MI 48603-2107 989-790-3366	<b>Family &amp; Children Services</b> 1714 Eastman Avenue Midland, MI 48640-4216 989-631-5390	<b>Sterling Health Center</b> 725 E. State Street Sterling, MI 48659-9548 989-654-3501

**SUBSTANCE ABUSE TREATMENT**  
**RESIDENTIAL SUBSTANCE ABUSE TREATMENT**

<b>Medicaid Only</b>			
<b>Ten 16</b> 1213 E. Isabella Road Midland, MI 48640-8344 P 989-835-3466 F 989-835-7242	<b>DOT Caring Center</b> 6840 Midland Road Freeland, MI 48623-8708 P 989-790-3366 F 989-790-5027	<b>Holy Cross (Men)</b> 1321 S. Fayette Saginaw, MI 48602-1447 P 989-792-8000 F 989-792-8445	<b>Odyssey House (Women)</b> 128 N. Warren Street Saginaw, MI 48607-1548 P 989-754-4673 F 989-754-5154
<b>Holy Cross (Women)</b> 3400 S. Washington Road Saginaw, MI 48601-4958 P 989-755-1072 F 989-755-1401	<b>Sacred Heart</b> 400 Stoddard Road Memphis, MI 48041 P 810-392-2167 F 810-392-3530	<b>Odyssey House</b> 529 M.L. King Blvd. Flint, MI 48502-2002 P 810-238-5888 F 810-238-4866	<b>Corcoran House</b> 8212 N. Jennings Road Mt. Morris, MI 48458 P 810-687-5100 F 810-687-0520
<b>Our Hope (Women)</b> 324 Lyon NE Grand Rapids, MI 49548 P 616-451-2039 F 616-451-3590	<b>Pine Rest</b> 300 68 <sup>th</sup> Street Grand Rapids, MI 49548 P 616-281-0061 F 616-281-4258	<b>Phoenix Hall (Women)</b> 445 E. State Street Traverse City, MI 49686 P 800-622-4810 F 231-929-0416	<b>Dakoske Hall (Men)</b> 116 E. Eighth Street Traverse City, MI 49684 P 800-622-4810 F 231-929-0416
<b>Sunrise Centre</b> 630 Walnut Street Alpena, MI 49707-1832 P 877-205-5217 F 989-356-3559	<b>Great Lakes Recovery</b> 241 Wright Street Marquette, MI 49855 P 906-228-7611 F 906-228-8156	<b>House of Common (Men)</b> 706 Curtis Street Mason, MI 48854-2539 P 517-244-0393 F 517-244-9155	<b>Harbor Hall (Men)</b> 704 Emmet Street Petoskey, MI 49770-2910 P 231-347-5511 F 231-347-5422
<b>Medicare Only</b>		<b>Medicare &amp; Commercial</b>	
<b>Ridgeview Hospital</b> 17872 Lincoln Highway Middle Point, OH 45863 P 419-968-2950 F 855-356-4046	<b>Turning Point Hospital</b> 3015 S. Veterans Pkwy. Moultrie, GA 31788 P 229-985-4815 F 229-891-4068	<b>Brighton Hospital</b> 12851 Grand River Brighton, MI 48116 P 810-227-1211 F 810-227-2029	<b>Harbor Oaks Hospital</b> 35031 23 Mile Road New Baltimore, MI 48047 P 586-725-5777 F 586-725-8518
<b>Private Insurance Only</b>	<b>ASR Insurance &amp; Commercial</b>		<b>Medicaid &amp; Commercial</b>
<b>Maple Grove Center</b> 6773 W. Maple Road W. Bloomfield, MI 48322 P 248-661-6100 F 248-691-4933	<b>White Sands Fort Myers</b> 1820 Colonial Blvd. Fort Myers, FL 33907 P 877-876-5429 F 239-689-5783	<b>White Sands Tampa</b> 2011 N. Wheeler Street Plant City, FL 33563 P 877-876-5429 F 813-756-6570	<b>Meridian Health</b> 1255 N. Oakland Blvd. Waterford, MI 48327 P 248-599-8999 F 248-406-0107
<b>BCBS</b>		<b>Private Pay</b>	
<b>1<sup>st</sup> Step Residential</b> 3685 N. Federal Hwy. Pompano Bch, FL 33064 P 866-971-5531	<b>Michael's House (Men)</b> 2095 N. Indian Canyon Palm Springs, CA 92262 P 866-494-7787	<b>Dawn Farms-Ypsilanti</b> 6633 Stony Creek Road Ypsilanti, MI 48197 P 734-485-8725	<b>Dawn Farms-Septra</b> 501 W. Huron Ann Arbor, MI 48108 P 734-669-8265

**McLaren's Stay Well Program**



Questions? [Molly.Gabriel1@mcclaren.org](mailto:Molly.Gabriel1@mcclaren.org)