

# October 2017 Newsletter

## *The Bear Facts*

Celebrating 60 Years of Early Childhood Education

Dear Parents,

In the blink of an eye September has flown by. BHCNS is thrilled to have over 184 children enrolled for the 2017-2018 school year and a dedicated staff of 35 who love and care for your children. The teachers have been busy getting to know your children and the children have been equally as busy making friends and learning classroom routines. We are all excited for a school year filled with playing, learning, and growing!

Thank you to all the parents who brought coffee and treats the first week of school. We appreciate everything everyone did to make all feel welcome!

The Back to School Picnic was a HUGE success. Thank you to the Parents' Group, especially Ashley Schneider and Mary Dunmire for organizing a fabulous picnic on a hot and sunny afternoon. Thank you to all the parents who volunteered, brought food, set-up, cleaned up, and manned welcome table and the moon bounces to make this a special day for the children!

The fun will continue in October as we begin our Creative Movement, Music with Little Hands, Singing with Ms. Casey classes for all the children. Our 3s and 4s will begin their Science classes. Weekly Spanish lessons begin for the 3s and 4s.

October highlights include:

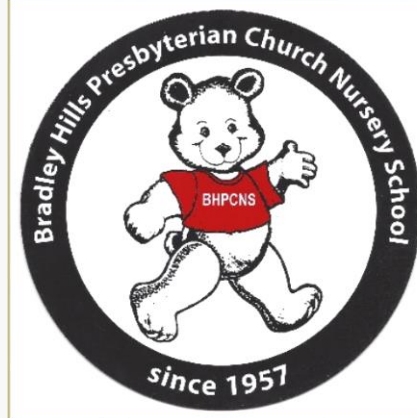
- Back to School Night on October 5 this is an **Adult Only Event!**
- Bradley Bear's 60<sup>th</sup> Birthday Bash on October 22 between 2 & 5:00 pm
- Potty Training Seminar on October 12 at 7:30 pm
- 2017-2018 Registration for Siblings & Friends
- OT Screenings on October 10 and 13
- Speech Screenings on October 23 and October 24
- Shoe and Boot Swap between October 16 and October 27
- Parenting Coffee with Rebecca Hertzman on October 20 at 9:15 am
- Coming in November Donuts with Dad November 2 and 3 at 8:30 am

Please remember to check your child's folder for your class' monthly calendar of activities and other notes. Questions? Pop into the office or give us a call.

Thank you for your children. I love to see their smiling faces every day! Wishing you all a wonderful, safe, and happy October and Halloween.

Liz

Liz Sobrino, Director



### UPCOMING EVENTS

#### BACK TO SCHOOL NIGHT OCTOBER 5



This adult only event will take place in your child's classroom on Thursday evening, October 5<sup>th</sup>.

**7:00 to 7:30 pm**

All Tuesday/Thursday Classes  
& Mrs. Beck's Class

**7:45 to 8:15 pm**

All MWF & MTWThF Classes

#### OCTOBER 30 AND 31

### HALLOWEEN FUN

Halloween can be a scary time for young children. At BHCNS we keep the celebrations simple. Instead of costumes the 3s and 4s make masks to wear to our Halloween sing alongs. (Please do not send your child to school in a costume.) There will be classroom parties for all the classes, including 2s. Sign-up sheets have been posted to help the Halloween fun! Thank you in advance for making our celebrations fun and festive!



## You're Invited to Bradley Bear's Birthday Bash!

Bradley Bear may be turning 60, but he's still a kid at heart. We are excited to invite all our current bear cubs and their families and all are alumni to his birthday bash.

When: Sunday, October 22<sup>nd</sup> between 2:00 to 5:00 pm

Where: BHCPCNS fields, playgrounds, and Memorial Hall

There will be activities for all ages:

John Henry the Guitar Playing Man will be performing

Moon Bounces

Climbing Structures

Pony Rides

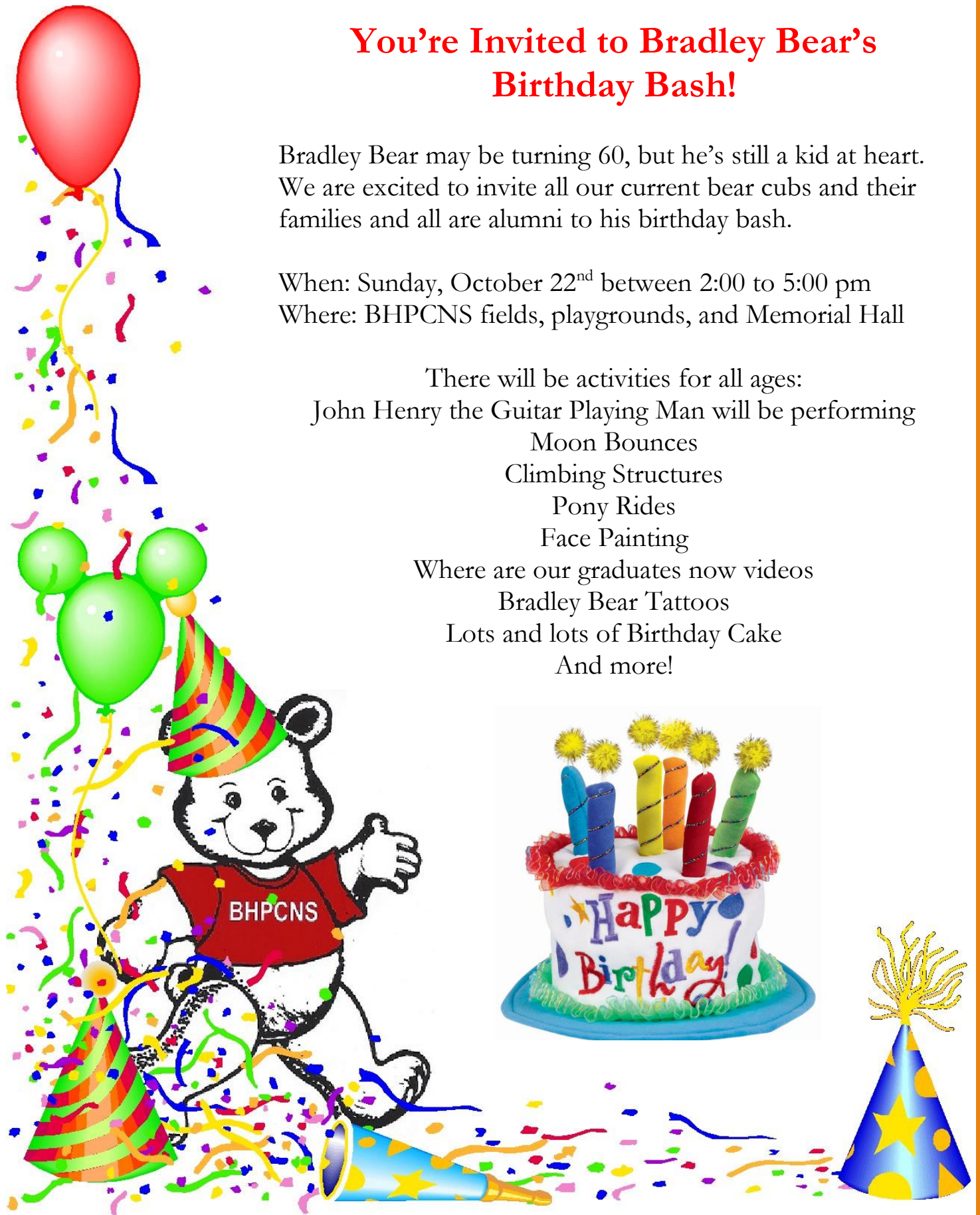
Face Painting

Where are our graduates now videos

Bradley Bear Tattoos

Lots and lots of Birthday Cake

And more!



## PARENTS' GROUP NEWS

Welcome back everyone! What a great way to kick-off our school year with our Back to School Picnic! Thank you to all the parents that volunteered their time at the picnic and brought a dish to share. We are also so grateful to our parent volunteers who babysat during parent orientation and brought in coffee and treats for us to enjoy in the Rainy Day Room during the first week back to school.

We have an amazing fundraiser happening this month. Lauren Sheintal, a local photographer, will be at BHCNS on October 17<sup>th</sup> and 18<sup>th</sup>. If you would like to have your child's photo taken please fill out and return the green flyer that came home in your child's bag. During this mini photo shoot Lauren will take your child or children's photo outdoors in natural light. She even has a few after school sessions, if you would like to come back with your older children for a "siblings shot." Your fee of \$65 entitles you to one digital file, which you select from an online gallery which you can use and print as you like. If you love more than one of the images, you will be able to purchase additional files at a discounted rate. Think of prints for grandparents and even a photo for that holiday card! Lauren donates a portion of each image back to BHCNS!

The cooler weather will be here before we know it and we have an ongoing fundraiser with Label Daddy! Label Daddy sells peel and stick labels, perfect for labeling coats and hoodies that often get misplaced at school. These labels are machine washable and don't require any ironing or sewing. LabelDaddy will give you 10% off and donate 15% to BHCNS when you visit their website [bhpcns.labeldaddy.com](http://bhpcns.labeldaddy.com) and enter code BHCNS at checkout.

Thank you to all the parents who have volunteered as room parents, we are grateful for your help! We will have a very brief room parent meeting on Wednesday, October 4<sup>th</sup> right after drop off. You're welcome to bring any little ones you have at home along with you! If you are not a room parent but have any interest in volunteering during the school year, please be sure to let your room parents know.

The Parents' Group organizes lunches for our wonderful staff during their staff meetings each month. We usually have enough families for 2 or 3 families to coordinate lunches each month. We're looking for a few more volunteers. Please contact Ashley [absilver@comcast.net](mailto:absilver@comcast.net) if you are willing to show off your culinary (or shopping!) talent and provide our staff with a delicious snack.

If potty training is in your future, be sure to mark your calendars for The Parents' Group will sponsor an informative seminar in Covenant Hall, on October 12<sup>th</sup> beginning at 7:30 pm. Many parents have Sally Neuberger's tips effectively over the years. If you want "The Scoop on Poop" we look forward to seeing you on October 12<sup>th</sup>. Be sure to RSVP with the office.

Are you sometimes perplexed, frustrated, challenged, by your children? Come to coffee with Dr. Rebecca Hertzman, a pediatric psychologist, to have your questions answered, your concerns addressed, and to meet other parents facing some of the same challenges as you may be dealing with in your home. Meet October 20<sup>th</sup> after drop off in the library for coffee, treats, conversation, parenting tips and peace of mind!

Ashley Schneider  
[absilver@comcast.net](mailto:absilver@comcast.net)

Mary Dunmire  
[mary.e.dunmire@gmail.com](mailto:mary.e.dunmire@gmail.com)

## BHCNS REGISTRATION BEGINS NOW FOR SIBLINGS AND NEW CHILDREN!!!!!!!!!!

### Registration for Children Not Currently Enrolled in BHCNS:

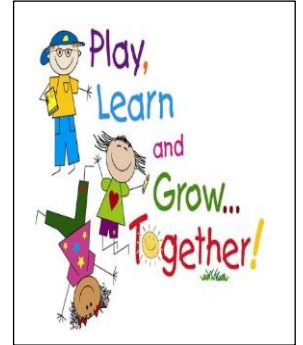


October is the time to submit an application for the 2018-2019 school year for siblings of currently enrolled children. Applications are available in the office and online now for children who will be starting BHCNS in September 2018. Registration for currently enrolled students will begin this December. Acceptance or Wait List notifications will be sent home in late January, 2018. Applications are available on the BHCNS website at [www.bhpcns.org](http://www.bhpcns.org) Children must be two by September 1, 2018 to be considered for enrollment.

## BHPCNS REGISTRATION BEGINS NOW FOR SIBLINGS AND NEW CHILDREN!!!!!!!!!!

### Registration for Current BHPCNS Students:

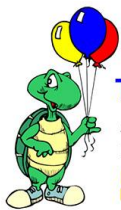
Registration for **children currently enrolled at BHPCNS** will be December 7 and 8. Applications will be available on the BHPCNS website at [www.bhpcns.org](http://www.bhpcns.org), after Thanksgiving. Download and complete the application. Applications should be returned to BHPCNS no earlier than December 7 and no later than December 8 in order to be given priority in enrollment. Please recognize that children currently enrolled in our 2s and 3s program as well as those children who are enrolled in the 4s program but are not age eligible for Kindergarten, are guaranteed a place, but, it may not be your first choice. Acceptance is based on a first-come, first-serve basis. Families will be notified in late January as to their child's placement for the 2018-2019 school



### Registration for Friends, And Neighbors:

Encourage your friends and neighbors to call the office to learn more about BHPCNS and to schedule a tour of our school. New families say they chose Bradley Hills because their friend, neighbor, co-worker, spoke highly of our program. We love that you love us! Help us spread the word about what a wonderful place BHPCNS is for all children to play, grow, and learn! Spots fill up quickly. The sooner we receive an application the more likely we will be able to offer a new family a place next year.

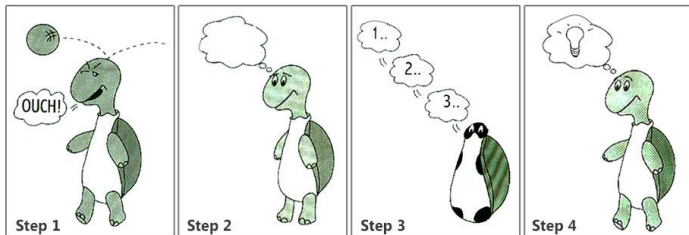
## SCRIPTED SOCIAL STORIES: TUCKER THE TURTLE



### Tucker Turtle Takes Time to Tuck and Think

A scripted story to assist with teaching the "Turtle Technique"  
By Rochelle Lentini, University of South Florida

Center on the Social and Emotional Foundations for Early Learning



For more information on Social Stories, visit Vanderbilt University's SEFEL website by [clicking here](#).

Scripted Stories for Social Situations are being used at BHPCNS to help children understand social interactions, situations, expectations, social cues, the script of unfamiliar activities and/or social rules. As the title implies, the stories are brief descriptive stories that provide information regarding a social situation. When children are given information that helps them understand the expectations of a situation, their problem behavior within that situation is reduced or minimized.

We've kicked off the school year with Tucker the Turtle. He's a little turtle that has trouble controlling his emotions. Using 4 simple steps he quickly learns how to: Stop, Think, Count to 3, and Find a solution. Ask your child about tucking and thinking. Everyone loves Tucker the Turtle!

## EVERYTHING ABOUT POTTY TRAINING & MORE! OCTOBER 12 @7:30 PM

Is toilet training your child in your future?  
Are you struggling with toilet training your child?  
Are you thinking there must be a better way to reach this childhood milestone?  
If you've answered yes to any of the above questions, you **MUST** come to our Potty Training seminar, sponsored by the Parents' Group on October 12<sup>th</sup> at 7:30 pm. Sally Neuberger, the Potty Training guru, will be here to share her expertise about all things potty, how to train, how to deal with setbacks, when to train, and more! Bring your questions, but not your child. This is an adult only program. RSVP by signing up on the clipboard outside the office.



**POTTY TRAINING**

101

## PARENT COFFEE: REBECCA HERTZMAN PEDIATRIC PSYCHOLOGIST-OCT. 20/9:30



Please join Dr. Rebecca Hertzman, Pediatric Psychologist, in the BHCNS library on October 20<sup>th</sup> for coffee and conversation about parenting. Rebeca will provide a brief overview on “**Parenting Your Strong Willed Child and Engaging Your Quiet Child.**” Followed by discussion with parents on the challenges you face with your children of all ages and stages. Rebeca’s coffees are always well received by parents who find solace in learning they are not the only family with questions about their child’s development.



## NOTED PARENTING AUTHOR SERIES HOSTED BY PEP AT BHPC ON NOV. 16 & 17

On November 16<sup>th</sup> and 17<sup>th</sup> PEP’s Noted Author Parenting Series will be held at BHPC in Memorial Hall.



### November 16 7:30 to 9:00 pm: Michael Bradley

Author of Crazy-Stressed and Yes, Your Teen is Crazy will speak on saving today’s crazy-stressed and overwhelmed teens and tweens.

### November 17 9:45 to 11:15 am: Larry Cohen

Author of The Opposite of Worry and Playful Parenting will talk about tackling childhood anxieties and fears.



Dr. Michael Bradley

Dr. Larry Cohen



Tickets are \$35 apiece. To register [click here](#).

## CONSULTANTS AT BHPCNS

Throughout the school year there will be consultants working with BHCNS staff and students. The consultants working with the children and staff may include, para educators, speech pathologists, occupational specialists, physical therapists, interns exploring the early childhood education field, social and emotional development specialists, overall best practice in child development mentors, and such. These specialists could be from the Montgomery County Public School system, Montgomery County Social Services, or private practices. It’s possible your child will come home and share that there was an extra “teacher” in their classroom. These “extra” teachers will all be approved by the office prior to working in our school. Please let me know if you have any questions.

## OCCUPATIONAL THERAPY SCREENINGS: OCTOBER 10 AND 13

On October 10<sup>th</sup> and October 13<sup>th</sup>, BHCNS will have Occupational Therapists at school to screen children for fine and gross issues. We will convert Covenant Hall into a play space to observe children’s development. This will be a brief screening and not a formal assessment. Teachers will recommend children to be screened. The office will send you a letter telling you that your child has been referred to be screened. You may opt out of the screening by returning the form to school. Parents may also request an OT screening for their child. Please notify the office or your child’s teacher by October 8<sup>th</sup> if you’d like you child screened. Reports will be sent home after the screening.



## SPEECH SCREENINGS: OCTOBER 23 AND 24



On October 23<sup>rd</sup> and October 24<sup>th</sup>, BHP CNS will have a speech pathologist at school to screen children for speech issues. It is a brief screening and not a formal assessment. Teachers will recommend children to be screened. The office will send you a letter telling you that your child has been referred to be screened. You may opt out of the screening by returning the form to school. Parents may also request a speech screening. Please notify the office or your child's teacher by October 20<sup>th</sup> if you'd like your child screened. Reports will be sent home to parents after the screening.

## BHP CNS OCTOBER BIRTHDAYS

MJ Foist  
Isabelle Montesinos  
Becket Torti  
Sutton Torti  
Reza Merchant  
Stella Skandellis  
Christopher Greeves

**Wish our  
Bradley Bear Cubs  
a happy day!**

Cole Unikel  
Connor DuFour  
Julianna Shea  
Maggie Boland  
Charlie Fiorentino  
Leila French  
Emma Feyen  
Graham Sterling



Reminder: If sending in birthday treats, please send in **small** cupcakes, mini muffins, fruit kabobs, etc., keeping classroom food allergies in mind. We share birthday treats at snack time! Questions, reach out to your child's teacher or the office! For home baked treats, please bring an ingredient list.

## BHP CNS IMPORTANT INFORMATION



### **BHP CNS BATHROOMS ARE FOR CHILDREN ONLY:**

Unisex bathrooms located on the school level are for children's use **ONLY** during the school day. This includes when you are dropping off or picking up your child. Adult bathrooms are available upstairs for adults to use throughout the day.

This is a Maryland State Department of Education licensing requirement.

No exceptions can be made to this rule.

### **DID YOU KNOW THAT BHP CNS HAS A YAHOO GROUP?**

The BHP CNS Yahoo group is an excellent way to be in the know about all things related to BHP CNS and the greater community. Looking for a nanny, post a message. Want to sell outgrown clothing, place an ad. Want to volunteer at BHP CNS, opportunities are posted on Yahoo. To join go to:

<http://groups.yahoo.com/group/bhpcnsstudents/>.

You will need to set up a Yahoo profile and user name if you do not already have one. Once your account is set up you may choose digest or individual message format. Contact the office if you need assistance signing up.





BHPCNS is on Facebook. Like our Business Page, Bradley Hills Presbyterian Church Nursery School for informative articles and info about BHPCNS. Friend our Bradley Hills page to see what Bradley Bear's cubs are doing.

### **Tuition Payments:**

Payments are due the first of each month, Sept.-May, and are considered late if not received by the 15<sup>th</sup> of the month. If your payment is not received by the 15<sup>th</sup>, a 10% late fee will be assessed. If you have set up an automated "bill payer" system, please be sure the words Nursery School appear on the check to make sure your payment is received at the Nursery School and not deposited with the Church's donations by mistake.

### **Student Absences:**

If your child is ill and will be missing school, please call the office, or send us an email. If your child has a communicable disease strep throat, head lice, etc. we need to know to be able to share that information with the rest of your child's class. We will never identify your child or family but we are obligated to share communicable disease information with the other families.

### **Student Records:**

We are doing a thorough check of all our student's records. We will notify you of any missing paperwork, immunizations, etc. We ask that you submit any missing paperwork promptly. We appreciate your help in making sure our records are compliant with state regulations.

### **School Directory:**

The school directory will be coming home in October. The Directory is a great way to connect with other parents and children at BHPCNS.

### **Parent Bulletin Board:**

Located by the bathrooms is a parents' bulletin board. We post information about parenting classes, upcoming special events, programming for children announcements and the like on our bulletin board. Check it out.

### **Donations:**

#### **Before you throw it out donate it to BHPCNS.**

- Large oatmeal canisters to be crafted into drums.
- We participate in the Ronald McDonald House Pop Tab Recycling Program. Pull off those tabs from your soda cans, cat food cans, and other cans that have one. When you've got a bunch, bring them to school and we will send them off!
- BHPCNS also collects used ink cartridges. Drop yours by the office.
- See below for Consignment Donation Information

### **Children's Lunches:**

BHPCNS provides organic 1% milk at lunch each day. Children are offered a choice of milk or water at lunch time. You do not need to pack a drink with your child's lunch.

Please pack healthy, nutritious lunches for your children. BHPCNS teachers are not allowed by our licensing agency to make the children eat their "growing" foods first. If you pack a cookie and your child wants to eat that instead of their sandwich, we are technically not allowed to have them eat their sandwich first.

We will send home any easily wrapped, uneaten lunch foods. Uneaten yogurts, apple sauce cups, etc. will be tossed. Lunch is a social time. Children like to talk and share their lives at lunch. Sometimes this gets in the way of eating their whole lunch. Many children choose to finish their lunches in their car on the way home.

### **Lunch Bags:**

Soft sided, small lunch bags **without** freezer packs and bento boxes are perfect for our refrigerators. Large, rigid, lunch boxes and containers are not acceptable for school. Questions? Pop into the office.

## BHPCNS Open Door Policy:

Thank you to everyone who has popped into the office with a question or concern! If at any time during the school year, you have a concern, complaint, an idea, or suggestions, please email, text, come to the office, or call us. We truly want to know your thoughts. Your ideas, suggestions, and critiques provide us with vital information that we can use to improve our programming. No issue is too small. If you have a concern at any time, please bring it to our attention.

## PARKING LOT ETTIQUETTE & ACCIDENTS: MINOR OR MAJOR



The parking lots are very busy in the mornings and afternoons. Please be exceedingly cautious when driving. Parents are responsible for the safety of their children when crossing to the playgrounds or walking to their cars. If your car accidentally hits another car, please come to the office and report the accident. We have had several cars damaged this year and no one has owned up to the accidents. Accidents happen. Accept responsibility for any dents. BHPC has installed high-definition video cameras to monitor the parking lots at all times.

## FLU SHOTS

Flu season has begun. We have had one case of the flu reported to the office. The flu vaccine is an effective way to protect your child for most flu strains. Please consider having your child vaccinated. For additional flu prevention tips, check out Parenting Magazine's Guide to Cold and Flu prevention by [clicking here](#) or Healthy Children by [clicking here](#).



## CONSIGNMENT DONATIONS

In keeping with good stewardship of the earth, Bradley Hills Presbyterian Church Nursery School is conducting two on-going recycling fundraisers. There's nothing to buy. We are simply asking you to help protect the environment by donating your used consumer electronics and unwanted, broken or mismatched fine jewelry, as well as gently used adult clothing and accessories as well as small household items (artwork, knickknacks, china, etc.). Your used item(s) may be tax deductible and will be sold\* at a consignment shop or recycled in accordance with EPA regulations. 100% of the proceeds will help fund programming at Nursery School, directly benefiting your children.

We are currently collecting the following items:

Cell Phones	iPads & Tablets	Inkjet Cartridges	Smart Watches	Gold, Silver & Platinum Jewelry
Adult Clothing	Formal Wear	Costume Jewelry	Accessories	Knickknacks
China	Glassware	Artwork	Coffee Table Books	

Please drop off any items you would like to recycle/donate at the school office. Tax receipts available.

# CONSIGNMENT DONATIONS



## OPERATION PAPERBACK

BHPCNS is participating by collecting children's books for our military to read to their children while they are away from home.

Please consider donating your gently used or new children's books to this worthy program. Simply bring your donations to the wagon by the doorway into school. Deadline for contributions will be **October 15**.

Thank you for your support.

Visit the Operation Paperback website for additional details.

<http://www.operationpaperback.org/>



## 60<sup>TH</sup> ANNIVERSARY TREE MURAL



To commemorate the 60<sup>th</sup> anniversary of the founding of BHPCNS we will be creating a mural in the Rainy Day Room. Our talented teachers, Mrs. Mac-n-Cheese, Mrs. Magary, and others will be creating 4 beautiful trees. One tree will have our current 2-year-old handprints. Another tree will be our 3s' classes. Another tree will be the 4s' classes. The 4<sup>th</sup> tree will be created with the handprints of our alumni, staff and special friends. If you fall into the last category, we'd love to have you come to Bradley Bear's Birthday Bash on October 22 or stop by school any time and add your handprint to our mural!

## 60<sup>TH</sup> ANNIVERSARY RAFFLE OF THE MONTH



**Thank you to our sponsors!** Sponsorships are still available. Call the office at 301-365-2909 or email us at [info@bhpcns.org](mailto:info@bhpcns.org)!

- Coakley Williams Construction
- Smiles by Chevy Chase
- Park Bradley Homes
- Allison and Gus Papas
- Curtis & Laura O'Keefe
- Brooke and Kevin Guerrero
- The Meier Family

### 60<sup>th</sup> Anniversary Raffles!

Help BHPCNS raise funds for its community outreach by purchasing raffle tickets! One lucky ticket will be drawn monthly, October through May!

**Tickets are \$5.00 each or 5 tickets for \$20 and will be on sale in the hallways, office, and at school events.**

Raffles will be held and Prizes include:

- October 4: 2 season passes to the Bradley Hills Presents Concert Series!
- November 8: Monster Mini-Gold Family Fun Pack!
- December 6: Yoga for the Whole Family!
- January 10: 4 Tickets to the Puppet Co. Playhouse!
- February 7: John Henry England, the Guitar Playing Man
- March 7: Passes to the Catocin Wildlife Preserve!
- April 11: Private wine class for 20!
- May 9: Under the Sea Birthday Party

## CHRISTMAS WREATH SALE TO BENEFIT LOCAL CHARITIES



It's never too early to start thinking about the holidays. BHP CNS is happy to be helping the GFWC Metropolitan Community Women's Club sell beautiful 22" double-sided balsam wreaths with a red bow. Each wreath is only \$25 and the proceeds are used to support local charities. Order your wreath by Friday, October 13 and it will arrive at school the first week of December. Order forms have come home in the tote bags. Extra forms are available outside the office. Drop off completed forms and checks in the envelope in the office.

## BOOT, SHOE, CLEAT, BALLET SLIPPER, SWAP!



### Boots, Shoes, & Cleat Swap

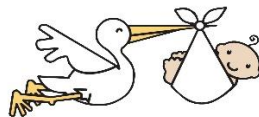
Have your Bradley Bear Cubs outgrown their boots, ballet slippers, dress shoes, sneakers, and/or cleats? Bring their outgrown footwear, toddler through children's sizes to BHP CNS

**You do not need to bring a pair to take a pair and you don't need to take a pair to bring a pair.**

We will line the hallways with boots and cleats for families to swap.

**Boots, Cleats, Shoes Swap: October 16 through October 27!**

## IS THERE A NEW BABY IN YOUR HOUSE?



Is there a new baby in your house? Send us a picture of your bundle of joy for our New Bradley Bear Cubs display! It can be a picture of your baby by him/herself, with the family, with their siblings. Any and all photos are welcome!

## DONUTS WITH DAD: NOVEMBER 2 AND NOVEMBER 3



Dads or any special person in your child's life are invited to breakfast in Memorial Hall.

Come out for coffee, juice, and donuts!

**T/TH classes are invited to come on November 2<sup>nd</sup>.**

**MWF classes are invited to come on November 3<sup>rd</sup>.**

**MTWThF Classes may come either date.**

Join us between 8:30 and 9:00 am.

If you could pick up the donuts and coffee either morning, please contact the office to help!

## STAY AND PLAY NEWS!



**Mondays: Art**

### **Mrs. Mac n Cheese Reports:**

Stay and Play Art - or should I say Photography.

Last year we experimented with cameras and was a great success, so we are going to amp it up and make it Photember. We'll talk about composition, funny posing, selfies, and mix media pictures. Smile!

### **Chef Myers Reports:**

Cooking with Bradley Bear's Cubs are learning the basics of portions, nutrition and kitchen safety. After our first week of grilled cheese sandwiches, we will venture onto new and tasty culinary delights! The children are so proud of their cooking skills.



**Mondays: Cooking**



**Tuesdays: Wigglin' Wizards**

**Scientist Skoff Reports:** We are so excited for Science Stay and Play. Our little scientists will be exploring the principles of chemistry, the human body, physics, biology and we'll even do some themed holiday experiments. We will learn through fun, hands-on experiments how to hypothesize, predict and form a conclusion. We hope to enhance their sense of curiosity and build a foundation of knowledge and understanding of the world. We will start October off with understanding, What Is Science? Then, the following weeks will be about Acorns, Spiders and lots of Halloween fun.

**Ballerina Snyder Shares:** In October, Mrs. Lisa will be introducing dance vocabulary through storybook inspired dance activities. They will learn the names of positions and basic dance steps. We will use themes from the stories to introduce hop, stretch, spin, and how to create speed changes. The children will work with props such as ribbon sticks to expand their range of motion, all while learning the structure of dance class. Each of the movements learned will lead up to the combinations preformed in the December Recital.



**Tuesdays & Wednesdays:  
Bradley Bear Dance Co.**



**Wacky Wednesdays**

### **Paleontologist Senarathne Reports:**

During October Wacky Wednesday's will kick off the year by celebrating International Dinosaur Month. We will learn about the different types of dinosaurs, herbivores, carnivores, and omnivores. We will do science experiments with volcanoes, measuring different dinosaurs, learning all about their habitats and lifestyles. There will be yummy treats like dino nuggets and have lots of fun going on a dinosaur hunt. Roar!!!

**Pilot Cardoni Shares:** Our traveling bears will be "visiting" and learning about the culture of many different countries around the world. We will start by learning about a globe, directions, maps and continents. During October we will travel around the USA. During the next eight months we will visit 10 different countries, at least one from each continent. We will learn about the location, climate, flag, food, clothes, music, sports and games children play. We will spend about three weeks exploring each country. Our travels are filled with fun and exploration.

If you have a connection to a country or culture you'd like to share, let us know.

**Thursdays: Where in the  
World is Bradley Bear?**



**Fridays: Yogi Bears**



**Yogi Cardoni Shares:** Our Yogi Bears will learn and practice poses every week, we will work on breathing techniques, and practice mindful eating and gratitude. Each week the session will be centered on a theme. During October we will be practicing yoga to the following themes: Shapes, Feelings, Nocturnal Animals and Halloween. I wonder if you can guess some of the poses we'll be learning this month!!!



**Little Hands Music**  
For 2s, 3s, & 4s

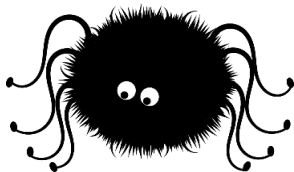
**Little Hands Music Shares: Rainbow!”** We are excited to share lots of musical adventures through the colorful world of the rainbow. We’ve hopped with a little green frog and slid with a slippery snail! We practiced listening skills as we danced to the “Frog and Snail” song, hopping and sliding, experiencing the **smooth** and **bumpy** of the music (aka legato and staccato.) We explored these opposites further with rainbow streamers, as well as rhythm sticks in a simple poem about driving a smooth, rough and bumpy road, then fell into a HOLE with lots of giggles! Using their pre-reading skills, the older children read the symbols of the sounds as we graphed the song, “Little Frog, Little Frog, Hop-hop-hop!” You can download these songs and others we’ll be singing in music class [at this link](#), if you’d like!

**Mrs. Delfin Shares:**

This month in science we will explore the 5 senses and how we use our senses to understand the world around us. Eyes to see, ears to hear, nose to smell, fingers to touch and tongue to taste. We will identify each sense with activities to focus on one sense at a time and then all together. How many senses do you use to identify a marshmallow, a bouncing ball or a birdsong?



**Science Class**  
For 3s & 4s



**Creative Movement**  
For 2s, 3s, & 4s

**Mrs. Stevens Reports:** This month in Creative Movement the children will fly like bats, crawl like spiders, stretch like cats, stomp like monsters and dance like skeletons. The children will run, skip, jump, hop and gallop to the freeze dance game. All of this movement is crucial for a child’s developing mind. Movement skills help children improve their strength, posture and sleep. Movement helps to enhance a child’s confidence, social skills and sense of achievement. So, get up and move!!!

**Ms. Casey Shares:** Welcome back to school! Singing with Ms. Casey starts up in October - my favorite month of the year! I’m looking forward to seeing lots of familiar smiling faces in the hall and to rekindling the kids' love of music. I encourage families to bolster their children's creative thought by playing music around the house and in the car. Make sure the songs are something that you enjoy as well - Tears for Fears, Taylor Swift, and Bob Marley are just as infectious as Raffi!



**Music Ms. Casey**  
For 2s, 3s, & 4s



**Spanish for**  
3s & 4s

**Sra. Cardoni Reports:** In October we will start our weekly Spanish class with the 3s and 4s. We will be learning how to greet each other *Hola, como estás?* Hello, how are you? We will also be talking about the weather in Spanish, learning numbers, colors, counting and singing many songs to help us remember all our new words. Toward the end of the month we will be singing *Los Monstrous!* The Monsters! song for Halloween and will learn how to say spider-*araña*, ghost-*fantasma*, witch-*bruja*, bat-*murciélago*. All very important words this time of year! [Click here to learn our song!](#)