



FROM OUR HEARTS & HANDS TO YOURS

The Cap Sleeve Sweater



This pattern contains a cap sleeve sweater. It will fit the 14" Hearts for Hearts doll. The instructions were written as part of an effort to give dolls with outfits to young patients in hospitals.

For more information, visit Stitchin' for Kids website at stitchinforkids.org.

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Requirements:

Yarn – Sport Weight
Needles – Size 5 needles
Gauge: 6 1/2 st per inch

Notes:

This sweater is knit in one piece from the top down binding off the sleeves half way down.

Options:

As an option you can add stripes and patterns.

Abbreviations:

Using BO=bind off, K=knit, P=purl, pm=place marker, R=row, sts=stitches

Cap Sleeve Sweater Instructions:

Cast on 41 sts.

R 1: *K, P* across row ending with K

R 2: *P, K* across row ending with P

Repeat row 1 and 2.

R 5: K, P, K, P, K 2, pm, K8, pm, K13, pm, K8, pm, K2, P, K, P, K (ending pattern will be 6, 8, 13, 8, 6)

R 6: P, K, P, K, P33, K, P, K, P

R 7: First "Increase row": K, P, K, P, knit until stitch before markers. On stitches before and after marker, knit in front and back of stitch. K until 4 stitches remaining then P, K, P, K .

At end of row 7, there will be 49 stitches (pattern will be 7, 10, 15, 10, 7)

R 8: P, K, P, K, P41, K, P, K, P

R 9: Increase row (ending pattern will be 8, 12, 17, 12, 8)

R 10: P, K, P, K, P49, K, P, K, P

R 11: Increase row (ending pattern will be 9, 14, 19, 14, 9)

R 12: P, K, P, K, P57, K, P, K, P

R 13: Increase row (ending pattern will be 10, 16, 21, 16, 10)

R 14: P, K, P, K, P65, K, P, K, P

R 15: Increase row (ending pattern will be 11, 18, 23, 18, 11)

R 16: P, K, P, K, P7, K18, P23, K18, P7, K, P, K, P By changing stitches on sleeve area to knit, a nice rib will appear to finish sleeves.

R 17: Increase row (ending pattern will be 12, 20, 25, 20, 12)

R 18: P, K, P, K, P8, K20, P25, K20, P8, K, P, K, P

R 19: (remove markers as you come to them) K, P, K, P, K8, BO 20 stitches, K25, BO 20 stitches, K8, P, K, P, K (Binding off creates the finished cap sleeve)

R 20: P, K, P, K, purl until there are four stitches remaining (This will unite front pieces to back), K, P, K, P

R 21: K, P, K, P, knit until there are four stitches remaining, P, K, P, K,

R 22: P, K, P, K, purl until there are four stitches remaining, K, P, K, P

Repeat rows 21 and 22 two more times

R 27: *K, P*, repeat ribbing ending with a knit

R 28: *P, K*, repeat ribbing ending with a purl

R 29 and 30: repeat rows 27 and 28

BO as you continue the rib pattern

Weave in ends.