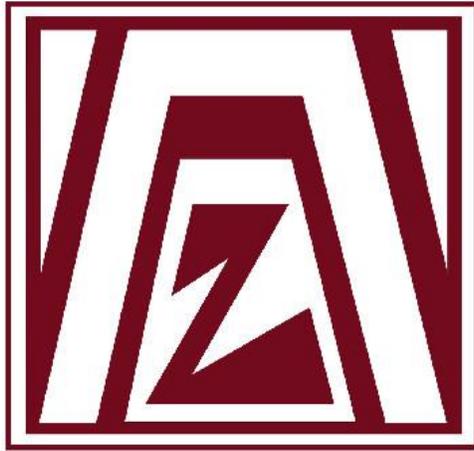


ZONTONIAN NEWSLETTER

ISSUE 23

OCTOBER 2015



ZONTA CLUB OF ROSEBURG AREA

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

CALENDAR OF EVENTS

- Oct 9-18-** Open World
- Oct 16-18-** ZI Stand Up Against Poverty
- Oct 24-** United Nations Day
- Oct 28- Harvest Luncheon 12-1:30-** Guest speaker author Cindy Burrell
- NOV 7th- Iron Woman – reschedule details to follow**
- Nov 25- Dec 10-** ZI 16 Days of Activism
- Dec 1-** World AIDS Day
- Dec 9 –Holiday Celebration 12-1:30**

MEETING SCHEDULE

- 1ST WED.** – Board Meeting @ Brix
- 2ND WED.** – Business Meeting @ Elmers
- 3RD WED.** - Team Meeting @ Abby's on Stephens
- 4TH WED.** –Program Meeting @ Elmers

Zonta Club Website

<http://www.zontaroseburg.org>

Zonta Blessing

For food in a world where many walk in hunger
For friends in a world where many walk alone
For peace in a world where many walk in fear
We give thanks

2015 – 2016 Officers

President—Roxanne Kelly
President-Elect—Rosa Mohlsick
Secretary—Muriel Richardson
Treasurer—Gail Trimble
2 Year Board Member—Kareen LaValley
1 Year Board Member—Carolyn Kemp
Immediate Past President—Connie Benham
Parliamentarian—Diane Swingley

Vision

Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential.

In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men.

In such a world, no woman lives in fear of violence.



ZONTA MEMBERS' VALUES

CONVICTION - Zonta's programs, projects and actions build a better world by • Improving women's health and education • Ensuring women's economic empowerment • strengthening women's representation in decision-making positions • Working to end violence against women

COMMITMENT- We conduct business in an honest and trustworthy way to fulfill Zonta's mission and reach Zonta's vision, with respect and acknowledgment of members' diversity

COURAGE- We shall not rest until • Women's rights are recognized as human rights and every woman is able to achieve her full potential • Every woman is literate and has access to education, health care, legal and economic resources on an equal basis with men • The world is free from violence against women

Committee Chairs**△ Membership:**

- Membership: Co-Chairs Rosa Mohlsick & Diane Swingley
- Yearbook: Gail Trimble
- Fellowship: Carolyn Kemp
- Bylaws, Policies & Procedures: Gail Trimble

△ Service

- Service of Money: Co-Chairs Karen LaValley & Pam Bunnell
- Community Outreach: Rosa Mohlsick
- Rose Day: Muriel Richardson
- Wishes come true: Jason Aase
- Open World: Jason Aase
- Young Women in Public Affairs: Muriel Richardson
- Hand-Up-Program: Karen LaValley
- Woman of Achievement & Environmental: Muriel Richardson

△ Legislative Awareness & Advocacy

- Trafficking of Women & Girls: Sandy Hendy
- ZISVAW: Josie Sustaire

△ Finance

- Fundraising Planning: Pam Bunnell
- Finance & Budget: Rosa Mohlsick
- Cash Raffle and Money Jug: Jason Aase
- Iron Woman: Co-Chairs Gail Trimble & Pam Bunnell
- Santa Run: Co-Chairs Pam Bunnell & Gail Trimble

SUMMER PICNIC RAISES FUNDS FROM WHITE ELEPHANT AUCTION

Seriously, what can you do with an old fuzzy, horned, "Warrior Dash" Viking hat, an elaborate feathered hat, an owl wind chime, box of Oregon Duck tissues, jam and miscellaneous other items? Why raise money of course! In late August, the Roseburg Area Zonta Club hosted a barbeque for members and their families. Some members honed in on practicing vital Iron Woman skills such as the beanbag toss and the ball-and-ladder, while others visited and enjoyed the cool patio shade. However, after dinner, the festivities heated up. Each Zonta member brought a nicely wrapped gift, which sat anonymously on the table. Auctioneer Karen LaValley pointed out the lavish gift wrapping, the size and heft of each package, while eager members tried to outbid each other to become the proud owner of the surprise inside. Okay, the jam was a deal but who expected the Warrior Dash hat, complete with mud splashes? Still the company was fun, the laughter contagious and the club raised over \$260 for Zonta. Thanks to Connie Benham for hosting the BBQ. Meanwhile, beware of any nicely wrapped packages that members might bring to future events, or you could be the new owner of the Viking hat!



DISTRICT 8 CONFERENCE REPORT

Rosa Mohlsick, Gail Trimble and I were among the 91 Zontian's that went to the District 8 Conference on October 2-3, 2015. The day began with the former District 8 Governors posting of the colors. The National Anthems of the United States of America, Canada, and Scotland were sung.

The Business Session on Friday had the presentation of conference rules and voting. Catherine McEwan our ZI Representative from London, England spoke in the morning. Geneva Craig, the AARP Oregon's Chair of the Diversity Advisory Council and Program Coordinator at Asante Rogue Regional Medical Center, spoke on how to Navigate Life's Challenges using Commitment-Conviction-Courage. Geneva is from Medford, OR. There were many reports given by the districts committees along with the bylaws and standing rules report that were discussed and voted on. A memorial service was held in the Taprock Evergreen Room for all the Zontian's that had passed away since the last District 8 Conference. The Business Session began again with the registration and credential reports with voting. After Governor Genelle Hanken's message, Deb Maher from the Coos Bay Club and president of the DFM Consulting Inc. spoke on "Thriving in Challenging Times". Deb lead an interactive session for members who are looking for ways to re-energized their clubs and attract new members.

Speaker Nikki Martin Moore, Division Chief for the BLM in Washington D.C. shared her life threatening illness and how she is dealing with it through her special diet. Former Governor Shelly Cutting from Anchorage, Alaska talked on "Stepping Up to Leadership".

There were club awards given out as well as watching video recognition along with a Nice France invitation to the ZI Convention next July. The conference ended at the most beautiful Schmidt Family Vineyards. Last but not least, the ZI Foundation up to date has received over \$10,000 in donations from District 8. District 8 is awesome!! The three of us gals had a great time and I'm so glad "first timer" Rosa Mohlsick was able to go. I do believe she is hooked, for she made many life time friends, as we all do when we go to these events.

Submitted by Muriel Richardson.

FOCUS ON NEW ZONTA MEMBERS!

Sandy Hendy is a California native who started her Roseburg career at Douglas Community Hospital, then went on to be the Director of Health Occupations and Nurse Administrator at UCC through 2014. She also worked part-time at Mercy Medical Center. Her veterinarian husband Scott, operates Parkway Animal Hospital. They raised their two children at Glide. She now has two granddaughters to spoil!

Sandy has been either the Lamaze instructor, nurse, nursing instructor or fitness instructor for hundreds of people in Roseburg, and rarely can you go anywhere with her that somebody doesn't recognize her! She helped get Oregon's first-ever SIM-Lab for nursing instruction for UCC. She was also involved with coordinating nursing student participation with Shots-for-Tots, Guatemala Health, and Haiti Disaster Relief. Community wise, she's served on the YMCA Board of Directors, was a member of the Glide School Board in the 1990's, been a host mom through Rotary for dozens of exchange students, helped with the Junior Miss program, and was even a referee for softball and volleyball. Since her retirement in 2014, she's increased her fitness instruction at the YMCA, qualified for and participated in bike racing at the National Senior Olympics and is part of the new publicity committee for Zonta. Sandy has also become a "Lab Rat" and has participated in several research studies with OHSU to learn more about Parkinson's disease.

Laura Jackson is a Michigan native who made her way to Roseburg via Colorado and Iowa. As a wildlife biologist in Iowa she helped re-establish peregrine falcon nesting in the state and was the senior author of the state's 484 page *Iowa Breeding Bird Atlas* book. After arriving in Roseburg, she worked part-time for UCC as an assistant public relations director before working full time for the Oregon Department of Fish and Wildlife.

With the ODFW she started off writing management plans before becoming the STEP Biologist, then Umpqua District Fish Biologist where she coordinated the district's fish monitoring, hatchery production, fish stocking, regulation setting, public outreach and planning activities. Her favorite activities involved helping design and implement fish passage and human safety/education improvements at fish ladders ranging from Smith River, Winchester Dam, Steamboat Falls and Canyonville, to handling several hundred fish per day for research or propagation. Although Laura retired in 2015, her husband DeWaine still works as a Wildlife Research Supervisor for ODFW. Their son is attending college in Arizona. Since retirement, Laura has joined Sandy in athletic pursuits, is part of the publicity committee and plans to travel to as many of her son's senior year of D-1 wrestling events as possible.



Committees Continued:

△ Public Relations
 ● Newsletter & Public Relations: Co-Chairs Laura Jackson & Sandy Hendy

● Scrapbook/History/Photography: Sandy Hendy
 ● Website: Sandy Hendy

△ Program
 ● Program Planning: Carolyn Kemp
 ● Alumni Harvest Lunch: Diane Swingley
 ● Amelia Earhart: Carolyn Kemp
 ● Status of Women Event: Diane Swingley
 ● Installation & Recognition Dinner: Connie Benham

Zonta Says NO to Violence Against Women

With the 16 Days of Activism coming up November 25 – December 10, Zonta Clubs are being encouraged to participate in service and advocacy activities that focus on ending violence against women and girls. These are year-round actions, but they are especially important to highlight during the Days of Activism. Recent facts from UN Women and WHO, published by Zonta International, demonstrate violence is still a very real issue:

- 40 – 50% of women in European Union Countries experience unwanted sexual advances, physical contact or other forms of sexual harassment at work.
- 83% of girls aged 12-16 in the US, have experienced some form of sexual harassment in public schools.
- 35% of the women worldwide have experienced either physical and/or sexual intimate partner violence or non-partner sexual violence.
- Approximately 140 million women suffer from female genital mutilation/cutting.
- 38% of all women who were murdered were victims of their intimate partners.
- Women in urban areas are twice as likely as men to experience violence, particularly in developing countries.
- Women and girls represent 55% of the victims of forced labor worldwide, and 98% of the estimated 4.5 million forced into sexual exploitation.

So what actions can we take? Zonta International has a set of planning and action steps for groups available in their October newsletter at:
<http://www.zonta.org/MediaNews/Publications/ZontaNewsletters.aspx>

Below are just a few of the actions that could be done locally. We're blessed in Roseburg because the framework for many of these actions already exist. We are **ROSEBURG STRONG**. As we heal from the senseless UCC violence, let's take steps, individually and as a club, to Say NO to Violence!

- Make a presentation at local school.
- Arrange a public meeting with prominent speaker/panel and discussion.
- Host a viewing of a film/documentary and discussion.
- Organize a hearing with representatives of different political parties.
- Send letters/petitions to relevant legislators.
- Arrange joint meetings with men-dominated NGOs.
- Organize fund-raiser for ZISVAW projects, presenting facts about violence against women.
- Promote gender equal norms and violence-free environments in schools.
- Support programs that help men to change violent behavior.
- Request "safe cities": design/lighting of public spaces, safe public transportation etc.
- Request One-Stop Centers with medical/legal/social help for victims.
- Promote short term shelters and long term affordable housing for women and children.
- Support vocational training for victims to become self-supporting.
- Request laws that clearly blame perpetrators, not victims.
- Encourage reporting of violence and give support to victims during legal processes.
- Promote training of police and legal professionals to understand the issues.

Committee Meeting
Schedule:

Hand Up - 1st Monday of
the Month

Membership- 1st Tuesday
of month

Newsletter Ideas or Comments?

Contact: Editors

Laura Jackson or Sandy
Hendy with your
thoughts.

Besure to visit our website

Zonta Club Website

<http://www.zontaroseburg.org>

or check us out on
Facebook