

# Urgent Care vs. Emergency Room

When You Should Visit

## Urgent Care

- Mild fevers, cold or flu
- Sprains or strains
- Minor allergic reaction or asthma attack
- Ear or sinus pain
- Nausea, vomiting or diarrhea
- Rashes
- Sore throat
- Minor cuts and scrapes
- Frequent and/or painful urination
- Heat stroke and dehydration
- Urinary tract infections
- Minor burns
- Cough
- Dizziness
- Headache
- Pink eye
- Mild stomach pain

VS.

## Emergency Care

- Chest pains
- Numbness in face, arm or leg
- Difficulty speaking
- Severe shortness of breath
- Symptoms of a stroke
- Sudden loss of consciousness
- High fever with stiff neck, confusion, difficulty breathing, or a rash
- Deep cuts
- Wound that will not stop bleeding
- Infants under 12 weeks old with a fever
- Head or eye injuries
- Severely broken bones or dislocated joints
- Severe flu or cold symptoms
- Severe abdominal pain
- Serious burns
- Unexplained seizures
- Sudden loss or blurriness of vision
- Vaginal bleeding with pregnancy
- Severe asthma attack
- Poisoning

The above are meant to be general guidelines to help you decide whether to seek medical attention at an emergency department or an urgent care facility. If you have any doubt, the safe choice is to go to the nearest emergency department, or dial 911.