

Dear Parents,

To support our teaching of PE in school we follow a scheme of work called **real PE**. Reception and KS1 children have already been taking part in this fabulous scheme for the last year. From September 2020, KS2 children will also be involved in real PE. While schools are closed, you will be able to access resources at home by using Hopping Hill's unique login and password. This will allow your child and as a family, great opportunities to enjoy playing and learning together taking part in fun physical activities. Please read below to find out more information about **real PE** and your unique login and password.

I hope this home learning resource will give you lots of ideas to help you keep active over the next coming weeks.

Kind regards
Cath Wardell
PE Co-ordinator.

real PE at home – online learning resources

real PE at home includes an online programme which supports families to be active, play and learn together. It includes a programme specifically for children in Early Years and Key Stage 1 with 12 themes, 6 areas, over 250 activities and challenges and 1000s of hours of fun and activity. This programme is great for family play and fun. It also includes a programme for children in Key Stage 2, with daily and weekly guidance provided for both programmes in addition to an option to choose your own themes and activities. There are so many benefits to being active, not only to our physical wellbeing but also to our emotional and mental health, especially in such testing times for all of us. We hope that the ideas help support you and your family to stay fit and healthy in the coming months. Here are the details to access **real PE** at home:

The website address is: **home.jasmineactive.com**

Parent email: parent@hoppinghil-1.com

Password: hoppinghil

Click **[here](#)** to view more information to support you including a user guide and FAQs. You can view what **real PE** at home looks like by clicking **[here](#)**.