Southern West Virginia Road Runners Club & Pipestem Resort State Park





10,000 meter run 5,000 meter run 5,000 meter walk 800 meter fun run

Time: 10:00 AM start time for all runs except Fun Run starts at 11:00AM

Registration: Opens at 8:30AM at Pipestem Park Headquarters

Place: Pipestem Resort State Park 3405 Pipestem Drive Pipestem WV (25 minutes north of Princeton WV on Route 20)

Entry Fees: SWVRRC Members \$15 early, \$20 race day / Non - Members \$20 early. \$30 race day.

Fun Run is Free (No T-Shirts for Fun Run)

Divisions: 5K and 10K 14& under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 plus

*Awards to top three overall male and female & top three in each division.

5K walk: Awards to top 5 males and top 5 females.

Fun walk: Prizes for all!

Courses:

5K starts at Amphitheater parking lot, turns right on the main road, turns around at cone just past Superintendent's residence, turns left at Park Park Headquarters and finishes at the starting point.

10K starts at Amphitheater parking lot, turns left on the main drive, passes the Splash Park, turns right through the Cottage Area C, circles back, turns left on the main drive, turns around at the cone just past Bolar Observation Tower, turns left at Park Headquarters to finish at starting point.

Misc: T-shirts guaranteed to first 80 registered. (Priority to pre-registered). Homemade baked goods for refreshment.

Results will be emailed to all who provide contact information Restrooms are Available at Park Headquarters and Canyon Rim Center

Halloween Costume Contest: Judging will be done shortly after the beginning of the race, so wear your best costume. Winner will receive a complimentary stay as available at Pipestem's McKeever Lodge. Prizes will also be awarded for second and third place. Winners will be announced on the SWVRRC's website and prizes will be mailed.

Lodging: Call Pipestern Resort State Park 304-466-1800 for online reservations www.wystateparks.com

| Please Circle Event: 5K Run 10K Run 5K Walk Fu Name: Address: | Run day age | |
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| Address: | | |
| 0.11 | | |
| City: | _StateZip |) |
| Your email address: | | |
| | XXLAR | |
| Athlete's Release: I waive any and all claims for myself, my heir | s and executors against the Sou | thern West Virginia Road |
| Runners Club, Pipestem Resort State Park and West Virginia Sta | | |
| any illness or injury which may directly result from my participatio | | |
| Signature: | Date: | |
| Signature of parent or guardian if under 18 years of age | | |