



Senior Club Schedule 2021

8-8:30	Breakfast/Coffee/Conversation
8:30-10	Small Group Activities
10-10:30	Exercise/Trivia (Recorded for viewing from home)
10:30-11	Intergenerational Fun
11-Noon	Small Group Activities
Noon-1	Lunch/Group Conversation
1-2	Quiet Activities
2-3	Exercise/Discussions
3-3:30	Intergenerational Fun
3:30-5	Small Group Activities

Special Features:

Mondays – Bridgetown Music Therapy at 11

Wednesdays – Bible Reading/Music with morning exercise.

Thursdays – BINGO with large group after lunch

6 professional musicians scheduled monthly, performing mostly at 10:30. See monthly calendar on our website for details.

Holidays – always celebrated! See calendar for details.