

APRIL 2018

4th Wednesday

General meeting, 6 p.m., Rusty's, Ming & Ashe

Jeff Moffit will be on hand to talk about this year's Bakersfield Triathlon, which might even change its date to early October. The club board is motivated to help with promotion to try to draw more participants from the club and the Central Valley. An important meeting to get your input on not only keeping this 30-year tradition alive in Bakersfield but also making it more successful!

7th Saturday

CASA Superhero Run

This popular local run, with a 10k and 5k, starts at Riverwalk Park at 8:05 a.m. Dress as your favorite superhero, all the while knowing you are contributing to a worthy cause. Club member Russ Abercrombie is CASA advocate and hopes to get our support!

Register at: active.com

7th Saturday

Bakersfield Time Trial Series #3

The final race in the time-trial series in Bakersfield! The course will be a modified version of the Tour of California time trial that took place in Bakersfield a few years ago. Get in there and show your stuff! Racing starts at 10 a.m. You can register online or on the morning of raceday. Registration opens at 8:30 a.m. A great event for all abilities.

Register at: <https://www.webscorer.com/register?raceid=125948>

7th-8th Saturday-Sunday
California Classic Weekend, Fresno

A big weekend in Fresno with three cycling distances to choose from on Saturday, and two run distances on Sunday. Best part about it? You can get a discount. Contact Danny for your personal discount code to any of the events. You can even get two codes if you're going to ride Saturday and run Sunday.

Register at: www.californiaclassicweekend.com

8th Sunday

L.A. Tri Series, Bonelli Park, San Dimas

Touted as the longest running triathlon series in the world, the April event offers a short sprint and longer sprint that's almost an Olympic. About a 2 1/2-hour drive from Bakersfield.

Register at: www.trievents.com

14th-15th Saturday-Sunday

HITS Triathlon Series, Napa Valley

The unique triathlon series makes its annual stop at Lake Berryessa in Northern California with five triathlons throughout the weekend. Quite a drive, but it sounds like some Trispokes are doing it! We also have a discount code: *BTSAVES*

Register at: hitstriathlonseries.com

14th Saturday

Millerton Lake Triathlon

A great, grassroots triathlon only a few hours from Bakersfield. Offers a sprint and Olympic with enough hills to keep the speedsters honest but still a great event for beginners. And we have a discount code! It's Trispokes. **Register at:** sierracascades.com

15th Sunday

Trispokes club workout

World-class triathlete and board member Mike Toland will host a mountain bike/run at Wind Wolves Preserve about half-an-hour southwest of Bakersfield off Highway 166. The mountain biking won't be technical so borrow one, rent one or buy one (if you're like me and don't have a mountain bike) and bring your running gear! A great club event at one of the hidden jewels of the area.

28th Saturday

The first Trispokes yard sale

More details on this to come, but this brainstorm of club member Charles Brown gives people a chance to get rid of extra equipment and attire, and others a chance to get a great deal. Here's a plan: Do the Kern River Trail Run in the morning, then head over to the sale to find that awesome bargain!