



# Nourishing News

Winter 2026

## CURRENT NEEDS

1. Toilet Paper
2. Toothpaste
3. Canned Tuna
4. Canned Fruit
5. Spaghetti Sauce
6. Pancake Mix
7. Cereal
8. Razors

## RECYCLING

We are running low on plastic bags and plastic bottles (like Gatorade size).

## DISTRIBUTION TIMES

**MON - FRI**  
@ 1:00 pm  
**MONDAY NIGHT**  
@ 5:00 pm

## Saline County Food System Assessment (2025)

*The Saline County Food Action Community Team (FACT) commissioned the Center for Applied Research and Evaluation (CARE) at Wichita State University's Community Engagement Center (WSU CEI) to conduct a food system assessment. A "food system" is defined as "everything that is part of ensuring that people have the food they need to survive and thrive." This assessment was designed to gather information and input regarding the six areas of the food system, with the goals of:*

- *Gaining a deeper understanding of the system;*
- *Growing community awareness and knowledge;*
- *Identifying strengths and challenges; and*
- *Providing a foundation for changes.*



*Karen Couch, Executive Director of the Salina Food Bank, has been a member of FACT since 2024.*

# Food Recovery

In the Saline County Food System Assessment, the topic of **Food Recovery** was identified as the second greatest need (after Access to Food) by survey respondents. Nearly half (48%) of those respondents who do not currently participate in any recovery actions said that they would be interested in composting. Education related to ways to recover food was repeatedly mentioned as a way to address the need in this area. Participants in listening sessions noted the need for more collaboration in getting unused food to those who need it, including the involvement of grocery stores, restaurants and charitable resources. **So what does the Salina Food Bank currently do in the area of Food Recovery / Food Rescue?**



## 2025 by the #s

<u>Product Type</u>	<u>Pounds Rescued</u>
Bakery	89,255
Produce	307,329
Meat	74,433
Dairy	28,740
Deli	10,776
Frozen	9,285
Salvage	62,336

The above table denotes only the products rescued by the **Salina Food Bank** from the following grocers: Target, Walmart, Sam's Club, Aldis, and the 3 Dillons stores. In total, the Salina Food Bank made 843 successful pick-ups from these 7 stores in 2025 (a 3.3% increase from 2024). In addition to making on average 16 trips to these stores each week, our pantry collects donated product from manufacturers (like Tony's Pizza), vendors (like Mission Tortillas), farmers, convenience stores, local markets and distributors. So every time you see one of our trucks on the road, we are picking up product!

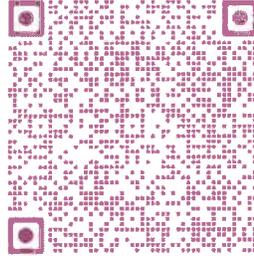
# 2026 VOLUNTEER NEEDS

Scan the QR code to learn how you can make a difference!



## Letter Carrier's Food Drive Worker

See your community in action by collecting, sorting and processing donations.



## Green Thumb Team

Dig in by giving time to our community garden at the Food Bank & garden education programs we host.



## Distribution Greeter

Be the smiling face that welcomes neighbors to our pantry.



## Pantry People

Join the gang that builds food orders & stocks pantry shelves.



## STOCKTOBERFEST Crew

Plan the best party in town, and help gather donations, sell tickets & t-shirts.



## Recycling Pros

Organize, purge and process containers & jars for our break down.



## Break Down Divas

Dive into daily work of dividing products & prepping items.



## Holiday Elf

Bring cheer by working food drives & filling holiday bags.





Salina Emergency Aid Food Bank  
255 S. Chicago  
Salina, KS 67401  
[www.salinafood.org](http://www.salinafood.org)

PLEASE  
PLACE  
STAMP  
HERE

RETURN SERVICE REQUESTED

**Come support us!**

**Match Madness**

**on**

**March**

**12th**



 **GIVE IN PERSON**  
**Salina Fieldhouse**  
Come visit our booth!

 **GIVE ONLINE**  
[MatchMadnessGSCF.org](http://MatchMadnessGSCF.org)

 **GIVE BY MAIL**  
**GSCF**  
PO Box 2876  
Salina, KS 67402-2876  
Must be postmarked by March 12 & received by March 19



**Help us raise**  
**\$40,000**  
**to ensure every**  
**family in Saline County**  
**has access to food & hygiene!**

# Salina Emergency Aid Food Bank

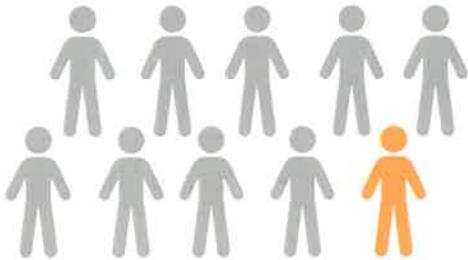
## 2025 Impact Report

Your support helped our team meet the constant demand for food in Saline County.

### DID YOU KNOW....

Nearly 7,900 people living in our community

face food insecurity, meaning they do not have consistent access to the food they need to live active, healthy lives.



That's 1 in every 10 adults....



...and 1 in every 6 children.

WE DISTRIBUTED

**640,435**

pantry items in 2025, a 5.9% increase from 2024 per distribution.

Together, we fed

**1,162**

households a month....

....plus gave out

**968**

Senior Boxes to food insecure seniors....

....and shared

**7,064**

Food 4 Kid Backpack Kits with hungry students...

....while distributing over

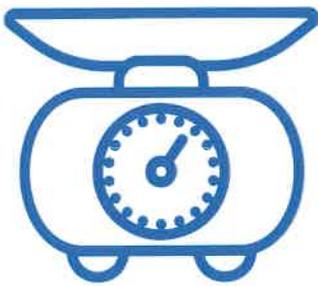
**2,000 lbs**

of fresh produce from our garden!



# 2025 Highlights

Distributed more than  
**307,329 lbs**  
of produce



and  
**74,433 lbs**  
of meat



Rescued  
**582,154 lbs**  
of product  
from grocers



through  
**843**  
successful  
donation pickups



Seasons change.  
Faces change.  
But the need remains.

